Imaging in spinal posterior epidural space lesions: A pictorial essay

Foram B Gala¹,², Yashant Aswani³
¹Lifescan Imaging Centre, ²Department of Radiology, TNMC and BYL Nair Charitable Hospital, Mumbai, Maharashtra, India, ³Department of Neuroradiology, University Hospital of Zurich/Children’s Hospital of Zurich, Zurich, Switzerland

Correspondence: Dr. Foram B Gala, Lifescan Imaging Centre, Malad, Mumbai - 400 064, Maharashtra, India. E-mail: drforamgala@gmail.com

Abstract

Spinal epidural space is a real anatomic space located outside the dura mater and within the spinal canal extending from foramen magnum to sacrum. Important contents of this space are epidural fat, spinal nerves, epidural veins and arteries. Due to close proximity of posterior epidural space to spinal cord and spinal nerves, the lesions present with symptoms of radiculopathy and/or myelopathy. In this pictorial essay, detailed anatomy of the posterior epidural space, pathologies affecting it along with imaging pearls to accurately diagnose them are discussed. Various pathologies affecting the posterior epidural space either arising from the space itself or occurring secondary to vertebral/intervertebral disc pathologies. Primary spinal bone tumors affecting the posterior epidural space have been excluded. The etiological spectrum affecting the posterior epidural space ranges from degenerative, infective, neoplastic - benign or malignant to miscellaneous pathologies. MRI is the modality of choice in evaluation of these lesions with CT scan mainly helpful in detecting calcification. Due to its excellent soft tissue contrast, Magnetic Resonance Imaging is extremely useful in assessing the pathologies of posterior epidural space, to know their entire extent, characterize them and along with clinical history and laboratory data, arrive at a specific diagnosis and guide the referring clinician. It is important to diagnose these lesions early so as to prevent permanent neurological complication.

Key words: Compressive myelopathy; epidural space; magnetic resonance imaging; posterior epidural abscess; posterior epidural hematoma

Introduction

Spinal epidural space is a closed anatomic space between the dura mater and the bony spinal canal. It extends from the foramen magnum to the sacrum. Unlike its intracranial counterpart, spinal epidural space is real. The presence of anchoring plicae and meningovertebral ligaments divide the space into anterior, lateral and posterior compartments.² Owing to close proximity to cord and nerve roots, the lesions of epidural space present with symptoms of myelopathy and/or radiculopathy. Magnetic Resonance Imaging (MRI) is the imaging modality of choice to assess the spine and pathologies of posterior spinal epidural space. The clinical details, laboratory parameters and imaging characteristics help arrive at a specific diagnosis. In this pictorial review, we focus on the MRI features of lesions affecting the posterior spinal epidural space.

Anatomy

Spinal epidural space extends rostrally from the fusion of spinal and periosteal layers of dura mater at foramen magnum²¹ up to the sacrococcygeal membrane caudally. The fusion of the former prevents intracranial extension.
The space is limited ventrally by the posterior longitudinal ligament, posterior margins of vertebral bodies and intervertebral discs. The posterior margin is formed by ligamentum flavum, capsule of facet joints and laminae. Pedicles and intervertebral foraminae form the lateral boundaries [Figures 1 and 2].

Spinal epidural space is a real space at the intervertebral level, however, it is a potential space at the vertebral level where the dura fuses with the posterior longitudinal ligament and the annular ligament. It is widest at upper thoracic levels where the posterior space measures 7.5 mm. The dimensions at C7–T1 and lumbar level are approximately 0.4 mm and 4–7 mm, respectively. Both the size and shape of the space are dictated by the size and shape of the vertebral canal and position of the dural sac within. The space communicates freely with the paravertebral space via intervertebral foraminae.

Contents

Epidural fat

Epidural fat is the dominant component of posterior spinal epidural space and varies in direct proportion with rest of the body. The distribution of fat is uneven but predictable. It is abundant in dural sleeves along the nerve roots, sparse at C7–T1, T11–T12, and L2–L3 levels, and distinctly absent from within the dural sac. The epidural fat protects the cord within the dural sac and spinal nerves by buffering the pulsatile movements of the dural sac, facilitates dural sac movement over periosteum during flexion and extension, and creates reservoir for lipophilic substances. The dural sac ends approximately at S2 level and contains the spinal cord and cauda equina. The fat is responsible for epidural space being wider posteriorly than anteriorly.

