

Gastric Teratoma: An Unusual Presentation and Location

Abstract

The gastric teratoma is a rare tumor that usually presents as an abdominal mass, with or without features of gastric outlet obstruction. We report two cases of gastric teratoma; one – mature in a male neonate and another – ruptured immature gastric teratoma in a female neonate.

Keywords: Gastric, immature teratoma, teratoma

Introduction

Gastric teratomas are rare neoplasms, which account for <1% of all teratomas in childhood. The first case was reported by Eusterman and Sentry in 1922 in a 31-year-old male. A majority of the gastric teratomas occur in neonates or infants. Baby generally presents with a palpable abdominal mass.^[1,2] They mostly present as exogastric growths but can have exogastric as well as endogastric components.^[1] They are classified into mature and immature teratomas based on the presence and degree of differentiation of neuroglial tissue. Mature gastric teratomas are benign and have a good prognosis after complete surgical excision.^[1]

Case Reports

Case 1

A 5-day-old male neonate brought to us with nonbilious vomiting with progressively increasing abdominal distention since birth. The baby was found to have retroperitoneal mass at 32 weeks of gestation on ultrasonography (USG) scan and was born by full-term normal vaginal delivery with birth weight of 3.15 kg. Postnatal evaluation with USG abdomen and contrast-enhanced computed tomography (CECT) scan revealed heterogeneous mass of solid and cystic components with chunky calcifications, arising from the upper abdomen [Figure 1a]. Serum alfa fetoprotein (AFP) and Beta human chorionic gonadotrophin (HCG) were within the normal range. On laparotomy, we found well-encapsulated

tumor having mixed solid and cystic lesion arising from posterior wall of stomach extending from greater curvature to lesser curvature and into the lesser sac having endogastric component of 2 cm × 3 cm with exogastric component of 6 cm × 7 cm. Mass was excised completely, keeping 1 cm margin, and the defect left extending from gastroesophageal junction (GEJ) to the antrum was closed in two layers with feeding jejunostomy tube placed. Postoperative period was uneventful. Histopathological examination (HPE) revealed various derivatives of ectoderm, endoderm, and mesoderm. Ectodermal derivatives included stratified squamous epithelium along with skin adnexal structures such as hair follicles. Among the endodermal derivatives, mucinous glands lined by cuboidal to columnar epithelium were found. Whereas mesodermal derivatives included mature cartilaginous tissue, hence overall histological picture was suggestive of mature gastric teratoma [Figure 2a and b]. The patient is doing well at 3-year follow-up without any chemotherapy or radiotherapy.

Case 2

A 1-month-old female baby born by full-term cesarean section, with birth weight of 2.8 kg, presented to us with progressive abdominal distention with breathing difficulty for 5 days. The routine antenatal USG scans were normal. Postnatal USG revealed large intraabdominal tumor of solid and cystic components, and CECT scan revealed large intraabdominal tumor with solid and cystic lesion having specks of calcification [Figure 1b]. At presentation,

