During the live session, presented by M. Østergaard and M. Bachmann Nielsen from Denmark, on the use of simulators focusing on the abdomen it was discussed how much simulators bring value both to the students and resident doctors. The simulators could allow both students and residents to increase their knowledge and practical skills throughout time, while also being both cost and time efficient. The simulators would allow hands on training at any time with various programs and various difficulty levels for practical training. This would allow both resident doctors to check their practical skills and students to learn and build on their existing knowledge.

Though simulators are a very important tool we were also presented how little training is needed for a student to begin to understand ultrasound and how it is used. A presentation given by W. Kosiak, Poland, with his student Bogna Staniuk, 6th year medical student demonstrating, showed us that practicing up to 2 hours per month for 2 years leads to a level training to become adequate in the field. Also some ideas were shared about student teaching ideas and how to implement them. An amazing presentation made by M. Glasoe, Norway, introduced to us that ultrasound itself should be approachable for students and that a quite easy way to implement this is through student tutors. This practice has shown to be validated in the universities of Norway. While teaching
ultrasound we should not forget about essential safety in ultrasound. A presentation made by C. Kollmann, Austria, explained how to make sure that the ultrasound is safe for use. Though considered a basically safe technique, certain rules should be followed in order to minimize its potential effects on the tissues. It should be noted that the ultrasound machine should have European safety approval, that it meets all the requirements and that it is cleaned correctly after every use. Also it was stated that different programs should be discussed on different cases i.e. though ultrasonography is safe to use on a pregnant woman, Doppler use should be kept to a minimum in early pregnancy.

How students should be trained also was discussed. A presentation given by T. Todsen, Denmark, discussed the importance of evidence-based ultrasound training in the undergraduate curriculum. The main points included that the knowledge should not only be given in theoretical and practical ways but assessments should be made as well. Students should be evaluated in their knowledge and practical skills after the ultrasound courses. It is not just relevant to ask did they enjoy the course, though that knowledge is valuable for the tutors to make the course more enjoyable, the assessment would give us more knowledge about the usefulness of the course.

Last but not least, a presentation given by E. Valestrand, Norway, gave us the student point of view towards ultrasound teaching and the field of ultrasonography itself. Students require tasks that can be distributed into several parts and made simple. A simple task is easier to tackle than a vast one! Secondly students enjoy things that are precise and correct, a precise knowledge of the material helps the student to think about the whole field more than just looking at the given task. Lastly, students strive for positive reinforcement, tutors while implementing teaching ideas should use positive reinforcement to allow students to feel comfortable in the field and be able to branch out. This presentation gave us insight into the minds of students, what they really need and want, which allows us to make adjustments and think about teaching in the future.

All in all, the joint EFSUMB committee session was a great success giving all the listeners new ideas from various universities throughout Europe and new ways of teaching and implementing the teaching programs of ultrasonography in universities. It should be mentioned that cooperation and communication between universities is the key to a successful programme, and new horizons in the field of ultrasonography await.

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