Neuroimaging Findings in COVID-19 Associated Rhino-Orbital-Cerebral Mucormycosis: A Review

Anjuna Reghunath1 © Rohini Gupta Ghasi1 Anuradha Sharma1 Neha Bagri1 Swarna Gupta Jain1

1 Department of Radiodiagnosis, Vardhman Mahavir Medical College and Safdarjung Hospital, New Delhi, India

Address for correspondence Rohini Gupta Ghasi, MD, Department of Radiodiagnosis, Vardhman Mahavir Medical College and Safdarjung Hospital, New Delhi-110029, India (e-mail: rohini1912@gmail.com).

Introduction

The coronavirus disease 2019 (COVID-19) pandemic continues to have an enormous impact on the population of the world. Rhino-orbital-cerebral mucormycosis (ROCM) is a potentially fatal angioinvasive secondary fungal infection which has shown a growing trend during the COVID-19 pandemic, currently referred to as COVID-19-associated mucormycosis (CAM).1,2 In all anatomical sites, tissue invasion and angioinvasion are the trademarks of mucormycosis.3,4 Central nervous system (CNS) affliction represents one of the most morbid manifestations of mucormycosis and often governs the survival and functional outcome of the patient.5 Prior to the pandemic, ROCM had a reported incidence of 0.005 to 1.7/million, which has massively increased since 2021.2 The main risk factors found for CAM were diabetes and steroid use.2 Compared with non-COVID ROCM, patients most affected with CAM were middle-aged, diabetic males with recent COVID-19 infection. New-onset upper jaw toothache and loosening of teeth were striking symptoms and neurological manifestations, such as headache, proptosis, vision loss, extraocular movement restriction, cavernous sinus, meningeal, and parenchymal involvement were common in CAM. Also, stroke in CAM was found to follow a definitive pattern with watershed infarction.3 An aggressive diagnostic approach and timely initiation of antifungal therapy are imperative to reduce morbidity and mortality.5

Pathophysiology

A multitude of factors, including pre-existing diseases, such as diabetes mellitus, previous respiratory compromise, use of immunosuppressive therapy and steroids, and systemic immune alterations of COVID-19 infection have been suggested in the etiopathogenesis of this recent surge in cases.6 A
propensity of the virus to cause widespread lung involvement is found to raise the risk of invasive fungal infections. Another proposed mechanism is the alteration in innate immunity secondary to immune dysregulation seen in COVID-19, with reduced numbers of T lymphocytes, CD4+ T, and CD8+ T cells.

Fungi of the genus Rhizopus account for the majority of the cases, followed by Lichtheimia (formerly known as Absidia and Mycocladus), and Mucor. Overall, Rhizopus oryzae is the most prevalent pathogen isolated from specimens. The larger aseptate hyphae of Mucorales impede entry to the meningeal microcirculation causing a more localized disease leading to cerebritis, abscess formation, or involvement of larger vessels. The immune status and inflammatory response of the host determine the degree of CNS involvement.

Clinical Course of Rhino-Orbital-Cerebral Mucormycosis

In the head and neck location, mucor infection can be divided into isolated nasal, rhino-orbital, or ROCM. In the appropriate clinical settings, invasive fungal sinusitis is clinically detected as a painless, necrotic ulcer (eschar) in the nasal septum and sinusitis, followed by bony erosion and spread into adjacent structures like palate, orbit, and brain, with a fulminant progression over a few days to weeks, usually leading to death. Symptoms include fever, nasal congestion or discharge, facial pain or numbness, and epistaxis. Introrbital extension leads to proptosis and visual disturbances, while intracranial spread results in headache, mental status changes, seizures, neurological deficits, and coma. Definitive diagnosis is by nasal biopsy and culture, which reveals broad aseptate filamentous fungal hyphae. Liposomal amphotericin B with sinus debridement using an endoscopic approach for early disease and open surgery and exenteration for extensive disease is the preferred management regime for ROCM. Neurosurgical intervention is directed in raised intracranial pressure (e.g., hemispheric stroke), obstructive hydrocephalus, and for lesions, compressing the spinal cord.

