

# PI3K/AKT/mTOR Pathway in Ovarian Cancer Treatment: Are We on the Right Track?

## Bedeutung des PI3K/AKT/mTOR-Signalwegs für die Behandlung des Ovarialkarzinoms: Sind wir auf dem richtigen Weg?

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### ABSTRACT

The high recurrence rate and the low overall survival in ovarian cancer suggest that a more specific therapeutic approach in addition to conventional treatment is required. Translational and clinical research is investigating new molecular targets in order to find an alternative way to affect tumor growth and to minimize the overlap of toxicity of antiproliferative agents. Given its

implication in many cellular activities including regulation of cell growth, motility, survival, proliferation, protein synthesis, autophagy, transcription, as well as angiogenesis, PI3K/AKT/mTOR is one of the most investigated intracellular signaling pathways. A dis-regulation of this pathway has been shown in several tumors, including ovarian cancer. In this setting, mTOR proteins represent a potential target for inhibitors, which could ultimately play a pivotal role in counteracting cellular proliferation. Recently, mTOR inhibitors have been approved in the treatment of pancreatic neuroendocrine tumors, mantle cell lymphoma and renal cancer. Clinical trials have assessed the safety of these drugs in ovarian cancer patients. Ongoing phase I and II studies are evaluating the oncologic outcome of mTOR inhibitor treatment and its effect in combination with conventional chemotherapy and target agents.

### ZUSAMMENFASSUNG

Die hohe Rückfallquote und die allgemeine niedrige Gesamtüberlebensrate beim Ovarialkrebs weisen darauf hin, dass neben der herkömmlichen Behandlung zusätzlich eine spezifischere Therapie benötigt wird. In der translationalen und klinischen Forschung wird derzeit nach alternativen molekularen Zielstrukturen gesucht, die einerseits das Tumorstadium aufhalten und andererseits die überlappende Toxizität von wachstumshemmenden Wirkstoffen minimieren könnten. Da PI3K/AKT/mTOR viele Zellfunktionen steuern, u. a. die Regulierung des Zellwachstums, Motilität, Überleben, Proliferation, Proteinsynthese, Autophagozytose, Transkription und Angiogenese, gehören sie zu den meist untersuchten intrazellulären Signalwegen. Eine Deregulierung dieses Signalweges wurde bei einigen Tumoren festgestellt, darunter auch für das Ovarialkarzinom. Vor diesem Hintergrund könnten mTOR-Proteine potenzielle Ziele für Inhibitoren sein, die dann eine Schlüsselrolle bei der Hemmung der Zellproliferation spielen könnten. Vor Kurzem wurden mTOR-Inhibitoren zur Behandlung von neuroendokrinen Tumoren der Bauchspeicheldrüse, Mantelzell-Lymphomen und Nierenkrebs zugelassen. Klinische Studien haben die Sicherheit dieser Medikamente in Patientinnen mit Eierstockkrebs untersucht. Aktuell werden Phase-I und -II-Studien durchgeführt, um die onkologischen

Ergebnisse nach einer Behandlung mit mTOR-Inhibitoren und die Auswirkungen dieser Therapie in Kombination mit kon-

ventioneller Chemotherapie und Target-Wirkstoffen zu bewerten.

## Introduction

In the past decades a significant amount of research has focused on ovarian cancer. The better understanding of the molecular processes that occur in the cancerous cells, the receptors expressed on the cancerous cells and molecular mechanisms involved in carcinogenesis and tumor progression has led to the development and use of new targeted therapies [1–15]. Concomitantly, through the improvement of surgical techniques and medical support of the patients the optimal cytoreduction rates have progressively increased [16–22]. Unfortunately, despite these efforts and improvements ovarian cancer still remains the deadliest gynecological cancer and it is estimated that, in the USA, approximately 14 180 women died of ovarian cancer in 2015 [23]. Its aggressiveness is mostly related to the late presentation of the symptoms. As a result, more than half of the diagnoses are made at an advanced stage. The current standard treatment of advanced disease ovarian cancer consists in a radical surgery and by systemic chemotherapy with carboplatin and paclitaxel, delivered either adjuvantly or neoadjuvantly [24]. Thanks to the continuous research and the development of new treatments, the prognosis of women affected by ovarian cancer is better than it used to be. However, with an overall survival of roughly 40% at five years, it is far from satisfactory [25]. Furthermore, approximately 25% of the patients will suffer a relapse within 6 months after completion of their treatment [26]. Platinum-resistant recurrences are extremely difficult to treat and often lead to death in a short interval of time. Hence, there is urgent need to find new therapeutic strategies to improve the current clinical results.

