



Editorial

Endoscopy Flashback 2021: Thanking the Authors and Reviewers of the *Journal of Digestive Endoscopy*

Shivaraj Afzalpurkar¹ Mahesh Goenka¹

¹ Department of Gastroenterology, Multispeciality Institute of Gastrosciences and Liver, Apollo Multispeciality Hospital, Kolkata, West Bengal, India

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Journal of Digestive Endoscopy (JDE) has completed one more successful year with its impressive endoscopy-based articles. Endoscopy procedures and consequently the research started bouncing back in 2021 after a major unintended halt in 2020 due to the COVID-19 pandemic. We thank all the authors and reviewers of JDE who have significantly contributed in enriching and broadening the knowledge of our readers in the field of endoscopy. We congratulate the following authors for their best contribution in endoscopic research in 2021.

Best Original Articles

Singh et al,¹ shared their experience on gastric varices in past 20 years and proposed a modification of conventional and very popular Sarin's classification. Addition of GOV3 in Sarin's classification will make it more comprehensive, uniform, and reproducible for future studies. Anikhindi et al,² in their case–control study demonstrated that a safe, cheap, and easily available pre-endoscopy drink of N-acetylcysteine with simethicone can significantly improve mucosal visibility during upper gastrointestinal endoscopy. This helps in ensuring optimal endoscopic outcomes. Bodh et al,³ in their retrospective analysis of 5-year endoscopic data, showed that peptic ulcer disease is still the commonest cause of upper gastrointestinal bleed followed by portal hypertension. Jagtap et al⁴ studied the prevalence and characteristics of colonic polyps in a large retrospective cohort and concluded that the prevalence of colonic adenoma in India is 4.35%. Male gender and increased age were associated with increased risk of colonic adenoma and adenocarcinoma, which is more common in the left colon and rectum. If validated from other centers, it may change our paradigm for the need for colonoscopic surveillance. Behera et al⁵ demonstrated that endoscopic ultrasound-guided fine needle aspiration has a very high sensitivity and specificity of

93% and 100%, respectively, for the diagnosis of mediastinal and intra-abdominal lymphadenopathy, with tuberculosis being the most common cause. Lastly, Maydeo et al⁶ gave an audit of endoscopy findings in a community done in a mobile endoscopy van with the intent to provide free essential medical services to the rural population; with a large number of Indian population still located in rural environment, this may be a way forward.

Best Review Articles

Ji et al⁷ provided an excellent review on how manufacturer and user facility device experience serves as an invaluable data source for investigating malfunction-related adverse events. Birda et al⁸ wrote a good review on endotherapy for non-variceal upper gastrointestinal bleed, which focused on the technical aspects and efficacy of various endoscopic modalities, both conventional and new. Nabi et al⁹ gave an updated review on third-space endoscopy. This can be a very useful article for the learners of the novel technique. Gawande et al,¹⁰ gave a good review on recent endoscopic ultrasound-related publications with potential to influence clinical practice. They discussed four such articles that may have significant impact in clinical practice. Bapaye et al¹¹ reviewed the literature on gastroesophageal reflux after peroral endoscopic myotomy. The review recommends an evidence-based clinical algorithm for evaluation and management of post-per oral endoscopic myotomy-related gastroesophageal reflux and provides guidelines for future research in this field.

Best Endoscopy Video Articles

Mallaiyappan et al,¹² demonstrated novel endoscopic management of colovesical fistula secondary to colonic diverticular

Address for correspondence
Mahesh Kumar Goenka, MD, DM,
Institute of Gastrosciences and
Liver, Day care building, 4th floor,
AGHL, 58, Canal Circular Road,
Kadapara, Phool Bagan, Kolkata,
West Bengal, India
(e-mail: mkgkolkata@gmail.
com).

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disease. They successfully managed colovesical fistula with the novel combined endoscopic approach (a simultaneous cystoscopy and flexible colonoscopy), which could be the first report from India. Thyloor et al,¹³ demonstrated transcystic removal of common bile duct stones in a patient with Roux-en-Y gastric bypass using cholangioscope and SpyGlass retrieval device at the time of cholecystectomy. Gandhi et al¹⁴ described a combined approach using EUS-guided LAMS and percutaneous fully covered self-expandable metal stent-guided DEN (e-DEN + p-DEN) for successful management of an infected lesser sac WOPN with paracolic extension.

There were a wide variety of articles in the field of endoscopy that covered the theoretical and practical aspects of endoscopy including both diagnostic and therapeutic aspects. We encourage the readers, researchers, and the endoscopists to keep sharing their research articles and good works and let us all pledge to take this journal to great heights.

Conflict of Interest

None declared.

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