

# Inhibition of Degranulation of RBL-2H3 Cells by Extracts and Compounds from *Armillaria ostoyae*



## Authors

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## Key words

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## ABSTRACT

*Armillaria ostoyae* (Romagn.) Herink is an edible honey mushroom from the family Physalacriaceae (Agaricales, Basidiomycota). Dichloromethane extracts of mushroom mycelium and fruiting bodies exhibited a significant degranulation inhibiting effect on RBL-2H3 cells using noncytotoxic concentrations. Bioactivity-guided fractionation of the mycelial dichloromethane extract led to the isolation of sesquiterpene aryl esters. Methyl linoleate could also be isolated. These substances were obtained from *A. ostoyae* for the first time, with one compound representing an undescribed natural product. Purified compounds melleolide H and J inhibited degranulation significantly. *A. ostoyae* could be a candidate for support of allergy treatments.

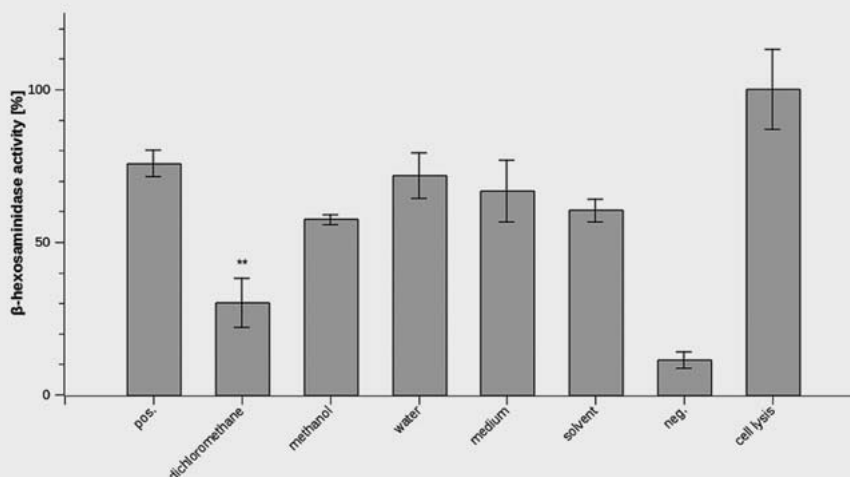
## ABBREVIATIONS

BSA	bovine serum albumin
CTAB	cetyltrimethyl ammonium bromide
DNP-HSA	2,4-dinitrophenyl human serum albumin
HBSS	Hank's balanced salt solution
ITS	internal transcribed spacer
NRU	neutral red uptake assay
p-NAG	4-nitrophenyl- <i>N</i> -acetyl- $\beta$ -D-glucosaminide

## Introduction

During our investigations of biologically active fungi, *Armillaria ostoyae* (Romagn.) Herink [1], a basidiomycete belonging to the family Physalacriaceae, came into focus, as it affected degranulation in RBL-2H3 cells. The species is commonly known as edible

mushroom, but it also occurs as a devastating pathogen of various tree species causing serious economic losses in forestry all over the world [2]. The mechanisms of host infection as well as host-pathogen interactions have been studied intensively [3–7]. In addition, *Armillaria* mushrooms attract a wider interest, for instance, as the world's biggest living organism [8] or as a producer of bioluminescence [9]. A broad variety of antibacterial and cytotoxic sesquiterpene aryl esters were isolated from the genus *Armillaria*, especially *Armillaria mellea* [10–20], but also *Armillaria novae-zealandiae* [21] and *Armillaria tabescens* [22]. In this manuscript, degranulation inhibiting effects of extracts from fruiting bodies and cultivated mycelium as well as bioactivity-guided isolation of compounds from the mycelium of *A. ostoyae* are described. Degranulation is the process in which cells release secretory products stored in secretory granules by exocytosis. It is an important feature of many immune cells, e.g., for release of mediators [23]. Inhibition of degranulation can result in the blocking of inflammatory or allergic reactions.



► **Fig. 1** Inhibition of degranulation of RBL-2H3 cells by extracts from the mycelium of *A. ostoyae* and medium; pos: antibody-stimulated (without test substance); neg: unstimulated (without antibody and test substance). Concentration = 90  $\mu$ g/mL, Welch's test against solvent,  $n \geq 4$ .