Recently, particular attention has been paid to the molecular aspects of ovarian cancer, in an attempt to better understand and consequently treat the disease. Extensive genomic analysis using molecular profiling performed by the Cancer Genome Atlas helped in identifying some of the most common alterations involving metabolic and signaling pathways in ovarian cancer [27].

Among them, the PI3K/Akt/mTor pathway is one of the most investigated intracellular signaling pathways, given its implication in many cellular activities including regulation of cell growth, motility, survival, proliferation, protein synthesis, autophagy, transcription as well as angiogenesis [28]. Studies adopting comparative genomic hybridization arrays have found PI3K/AKT/mTOR to be the most frequently altered intracellular pathway in ovarian cancer [29, 30]. This is a complex pathway that integrates a number of upstream inputs ranging from growth factors (epidermal growth factor, tumor growth factor etc.), tyrosine-kinase receptors (insuline growth factor 1 receptor, epidermal growth factor receptor, HER2) and other membrane receptors such as Met, or RAS-mediated cross talk with the Ras-Raf-Mek-Erk pathway [31]. The interaction of the above mentioned compounds with PI3K activates downstream effectors such as AKT and the mTORC1 complex.

## Overview of the PI3K/Akt/mTor Pathway

PI3Ks are part of the lipid-kinases family, originally discovered in the 1980s [32]. Based on their structure and substrate specificity, PI3Ks have been categorized into 3 distinct classes: I–II and III. Class I PI3Ks is divided into class IA and class IB based on the differences in their activating receptors. In class IA PI3K are grouped heterodimers consisting of a p85 regulatory subunit and a p110 catalytic subunit, which has 3 isomers ( $\alpha$ ,  $\beta$  and  $\gamma$ ) respectively encoded by three distinct genes, PIK3CA, PIK3CB, and PIK3CD. Of these, the most frequently mutated in human cancer appears to be PIK3CA [33].

When bound to its ligands, PI3K results in the allosteric activation of the p110 catalytic subunit that finally leads to phosphorylation of phosphatidylinositol 4,5-bisphosphate (PIP<sub>2</sub>) into the active second messenger PIP<sub>3</sub>, thus triggering the PDK1 proteins and recruiting AKT to the plasma membrane. Phosphatase and tensin homolog (PTEN) can specifically catalyze the dephosphorylation of the PI(3, 4, 5)P<sub>3</sub>, converting PI(3, 4, 5)P<sub>3</sub> back to PI(4, 5)P<sub>2</sub>, thereby negatively regulating PI3K pathway [34]. A similar negative regulation action is carried out by Inositol polyphosphate 4-phosphatase type 2 (INPP4B) that hydrolyzes PI(3, 4)P<sub>2</sub>. Consequently, mutation or blockade of the above pathway can ultimately lead to an independent cell growth and enhanced overall motility, due to the lack of negative regulators of the PI3K/AKT/mTOR cascade [35].

Activated AKT (also known as protein kinase B) regulates a large number of downstream mediators, ultimately controlling critical cell survival and metabolic processes [31]. It can activate mTORC1 directly, by phosphorylating the Ser2448 or indirectly by phosphorylating tuberous sclerosis complex 2 (TSC2). TSC1/TSC2 (tuberous sclerosis complex proteins) work as an activating protein for the Ras homolog enriched in brain (Rheb)-GTPase, thus promoting the conversion of Rheb-GTP into its inactive GDP form, which silences mTORC1 when accumulated [36]. By phosphorylating TSC2, AKT makes the complex TSC1/TSC2 inactive, thus indirectly stimulating mTor kinase activity.

