Unusual Metastatic Tumours Of The Parotid Gland -- Report Of Two Cases.

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INTRODUCTION:

An isolated parotid mass usually indicates a primary neoplasm. The parotid gland and its lymph nodes may also be sites of metastatic disease from regional and distant primary neoplasms. We report 2 rare cases of metastatic involvement of the parotid gland, one from undifferentiated nasopharyngeal carcinoma and the other from small cell carcinoma of lung which has not been reported so far to the best of our knowledge.

CASE REPORT:

Case 1: A 14 yr girl presented with pain in the left side of her throat, headache, vomiting and lymph nodal swelling of the left side of the neck of 3 months duration. CECT study revealed an enhancing soft tissue mass in nasopharynx with destruction of the skull base with intracranial extension. (Fig 1a) Multiple enhancing enlarged cervical lymph nodes and an enhancing rounded soft tissue mass in the left parotid gland were noted (Fig 1b and 2a) An FNAC was performed of the parotid mass and nodal mass, which revealed metastatic involvement from nasopharyngeal carcinoma. The patient was treated with chemotherapy and radiotherapy. Follow-up CECT 8 months later revealed regression of the nasopharyngeal tumor with complete resolution of the parotid mass and cervical lymph nodes. (Fig 2b) The patient is on regular follow-up.
Case 2: A 60 yrs man with poor general health presented with cough and right-sided parotid swelling of 2 months duration and a single episode of hemoptysis. CECT study of thorax revealed an enhancing spiculated soft tissue mass in the periphery of right upper lobe with multiple bilateral parenchymal and pleural nodules along with mediastinal lymphadenopathy (Fig 3a). CECT of neck revealed an enhancing spiculated soft tissue mass in the right parotid gland (Fig 3b). FNAC from the right parotid and lung mass both revealed small cell carcinoma cells. The patient was advised radiotherapy in his hometown and is lost to follow-up.

DISCUSSION:

The lymphatic anatomy of the parotid gland is complex with abundance of lymph nodes. In 1888 Sappey [3] published his classic dissertation on the lymphatic system with the depiction of lymphatic anatomy of head and neck on lithographs. Dye injections by Delamere et al [4] in 1903 revealed that lymph from the scalp, face and external ear drained into the lymph nodes associated with the parotid gland.

The parotid lymph nodes average 20-30 in number and develop embryologically before the parotid gland [5]. These nodes are divided into paraglandular and intraglandular nodal subgroups. The paraglandular nodes are predominantly along the superficial temporal vessels in preauricular area and receive drainage from the lateral and frontal aspects of scalp, ear, lateral half of lower eyelid, upper eyelid and root of nose.

The intra-glandular nodes are located in between the superficial and deep portions of the gland along the posterior facial vein and are both superficial and deep to the facial nerve. These nodes drain from the lateral and frontal aspects of the scalp, lateral aspects of the lids, lacrimal gland, conjunctiva, external auditory canal, parotid gland and paraglandular nodes. The intraglandular and paraglandular subgroups are a single functional unit and the efferent lymphatics from the parotid nodes drain into superior deep cervical nodes.

Cutaneous neoplasms of the face and scalp are the most common primary sites with melanomas and squamous cell carcinomas accounting for over 80% of metastatic lesions [1]. Bergerson et al [6] have reported that up to 80% metastatic disease in parotid results from cutaneous lesions evenly distributed between squamous cell carcinoma and melanoma.

Metastatic disease in the parotid originating from nasopharynx is rare prompting isolated case reports. Only 11 cases have been reported in the University of Hamburg Salivary Gland Register [2]. Several mechanisms have been put forward to explain the spread from nasopharynx...
to parotid parenchymal [1,5]

(1) Tumor can spread to the intraglandular parotid nodes
via retropharyngeal nodes.
(2) Spread may occur indirectly via paraglandular
extension to nodes superficial or deep to the parotid
capsule adjacent to parotid parenchyma and
(3) Retrograde extension from massive metastasis in the
neck, obstructing the normal lymphatic flow.

Distinction between primary and metastatic masses in
the parotid is important from both diagnostic and
therapeutic standpoint. Imaging with CT or MRI can help
in determining the location and extent of disease and in
more extensive neoplasms, the relationship with adjacent
structures such as carotid artery, mandible and cranial
base.

FNAC of parotid gland masses is accurate in about 85%
of cases in distinguishing benign from malignant lesions
[7] and is also accurate in differentiating metastatic lesions
from primary neoplasm of the parotid.

Metastasis from distant (infraclavicular) primary tumors
to the major salivary glands or their lymph nodes are rare
with only 2 large studies having been reported to date
revealing the incidence of such cases. In data complied
by Zachariades [8], only 10 out of 414 metastases to
parotid gland were from distant primary carcinomas. In a
study of 10,944 cases in the University of Hamburg's
Salivary Gland Register [2], only 12 cases originated from
a primary in lung, most of them metastasizing to the
salivary parenchyma rather than intraglandular node.

CONCLUSION:
A metastastic lymph node to the parotid gland can be
identified on CT as enhancing intra-glandular masses.
An awareness of the possibility of metastatic lesions to
the parotid gland is important as such findings may have
a major impact on patient management.

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