Mechanism of Spread

Four main mechanisms proposed for the spread of ROCM are direct, perineural, perivascular, and hematogenous spread (Fig. 1). The clinical manifestations and involved sites in each individual depend on the mode(s) of spread and the extent of involvement by the disease process.

1. Direct infiltration: Involvement of the CNS occurs most frequently (70%) due to contiguous spread from the paranasal sinuses and orbits. The disease process initially spreads via the dehiscent lamina papyracea, anterior and posterior ethmoid orifices, involving the orbit, pterygopalatine fossa, periantral fat, nasolacrimal duct, lacrimal sac, and rarely the nasopharynx. Direct infiltration into frontal lobes (gyrus recti) may occur through the cribriform plate or from frontal sinus, while the extension to middle cranial fossa occurs through cavernous sinus.

2. Perineural spread: Emerging studies have demonstrated the possible perineural spread of infection both microscopically and macroscopically. Sravani et al found perineural spread on biopsy specimens in 50% cases in a study of 30 patients afflicted by ROCM, even for a substantial distance from the primary focus of infection.
through the cribriform plate into the anterior cranial fossa has been suggested to represent perineural spread via olfactory nerves by some authors. Galletta et al demonstrated V1 trigeminal branch division infiltration in a patient with invasive mucormycosis. V2 trigeminal root involvement, retrogradely via the infraorbital nerve to middle cranial fossa through the inferior orbital fissure and foramen rotundum, and involvement of intracisternal tract of the trigeminal nerve and Meckel’s cave have also been reported.

3. Perivascular spread: Vascular tropism is the hallmark of mucor infection. Fungal spores tend to invade vessels and strongly adhere to endothelial cells. Also, *R. oryzae* produces an alkaline protease that cleaves elastin and separates the internal elastic lamina from the media. Fungal hyphae extend along the internal elastic lamina and further into the arterial lumen, obliterating it with intimal hyperplasia and thrombosis and, thus, leading to infarction, vasculitis, and necrosis of involved tissues.

4. Hematogenous dissemination: This may occur from a distant focus like the lung with predilection for gray-white matter junction or via the valveless emissary veins draining the ethmoid sinus, traversing the lamina papyracea, and facilitating fungal infiltration of periorbital tissue, the orbital apex, and the cavernous sinus.

**Imaging of Rhino-Orbital-Cerebral Mucormycosis**

Imaging plays a very important role in diagnosing and evaluating the extent of this serious condition. Computed tomography depicts hypoattenuating mucosal thickening of paranasal sinuses, and a tendency to involve ethmoid and sphenoid sinuses unilaterally has been reported. Bone erosion may be very subtle and suggested by obliteration of periantral fat (see Fig. 2). Significant bony destruction of the sinus walls may occur rapidly with intraorbital and intracranial extension of the inflammation. On magnetic resonance (MR) imaging, the compacted fungal hyphae present low signal intensity on T2-weighted sequences due to the presence of paramagnetic substances and associated tissue necrosis from mucosal angioinvasion. The “black turbinate sign” refers to nonenhancing portions in the turbinate on T1-weighted post-contrast images owing to infarction from angioinvasion of the fungus (see Fig. 3).

Intraorbital invasion is suggested by thickening and lateral displacement of the medial rectus muscle, orbital fat infiltration, preseptal or postseptal cellulitis, endophthalmitis, and subperiosteal or intraorbital abscess. When proptosis from orbital cellulitis is significant, the dorsal globe becomes...
nerves II, III, IV, V, and VI. Cranial plegia and rapid vision loss, due to the involvement of cranial nerves III, IV, VI, and trigeminal nerve branches V1 that traverse it. COVID-19, coronavirus disease 2019; MRI, magnetic resonance imaging.

deformed, with tenting of its posterior aspect, and depicts the “guitar pick sign” (Fig. 3).14 Orbital apex syndrome is a morbid manifestation, which leads to complete ophthalmoplegia and rapid vision loss, due to the involvement of cranial nerves II, III, IV, V, and VI.9 Restricted diffusion may be the earliest detectable abnormality in acute ischemic optic neuropathy due to rhinocerebral mucormycosis.15