Nerves

Spinal nerves exit laterally through the intervertebral foramina on both sides. There are 8 cervical nerves and 7 cervical vertebrae, and nerves are numbered according to the vertebra below, except C8 nerve exits between C7 and D1 level. However, in thoracic, lumbar, and sacral regions, the nerves are numbered according to the vertebra above. Dorsal root ganglion is located laterally and enhances after gadolinium injection.

Vascular supply

The venous drainage is via Batson’s plexus, which is located in the anterior epidural space. It comprises external and internal venous plexuses and intrasosseous veins of vertebral column. Both internal and external plexuses are composed of four interconnecting longitudinal veins; two anterior and two posterior. These veins have communications with intracranial, cervical, intercostal,
lumbar and iliac veins. The drainage to the right atrium is via azygous vein. Because the entire system is valveless and the lymphatics are sparse and concentrated along the dural roots, the route of spread of infection or malignancy to the epidural space is hematogenous. The posterior venous plexus is variable in size in the lumbar region and increases in the dorsal and cervical region.

There is anterior and posterior spinal arterial arcade formed from spinal arteries entering at each intervertebral foramen. These arise from vertebral arteries, thoracic and lumbar aorta; and anastomose with anterior spinal artery arising from vertebral artery.

The arteries in lumbar epidural space are branches of iliolumbar arteries. These are placed laterally in the space and hence escape trauma during epidural puncture.

Pathologies Affecting Posterior Spinal Epidural Space

The lesions may involve primarily the posterior epidural space or can be secondary to vertebral/intervertebral disc pathology. Discussion of primary bone tumors affecting the posterior epidural space is beyond the scope of this article. Table 1 summarizes the various pathologies affecting the posterior spinal epidural space.

Degenerative [Figures 3-7]

Herniated disc
A degenerated disc may herniate into the anterior epidural space by virtue of perforation of the annulus fibrosis and posterior longitudinal ligament and loose contact with its parent disc (sequestration). Once in the anterior epidural space, the disc fragment may migrate cranially, caudally, or laterally. Movement further posteriorly is restricted by meningovertebral ligaments. Migration to the posterior epidural space is a rare event. MRI with contrast is needed to diagnose this accurately. The disc fragment is hypointense on T1-weighted (T1W) images and hyperintense on T2W images compared to the parent disc. Reparative process, inflammation, and granulation tissue surround the disc fragment accounting for its peripheral enhancement. A tract-like enhancement extending from the outer aspect of the degenerated intervertebral disc to the posterior epidural space, indicating the route of migration virtually clinches the diagnosis [Figures 3 and 4].

Hypertrophied ligamentum flavum with facetal arthropathy
Ligamentum flavum drapes the posterolateral aspect of the spinal canal. The bulk of ligament comprises elastin fibres (80%) with remainder being collagen—a fact that contributes to an increased signal on T1W compared to other ligamentous structures in the body. With aging, the ratio of fibres reverses decreasing the elasticity. Along with disc degeneration and facetal arthrosis, hypertrophy of ligamentum flavum contributes to spinal canal stenosis. The mechanism of hypertrophy is unclear, however, it may occur due to chronic inflammation leading to an accumulation of fibrous tissue with scarring. The thickness of ligamentum flavum increases with age and is more pronounced in the lower lumbar levels due to higher mechanical stress. Occasionally, calcium pyrophosphate dehydrate may deposit in the ligamentum flavum that appears hypointense on all sequences on MRI and shows calcification on Computed Tomography (CT) [Figures 5 and 6].

The normal facet joint is characterized by a uniform joint space of 2–4 mm, with no osteophytosis or subchondral bone reaction. Based on CT and MRI findings, Weishaupt et al. graded facetal arthropathy as:

Table 1: Classification of pathologies affecting posterior spinal epidural space

| Degenerative: Herniated disc, Hypertrophied ligamentum flavum and facetal arthropathy, Synovial cyst |
| Degenerative: Herniated disc, Hypertrophied ligamentum flavum and facetal arthropathy, Synovial cyst |
| Infective: Pyogenic abscess, tuberculous abscess, fungal infection. |
| Neoplastic: Lipoma/lipomatosis, angiolioma, hemangioma, paraspinal arteriovenous malformation/tistula, arachnoid cyst, dermoid, epidermoid cyst |
| Neoplastic: Lipoma/lipomatosis, angiolioma, hemangioma, paraspinal arteriovenous malformation/tistula, arachnoid cyst, dermoid, epidermoid cyst |
| Neoplastic: Lipoma/lipomatosis, angiolioma, hemangioma, paraspinal arteriovenous malformation/tistula, arachnoid cyst, dermoid, epidermoid cyst |
| Miscellaneous: Epidural hematoma (spontaneous or post traumatic), Dilated venous plexus in collateral pathway in IVC obstruction, Hirayama's disease |
| Miscellaneous: Epidural hematoma (spontaneous or post traumatic), Dilated venous plexus in collateral pathway in IVC obstruction, Hirayama's disease |

