

Wernicke Encephalopathy in a Child with Acute Lymphoblastic Leukemia with Atypical Neuroimaging Findings

Abstract

Wernicke encephalopathy (WE) is characterized by a clinical triad of ataxia, ophthalmoplegia, and altered mental state. It is said to be a rare entity in infants and children. We describe the case of a 2-year-old child with acute leukemia on chemotherapy who presented with acute encephalopathy. Blood parameters and cerebrospinal fluid analysis were normal, and magnetic resonance imaging of the brain revealed isolated cranial nerve nuclei involvement. There was remarkable improvement in sensorium following thiamine therapy. A high index of suspicion is necessary to diagnose WE in high-risk patients such as leukemia.

Keywords: *Acute encephalopathy, acute lymphoblastic leukemia, Wernicke encephalopathy*

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Introduction

Wernicke encephalopathy (WE) is a medical emergency caused by thiamine deficiency. It is an acute neurological condition characterized by a clinical triad of ophthalmoparesis with nystagmus, ataxia, and confusion. Pediatric WE has been described in severe malnutrition, starvation, prolonged parenteral nutrition, and malignancies, following gastrointestinal surgeries and stem cell transplantation.^[1,2] Characteristic brain magnetic resonance imaging (MRI) findings include symmetric T2 hyperintensities in dorsal medial thalamus, mammillary bodies, periaqueductal gray matter, and tectal plate. Selective involvement of the cranial nerve nuclei, cerebellum, red nuclei, dentate nuclei, corpus callosum, cerebral cortex, and basal ganglia has been described in nonalcoholic WE patients.^[3] Here, we report a case of WE in a child with acute Lymphoblastic leukemia with atypical MRI findings.

Case Report

A previously healthy 2-year-old female child who had been diagnosed with acute lymphoblastic leukemia 5 months ago presented with excessive sleepiness, irritability, and incessant cry of 3-day

duration. She is on maintenance phase chemotherapy according to the Indian childhood collaborative leukemia protocol and a case of standard risk under risk stratification. There was no history of fever, loose stools, vomiting, or seizures. On examination, the child was drowsy, arousable but irritable, was not interacting, and not communicating. Extraocular movements were full and pupils equal and reacting to light. She was moving all her limbs, however was not sitting or standing on her own. There was generalized hypotonia; deep tendon reflexes were normal with flexor plantars. There was no nystagmus, head nodding, or intention tremors, and there were no meningeal signs.

Leukemic infiltration of the central nervous system, central nervous system infections in an immunocompromised state, drug toxicity-chemical meningitis, leukoencephalopathy, and posterior reversible encephalopathy syndrome were considered as probable differentials, and investigations were planned.

Blood counts were normal; metabolic parameters including urea, creatinine, sugar, electrolytes, liver enzymes, and serum ammonia were normal. Cerebrospinal fluid (CSF) analysis was normal with normal biochemistry, gram stain, acid-fast bacillus stain, and fungal stain. There were no blasts in the CSF. Culture including fungal culture was sterile. CSF viral studies

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including Japanese encephalitis virus, herpes simplex, varicella, and enterovirus were negative. MRI of the brain showed symmetric high signal alterations in facial nerve nuclei with diffusion restriction [Figure 1a-c]. There was no involvement of the thalamus, mammillary bodies, periaqueductal gray matter, or tectum in the midbrain [Figure 1d-f].

Based on the clinical and imaging findings, WE was considered, and injection thiamine 100 mg intravenously twice daily was given for 3 days and once daily for the next 4 days. A rapid improvement in the neurological status was noticed within 24 h of thiamine treatment. She became active, alert, communicating, and started walking and playing on the 4th day.

Discussion

WE is characterized by a clinical triad of gait ataxia, eye signs (nystagmus and ophthalmoplegia), and global confusion as described by Carl Wernicke in 1881. However, this classic triad is observed only in 21.4% of pediatric patients.^[4] The most constant clinical finding is mental status changes that comprise a state of confusion, disorientation, drowsiness, cognitive impairment with disturbance in memory, and coma. The child in the case above presented with lethargy and drowsiness only and did not have ataxia or ophthalmoparesis.