## Results

Three different extracts made with dichloromethane, methanol, and water were tested in a degranulation assay. Dichloromethane and methanol extracts from the mycelium of *A. ostoyae* exhibited significant degranulation inhibitory effects on RBL-2H3 cells (► **Fig. 1**). The Soxhlet dichloromethane extract was fractionated on a silica gel column with an *n*-hexane/ethanol/dichloromethane/methanol gradient. Fractions 2–4 were subjected to column chromatography using a toluene/acetone gradient from which fractions were also tested in the degranulation assay. Fractions 1, 2, 4, and 5 exhibited inhibitory activity, while fractions 3, 7, 9, and 11 did not. Known purified compounds melleolide H (purity  $\geq 93.5\%$ ) and J (purity  $\geq 95.4\%$ ), obtained from fraction 1, showed significant degranulation inhibition of RBL-2H3 cells. Other substances could be isolated only in much smaller amounts and were not tested. The potency of melleolide H was nearly one order of magnitude weaker than melleolide J. Again, the potency of the reference substance quercetin was one order of magnitude stronger than melleolide J. Quercetin had an  $IC_{50}$  of 6.7  $\mu$ M, a value in accordance with the literature [24]. The biological effects are summarised in ► **Table 1**.

Dichloromethane extracts and pure compounds obtained from *A. ostoyae* were tested for cytotoxic effects on RBL-2H3 cells using the NRU assay. The dichloromethane extract of the fruiting body exhibited no cytotoxic effect after 1 h (approximately the time necessary for degranulation testing) and a weak cytotoxic effect after 24 h. The  $IC_{50}$  of the cytotoxicity of the mycelial extracts was one order of magnitude higher than the  $IC_{50}$  for degranulation inhibition after 1 h and also after 24 h. Etoposid as a reference substance has an  $IC_{50}$  of 0.9  $\mu$ M. The cytotoxicity  $IC_{50}$  can be found in ► **Table 1**.

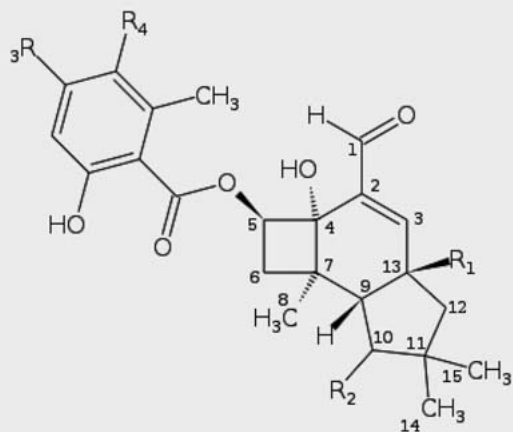
After repeated column chromatography on silica gel, from 11 fractions, 8 sesquiterpene aryl esters and methyl linoleate were

► **Table 1** Biological effects of extracts/substances from *A. ostoyae*.

Dichloromethane extracts/substances	$IC_{50}$ Inhibition of degranulation	$IC_{50}$ Cytotoxicity
Fruiting body <i>A. ostoyae</i>	115.1 $\mu$ g/mL	1 h: > 500 $\mu$ g/mL 24 h: 183.6 $\mu$ g/mL
Mycelium <i>A. ostoyae</i>	21.5 $\mu$ g/mL	1 h: 111.1 $\mu$ g/mL 24 h: 18.5 $\mu$ g/mL
Melleolide H	99.9 $\mu$ mol/L	24 h: 23.6 $\mu$ mol/L
Melleolide J	39.5 $\mu$ mol/L	24 h: 20.8 $\mu$ mol/L
Quercetin	6.7 $\mu$ mol/L	24 h: 185.2 $\mu$ mol/L
Etoposid	n. d.	24 h: 0.9 $\mu$ mol/L

isolated by semipreparative HPLC. The yields were between 0.0093% and 0.091% of dried biomass. Structures of isolated substances can be found in ► **Fig. 2**.

The isolated meroterpenes were identified as melleolide C [10] (2), H [11] (3) and J [21] (4), melledonal C [12] (5), 10-hydroxymelleolide [15] (6), armillarin [22] (7), and armillaridin [25] (8) by means of mass spectrometry and NMR spectroscopy, while methyl linoleate (9) was identified by NMR spectroscopy. 13-Hydroperoxyarmillaridin (1) displayed a peak at  $m/z$  503.1443 [ $M + Na^+$ ] $^+$  ( $\delta = -0.040$  ppm) in the HRESIMS in the positive mode, corresponding to a molecular formula of  $C_{24}H_{29}ClO_8$  and identical to melledonal C. The NMR spectra of 1 and 5 showed strong similarities, but, in contrast to 5, substance 1 possessed just one hydroxymethylene group at  $\delta_H$  5.60 (t, 8.7 Hz, H-5). An additional methylene residue was observed at  $\delta_H$  1.71 (dd, 2.0, 13.0 Hz, H-10 $\beta$ ) and  $\delta_H$  1.32 (dd, 11.6, 13.0 Hz, H-10 $\alpha$ ), which coupled to H-9 at  $\delta_H$  2.41 (dd, 2.0, 11.6 Hz). Furthermore, a suspicious downfield shift of C-13 ( $\delta_C$  89.5 versus  $\delta_C$  77.6 in 5) was observed, leading to the assumption that there should be a hydroperoxide group