Mammalian target of rapamycin (mTor) is a serine/threonine protein kinase, firstly identified in the budding yeast *Saccharomyces cerevisiae* during a test for resistance to the immunosuppressant drug rapamycin [37]. It performs its activities through 2 distinct complexes: mTORC1-Raptor and mTORC2-Rictor, which have recently emerged as key regulators of the differentiation of helper T cells [38].

When activated, mTORC1 phosphorylates ribosomal S6 kinase-1 (S6K-1) and eukaryote translation initiation factor 4E binding protein-1 (4EBP-1), both pivotal translation-regulating factors. The first one is implicated in translation of mRNA encoding for ribosomal proteins and elongation factors crucial for passage from G1 to S phase of the cell cycle. The second helps cell cycle pro-

gression or angiogenesis through translation of mRNA encoding for cyclin D1, c-Myc, and hypoxia inducible factor-1 $\alpha$  [36].

mTORC2 consists of 7 proteins and different studies have found that, when activated, it phosphorylates kinases. In particular, it is worth mentioning the direct activation of AKT through phosphorylation at its hydrophobic motif (Ser473), thus promoting all AKT-mediated downstream implications that ultimately lead to cell growth [36].

Importantly, mTORC1, but not mTORC2, is inhibited by rapamycin. In addition, mTORC2 exerts a positive feedback activation on AKT.

## Alterations of the PI3K/AKT/mTOR Pathway in Ovarian Cancer

The PI3K/AKT/mTOR pathway is activated in approximately 70% of ovarian cancer cases, thus promoting cellular growth, proliferation and cell survival through intricate series of hyperactive signaling cascades [39]. Its activation is associated with higher invasive and migratory capacities even within heterogeneous cell subpopulations co-existing within human ovarian cancer, thus making the PI3K/AKT/mTOR pathway a potential predictor of invasiveness for ovarian tumor cells [40].

Different mechanisms can persistently activate the mTor pathway in cancer. Other than upstream input, somatic activating mutations in the PIK3CA gene (encoding for the p110 catalytic subunit) were found in 12% of ovarian cancer cases [41].

From an oncogenic point of view, it has been recently well established that ovarian cancer represents a heterogeneous group of different neoplasms, each characterized by distinct etiology and phenotype [42]. In particular, Kurman et al. with their recent dichotomic classification of ovarian cancer subtypes, highlighted that type I tumors (mainly low-grade serous, low-grade endometrioid, mucinous, clear cells and Brenner carcinomas) develop from benign extraovarian lesions implanting on the ovary, which can successively transform into malignant lesions, whereas many type II carcinomas (including high-grade serous ovarian cancers) develop from intraepithelial carcinomas in the fallopian tube (STIC, serous tubal intraepithelial carcinomas) and rapidly disseminate to the ovary and extraovarian sites [43]. The different subtypes of ovarian cancers present since their origin with distinct genetic mutational panels [42, 43].

High-grade serous ovarian cancer reports rare mutations of the PI3K/Akt, in contrast to clear cell ovarian cancer (OCCC) and endometrioid adenocarcinoma. Gain of function PIK3CA-mutation has been suggested to occur in 30–40% of ovarian clear cell carcinomas and in 12–20% of endometrioid ovarian carcinomas [44]. Mutations of the PIK3R1 gene encoding for the p85 regulatory subunit were found in 3.8% of ovarian cancer [45]. Other intrinsic mechanisms involved in PI3K/Akt/mTor hyperactivation in cancer include: mutations or amplifications in one of the AKT isoforms, loss of the negative regulator PTEN, loss or inactivating mutations in the tumor suppressors like TSC or LKB1 [30], or even loss of the INPP4B, which was found in up to 39% of ovarian cancer [34]. As a consequence, there is a gain in cell growth and prolifer-

ation, angiogenesis and therefore a promotion of cell transformation and/or progression.

Inhibition of PI3K/Akt/mTor in mice models was found to delay tumor growth and prolong survival [46], providing practical proof of the importance of this pathway in oncogenesis and/or oncoprogression of ovarian cancer and of its possible targeting as new therapeutic strategy. Inhibitors of the PI3K/AKT/mTOR pathway can be classified into 4 main categories: mTor inhibitors, PI3K inhibitors, dual mTor/PI3K inhibitors and AKT inhibitors.