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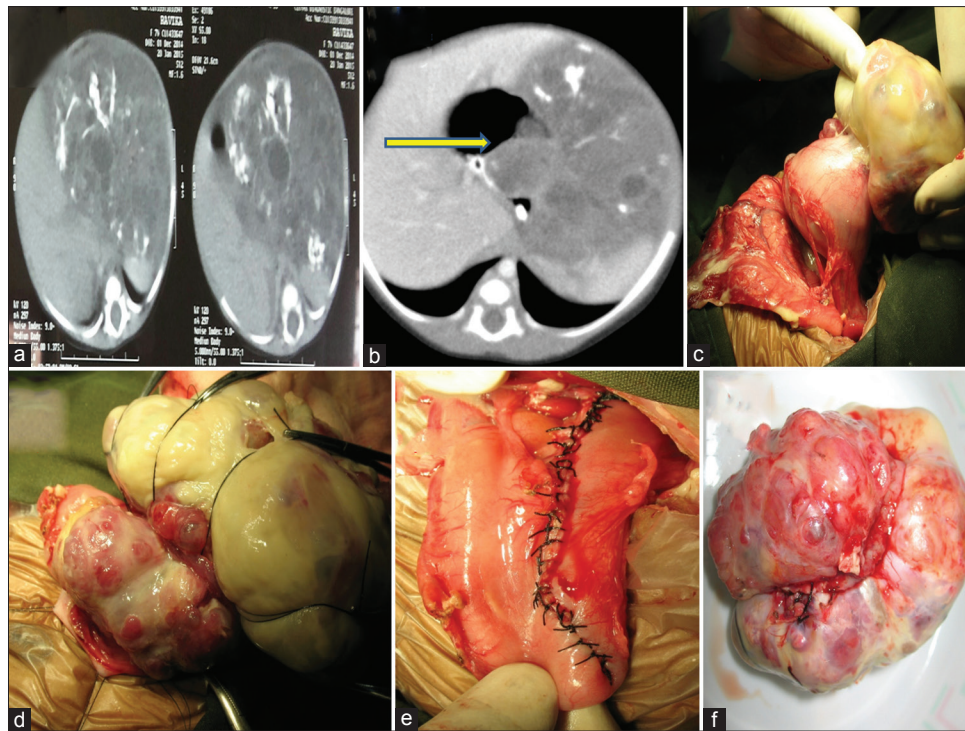


Figure 1: (a) Computed tomography scan picture of mature gastric teratoma with areas of chunky calcifications. (b) Computed tomography scan picture of immature gastric teratoma showing heterogeneous tumor with specks of calcification; yellow-colored arrow pointing at intragastric component. (c) Ruptured immature gastric teratoma with slough over the surface, arising from anterior wall of stomach. (d) Intraoperative picture showing intragastric component. (e) Suture line after complete excision, extending from gastroesophageal junction to antrum. (f) Excised gastric teratoma

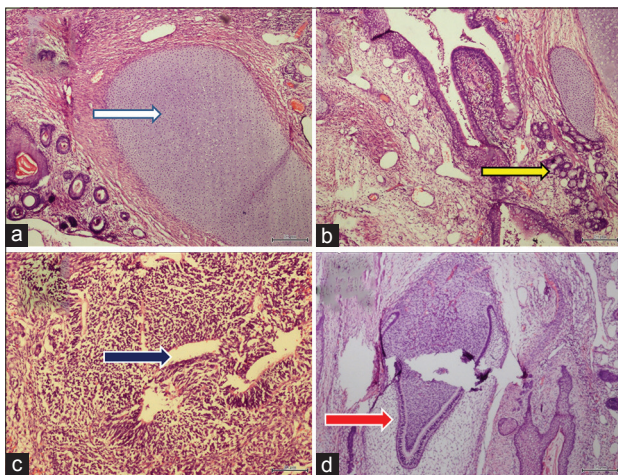


Figure 2: Histopathological examination pictures in low power view. (a) Mature gastric teratoma showing skin and adnexal tissue. White-colored arrow pointing at cartilaginous tissue. (b) Mature gastric teratoma showing endodermal derivatives, i.e., glands and mesenchymal derivatives such as cartilaginous tissue. Yellow-colored arrow pointing at the multiple mucinous glands. (c) Immature gastric teratoma-low power view showing multiple tubular structures lined by primitive neuroepithelium. Blue-colored arrow pointing at a tubular structure lined by neuroepithelium. (d) Red-colored arrow pointing dentine epithelium suggestive of immature gastric teratoma

the baby had abdominal distention with respiratory difficulty. Serum beta HCG, AFP, and LDH were within normal range. On laparotomy, we found variegated mass of 10 cm × 8 cm arising from the anterior wall of stomach extending up to GE junction having endogastric as well exogastric component with tumor ruptured and gross

peritoneal spillage [Figure 1c, d and f]. The tumor was resected with the margin of 1 cm and the resultant defect from GEJ to antrum was closed in two layers [Figure 1e]. The peritoneal cavity was washed thoroughly with normal saline. Postoperative period was uneventful. HPE revealed multiple tubules of varying sizes lined by primitive neuroepithelium which contributed to <10% of the tumor; also seen were structures of tooth anlage in the form of dentine epithelium suggestive of immature gastric teratoma [Figure 2c and d]. Baby is doing well at a year of follow-up.