Figure 3a (A-C): Degenerative: Herniated disc: 37-year-old male with severe left leg radiating pain. Sagittal T1-weighted (A), T2-weighted (B) and Post-contrast T1 fat saturated (C) images of lumbar spine showing disc protrusion at L4-5 level (arrow). Note soft tissue signal intensity lesion (elbow arrow) in the posterior epidural space appearing hypointense on T1, hyperintense on T2 and showing peripheral rim enhancement. Compressed posterior epidural fat is seen displaced superiorly and anteriorly (arrowhead).
Grade 1 or Mild osteoarthritis: Shows narrowing of the facet joint space (<2 mm) and/or small osteophytes, and/or mild articular process hypertrophy.

Grade 2 or Moderate osteoarthritis: Shows narrowing of the facet joint space (<2 mm) and/or moderate osteophytes, and/or moderate articular process hypertrophy and/or mild subarticular bone reaction (erosions).

Grade 3 or Severe osteoarthritis: Shows narrowing of the facet joint space (<2 mm) and/or large osteophytes, and/or large articular process hypertrophy, and/or severe subarticular bone reaction (erosions and/or cysts).

**Synovial cysts**

Synovial cyst represents protrusion of synovial membrane from degenerated facet joints into the spinal canal[14]

contrary to the ganglion pseudocyst, which represents a cyst that is devoid of synovial lining. Often synovial cysts and ganglion pseudocysts are referred to as juxtafacet cysts. In a review by Bydon et al., 96.2% synovial cysts were located in the lumbar (75.4% at the L4–L5 level), 2.6% in the cervical, and only 1.2% in the thoracic spine.[15] These cysts may be associated with disc degeneration and spondylosis. Synovial cysts [Figures 7 and 8] on MRI show T2 hypointense fibrous/calcified capsule with variable internal signal on T1W and T2W images depending on cysts contents.[16] The cysts may show adhesions to the dura mater and nerve roots.
Synovial cyst needs to be differentiated from the ligamentum flavum cyst which arises due to reduced elasticity of ligamentum flavum with continued stress. The latter does not communicate with facet joints and is more prone to hemorrhage due to rupture of vessels in degenerated ligamentum flavum, whereas the former often has a calcified wall. This differentiation is important because synovial cysts occur secondary to facet arthropathy and require exploration of facet joints.
The abscess extends laterally and vertically in the epidural space and may occasionally involve the whole length of the spinal canal. Most epidural abscesses are located at the thoracic or lumbar level because the epidural space is larger in these areas. In adults, they are predominantly located anteriorly, whereas a posterior location is more common in children. Moreover, in children, these abscesses tend to be more extensive.

Restricted diffusion on MRI confirms the presence of a pyogenic abscess [Figure 9]. The main determinant of outcome for patients with a spinal epidural abscess is the neurologic status at the time of diagnosis. Combined surgical drainage and prolonged antibiotic therapy remain the ideal treatment.

**Tuberculosis**

Spinal tuberculosis (TB) accounts for 2% of all cases of TB, 15% of extrapulmonary TB, and 50% of all cases of skeletal TB. It is caused by hematogenous spread of *Mycobacterium tuberculosis* from primary focus in lung, lymph node, or gastrointestinal tract.

Spinal tuberculosis classically affects the discovertebral region with involvement of two contiguous vertebral bodies and destruction of intervening disc (spondylothesis), however, several vertebrae, skip lesions, or single vertebral body may be involved. It may be associated with paravertebral, subligamentous, or anterior epidural soft tissue/abscess. Dorsolumbar region is the most commonly

Synovial cysts can be aspirated under CT or fluoroscopy guidance with/without steroid injection in the epidural or extraforaminal space. However, cysts with gelatinous contents may be nonaspirable and residual cyst capsule may cause persistent compression of nerve roots. These techniques offer short-term benefits with high rate of long-term failures. Surgical decompression and removal of the cyst offers the best outcome.[13] Treatment of the ligamentum flavum cyst is mainly surgical consisting of resection of the cyst and affected ligamentum flavum to decompress the spinal canal and relieve the patient from radiculopathy.