Number	Substance	R <sub>1</sub>	R <sub>2</sub>	R <sub>3</sub>	R <sub>4</sub>
1	13-hydroperoxyarmillarinin	OOH	H	OCH <sub>3</sub>	Cl
2	melleolide C	OH	OH	OCH <sub>3</sub>	H
3	melleolide H	H	OH	OCH <sub>3</sub>	H
4	melleolide J	H	OH	OCH <sub>3</sub>	Cl
5	melledonal C	OH	OH	OCH <sub>3</sub>	Cl
6	10-hydroxymelleolide	H	OH	OH	H
7	armillararin	H	H	OCH <sub>3</sub>	H

► Fig. 2 Structures of isolated substances.

in this position. Similar shift differences are described, e.g., for peroxides obtained from *Artemisia alba* [26]. For NMR data of **1** see ► Table 2. Thus, **1** was identified as the 13-hydroperoxy derivative of armillarinin [27]. All isolated compounds were described for the first time from the mycelium of *A. ostoyae*. Compound **1** represents an up to now unknown natural product. Other characteristics of isolated compounds can be found in “Characterisation of isolated compounds”.

## Discussion

Species determination within the genus *Armillaria* is very complex, as they represent more of a species aggregate than distinctive species. Sequence analysis showed the mycelial material to cluster in the *A. ostoyae* group, which was therefore taken as the species of the mycelium. From the mycelium of *A. ostoyae*, different metabolites were purified using bioactivity-guided isolation. Dichloromethane extracts from fruiting bodies and mycelium had significant degranulation inhibiting effects on RBL-2H3 cells. Purified compounds **3** and **4** exhibited an inhibition of degranulation in differing potencies, with the halogenated derivate showing a higher potency than the unhalogenated derivate. These compounds potentially contribute to the activity of the extract. Sesquiterpene aryl esters from *Armillaria* sp. were already found to possess antibacterial [10, 16], antifungal [28] and cytotoxic [29,30] effects and to inhibit the growth of lettuce [25]. Inhibition of degranulation of RBL-2H3 cells was observed for the first time in *A. ostoyae*,

► Table 2 NMR data of 13-hydroperoxyarmillarinin (500 MHz,  $\delta$  [ppm],  $J$  [Hz]) in CDCl<sub>3</sub>.

Atom	$\delta_H$	$\delta_C$
1	9.57 s	196.4
2		137.8
3	6.98 s	150.2
4		75.6
5	5.60 t (8.7)	75.3
6	2.11 dd (8.7, 11.1)	32.6
2.04 dd (8.7, 11.1)		
7		37.4
8	1.32 s	22.1
9	2.41 dd (2.0, 11.6)	46.8
10	1.71 dd (2.0, 13.0)	43.6
1.32 dd (11.6, 13.0)		
11		35.9
12	2.38 d (14.5)	52.1
1.71 d (14.5)		
13		89.5
14	1.15 s	30.2
15	1.02 s	31.1
1'		n. d.
2'		106.7
3'		163.3
4'	6.43 s	99.3
5'		159.9
6'		116.2
7'		139.6
8'	2.48 s	20.0
OCH <sub>3</sub>	3.90 s	56.6
3'-OH	11.30 s	

and all purified compounds were also isolated from the mycelium of *A. ostoyae* for the first time.

Extracts and the pure compounds **3** and **4** exhibited certain cytotoxic activity. In the extracts, cytotoxicity was time dependent and stronger after 24 h than after 1 h. After 1 h, the IC<sub>50</sub> for cytotoxic activity was one order of magnitude higher than the IC<sub>50</sub> of degranulation inhibition. The IC<sub>50</sub> of degranulation inhibition, therefore, is not due to a cytotoxic effect. The enzyme  $\beta$ -hexosaminidase is a membrane-bound enzyme. If the membranal function is disturbed because of cell damage, the enzyme would no longer be placed in the membrane, but dissolved in the supernatant, resulting in a higher activity. This effect is used for standardisation of the test, as the  $\beta$ -hexosaminidase activity of the cell lysis is set to 100%. The effect also is not caused by direct inhibition of the reporter  $\beta$ -hexosaminidase, as extracts and substances showed no significant inhibition of this enzyme (data not shown).

