Intussusception of the appendix is an uncommon condition, and the diagnosis is rarely made preoperatively, although the condition may be suspected on the basis of radiological studies and colonoscopy [1]. Colonoscopy may in fact be the procedure of choice for both diagnosis and for selecting the appropriate course of management [2]. We report a case in which an intussusception of the appendix was resected colonoscopically.

A 41-year-old woman presented with a 4-day history of rectal tenesmus, diarrhea, and recurrent severe paroxysmal abdominal pain. Colonoscopy examination revealed an intussusception of the appendix (Figure 1). In this case a colonoscopic appendectomy was performed successfully with the use of an endoloop ligating system (MAJ-254, HX-20L/Q/U-1; Olympus, Hamburg, Germany). The endoloop was attached over the appendix and then an appendectomy was successfully performed with a polypectomy snare wire (Figure 2). The pathology report confirmed the diagnosis of intussusception of the appendix and the patient made a satisfactory recovery without complications. Colonoscopy should therefore be considered as an excellent choice of treatment in such cases and should be remembered as a second option in patients in whom laparoscopic treatment fails to lead to resolution of the condition.

References


Corresponding Author

A. de Hoyos, M.D.
Camino a Santa Teresa No. 1055-119
Col. Héroes de Padierna
Delegación Magdalena Contreras
10700 México City
Mexico
E-mail: andehoyos@yahoo.com

Figure 1 Colonoscopic view showing an intussusception of the appendix.

Figure 2 The intussusception was resected endoscopically using an endoloop, seen here over the cecum after the appendectomy.