**Infective Pyogenic**

Spinal epidural abscess is a rare[19] but serious condition with multiple causes. Primary abscesses occur after spinal trauma, injections, surgery, or after direct introduction of pathogens into the epidural space (e.g., as a complication of vertebral osteomyelitis). Hematogenous dissemination of microbes present elsewhere to the epidural space constitute the secondary type. Patients with diabetes mellitus, acquired immunodeficiency syndrome, or who are under immunosuppressive treatment after organ transplantation, drug addiction, alcoholism, cancer, and systemic inflammation or infection are more susceptible for contracting secondary epidural abscess.[19,21] The most common pathogen in both forms is *Staphylococcus aureus*,[22,23] with methicillin-resistant *Staphylococcus aureus* being increasingly isolated.
Occasionally, isolated involvement of the neural arch or posterior elements may be seen. MRI findings include erosion of lamina, posterior epidural soft tissue/abscess, and pyomyositis along the posterior spinal muscles. The posterior epidural soft tissue/abscess may compress upon the spinal cord and spastic lower limb weakness may ensue [Figures 10-12]. Patients with neurological deficits need emergent decompressive laminectomy.[29]

Neoplastic: Benign

Spinal epidural lipomatosis

Spinal epidural lipomatosis is characterised by pathological accumulation of unencapsulated adipose tissue in the extradural space.[30] It occurs with prolonged steroid use, Cushing's syndrome, or morbid obesity. In idiopathic form, epidural fat deposition is also seen in nonobese patients.[31] Clinical symptoms depend on the level of vertebral involvement and disease severity. Usually, it occurs in the thoracic region in the dorsal epidural space. Backpain is the most common symptom. Other manifestations include insidiously progressive sensory and motor symptoms. Involvement of the thoracic spine may result in myelopathic symptoms.

MRI is the imaging modality of choice to assess the extradural fat as well as compression on cord and nerve roots. Epidural lipomatosis is characterised by hyperintense signal both on T1W and T2W images, which is suppressed on fat-saturated images. The lesion causes circumferential compression of the dural sac [Figures 13-16]. In the lumbar canal, the dural sac appears geometric, polygonal, spiculated and Y-shaped due to the variable presence of meningo-vertebral ligaments epidural space anchoring the dura mater with the osteofibrous walls of the lumbar canal.[32] Epidural fat thickness greater than 7 mm is diagnostic of spinal epidural lipomatosis [Figure 15].[31] Treatment depends on the severity of symptoms. Decompressive laminectomy is needed with resection of epidural lipomatosis in patients with neurodeficits. Weight reduction, treatment...
for Cushing’s syndrome, and weaning and stoppage of exogenous steroids constitute conservative therapy.\textsuperscript{[33]}

Lipomyelocele [Figure 16] and lipomeningocele are closed types of spinal dysraphism, which are characterized by the presence of neural placode and hypertrophy of subcutaneous fat which extends through the posterior dural defect into the spinal canal (extradural as well as intradural). Lipomyelocele have neural placode–lipoma interface in the spinal canal or at its edge as compared to lipomeningocele, where the interface is outside the spinal canal. Lipomyelomeningocele is also associated with enlargement of anterior cerebrospinal fluid (CSF) subarachnoid spaces.\textsuperscript{[34]}

**Spinal angiolipoma**

Spinal angiolipoma is a rare, benign lesion that contains mature adipose and vascular elements, is usually noninfiltrating, and occurs in the posterior epidural space.\textsuperscript{[35]} Infiltrating spinal angiolipoma, however, has a tendency to invade adjacent structures including vertebral bodies and may extend beyond the neural foramen.\textsuperscript{[35,36]} Contrast-enhanced MRI is the best modality to diagnose these lesions as well as to differentiate spinal angiolipoma from epidural lipomatosis. On MRI, Hu et al.\textsuperscript{[37]} divided spinal angiolipoma into two types based on the ratio of fat to vessels.

- **Type 1**: These lesions are predominantly fatty, and hence appear hyperintense on T1W and T2W images. Blood vessels within the lesion appear as T1 hypointense strips or spots, which show post-contrast enhancement.

- **Type 2**: Vascular component forms more than 50% of the lesion and is surrounded by fat. These may appear heterogenous on T1W and T2W images and most of the lesion shows intense enhancement.

Absence of flow voids in spinal angiolipoma distinguishes them from high flow arteriovenous malformations and capillary hemangiomas. In addition, the margins of capillary hemangioma with adjacent fat (which is not part of tumor) are clear as compared to spinal angiolipoma whose fat and vascular interface is irregular and vague.\textsuperscript{[38]} Surgical removal of the lesion to decompress the cord is necessary.