Neurological Manifestations

1. Cavernous sinus involvement—The cavernous sinus is often the first intracranial structure to be involved. Intracranial extension of disease through sphenoid sinus or orbital apex often leads to cavernous sinus thrombosis as evidenced by bulging walls of the sinus with nonenhancing internal areas (Fig. 5). There can be associated carotid artery invasion/occlusion leading to brain infarction or pseudoaneurysm formation with impairment of the function of cranial nerves III, IV, VI, and trigeminal nerve branches V1 and V2 that traverse it.9

2. Infarcts—Strokes in CAM are primarily due to cavernous internal carotid artery (ICA) involvement from intraluminal thrombosis, microscopic angioinvasion, vasospasm, or external compression.3 The infarcts are majorly at external and internal watershed territories of anterior cerebral artery and middle cerebral artery (MCA) or MCA and posterior cerebral artery, with or without hemorrhagic transformation.3

3. Fungal meningitis—Leptomeningeal enhancement due to fungal meningitis may be smooth or thick, nodular and irregular, long and continuous, poorly demarcated or asymmetric (Fig. 7).5 Enhancement (characteristically focal) of anterior and medial temporal poles was most common followed by frontal lobes in a study.3

4. Intracranial granulomas—Granulomas consist of lymphocytes, plasma cells, and fungal hyphae. Intracranial granulomas are typically hypointense on T1- and T2-weighted images with minimal postcontrast enhancement and mild perilesional edema (Fig. 8).9

5. Cerebritis—On T1WI, fungal cerebritis appears as an iso- or hypointense area involving gray matter with subtle mass effect and minimal to no enhancement (Fig. 9).5 On T2WI and fluid-attenuated inversion recovery, they appear as hyperintense lesion, with areas of decreased signal intensity within the lesion due to the paramagnetic effects of metal ions.5 These lesions usually present with restricted diffusion on diffusion-weighted imaging (DWI).5

6. Brain abscess—Fungal abscesses tend to be numerous and can involve the deep gray matter and basal ganglia.5 On DWI, fungal abscesses demonstrate restricted diffusion in the abscess wall and intracavitary projections, with central core sparing (Fig. 10).5 On MR, the core appears hypointense on T1W and hyperintense on T2W images, with a surrounding isodense hyperintense rim on T1WI, which

Fig. 3 MRI of sinonasal region done in a 42-year-old COVID-19 patient with culture proven mucormycosis reveals non-enhancing areas within the left inferior turbinate (black arrow) on T1W fat saturated postcontrast axial (a) and coronal (b) images, suggestive of “black turbinet sign.” COVID-19; coronavirus disease 2019; MRI, magnetic resonance imaging.

Fig. 4 MRI of orbits in another 52-year old patient with similar history depicts right proptosis and deformity of posterior globe or “guitar pick sign” (white arrow) secondary to right orbital compartment syndrome on axial T2W fat saturated (a) and T1W fat saturated postcontrast (b) images. MRI, magnetic resonance imaging.

Fig. 5 MRI brain imaging done in a 22-year-old COVID-19 patient with culture proven mucormycosis demonstrates bilateral ethmoid sinusitis and contiguous left orbital spread of disease on axial T1WI fat suppressed postcontrast images (a, b). A focal non-enhancing region is seen in the left cavernous sinus (white arrow), causing mild lateral bulging of the wall of left cavernous sinus on axial (c) and coronal (d) contrast-enhanced images, suggesting cavernous sinus thrombosis. Flow void of cavernous segment of left internal carotid artery is maintained and normal in caliber. Note is made of sphenoid sinusitis as well. COVID-19, coronavirus disease 2019; MRI, magnetic resonance imaging.
Fig. 6 NCCT of brain of a 42-year-old COVID-19 recovered gentleman with left hemiparesis shows bilateral maxillary sinusitis with hyperdense internal contents on axial image (a), which was culture proven to be mucormycosis. There is subtle asymmetric fusiform enlargement of left cavernous internal carotid artery (red arrow) as compared with right side as seen on axial (b) and coronal reformat (c) images, suggesting mycotic aneurysm. Acute lacunar infarcts are also seen in left gyrus rectus and left globus pallidus (black arrows) (d). COVID-19, coronavirus disease 2019; NCCT, noncontrast computed tomography.