*A. ostoyae* is an edible mushroom, but should be cooked before consumption to avoid gastrointestinal problems. Honey mush-

rooms are widely used as food and until now, no toxicological risks have been reported. Through the intake of *A. ostopayae*, no problematic health issues should emerge. Also, cytotoxicity has already been observed in this mushroom. In the future, *A. ostopayae* could play a supporting role in the therapy of allergies.

## Materials and Methods

### Cell lines, chemicals, and biochemicals

Adherent RBL-2H3 cells were obtained from DSMZ (Braunschweig, Germany). Cells were cultured in DMEM (Sigma; PAA) with 1% penicillin/streptomycin (Sigma) and 8% FCS (Sigma). Cells were incubated at 37 °C in a humidified atmosphere with 95% air and 5% CO<sub>2</sub>.

The composition of Tyrode's buffer was as follows [31]: NaCl 130 mM, KCl 5 mM, CaCl<sub>2</sub> × 2H<sub>2</sub>O 1.4 mM, MgCl<sub>2</sub> × 6H<sub>2</sub>O 1 mM, HEPES 10 mM, glucose 5.6 mM, BSA 0.1% or 0.1 mL/L of a 7.5% BSA solution (Sigma). Anti-DNP IgE antibody was also obtained from Sigma (D8406).

### Fungal material and species determination

Fresh fruiting bodies of *A. ostopayae* were collected in a forest near Greifswald, Germany (54°7' 31.51'' N; 13°18' 30.46'' E), within an environment consisting mainly of coniferous trees. Fruiting bodies were cut in pieces, washed, frozen, and lyophilised. A voucher specimen is stored at the Institute of Pharmacy of the Ernst-Moritz-Arndt University Greifswald (no. AoFrK\_PMIO). Mycelium of *A. ostopayae* was available from the mushroom collection of the Institute of Pharmacy of the Ernst-Moritz-Arndt-University Greifswald (no. AoM\_PMIO), Germany and cultivated for 3 weeks in Hagem medium pH 5.4 (composition: ammonium succinate 0.5 g, KH<sub>2</sub>PO<sub>4</sub> 0.5 g, MgSO<sub>4</sub> × 7H<sub>2</sub>O 0.5 g, 1% FeCl<sub>3</sub> solution 0.5 mL, glucose 5 g, malt extract R2 5 g, Aq. dest. 1 L) at room temperature in a day-night rhythm, filtered from the culture broth, frozen, and freeze-dried. Before extraction, freeze-dried fruiting bodies and mycelium were ground to a powder. The extraction of fungal DNA, PCR of the fungal ITS rDNA, the official fungal barcode [32], and Sanger sequencing followed approved protocols [33]. DNA was extracted using a CTAB/chloroform/isomyl alcohol/isopropanol protocol. After extraction and drying of DNA, amplification of the ITS region of the ribosomal DNA was done by PCR applying standard concentrations and conditions on a Mastercycler: 15.64 µL ddH<sub>2</sub>O, 5 µL Mango buffer, 1.7 µL or 50 mM MgCl<sub>2</sub> solution, 0.5 µL 10 mM dNTP, 0.5 µL of each primer (10 pM), 0.16 µL Taq DNA polymerase (5 U/µL), and 1 µL template DNA. Time program: 5 min at 94 °C, followed by 35 cycles 35 s at 94 °C, 50 s at 52 °C, 90 s at 72 °C, and 5 min at 72 °C in the end. The PCR product was run on 0.8% agarose gel. Sequencing was done in the Botanical Institute of the Ernst-Moritz-Arndt University Greifswald, Germany.

Published sequences were exported from GenBank [34], aligned by MAFFT [35,36], and converted with Mesquite [37] into a NEXUS-file for the calculation of a phylogeny in MrBayes and RAxML. Graphical illustration was done by SeaView [38], MEGA [39], or TreeViewX 0.5 [40]. Species determination was realised with field observations (e.g., densely growing basidiomata, pres-

ence of rhizomorphs) and with macroscopic characteristics of fresh material (annulus, colorisation). ITS sequences were matched against published sequences. Similarity analysis with MrBayes (Bayesian inference approach) [41] and RAxML (Maximum likelihood approach) [42,43] was used to confirm the secure placement of the own sequence within a clade of publicly available and published sequences of *A. ostopayae* (graphics can be found in Supporting Information).