**Hemangioma**

Spinal epidural hemangiomas are rare and are classified into arteriovenous, cavernous, capillary, or venous depending upon the predominant type of vascular channel.\textsuperscript{[39]} They are categorized into 4 types:

- **Type A**: Cyst-like mass that shows hyperintense signal on T1W images (arteriovenous hemangioma)

- **Type B**: Cyst-like mass with isointense signal on T1W images (venous type hemangioma)

- **Type C**: A solid hypervascular mass that reveals homogenous hyperintense signal on T2W and intense post-contrast enhancement (cavernous type)

- **Type D**: An epidural hematoma that shows high signal on T1 and very low signal on T2W images (cavernous type with hematoma)

A T2 hypointense rim around the hemangioma may be a result of fibrous capsule, interface between mass and adjacent...
posterior longitudinal ligament and dura mater, chemical shift artifact between epidural fat and intratumoural fluid content, and staining due to hemosiderin.\textsuperscript{[39]}

**Paravertebral arteriovenous malformations/fistulas**
Arteriovenous malformations of spine are classified as spinal cord arteriovenous malformation, spinal cord arteriovenous...
fistula, dural arteriovenous fistula, and arteriovenous malformations occurring outside the dura with drainage into the epidural veins. The last group is called as paravertebral arteriovenous malformations/fistulas (PAVM/PAVF). A paraspinal arteriovenous fistula (AVF) is a rare subtype of spinal AVF which also comprises intracanalicular and vertebral AVFs. A paraspinal AVF is most commonly described in the cervical region, with possible etiology being traumatic or congenital. The lesion is fed by muscular or vertebral branches and drainage may be via ectatic paravertebral, epidural, or intradural veins.

The presentation of these lesions is variable. It may present as a pulsatile subcutaneous mass in the paravertebral musculature; dysphagia, if in the cervical region or with venous congestion myelopathy characterized by dilated perimedullary veins with central cord edema or compressive myelopathy due to mass effect from dilated epidural veins or with bruit. A paraspinal AVF with a high flow may even present as congestive heart failure. A paraspinal AVF is unique in terms of its relentless progression and challenges in diagnosis and management.

Imaging depicts the vascular malformation, cord changes, and pressure erosions on vertebrae. Additional dilated paravertebral vascular channels may be seen [Figure 17]. Cobb syndrome is characterized by coexistence of intramedullary AVM and PAVM. Diagnostic angiography helps in evaluating the site of shunt, arterial supply, and venous drainage of these lesions.

Endovascular embolization is the definitive management of the pathology.

**Arachnoid cyst**

Spinal extradural arachnoid cysts are a relatively rare cause of compressive myelopathy. They have been
reported at all locations, however, most commonly seen at middle to lower thoracic regions, posteriorly. There is protrusion of arachnoid membrane herniating through a dural defect resulting in communication with the intradural subarachnoid space. The exact etiology of these cysts is still unclear, these include congenital or acquired from trauma, arachnoiditis, infection, inflammation, or iatrogenic cause. These cysts enlarge from CSF accumulation and cause symptoms due to compression on the spinal cord or nerve roots.[44]

MRI is the modality of choice for diagnosing arachnoid cysts. It shows a cystic lesion following CSF signal intensity, with variable compression on the spinal cord and nerve roots. On T1W images, epidural fat capping of the lesion at superior and inferior aspect of the cyst confirms extradural location. Long standing lesions may cause vertebral body scalloping, neural foraminal widening and expansion, erosion of pedicles, and widening of interpedicular distance [Figure 18]. CT myelography shows communication of the cyst with the subarachnoid space.[43]

Nabor et al.[45] classified spinal meningeal cysts into three categories:
1) Type 1: Extradural meningeal cyst without spinal nerve root fibres;
   Type 1 meningeal cysts consist of extradural arachnoid cysts (type Ia) and sacral meningoceles (type Ib).
2) Type 2: Extradural meningeal cyst with spinal nerve root fibres
3) Type 3: Intradural meningeal cyst.

Treatment for symptomatic cysts is the surgical excision of the lesion with repair of the dural defect. Complete excision of the cysts involves long-level laminectomy with its complications, and hence currently, tailored laminotomy with cyst fenestration and dural repair is favored.[44,46]

Neoplastic: Malignant lesions
Lymphoma
Spinal lymphomas are divided into three types based on location and growth pattern. These are paraspinal, vertebral, and epidural.[47]

Bone marrow involvement in lymphoma can be focal or diffuse and indicates stage IV disease. Abnormal marrow appears hypointense on T1W and hyperintense on T2 fat-saturated and short T1 inversion recovery (STIR) sequences. There may be multifocal lesions, cortical destruction, and associated soft tissue masses [Figure 19].

