Double fenestration of the anterior communicating artery: “The figure-of-8” anomaly

Sir,

Anterior communicating artery (ACoA) is the commonest site for congenital variations in the anatomy of the circle of Willis. The association of variations in normal anatomy with aneurysms is well known with one study reporting a 7.9% incidence of ACoA aneurysms being associated with fenestration of the ACoA. We present herein a rare variation in the anatomy of the ACoA complex – a double fenestration – that we have termed the “figure-of-8 anomaly.”

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The patient was a 23-year-old male who presented with clinical and radiological features of subarachnoid hemorrhage. A four-vessel conventional angiography showed an anterior communicating artery (ACoA) aneurysm filling from the left A1 with a hypoplastic right A1 segment. Three-dimensional rotational angiography (3D-RA) reconstructions revealed a double fenestration in the ACoA with the aneurysm arising from the distal channel of the ACoA and incorporating the wall of the left A2 segment [Figure 1]. This we called the “figure-of-8 anomaly.” The patient underwent a left pterional craniotomy, transsylvian approach, and clipping of the aneurysm. A thinned out hypoplastic right A1 segment was identified along with a double fenestration of the ACoA. The aneurysm was secured with two 7-mm straight mini clips with one blade of each clip passing through the left fenestration and trapping the aneurysm [Figure 2a-c]. The patient recovered uneventfully and was discharged on the 7th postoperative day.

The ACoA is formed by coalescing of a plexus of small vessels that connect the right and left half of the intracranial vasculature by the 27th week of gestation. This occurs to various extents leading to single or multiple fenestrations in the ACoA. Apart from this anomaly, other variations seen are a hypoplastic A1, azygous origin of the A2 as a single artery, duplication, and the presence of a midline artery of the corpus callosum (MACC) in addition to the A2s.[3,4]

The reported incidence of a fenestration of the ACoA with an associated aneurysm at the same site is about 13%.[5] The incidence of a double fenestration with an aneurysm is extremely rare and, since the first report of Kwak in 1980, only two more cases have been reported.[3] Namiki in 2003 reported a case of double fenestration, where the presence of a MACC and duplication of the ACoA caused the same.[6] De Oliviera in 2004 reported a case of true double fenestration with associated hypoplastic A1, with fenestrations at the origins of both A2’s.[5] Though this case is similar to ours in the presence of double fenestration and a hypoplastic A1, the aneurysm in our case was based on both the ACoA and the proximal A2, unlike in their report.

Double fenestration of the ACoA with an associated aneurysm is an extremely rare occurrence and poses a technical challenge to the operating surgeon. Securing the aneurysm and reconstruction of the ACoA with clips may be done taking advantage of the fenestrations, as in this case. The use of a preoperative 3D-RA is invaluable in the surgical planning in such cases since these anomalies are rarely identified on standard 2D digital subtraction angiography.
Letters to Editor

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Sir,

Single-channel pial arteriovenous fistulas (AVFs) are rare vascular lesions of the brain accounting for 1.6% of all cerebral vascular malformations.[1] These lesions are composed of one or more direct arterial connection to a single venous channel without true intervening nidus and usually have associated venous varix. Only disconnection of the feeding artery is sufficient to decompress the lesion, because the varices might shrink and immediately lose the mass effect.[2] However, if the varices have a thick and hard calcified wall, only disconnection of the feeding artery might not reduce the volume. Here, we report a rare case of intracerebral giant venous varix with calcified walls and mass effect, secondary to a single-channel pial AVF in a 24-year-old man. Direct surgical flow disconnection followed by removal of large varix resulted in complete disappearance of pial AVF without complication.

A 24-year-old man presented with 6-year history of medically resistant generalized tonic-clonic seizure. On examination, he was found to be alert without any focal neurological deficit and had normal electroencephalogram. On computed tomography (CT) scan, a large round well-circumscribed vividly enhancing lesion with peripheral calcification was found in left frontal lobe [Figure 1a], causing mass effect with midline shift. A left frontal well-defined flow void of size 60 × 66 mm communicating with the superior sagittal sinus (SSS) through dilated cortical vein with feeder supply from left anterior cerebral artery (ACA) was observed in the cranial magnetic resonance imaging (MRI) with angiogram [Figure 2].

![Figure 1](image1.png)

**Figure 1:** (a) CT scan of brain axial view showing left frontal well-circumscribed large vividly enhancing lesion with midline shift; (b) CTA demonstrates left frontal varix of size 6.5 cm in association with arteriovenous fistula supplied by the distal left anterior cerebral artery; (c) Postoperative CT scan and (d) CTA demonstrates complete obliteration of the AVF and reconstitution of the distal ACA.