



Preface

Women Power

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“Women in leadership roles can help restore the balance and wholeness to our communities”

Wilma Pearl

Remembering the incredible ancient Indian civilization, glorified by inspirational women scientists and physicians like Anandi Gopal Joshi and Rajeswari Chatterjee, I express my deepest respect to female fraternity at WINCARS (women in cardiovascular diseases and related sciences), who not only symbolizes the empowering women but also refurbishes the lives of Indian female clinicians in 21st century. I appreciate and congratulate the WINCARS for its relentless efforts in strengthening the women in medicine. It is my privilege to write down progress made by WINCARS in the last 1 year.

The Indian Journal of Cardiovascular Disease in Women (IJCDW) is among the few journals that promotes and addresses the health care issues of women, in particular cardiovascular diseases (CVD) among all age groups. While globally the prevalence of CVD among women has been declining, some of the world's most populous nations including India have been witnessing an overall increase in its prevalence. The journal aims to raise awareness and fill the knowledge gaps for this important health issue among women. This fact was proved by few of the publications in the last year.

The Directory of Open Access Journal (DOAJ) recognition in the November 2020 had an greet impact on the IJCDW journal improvement and progression for the year 2021. It is one of the fastest growing and leading journals of India that endeavors to engage female academicians from all across the

country to showcase their eminent work. The journal highlights are original research articles, review articles, interesting case reports, editorials, interventional round, practice in medicine, student's corner, and additional special issues as per the latest health trends. In 2021, we introduced practice in medicine, incorporating the clinical as well as analytical method to arrive at the proper diagnosis. All recent articles attest to tremendous advances made in the understanding of wider clinical areas like genetic and molecular basis of heart diseases, metabolic complexities, and difficult coronary interventions.

Not putting a stop, ongoing success stories, accolades, and laurels coming its way keep boosting up the IJCDW members toward their future projects.

Welcoming the New Year, in 2022 WINCARS aspires not only to hold research projects in collaboration with international forums and faculties but also to share their research achievements through IJCDW. The WINCARS team is highly committed to fulfill many such aggressive goals and to work relentlessly to implement the highest standards in its publications in the years to come.

We wish the journal to be an excellent educational source of international standard and gets due recognition and also hope that the journal enriches the clinical skills of its readers at a global level.

“If your actions create a legacy that inspires others to dream more, learn more, do more and become more, then, you are an excellent leader”

Dolly Parton

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