

## CASE REPORT

# Thoracic psammomatous spinal meningioma with osseous metaplasia: A very rare case report

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## ABSTRACT

Thoracic spinal psammomatous meningioma is a rare subtype of meningioma. Among diverse types of mesenchymal differentiation, osseous metaplasia is found to be still rarer. We are presenting a new case of thoracic psammomatous spinal meningioma with osseous metaplasia in a middle aged female which that gives a sense of cancellous bone in the spinal canal. To conclude, meningiomas with osseous metaplasia are very rare tumors that complicate the surgical removal in certain cases. Ossification, if predicted prior to operation with computed tomography reconstruction, makes planning of removal easier. In our case, maintained cerebrospinal fluid spaces despite hard consistency of tumor made its removal easier once cerebrospinal fluid was drained. We have submitted this article because it is very rare and curable pathology and preoperative diagnosis helps in prevention of neurological injury during its excision.

**Key words:** Ossified meningioma, psammomatous meningioma, osseous metaplasia

## Introduction

Meningioma together with schwannomas represents majority of intradural extramedullary spinal tumors. Presence of psammomatous bodies, gritty foci of calcification are frequently found in spinal meningioma. However, extensive or entire ossification is not that common and when encountered, it complicates removal in certain cases, and thus affects postoperative course and prognosis. Meningioma with metaplasia is a rare subtype of meningioma. By definition, the mesenchymal differentiation includes osseous, cartilaginous, lipomatous, myxoid, or xanthomatous changes in meningiomas.<sup>[1,2]</sup>

To our knowledge, there are less than 25 cases reporting ossified psammomatous spinal meningiomas.<sup>[3]</sup> Aim of this article is to present a new case of ossified spinal meningioma that looks like an oval stone in thoracic spinal meningioma.

## Case Report

A 60-year-old female presented with the following complaints:

1. Progressive weakness bilateral lower limb, left more than right for the last one year
2. Numbness starting just above umbilicus lowers down for the last one year
3. Urinary incontinence for the last two months
4. Inability to walk for the last twenty days.

Neurological examination revealed paraparesis, knee and ankle jerk exaggerated, plantar's bilateral upwards, ankle clonus present and tone in lower limb increased. Thoracic magnetic resonance imaging showed a hypointense lesion on T1 and T2 image at the level of T7 and T8 and causing compression of the cord anterolaterally on the left side with widening of posterior cerebrospinal fluid column with positive supra-and infra- meniscal sign above MR signals suggesting a calcified meningioma [Figure 1 and 2].

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Complete T7 and T8 laminectomy was done. Overlying dura was thick and firm. Midline dural opening was made and dura dissected free from tumor on both sides with difficulty, as it was adherent to the tumor. Around it, tumor was easy to dissect from its ventral aspect, as it was not adherent and hard ventrally. Dura affliction was more on the right side than on the left. Unlike rest of the tumor, the dural attachment was soft to firm and richly vascular [Figure 3]. Tumor was removed in toto and cauterization of dural affliction was done [Figure 4]. Postoperatively, patient had immediate improvement with disappearance of band-like tightening sensation of supraumbilical area in the abdomen.

Patient was in follow-up regularly every month for eight months postoperatively. Clinically, patient improved from grade '0' muscle power in lower limbs to grade '4+' and was catheter free after six months.

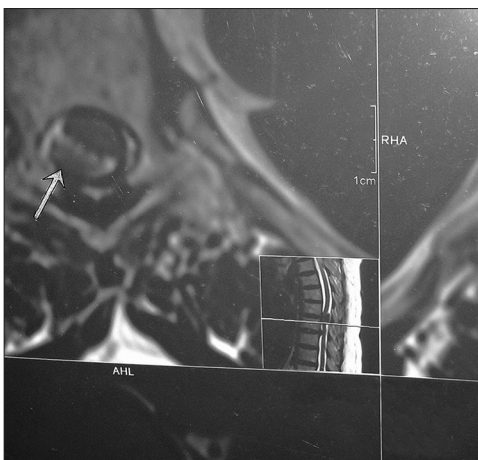
### Pathological findings

The excised tumor mass was subjected to histopathological examination, which on gross inspection revealed a tumor

