# JAAA CEU Program

Volume 29, Number 10 (November/December 2018)

Questions refer to Billings et al, "A Large-Scale Examination of Veterans with Normal Pure-Tone Hearing Thresholds within the Department of Veterans Affairs," 928–935.

### **Learner Outcomes:**

Readers of this article should be able to:

- Identify the prevalence of Veterans with normal pure-tone thresholds seen within the VA system.
- Describe the prevalence of abnormal clinical test results among these Veterans with normal pure-tone thresholds.

## **CEU Questions:**

- 1. Which of the following is true regarding best practice guidelines for treatment of patients with hearing difficulties that have normal pure-tone hearing thresholds?
  - a. guidelines have been published
  - b. all audiologists agree on what treatment(s) should be recommended for those with normal hearing reporting hearing difficulties
  - c. guidelines have not been published and many audiologists are unsure how to treat this population.
- Patients with normal hearing thresholds who report hearing difficulty have been linked to following conditions:
  - a. selective dysacusis, auditory processing disorder
  - b. addiction disorders, obscure auditory dysfunction
  - c. auditory inferiority complex, obesity
- 3. Veteran's with normal hearing pure-tone thresholds are unique in that they often have
  - a. an affinity for singing
  - b. difficulties expressing their desires in the clinic
  - c. comorbidities related to military service
- 4. Why can't conclusions about age and hearing loss be drawn from the results?
  - a. thresholds were limited to 25 dB HL
  - b. patients over 90 were aggregated into a single category because of HIPAA regulations
  - c. standard error for populations older than 60 were too large

- 5. In this study, what percentage of veterans were determined to have normal hearing with pure-tone thresholds ≤ 25 dB HL at all octave frequencies?
  - a. 5%
  - b. 10%
  - c. 3%
- 6. In Veterans with normal hearing pure-tone thresholds, what is the prevalence of having an abnormality on at least one additional test in either ear?
  - a. 23%
  - b. 30%
  - c. 41%
- 7. Which of the following is true regarding notches in this population of Veterans?
  - a. left ear notches were more prevalent and deeper
  - b. right ear notches were more prevalent and deeper
  - c. no differences were seen in the prevalence or depth of notches between the right and left ear
- 8. Compared to civilian populations, this study found the prevalence of Veterans with normal hearing to be:
  - a. twice as high
  - b. the same
  - c. lower
- 9. Which of the following is a reason that the prevalence number from this article may underestimate the number of Veterans with normal thresholds?
  - a. interoctave frequencies were not considered in the analysis
  - test results were not consistently entered into the repository when hearing aids were not ordered
  - c. the majority of patients presented with subjective complaints of hearing loss
- 10. What evidence from this article supports testing -inter-octave frequencies in Veterans?
  - a. abnormal word recognition in about 5% of normal-hearing Veterans
  - b. audiometric notches are present only at 3k and 6k Hz in about 5% of normal-hearing Veterans
  - c. abnormal acoustic reflex testing results in 30% of normal-hearing Veterans



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