Primary spinal epidural lymphoma is much less common and there are no other recognizable sites of disease at the time of diagnosis.[48]

Thoracic spine is most commonly involved due to its greater length, enhanced ability to accommodate bulky diseases in the thorax and abdomen, and due to rich venous plexus. Symptoms occur due to spinal cord and nerve root compression.

MRI of the whole spine and brain are recommended to determine the complete extent of the disease. The epidural soft tissue appears hypointense-to-isointense to cord on T1W and isointense to hyperintense on T2W images with intense homogenous enhancement. The tumor has infiltrative pattern and may extent into the neural foramina. Spinal cord compression may be seen.
Primary spinal epidural lymphoma may occur due to hematogenous spread from unidentified lymphoid sources or from direct spread from vertebral bodies or from contiguous spread from paravertebral region through neural foramina. Histologically, primary spinal epidural lymphoma is commonly of Non-Hodgkin's type than Hodgkin's type.

Metastases

Spine is the most common osseous site for metastases and third most common after lung and liver metastases. Metastases can involve the vertebrae, epidural space, leptomeninges, or the spinal cord.

Breast, prostate, thyroid, kidney, and lung cancers are common primary tumors associated with bone metastases.

Focal bony lesions appear hypointense on T1W and hyperintense on T2W images. Occasionally, rim of T2 hyperintense signal is seen around the lesion, the halo sign. However, sclerotic lesions appear hypointense on all sequences. Diffuse abnormal marrow signal may be observed. Post-contrast T1 fat-saturated images delineate the enhancing metastases as well as associated paraspinal and epidural soft tissue. Epidural soft tissue is commonly associated with the destruction of vertebrae and direct extension through posterior longitudinal ligament, or extension through the intervertebral foramina or hematogenous or lymphatic spread. Epidural soft tissue results in the compression of thecal sac and its contents, i.e., spinal cord and nerve roots. Posterior elements, especially the pedicles, may be involved by metastases (Figures 20 and 21).

Miscellaneous

Epidural hematoma

Spinal epidural hematoma is a rare condition and could be either post-traumatic or spontaneous. It presents as an acute onset of back pain and symptoms due to compression on the spinal cord and cauda equina. Predisposing factors include coagulopathy, anticoagulation, therapeutic thrombolysis, vascular anomaly, disk herniation, Paget disease of bone, Valsalva maneuver, neoplasms, infections, and minor vertebral trauma. The source of hemorrhage is attributed to valveless epidural venous plexus.

MRI is the imaging modality of choice in diagnosing spinal epidural hematoma. Cervical or cervicothoracic locations are most common with extension over multiple levels. Spontaneous spinal epidural hematoma (Figures 22 and 23) usually occurs in the posterior epidural space, whereas traumatic epidural hematomas can occur anteriorly or posteriorly, with the former associated with vertebral body fracture. Post-traumatic spinal epidural hematoma (Figure 24) are often associated with vertebral disease such as rheumatoid arthritis or ankylosing spondylitis in elderly patients. In children, spinal epidural hematoma may occur, without any fracture or dislocation.
of the spine.\textsuperscript{[34]} Post lumbar puncture epidural hematoma, though rare, is a known complication.\textsuperscript{[35]}

Spinal epidural hematoma appears biconvex in shape with well-defined borders that taper superiorly and inferiorly. These show variable signal (iso to hyperintense) on T1W images and appear heterogeneously hyperintense on T2W images with hypointense foci. Gradient echo/susceptibility weighted images confirm the presence of hemorrhage [Figures 22-24]. These show mainly peripheral enhancement, however, mixed central and peripheral enhancement and internal septations may be seen. Central enhancement is rare though reported in few cases of spontaneous spinal epidural hematoma,\textsuperscript{[54]} other differentials of tumor, aneurysm, and vascular malformations should be considered. Variable degrees of cord compression may be observed which dictates further management of these patients—urgent decompressive surgery or conservation and observation.

Figure 19 (A-D): Malignant: Lymphoma: 60-year-old male with back pain. Sagittal T1 (A), short T1 inversion recovery (STIR) (B), axial T2-weighted (C), and Coronal STIR (D) images of the thoracic spine show abnormal marrow signal appearing hypointense on T1-weighted images and heterogeneously with focal hyperintense lesions on STIR images in vertebral bodies (arrow) as well as spinous processes. Large paravertebral soft tissue (star) is seen with extension into posterior epidural space (elbow arrow) and causing compression of spinal cord. Biopsy was suggestive of non-Hodgkin’s lymphoma.