Several types of cancers such as acute lymphoblastic leukemia, acute mixed lineage leukemia, acute myeloid leukemia, germ-cell tumor, and osteosarcoma have been associated with WE. Factors including increased consumption of thiamine by rapidly growing cancer cells, chemotherapeutic agent interference with function of thiamine, poor intake, vomiting, and liver disease leading to decreased conversion of thiamine contribute to thiamine deficiency in these children.^[5]

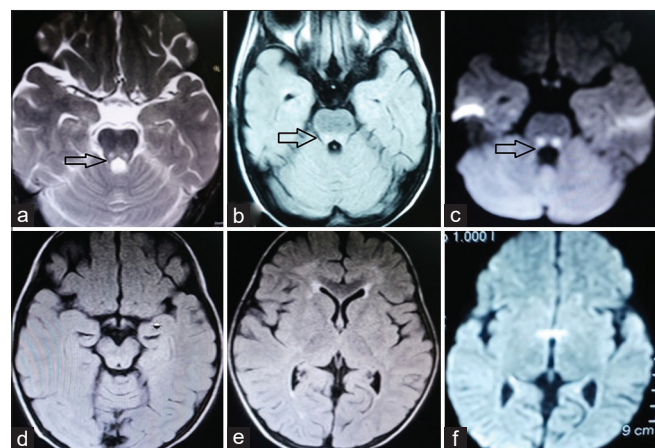


Figure 1: (a and b) Axial magnetic resonance images. T2-weighted, fluid-attenuated inversion recovery sequences showing symmetric high-signal alterations in facial nerve nuclei in the pons. (c) Diffusion-weighted imaging showing diffusion restriction of facial nerve nuclei. (d-f) Axial fluid-attenuated inversion recovery and diffusion-weighted imaging images showing normal midbrain and thalami

Thiamine acts as a cofactor for various enzymes in the carbohydrate metabolism including transketolase, alpha-ketoglutarate dehydrogenase, pyruvate dehydrogenase, and branched-chain ketoacid dehydrogenase complex which play a key role in the regulation of glucose and energy metabolism in the brain. Thiamine deficiency is hypothesized to cause neuronal injury in the brain regions with high metabolic requirements. Oxidative stress, glutamate-mediated excitotoxicity, and inflammation are major contributors to regional neurodegeneration in WE.^[6]

Brain MRI is the most sensitive technique and is required for all patients in whom WE is suspected. Typical imaging findings include bilateral, symmetrical high-signal intensities in the thalami, mammillary bodies, tectal plate, and periaqueductal area. The dorsal medulla, red nuclei, cranial nerve nuclei, cerebellum, callosum, and frontal and parietal cerebral cortex are less common sites of involvement. Selective cranial nerve nuclei involvement has been reported in WE.^[3] Liou *et al.* described a case of acute leukemia affected by WE with lesions in the olivary bodies, cranial nerve nuclei, and dentate nuclei in the absence of lesions in the typically affected areas.^[7] Our child showed the involvement of facial nerve nuclei in the pons alone.

The differential diagnosis of symmetric signal-intensity alterations of the dentate, cranial nerve nuclei, red nuclei, and splenium includes metronidazole-induced encephalopathy.^[8] However, metronidazole was not used in our case. The other differential to be considered is leukoencephalopathy due to methotrexate toxicity, but involvement of the centrum semiovale is the predominant imaging finding in methotrexate toxicity. Furthermore, rapid improvement in sensorium with thiamine supplementation clinches the diagnosis of WE. Leigh syndrome, a mitochondrial disorder with progressive neurodegeneration, can have similar imaging features – symmetrical T2 high-signal intensities in the brainstem, thalami, basal ganglia, and periaqueductal grey matter, but mammillary bodies are not involved.

WE is a medical emergency, and any therapeutic delay may result in permanent neurological damage or death. Empiric thiamine replacement should be initiated as soon as WE is suspected. There is no fixed guideline for pediatric patients. Hundred milligrams of daily thiamine replacement is routinely recommended.^[9] Medical literature suggests that pediatric patients at risk for thiamine deficiency be supplemented with 0.35–0.5 mg/kg/day of oral thiamine to prevent the development of encephalopathy. Children with malignancies are at high risk for the development of WE and could be given excessive thiamine. However, this practice remains controversial as a large amount of thiamine may promote tumor cell growth. It is difficult to make specific recommendations regarding the treatment of WE in children because of a paucity of the literature.^[10]

Conclusion

Awareness of heterogeneity in clinical and imaging features is fundamental to recognize WE, especially in children. Thiamine therapy is warranted if any component of the WE triad is present in an appropriate clinical setting.

Declaration of patient consent

The authors certify that they have obtained all appropriate patient consent forms. In the form, the legal guardian has given consent for images and other clinical information to be reported in the journal. The guardian understands that name and initial will not be published and due efforts will be made to conceal the identity, but anonymity cannot be guaranteed.

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Conflicts of interest

There are no conflicts of interest.

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