

JAAA CEU Program

Volume 30, Number 4 (April 2019)

Questions refer to Searchfield, “A Client Oriented Scale of Improvement in Tinnitus for Therapy Goal Planning and Assessing Outcomes,” 327–337.

Learner Outcomes:

Readers of this article should be able to:

- List typical client focused tinnitus treatment goals.
- Describe how the COSIT can be applied in clinical practice.

CEU Questions:

1. The original COSI was published by Dillon et al in:
 - a. 2006
 - b. 2000
 - c. 1987
2. To administer the COSIT participants were asked?
 - a. How much of a problem their tinnitus was during the previous week.
 - b. Five improvements that they hoped to realize with tinnitus therapy.
 - c. To list their preferences for different therapy options.
3. The COSIT outcomes were compared to:
 - a. TFI, THI and THQ
 - b. TPFQ, TFI and THI
 - c. TFI, THI and HHI
4. What was the most frequent COSIT goal?
 - a. Getting to sleep
 - b. Hear better
 - c. Cope with or control tinnitus
5. Most participants identified this many treatment goals:
 - a. Five
 - b. Four
 - c. Three
6. How much of the time were participants annoyed by their tinnitus following therapy?
 - a. Half the time (score 3)
 - b. Occasionally (score 4)
 - c. Hardly ever (score 5)
7. Most participants reported their tinnitus was what following therapy?
 - a. Worse (score 1)
 - b. No different (score 2)
 - c. Better (score 3)
8. The COSIT final score was most strongly correlated with which questionnaire?
 - a. TFI
 - b. THI
 - c. THQ
9. The COSIT change score was most strongly correlated with which questionnaire?
 - a. TFI
 - b. THI
 - c. THQ
10. Based on this study’s recommendations which COSIT goal should be given priority?
 - a. The goal rated as highest priority by client
 - b. The goal driving the most symptoms
 - c. The goal most easily achievable with therapy



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