Figure 20 (A and B): Malignant: Metastases: 62-year-old male, a known carcinoma lung patient presented with severe backache. Sagittal short T1 inversion recovery images of cervicothoracic spine (A) and pelvis (B) show abnormal hyperintense marrow signal in T2 vertebral body including its spinous process (arrows). Also seen is posterior epidural soft tissue (arrowhead) compressing the spinal cord. Note large soft tissue lesion with involvement of the right iliac crest by metastatic deposit (elbow arrow).

Figure 21 (A-C): Metastases: Post-contrast axial computed tomography scan images at the level of base tongue (A) and lower dorsal spine in soft tissue (B) and bone windows (C), in a 60-year-old female with previous right hemiglossectomy and nodal dissection, show a large heterogeneously enhancing recurrent mass (star) in the right side of the neck extending from submandibular region to posterior triangle. Note the involvement of sternomastoid muscle and overlying skin of the neck (arrowhead). Erosion of the right lower alveolus is also seen (dashed arrow). Lytic lesion is seen in the left transverse process and costotransverse joint (elbow arrow) with posterior epidural soft tissue (arrow) compressing the cord in lower dorsal vertebra.

Figure 22a (A-C): Miscellaneous: Spontaneous epidural hematoma: 65-year-old female with acute onset of severe pain in the cervicodorsal region with weakness in the right lower limb that recovered in 2 days. Sagittal T1-weighted (A), T2-weighted (B), and post-contrast T1 fat saturated (C) images showing lesion in posterior epidural space in cervicothoracic region, appearing hypointense on T1-weighted, heterogeneously hypointense on T2-weighted, and showing minimal peripheral enhancement (arrow).
**Collateral pathway in Inferior Vena Cava obstruction**
Inferior vena cava (IVC) is the largest venous channel receiving blood from the lower extremities, abdominal, and pelvic viscera and returning to right atrium.

Inferior vena cava obstruction can occur due to thrombus secondary to superior extension of thrombophlebitis in lower extremity or pelvic veins and generalized body conditions such as dehydration, sepsis, coagulopathy, or trauma. Thrombus in IVC is often seen with renal cell carcinoma, more commonly on the right side due to shorter length of right renal vein, Wilm’s tumor, adrenal carcinomas or pheochromocytoma, hepatic and pancreatic cancers, and metastatic retroperitoneal adenopathy.

Enlarged retroperitoneal lymphadenopathy due to tuberculosis, lymphoma, or metastases or hepatic, adrenal, renal, and pancreatic tumors or other retroperitoneal disease may also cause extrinsic compression on IVC.\(^5\)

There are numerous collateral pathways returning the blood from lower extremities and pelvis to right side of

---

**Figure 22b (A and B):** Miscellaneous: Spontaneous epidural hematoma: Axial gradient recalled echo (GRE) (A) and post-contrast T1 fat saturated (B) images showing convexoconcave-shaped collection in posterior epidural space on the right side. Blooming is seen on GRE image (arrow). The collection shows peripheral rim enhancement (arrowhead).

**Figure 23a (A-C):** Miscellaneous: Spontaneous epidural hematoma: 72-year-old male complained of acute onset neck pain since 10 days with development of right upper and lower limb weakness. Sagittal T2-weighted (A), axial T1-weighted (B), and T2-weighted (C) images showing posterior epidural collection on the right side (arrow) at C5-6 level compressing the cord. This collection is hyperintense on T1-weighted and T2-weighted images and periphery is stained with hemosiderin (arrowhead).

**Figure 23b (A and B):** Miscellaneous: Spontaneous epidural hematoma: Follow-up scan after 3 months. Sagittal (A) and axial (B) T2-weighted images show complete resolution of the posterior epidural hematoma (arrow).

