A case of early gastric cancer accompanied by a hamartomatous inverted polyp and successfully managed with endoscopic submucosal dissection

A submucosal tumor (SMT) was found during a regular health check-up in a 59-year-old man. Following barium meal study the SMT was shown to be growing. He visited our hospital for further examination.

The upper gastrointestinal endoscopy revealed an SMT in the posterior wall of the upper third area of the stomach, with bridging fold and positive cushion sign. The biopsy of discolored mucosa at the top of the SMT indicated the possibility of adenocarcinoma. No malignancy was observed in the mucosa around the SMT. Endoscopic submucosal dissection was carried out for diagnostic therapy.

Pathologic examinations revealed irregular tubular structures limited to the mucosal layer, with p53-positive immunohistochemical staining. In the submucosal layer, cystic dilated glands without atypia were observed and were p53 negative.

HIP is characterized pathologically as a proliferation of cystic dilated glands without atypia, accompanied by dendritic proliferation of the smooth muscle bundle [1]. HIP is very rare and difficult to diagnose. In addition, HIP is reported as a paracancerous lesion, and is associated with gastric cancers [1,2]. Therefore, we have to diagnose it immediately and carefully with these points in mind during endoscopic studies, including biopsy. However, a superficial biopsy cannot be effective for critical diagnosis of submucosal lesions.

We propose that aggressive biopsy of SMT is necessary if equivocal findings are noted. Endoscopic submucosal dissection can be an effective procedure of diagnostic therapy for HIP and early cancer. Thus, HIP can be one of the differential diagnoses of SMT lesions of the stomach, and can be occasionally associated with early gastric cancer.