Discussion

Gastric teratomas (GTs) are rare tumors and constitute 1% of all the teratomas in the body. Most patients present in the neonatal period with male predilection. There are only nine reported female infants with GTs in the English literature till 2004, and in our series, one was a female neonate. Only about 112 cases of GTs are recorded till 2012, of which <15 cases of immature variant have been described.^[1] Typical presenting symptoms are abdominal lump, distension, and vomiting, but tumors with intramural extension presenting with gastrointestinal bleeding and gastric perforation have also been reported in literature.^[3] GT presents as a palpable mass in 75% and/or abdominal distension in 56%.^[2] Other rare presentations are peritonitis secondary to gastric perforation and tumor rupture.^[4] In our series, case 1 presented with antenatal

diagnosis of tumor and presented with abdominal distention. Case 2 presented with respiratory distress and early peritonitis which was unusual. Both of our patients had intragastric component along with major extragastric component and surprisingly had no bleeding or obstruction [Figure 1b and d]. Most of these tumors arise from the greater curvature and posterior wall of the stomach.^[3] The growth of GTs has been exogastric in 65%, endogastric in 9%, and endogastric/exogastric in 26% of reported cases;^[2,5,6] both of our patients had the tumor arising from the lesser curvature with extension to GEJ which was not commonly reported. Case 2 had tumor which was arising from the anterior wall of the stomach in continuation from the lesser curvature which in itself is a rarity [Figure 1c].

Preoperative evaluation will require CECT abdomen and tumor markers apart from routine USG. In most cases, tumor markers are elevated, and they can be used as a prognostic marker in the follow-up. As a general approach, complete surgical excision is sufficient for mature teratoma and Grade 1 and 2 immature teratoma if serum AFP and beta HCG values are within normal range for the age and there is no malignant germ cell element. Elevated serum AFP levels may be the only alerting sign of the presence of malignant yolk sac component. However, the diagnostic utility of these oncofetal proteins is less in young infants because of the physiologically elevated levels.^[5] In our series also, the tumor markers were within the age range. CECT abdomen did reveal a large heterogeneous mass arising from the retroperitoneum to the left of abdomen [Figure 1a and b]. In both the patients, the gastric origin of the tumor was not identified preoperatively but was suspected in view of close proximity of the stomach to the tumor.

Complete surgical excision will result in good long-term outcome.^[3] Mature teratoma and immature teratoma Grade 1 and 2 will only require total excision and no adjuvant therapy.^[5] In both of our babies, we were able to achieve complete excision with rim of normal stomach. In case 2, the tumor was involving the GEJ, and the anterior esophageal defect was repaired with fundal flap covering [Figure 1e]. Both the patients had uneventful recovery.

Single most important prognostic factor is the histopathological grading of the tumor as the degree of immaturity correlates with the ultimate prognosis of children. Teratomas are neoplasms composed of elements representing all three germ layers and are subdivided into mature or immature subtypes depending on constituent element. Grade 0 is mature and regarded as benign, Grade 1 is immature with <10% microscopic foci containing immature tissues, Grade 2 is immature with 10%–50% of immature tissue, and Grade 3 is immature with 50% of

immature tissue. Grade 0, 1, and 2 pure teratomas have the potential to become malignant (Grade 3), and malignant pure teratomas have the potential to metastasize.^[2,3,5,7,8] In our case 2, histology revealed tissue lined by dentine epithelium and primitive neuro epithelium comprising less than 10% of microscopic field, suggesting immature gastric teratoma grade 1.

Marina *et al.* suggested that it seems safe to treat all patients with extragonadal immature teratomas by surgical excision followed by close observation, withholding chemotherapy until there is evidence of disease recurrence. Although adjuvant therapies (i.e., chemotherapy or radiotherapy) are not recommended with completely resected Grades 2 and 3 immature teratomas, optimal treatment in these groups is still controversial.^[5]

Conclusion

GTs are rare and more so in female neonates. Surgery is the primary treatment modality and has good outcome. We are reporting these cases for their rarity of presentations, difficulty in preoperative diagnosis, and their unusual locations.

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Conflicts of interest

There are no conflicts of interest.

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