## mTor Inhibitors

Rapamycin (sirolimus) is a chemical compound initially discovered in the 1970s as a product of *Streptomyces Hygroscopicus* bacteria growing in a soil sample originating from Easter Island [47]. It was initially developed as an antifungal and immunosuppressive drug but its anticancer potential was observed during the last decade [48]. Rapamycin and its analogues perform their inhibitory activity towards mTor, by initially binding the intracellular protein FK506-binding protein 12 (FKBP12). The rapamycin-FKBP12 complex interacts with the FKBP12-rapamycin-binding domain (FRB) of mTor, causing an allosteric transformation that ultimately leads to the mTor kinase activity inhibition [32, 35, 49].

The lack of subsequent phosphorylation of S6K1 e 4EBP1 prevents CDK activation, resulting in cell cycle arrest in G1/S [50].

Early clinical studies of mTOR inhibitors in cancer have shown promising results [37]. The most studied mTor inhibitors in ovarian cancer are: temsirolimus, everolimus, and ridaforolimus.

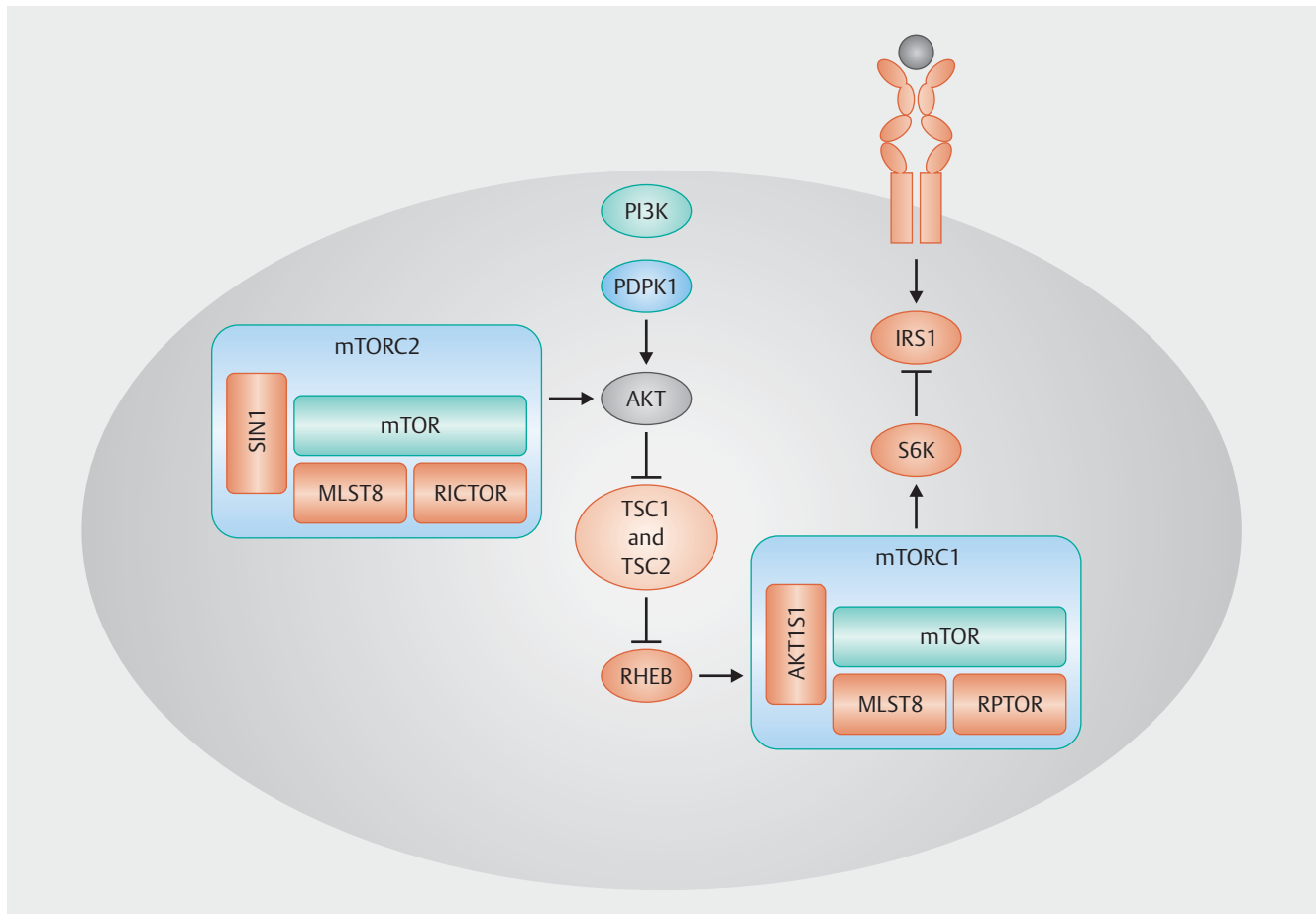
► **Fig. 1** shows the PI3K/Akt/mTor pathway and the effects of mTOR-inhibitors.