Fig. 7 MRI of brain in a 52-year-old patient with rhino-orbital cerebral mucormycosis post-COVID-19 infection presented with left hemiparesis. T2W coronal images (a, b) demonstrate bilateral maxillary and ethmoid sinusitis with right orbital involvement and right cavernous sinus thrombosis with loss of flow void of cavernous and clinoid segments of right internal carotid artery (ICA) (black arrow). Axial FLAIR image (c) depicts hyperintense areas in right internal and external watershed territories, which appear hyperintense on diffusion weighted image (d) with corresponding hypointensity on ADC map (e), suggesting acute- early subacute infarct. Maximum intensity projection TOF (time-of-flight) MR angiography image shows non-visualization of intracranial part of right ICA, consistent with thrombosis. COVID-19, coronavirus disease 2019; FLAIR, fluid-attenuated inversion recovery; MRI, magnetic resonance imaging.
appears hypointense on T2WI. Peripheral enhancement is seen on T1W postcontrast enhancement sequence. Fungal abscesses may demonstrate lipids (1.2–1.3 ppm), lactate (1.3 ppm), alanine (1.5 ppm), acetate (1.9 ppm), succinate (2.4 ppm), and choline (3.2 ppm) on MR spectroscopy. A distinctive feature of fungal infections is the presence of disaccharide trehalose (3.6 ppm) in the abscess wall (►Fig. 10).5

7. Obstructive hydrocephalus—This may occur due to meningeal and cisternal exudates or infiltration of the cisterns/ventricular lining (►Fig. 11).4

8. Mycotic aneurysms—The elastic laminae of the vessel wall may get disrupted causing focal dilatation of artery and development of mycotic aneurysms, which can rupture resulting in intracranial bleed (►Fig. 12). Mycotic aneurysms are commonly seen within the anterior circulation, affecting long portions of proximal segments of the large cerebral vessels such as anterior, middle, or posterior cerebral arteries.5

9. Garcin syndrome—It is the unilateral cranial nerve palsies without the involvement of sensory and motor tracts due to mycelial growth along the cranial nerves (►Fig. 13).16

10. Skull base osteomyelitis—Contiguous extension of pathology from the paranasal sinuses into the skull base is common and holds prognostic significance with involvement of petrygopalatine fossa, pterygoid wedge, vidian canal often requiring bone drilling (►Fig. 14).17,18

11. Uncommon manifestations of cranial invasion include sagittal sinus thrombosis, epidural, subdural, or suprasellar abscess (►Fig. 15).4

The imaging correlates along with the pathophysiology of various manifestations seen in neuraxial involvement by CAM are elaborated in ►Table 1.

**Conclusion**

Patients with COVID-19 may develop a wide range of neurological symptoms, some of which may be attributed to CAM, which is now a well-established entity with the predominant risk factors being diabetes, immunodepletion, and steroid therapy in COVID-19 pneumonia.2 Imaging helps in the early
detection of neurological involvement of this serious condition, delineating the extent of intracranial infection and ruling out postsurgical residual disease (Fig. 16 and 17).

Due to the changing trends in the COVID-19 pandemic, it is an absolute necessity for all radiologists to have a high index of suspicion and be aware of the imaging features of ROCM and its possible complications, as prompt diagnosis and treatment with antifungal medication and surgical debridement can halt the progression of the infection. More effective prevention and treatment of severe COVID-19 infection through widespread vaccination, social distancing, and more efficacious antiviral therapy would positively decrease the incidence of CAM in the near future.

Note
There are no prior publications or submissions with any overlapping information, including studies and patients. The work has not been presented elsewhere.

Funding
None.
Fig. 12  MRI in a 42-year-old COVID-19 patient who had developed culture-proven invasive sinonasal mucormycosis following a course of intravenous steroids are shown. T2W axial image (a) reveals heterogeneously hyperintense areas in suprasellar cistern, left parasagittal frontal cerebral region, and left medial temporal lobe, involving gray and white matter. Mild white matter edema is also seen in the right frontal lobe. T2W FLAIR axial image (b) shows hyperintensity in the adjoining left ganglio-capsulo-thalamic region with mild hydrocephalus and periventricular ooze. Diffusion weighted image (c, d) showed patchy diffusion restriction in the above-mentioned areas (black arrows). Postcontrast T1W axial images at the level of basal cisterns (e, f) reveal minimally enhancing exudates contiguously extending into the left basifrontal and temporal lobes, causing compression of anterior and left middle cerebral artery flow voids as well as extraventricular obstructive hydrocephalus. The diffusion restriction may be attributed to fungal cerebritis. COVID-19, coronavirus disease 2019; FLAIR, fluid-attenuated inversion recovery; MRI, magnetic resonance imaging.

