Intussusception of the appendix is an uncommon condition, and the diagnosis is rarely made preoperatively, although the condition may be suspected on the basis of radiological studies and colonoscopy [1]. Colonoscopy may in fact be the procedure of choice for both diagnosis and for selecting the appropriate course of management [2]. We report a case in which an intussusception of the appendix was resected colonoscopically.

A 41-year-old woman presented with a 4-day history of rectal tenesmus, diarrhea, and recurrent severe paroxysmal abdominal pain. Colonoscopy examination revealed an intussusception of the appendix (Figure 1). In this case a colonscopic appendectomy was performed successfully with the use of an endoloop ligating system (MAJ-254, HX-20L/Q/U-1; Olympus, Hamburg, Germany). The endoloop was attached over the appendix and then an appendectomy was successfully performed with a polypectomy snare wire (Figure 2). The pathology report confirmed the diagnosis of intussusception of the appendix and the patient made a satisfactory recovery without complications. Colonoscopy should therefore be considered as an excellent choice of treatment in such cases and should be remembered as a second option in patients in whom laparoscopic treatment fails to lead to resolution of the condition.

References


Endoscopy_UCTN_Code_CPL_1AJ_2AI

A. de Hoyos1, M. A. Monroy1, C. Gallegos2, G. Checa3
1 Department of Gastroenterology, Hospital Angeles del Pedregal, Mexico City, Mexico
2 Department of Pathology, Hospital Angeles del Pedregal, Mexico City, Mexico
3 Department of Anesthesiology, Hospital Angeles del Pedregal, Mexico City, Mexico.

Figure 1 Colonoscopic view showing an intussusception of the appendix.

Figure 2 The intussusception was resected endoscopically using an endoloop, seen here over the cecum after the appendectomy.