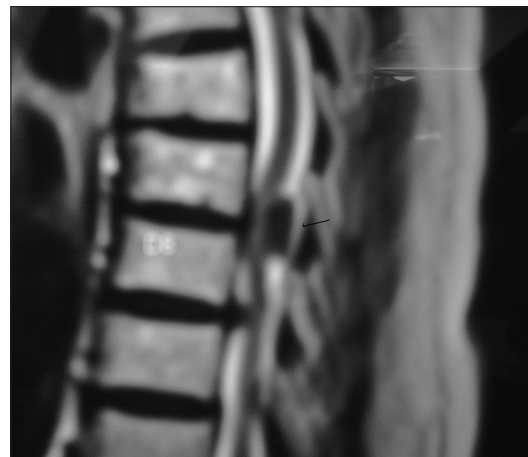
measuring 1.5 × 1.2 × 0.6 cm with attached dura. The tumor was composed predominantly of psammoma bodies and immature bony trabeculae with interspersed whorls and lobules of meningothelial cells containing ovoid nuclei, inconspicuous nucleoli, and moderate amount of eosinophilic cytoplasm. [4-8] There was no evidence of mitotic activity or necrosis [Figure 5 and 6]. Adjoining dural collagen was infiltrated by tumor. Final impression was psammomatous meningioma with osseous metaplasia, WHO grade I intradural, T7 vertebral region.

### Discussion

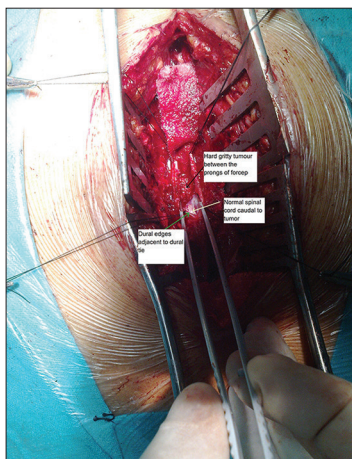
Ossification in spinal meningioma is a rare event. First case of ossified meningioma was reported by Roger in 1928. [9] Less than 25 cases are reported till date, and most of the cases are in thoracic region, as in our case. Even after reports of certain new cases, there are no definitive figures of its incidence, which is roughly estimated to be 0.7-5.5% of all spinal tumors. [5, 6,10,11]



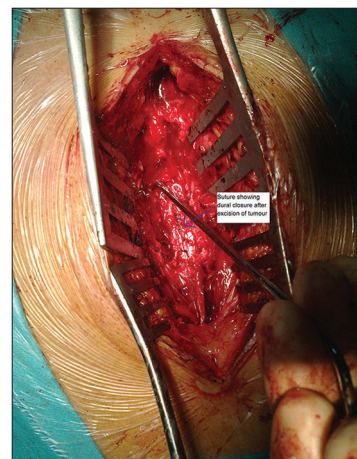
**Figure 1:** MRI transverse section showing meningioma at D7 compressing cord anterolaterally



**Figure 2:** Saggital section MRI dorsolumbar spine showing meningioma at D7 compressing cord anteriorly



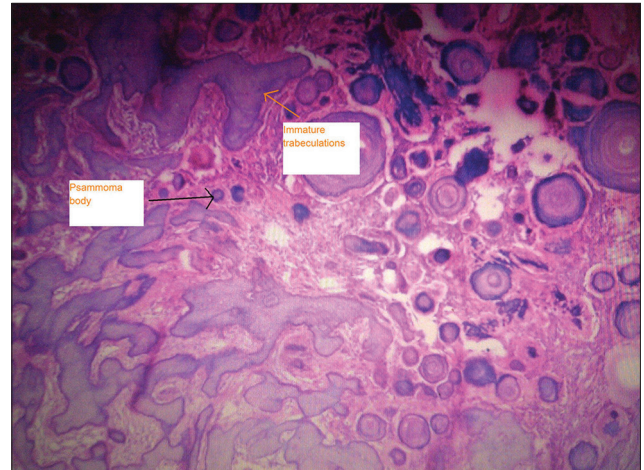
**Figure 3:** Intraoperative picture showing dural exposure with center hard gritty part of meningioma



**Figure 4:** Intraoperative picture after excision of meningioma and dural repair



**Figure 5:** Tissue diagnosis showing ossification with psammoma bodies and osseous metaplasia at magnification  $\times 100$



**Figure 6:** Tissue diagnosis showing ossification with psammoma bodies at magnification  $\times 40$

Because of its rigid nature, removal of tumor is associated with complications affecting surgical outcome. But in our case, oval shape of the tumor and its nonadherence on the spinal cord, made its removal easier, once the superior and inferior poles of the tumor identified and its dissection led to drainage of CSF from the spaces. Different long-term outcomes of ossified meningioma surgery have been reported. Roux *et al.* reported 3 ossified meningioma of 54 spinal meningioma with total removal with good outcome in 2 of these. One removal was subtotal and required a second surgery and radiotherapy.<sup>[12]</sup>

## Conclusion

In conclusion, meningiomas with osseous metaplasia are very rare tumors which complicate surgery in certain cases. Ossification predicted prior to surgery with computed tomography reconstruction makes planning of removal of even hard tumor easier. In our case, maintained CSF spaces made removal easier, once CSF is drained; even without prior computed tomography reconstructive images.

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## Conflicts of interest

There are no conflicts of interest.

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