## Temsirolimus

The Gynecologic Oncology Group (GOG) conducted a phase II clinical trial investigating temsirolimus as single agent in 60 patients affected by recurrent epithelial ovarian and primary peritoneal cancers. Out of 54 eligible patients, 24.1% progressed after at least 6 months and 9.3% achieved a partial response. Adverse events reported were fatigue, gastrointestinal and metabolic alterations including 1 case of grade 3 renal failure and grade 4 pulmonary embolism [51]. Notably, tumor expression of cyclin D1 appeared to be associated with higher p4EBP1 and a greater likelihood of prolonged PFS and overall survival [51].

Fifteen gynecological cancer patients were enrolled by Temkin et al. in a trial investigating the effect of combined intravenous infusions of topotecan and temsirolimus (1 mg/m<sup>2</sup> and 25 mg, respectively) once daily on days 1, 8 and 15 of a 28 day cycle. Temsirolimus alone was infused on day 22 of each cycle [52]. Temsirolimus was dose reduced to 15 mg in some cases due to grade 3 thrombocytopenia. Nine out of 11 patients (81.8%) reported stable disease throughout the almost 2-year study period.

Another regimen of weekly Temsirolimus was tested in Saitama, Japan, in patients with recurrent ovarian clear cell carcinoma, previously treated with at least 4 different therapy regimens. Among five evaluable patients, partial response was observed in one case (20%) and stabilized disease was seen in another case (20%). There were no toxicities greater than grade 3, and no case



► **Fig. 1** PI3K/Akt/mTor pathway and effects of mTOR-inhibitors. Different signaling cascades have been shown to modulate mammalian target of rapamycin (mTOR). Growth factor mediated intracellular signaling triggered PDPK1 to phosphorylate and activate PKB/AKT. AKT directly phospho-inhibited TSC2 which consequently resulted in activation of mTOR via RHEB resulting in phosphorylation of protein S6 kinase beta-1 (S6K1). Newer treatment strategies should focus on inhibition of mTORC1 and mTORC2 multi-proteins assemblies and on treatments that combine mTOR inhibitors with different interconnected pathway inhibitors.

of treatment discontinuation due to severe toxicity was reported [53].

The combination of carboplatin, paclitaxel and temsirolimus in patients with advanced solid tumors has been evaluated in the attempt to assess safety, tolerability and antitumor activity by Kollmannsberger et al. [54]. Among 38 enrolled patients, 6 (16%) were affected by ovarian cancer. The phase I study concluded that the recommended dose of the regimen should be carboplatin AUC 5 mg/ml/min and paclitaxel 175 mg/m<sup>2</sup>, both given on day 1, plus temsirolimus 25 mg on days 1 and 8. This regimen was well tolerated. In 17/38 patients, partial response with a median PFS of 7.4 months was observed, while 49% of patients had stable disease. Among the 6 included ovarian cancer patients, 3 reported a partial response and 3 experienced disease stabilization. Grade 4 adverse effects consisted of myelotoxicity and fatigue.