Fig. 13  Contrast-enhanced MR angiography (a) in the same patient as in Fig 12 reveals mycotic aneurysm of the terminal part of left internal carotid artery (black arrow). Axial T2W gradient images (b–d) show low signal bleed lining bilateral Sylvian fissures, suprasellar cistern, right fronto-parieto-temporal dura, with a thin subdural hematoma in the fronto-parietal region (arrowhead). Note the bleed in occipital horn of left lateral ventricle and third ventricle (white arrow). Features are consistent with rupture of mycotic aneurysm with subarachnoid hemorrhage, intraventricular hemorrhage, and subdural hematoma. MR, magnetic resonance.

Fig. 14  3-D contrast enhanced MR scan in a 50-year-old male with COVID-19 associated mucormycosis reveals skull base osteomyelitis in the form of enhancement of left petrous apex (red arrow) (a), pneumatization of sphenoid sinus into pterygoid pates with mucosal thickening of left pterygoid plate (white arrow), with soft tissue in left pterygomaxillary fissure (white arrowhead) (b), along with hyperenhancing soft tissue in the left vidian canal (black arrow) (c). There is also involvement of the left lateral pterygoid muscle (white asterisk) by the disease process with enhancement of the left pterygoid wedge (curved white arrow) at the site of attachment of pterygoid muscles as compared with right side (d). COVID-19, coronavirus disease 2019; MR, magnetic resonance.
Axial short tau inversion recovery (STIR) image (a) of skull base in the same patient as in Figs. 12 and 13 demonstrates bilateral maxillary sinusitis with extensive inflammation of left pre-antral, prezygomatic soft tissue and left infratemporal fossa. There is abnormal hyperintensity in left jugular fossa as compared with right side, suggesting perineural involvement (black arrow). Axial heavily T2W sequence (b) reveals extension of exudates from prepontine cistern to left internal auditory canal, with perineural spread of infection (curved white arrow). Coronal T1W postcontrast image (c) shows sphenoid sinusitis and perivascular spread of disease along cavernous segment of left internal carotid artery, causing its luminal narrowing (white arrowhead). Postcontrast T1W fat saturated sagittal sequence (d) depicts pituitary involvement as well as a suprasellar peripherally enhancing abscess (white arrow).

Follow-up MRI done in a 38-year-old patient who had undergone treatment with antifungal medication, endoscopic sinus surgery and left sided exenteration for post-COVID-19 rhino-orbital-cerebral mucormycosis reveals residual disease in left orbital apex and cavernous sinus (black arrow) as evidenced by enhancing soft tissue on 3-D isotropic T1W fat saturated postcontrast axial (a) and coronal (b) sequences. Note made of residual left ethmoidal sinusitis and air-fluid level in left orbit. Follow-up MRI scan in another 54-year-old female with similar history and management is shown. 3-D isotropic T1W fat saturated postcontrast axial (c) and coronal (d) images demonstrate residual enhancing inflammatory tissue in left orbit (white arrow) with extension of disease process into orbital apex, cavernous sinus, and periorbital soft tissue. There is leptomeningeal enhancement in left frontal lobe (arrowhead) suggesting residual meningitis. COVID-19, coronavirus disease 2019; MRI, magnetic resonance imaging.

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<td>Proptosis and retroorbital pain</td>
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Table 1 Imaging correlates for various neurological manifestations of COVID-19 associated mucormycosis
Conflict of Interest
The authors have no conflicts of interests.

Acknowledgment
Department of Radiodiagnosis, Vardhman Mahavir Medical College and Safdarjung Hospital, New Delhi–110029 has been the source of all images used in this manuscript.

References