Intestinal graft-versus-host-disease staging by video capsule endoscopy

Graft-versus-host disease (GvHD) is a leading cause of morbidity and mortality in patients who have undergone allogeneic bone marrow or peripheral blood stem cell transplantation (BMT/PBSCT) [1]. About 20–50% of patients who have received BMT/PBSCT develop symptoms of acute GvHD [2]. GvHD most often affects the skin, liver, and gastrointestinal tract. In severe intestinal GvHD, ulcers develop, leading to diarrhea, malabsorption, intestinal hemorrhage, and sepsis [3]. The gold standard in the diagnosis of intestinal GvHD is upper and lower gastrointestinal endoscopy with histological validation [4].

A 57-year-old woman with acute myeloid leukemia who had recently received a PBSCT from an HLA-identical sibling suffered severe hemorrhagic diarrhea. The symptoms started 12 days after the transplant. The diagnosis of GvHD was histologically and endoscopically confirmed by sigmoidoscopy (CF-H180AI/L; Olympus Co. Ltd., Tokyo, Japan) (Fig. 1). Esophageogastroduodenoscopy did not reveal relevant pathologic findings.

Since the patient’s condition rapidly deteriorated, a total colectomy was discussed as a last therapeutic option following the failure of several immunosuppressive drug regimens including corticosteroids, cyclosporine, mycophenolate mofetil, pentostatin, infliximab, and antithymocyte globulin. Video capsule endoscopy (PillCam SB; Given Imaging Ltd., Yoqneam, Israel) carried out to evaluate small-bowel involvement in the GvHD revealed continuous severe hemorrhagic inflammation of the entire small intestine starting from the proximal jejunum (Video 1) and ending in the terminal ileum (Video 2). Video capsule endoscopy proved to be a successful minimally invasive diagnostic method, accurately visualizing the involvement of the small intestine in severe GvHD, obviating the necessity for diagnostic surgical exploration in a clinically unstable patient.

The patient died of multiorgan failure due to GvHD. Histological analysis of the intestine confirmed severe GvHD involving the entire small intestine and colon (Fig. 2). We conclude that video capsule endoscopy is suitable for staging intestinal GvHD especially in those patients unable to tolerate invasive diagnostic measures such as double-balloon enteroscopy or surgery.

References

Video 1
Sequence of video capsule endoscopy of the proximal jejunum showing severe hemorrhagic mucosal inflammation and broad ablation of the mucosal surface.

Video 2
Sequence of video capsule endoscopy of the ileum with large amounts of intraluminal blood due to severe graft-versus-host disease.