More recently, temsirolimus was tested in a Phase Ib study in combination with pegylated liposomal doxorubicin (PLD) on advanced breast, endometrial and ovarian cancer patients [55]. Twenty patients received weekly escalating dose of temsirolimus combined with PLD 30 or 40 mg/m<sup>2</sup> once per month. Eleven pa-

tients (55%) were affected by OC. The recommended Phase II dose was found to be temsirolimus 15 mg plus PLD 40 mg/m<sup>2</sup>. Three patients (two with ovarian cancer) reported durable partial response lasting 10.1, 12.7 and 13.7 months. Further 8 patients (two with ovarian cancer) had a long lasting stable disease (median 6.4 months). Most frequent adverse events were nausea, fatigue, mucositis, and skin toxicity.

Another recent combination of solely target therapies consisted of bevacizumab plus temsirolimus administered on advanced gynecologic tumors [56]. Bevacizumab 2.5–15 mg/kg was given on day 1 together with temsirolimus 5–25 on day 1, 8, 15 in three-weekly treatment cycles. Twenty-two patients out of 41 (54%) had ovarian cancer. Two out of 22 ovarian cancer patients reported a partial response whereas further 4 ovarian cancer patients experienced disease stabilization lasting over 6 months. Most common grade 3/4 treatment-related toxicities were thrombocytopenia (10%) and fatigue (7%).

In 2016, the AGO-study group published a Phase II study of weekly temsirolimus 25 mg administered to refractory/resistant ovarian cancer and advanced/recurrent endometrial carcinoma

patients [57]. Half of the patients enrolled (22/44) had ovarian cancer. After 8 weeks of treatment, partial response and stable disease were 1 (4.5%) and 7 (31.8%), respectively, among the ovarian cancer population. Most common severe toxicities were gastrointestinal disorders and one patient reported a grade 4 ileus.

### Everolimus

A phase I study carried out on 32 patients affected by solid tumors treated with a combination regimen of five milligrams three times weekly of everolimus plus panitumumab at 4.8 mg/kg and bevacizumab at 10 mg/kg every 2 weeks resulted to be safe and tolerable and showed a moderate clinical activity [58]. Four out of 32 patients (12.5%) had recurrent ovarian cancer. Three of them showed clinical response lasting at least 6 months after the treatment. The most common grade 3–4 toxicities were electrolytic disorders (35%), blood hypertension (16%), skin rash (16%) and mucositis (13%).

A very recent study about the everolimus effects was carried out on ovarian cancer mouse models with the aim of assessing the relationship between everolimus efficacy and obesity [59]. The study hypothesis was justified by the observation that obesity leads to hyperactivation of the mTOR pathway in epithelial tissues, thus suggesting that mTOR inhibitors may be particularly effective in obese cancer patients [60]. Everolimus treatment resulted in the inhibition of tumor growth in both obese and lean mouse models but the analysis of the metabolic profile revealed that everolimus was able to alter tumor metabolism through different metabolic pathways between the two groups, thus suggesting that everolimus may act as antitumor agent through different ways among obese and lean ovarian cancer individuals.

### Other mTor inhibitors

Another aspect to consider, when referring to mTor inhibitors, is their capacity to significantly sensitize Taxol-induced anti-ovarian cancer cell activity in vitro and in vivo, without causing apparent

toxicities, as recently described by Zhang et al. in their study involving WYE-132, a mTORC1/2 dual inhibitor [61]. Furthermore, it appears that mTor inhibitors would have synergistic effects while used in combination with other target therapies, in particular the Ras/Raf/MEK pathway in endometrial carcinoma [62], which might justify assessment of the combined target therapies treatment effectiveness in ovarian cancer as well. However, in endometrial cancer recurrence setting, the clinical application of these drugs is currently controversial [63]. Another study conducted by Hussein et al., where a second-generation mTor inhibitor, Torin2 was tested, resulted in the inhibition of tumor cell viability and induction of apoptosis in epithelial ovarian cancer. In addition, this study found that combination in vivo of Torin2 and cisplatin synergistically inhibited tumor growth in nude mice, confirming the hypothesis that mTor inhibitors might serve as single agent therapies as well as in combination with other treatment options, acting either as synergic agents or sensitizing ones [61, 64]. In this scenario, it was also recently shown that the combination of PIK3 inhibitor BKM120 with PARP inhibitor olaparib resulted in reduced proliferation, survival and invasion in different ovarian cancer cell lines harboring PIK3CA mutations and in a significantly decreased BRCA1 expression in SKOV3 ovarian cancer cells [65].