**Figure 24a (A-C):** Miscellaneous: Post-traumatic epidural hematoma: 43-year-old male with a known history of ankylosing spondylitis had a trivial fall followed with severe cervical region pain. Sagittal T1-weighted (A), T2-weighted (B) and short T1 inversion recovery (C) images showing loss of cervical lordosis, syndesmophytes along vertebral bodies, as well as osseous fusion of facets on both sides (curved arrow). Posterior epidural soft tissue is seen from C4-T1 levels (arrowhead) indenting on the cord and fracture is seen through C5-6 facet joint (arrow). Edema is seen in interspinous soft tissue (elbow arrow).
the heart when there is obstruction of IVC. Most important of these pathways is the deep pathway that recruits the ascending lumbar veins (which originates from common iliac veins) and anastomose with azygous vein on the right side and hemiazygous vein on the left side.\[37\] The vertebral venous plexus of Batson, which includes the intervertebral veins and epidural venous plexus, also provides collateral pathway and communicates with the azygous system.\[38\] Enlarged and engorged epidural venous plexus can compress on the cord and nerve roots resulting in backache and radicular symptoms, as reported by Paksoy \textit{et al}. in 13 patients with IVC obstruction [Figure 25].\[7\]

\textbf{Extramedullary hemopoiesis}

Chronic anemic states may be associated with extramedullary hemopoiesis which commonly involves liver, spleen, kidneys, and paraspinal location in posterior mediastinum.\[59-62\] Rarely, it may occur in the epidural space resulting in cord compression.

MRI is the imaging modality of choice for better delineation of the lesion due to better soft tissue resolution. Extramedullary hemopoiesis appears as well-defined lobulated masses embedded in the epidural space. These show isointense signal to cord on T1W, variable signal on T2W, and none-to-minimal post-contrast enhancement. Vertebrae may show diffuse marrow abnormality.\[63\]

Epidural hemopoiesis may occur due to the extrusion of blood forming elements from vertebral bodies into the epidural space through the weakened trabeculae or from the stimulation of embryonic rests in epidural space.\[62\]

\textbf{Hirayama’s disease}

It is a flexion-induced myelopathy predominantly affecting C8–T1 in an asymmetric manner.\[64\] The ventral displacement of taut dura during flexion causes cord compression and microcirculatory changes.\[64,65\] The disease activity, however, attains a plateau after an initial insidiously progressive course.\[66\]

MRI is the imaging modality of choice to diagnose Hirayama’s disease. Since the pathology is brought about by flexion of the cervical spine; presence of subtle signs on imaging in neutral position should prompt consideration of dynamic study.\[64-66\] Imaging features in a neutral position include loss of attachment of dura to lamina,\[64\] asymmetric lower cervical cord atrophy with increase in T2 signal, and loss of cervical lordosis.\[64-66\] Loss of dural attachment has been ranked with 100% specificity, and its presence in a young male with distal upper extremity weakness makes the diagnosis of Hirayama’s disease likely.\[64\] However, the caveat is the presence of this sign in approximately half of normal healthy volunteers.\[87\] Further, this finding may be absent once the disease enters a stable phase.\[65\] Flexion MRI reveals forward migration of dura with enlargement of posterior epidural space seen as a crescentic region of high signal both on T1 and T2.\[64-67\] There may be congested

**Figure 24b (A-C):** Miscellaneous: Post-traumatic epidural hematoma: Axial T1-weighted (A), T2-weighted (B,C) images showing posterior epidural soft tissue (arrowhead) appearing hypointense on T1-weighted, hyperintense on T2-weighted, and showing hemosiderin foci within (star). It indents on the right hemispheric

**Figure 25 (A-C):** Miscellaneous: Collateral venous pathway: Coronal (A), sagittal (B), and axial (C) Computed tomography scan images of the abdomen showing dilated ascending lumbar vein (arrow), anterior, and posterior epidural plexuses (elbow arrow) due to the chronic obstruction of inferior vena cava caused by metastatic retroperitoneal lymphadenopathy (star) from seminoma in a 50-year-old patient

**Figure 26 (A-C):** Miscellaneous: Hirayama’s disease: 15-year-old male had a history of progressive left upper limb weakness and wasting since 6 months. Sagittal T2-weighted images in neutral (A) position shows atrophy of the cervical cord from C5-7 levels (arrowhead) and subtle forward migration of the posterior dura (arrow), which is exaggerated in flexion (B) position. Axial T2-weighted (C) image at C5-6 level shows asymmetric atrophy of the left side of the cord (arrowhead), with widened posterior epidural space (elbow arrow)
Hirayama’s disease needs to be differentiated from amyotrophic lateral sclerosis and multifocal motor neuropathy of C8–T1. In addition, disease progression may be prevented by application of a cervical collar during active phase of the disease.

Conclusion

A clear understanding of the normal anatomy and early diagnosis of various pathological lesions in spinal posterior epidural space based on imaging findings is extremely important because these encroach on spinal cord or nerve root and may result in neurological sequelae.

Financial support and sponsorship

Nil.

Conflicts of interest

There are no conflicts of interest.

References