Despite promising results in several studies, larger scale investigations are needed for a better characterization of the mTor inhibitors properties as antitumor agents. Up to date, no phase III trials have been reported on these drugs. ► **Table 1** summarizes the ongoing clinical trials involving mTor inhibitors in ovarian cancer. Preliminary results presented at the ASCO Meeting 2016 of the ongoing Phase II clinical trial investigating the effects of the combination “bevacizumab plus everolimus” in recurrent ovarian cancer patients (NCT01031381) [66], revealed that 14/50 (28%) patients were progression-free at 6 months (95% CI 16.67–42.71%), with with 5 (0.65%) grade 4 and 66 (8.64%) grade 3 toxicities, mostly consisting in oral mucositis, fatigue, abdominal

► **Table 1** Ongoing trials on mTor inhibitors in ovarian cancer.

ClinicalTrials.Gov Identification number	Phase study	Population	Scheduled	Course	Primary outcome
NCT01031381	II	Recurrent ovarian, peritoneal and fallopian tube cancer	Everolimus + bevacizumab	Everolimus 10 mg orally daily continuously Bevacizumab IV once every 14 days	6 months PFS
NCT02188550	II	Recurring/platinum resistant ovarian/endo-metrial cancer	Everolimus + letrozole	Everolimus: 10 mg orally daily Letrozole: 2.5 mg orally daily, 28 days cycle Evaluation every 3 cycles	Tumor response to treatment
NCT02283658	II	Relapsed hormone receptor positive ovarian, fallopian tube or primary peritoneal carcinomas	Everolimus + letrozole	Oral everolimus and oral letrozole on days 1–28	OS and PFS
NCT00886691	II	Ovarian cancer, fallopian tube cancer, primary peritoneal cavity cancer	Everolimus and bevacizumab	Bevacizumab IV over 30–90 minutes on days 1 and 15 Oral Everolimus once daily on days 1–28	PFS

*Continued next page*

► **Table 1** Ongoing trials on mTor inhibitors in ovarian cancer. (Continued)

ClinicalTrials.Gov Identification number	Phase study	Population	Scheduled	Course	Primary outcome
NCT01281514	I	Relapsed ovarian epithelial, fallopian tube, or peritoneal cavity cancer	Everolimus, carboplatin and PLD	Carboplatin (IV) on day 1 PLD (IV) on day 1 Everolimus orally once daily on days 1–28. 28 days cycle repeated for 6 courses	Safety and feasibility
NCT00982631	Ib	Advanced recurrent ovarian endometrial and breast cancer	Temsirolimus/PLD	28 days cycle Temsirolimus iv once weekly in a dose escalating study scheme	MTD, pharmacokinetic parameters
NCT01460979	II	Platinum-refractory ovarian carcinoma or advanced endometrial carcinoma	Temsirolimus	25 mg weekly IV until progression Evaluation every 8 weeks	Activity, tolerability and safety of the drug
NCT01196429	II	FIGO stage III–IV (first line) Clear cell ovarian cancer	Temsirolimus, carboplatin, and paclitaxel	Paclitaxel IV over 3 hours and Carboplatin IV over 30 minutes on day 1 and Temsirolimus IV on days 1 and 8 3 weeks cycle repeated for 6 courses	OS and PFS
NCT01010126	II	FIGO stage III–IV endometrial cancer, ovarian cancer, fallopian tube cancer, uterine corpus cancer	Temsirolimus and bevacizumab	Temsirolimus IV on days 1, 8, 15, and 22 Bevacizumab IV over 30–90 minutes on days 1 and 15 28 days cycles. Courses repeat in absence of disease progression	Progression free survival and tumor response rate
NCT01065662	I/Ib	Recurrent/refractory gynecological malignancies	Temsirolimus and cediranib	Temsirolimus on days 1, 8, 15 and 22 of each cycle Cediranib orally daily 28 days cycle	Maximum tolerated dose
NCT01155258	I	Advanced solid tumors	Temsirolimus and vinorelbine	28 days cycles. Courses repeat in absence of disease progression Temsirolimus IV over 30–60 minutes on days 1, 8, 15, and 22 Vinorelbine IV over 5–10 minutes on days 1 and 15	Tumor response rate and maximum tolerated dose
NCT01256268	I	Recurrent or metastatic endometrial cancer/ recurrent or metastatic ovarian cancer	Carboplatin, paclitaxel and ridaforolimus	Ridaforolimus 20–40 mg Paclitaxel 175 mg/m <sup>2</sup> IV and Carboplatin (AUC 5 to 6) on day 1 of each 3 week cycle Treatment will continue until disease progression or adverse events	Preliminary efficacy and maximum tolerated dose
NCT01281514	I	Recurrent ovarian, fallopian tube or peritoneal cancer	Carboplatin + PLD + everolimus	28 days cycles for 6 months Carboplatin intravenously IV + PLD IV on day 1 + everolimus orally once daily on days 1–28.	Maximum tolerated dose (MTD) Safety and tolerability Efficacy
NCT02208375	I/II	Recurrent endometrial, triple negative breast, ovarian, primary peritoneal, or fallopian tube cancer	Olaparib + mTORC1/2 inhibitor AZD2014 or AKT inhibitor AZD5363	Monthly cycles Olaparib + AZD2014 (continuous or intermittent dosing) Or Olaparib + AZD5363 (intermittent dosing) Treatment will continue until disease progression or adverse events	Tumor response rate and maximum tolerated dose

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pain, diarrhea, nausea and hypertension. Clinical responses were stable disease in the great majority of cases.

## Problematic Aspects Regarding mTor Inhibitors

The precise mechanism of drug resistance remains unknown. Loss of the established negative feedback to the drug seems to be involved in the resistance mechanisms.

The selective affinity of mTor inhibitors for mTORC1 and lack of suppression of mTORC2 have been suggested as a mechanism of drug resistance.

Indeed, mTORC2 engages in an AKT-activation loop in response to mTORC1 inhibition [38]. New inhibitors that target both mTORC1 and mTORC2, or even PI3K inhibitors in combined regimens could be the right way of overcoming drug resistance.

Another crucial aspect of the application of mTor inhibitors in ovarian cancer is the selection of correct patients, since it seems that rapamycin and its analogues are more effective in tumors that express high activity of PI3K/AKT/mTORC1 pathways such as ovarian clear cell carcinoma and endometrioid ovarian cancer [49]. Additionally, patients presenting PIK3CA alterations respond better than patients with functioning PIK3CA [39].

Furthermore, a comprehensive identification of the toxicity profile of ovarian cancer patients treated with mTOR inhibitors is still strongly needed. Larger studies on breast cancer patients suggest that the most common adverse events of mTOR inhibitors include stomatitis (all grades: approximately 60%), noninfectious pneumonitis (15%), rash (40%), hyperglycemia (15%), and immunosuppression (40%) [67]. Future results derived from the currently ongoing phase II clinical trials on the use of mTOR inhibitors in ovarian cancer will better elucidate this crucial aspect, pivotal for establishing the integration of these compounds into the clinical practice of ovarian cancer treatment.

## Conclusions

PI3K/AKT/mTORC1 pathway inhibitors constitute a group of new target therapies for the treatment of ovarian cancer, given the highly expressed activity of this pathway in the pathogenesis and progression of ovarian carcinoma. Promising preliminary results in phase I and II trials encourage further studies. However, no phase III trials on ovarian cancer patients have been reported yet.

A selection of the cancer population that could mostly benefit from these new drugs and better understanding of how to integrate these new medications are pivotal for improving the current management of ovarian cancer.

## Conflict of Interest

The authors declare that they have no conflict of interest.

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