### Extraction of biomass and isolation of compounds

For preparation of the extracts for biological testing, biomass (fruiting bodies: ca. 25 g, mycelium: ca. 15 g) was extracted for 24 h with 500 mL solvent in a 250-mL Soxhlet apparatus. Successive extraction was in the order dichloromethane, methanol, water. Extracts were filtered through filter paper, the volume decreased under reduced pressure. Drying was done by evaporation of dichloromethane and methanol, followed by lyophilisation when the extracts were not completely dry. Water extracts were dried by lyophilisation only.

Extraction with succeeding isolation of the compounds was done with 500 mL dichloromethane in 1 L glass flasks at room temperature for 3 × 24 h. The solvent volume was 500 mL for each step. Extracts were filtered through filter paper and the volume decreased under reduced pressure at a temperature of ca. 40 °C. Drying was done by evaporation of dichloromethane at room temperature.

Sesquiterpene aryl esters were isolated from the dichloromethane extract (893 mg) prepared by the flask method. The biomass was extracted with 500 mL dichloromethane in a 1-L glass flask at room temperature for 3 × 24 h. Extracts were filtered through filter paper and the volume decreased under reduced pressure at a temperature of ca. 40 °C. Drying was done by evaporation of dichloromethane at room temperature. After that, a fractionation by column chromatography on silica gel 0.040–0.063 mm (Merck; ca. 155 g stationary phase, column dimensions: diameter 3 cm, height 41 cm) with an *n*-hexane/ethanol/dichloromethane/methanol (elution steps: *n*-hexane; *n*-hexane/ethanol 80:20; dichloromethane/methanol 90:10; methanol) gradient took place, yielding 5 fractions. Fractions 2, 3, and 4 (101 mg) were combined and subjected to another column chromatography on silica gel (ca. 50 g stationary phase, column dimensions: diameter 2 cm, height 39 cm) with a toluene/acetone gradient (toluene/acetone 90:10, 75:25, 50:50, methanol), resulting in 11 fractions. Isolation of methyl linoleate from the dichloromethane extract (749 mg) prepared at room temperature was done by C18E SPE (20 g cartridge; Phenomenex) with elution by an isopropanol/water gradient (elution steps: isopropanol 60%; isopropanol 70%; isopropanol 80%; isopropanol). The 70% isopropanol fraction (85 mg) was further purified by semipreparative HPLC, the last purification step for all substances. A Luna® C5 250 × 10 mm column, particle size 5 µm, 100 Å (Phenomenex) was used as the stationary phase. The mobile phase consisted of water as A and acetonitrile as B (VWR) in the gradient elution. In the later work, an addition of 0.1% formic acid to acetonitrile was used. The flow rate was 4 mL/min, and the detection channels were 190 nm and 272 nm. The time program was as follows: % B (time): 60 (0 min), 80 (23.5 min), 100 (24.5 min), 100 (29.5 min),

60 (31.5 min), 60 (37 min). The gradient was modified or shortened when possible, whereas the gradient slope was the same in all runs. The time program was as follows: % B (time) in isolation of methyl linoleate: 78 (0 min), 92 (23.5 min), 100 (24.5 min), 100 (29.5 min), 78 (31.5 min), 78 (37 min). After isolation, substances were tested for purity by HPLC with foregoing gradients.

### Characterisation of isolated compounds

$^1\text{H}$  NMR spectra were recorded at 400 MHz and 27 °C; solvent deuteriochloroform. 2D spectra were measured at 500 MHz, 27 °C; solvent deuteromethanol or deuteriochloroform. High-resolution mass spectra were obtained from a maXis 4G TOF-MS system (Bruker) by flow injection analysis of the compounds. The CD spectrum in the wavelength range of 200–400 nm of 13-hydroperoxyarmillarinin was measured with a JASCO T-810 system (JASCO) using isopropanol as the solvent. The IR spectrum of 13-hydroperoxyarmillarinin was recorded on an Alpha FTIR spectrometer (Bruker). Spectral data of the known compounds can be found in the literature indicated.

Compound 1 from fraction 1 (1.4 mg): Resin. UV [ $\text{L} \times \text{mol}^{-1} \times \text{cm}^{-1}$ ]:  $\epsilon_{219} = 8272$ ,  $\epsilon_{238} = 4440$ ,  $\epsilon_{271} = 1678$ ,  $\epsilon_{283} = 1206$ ,  $\epsilon_{326} = 617$ . CD [ $1 \times \text{mol}^{-1} \times \text{cm}^{-1}$ ]:  $\Delta\epsilon_{219} = 0.29$ ,  $\Delta\epsilon_{238} = -0.91$ ,  $\Delta\epsilon_{271} = 0.023$ ,  $\Delta\epsilon_{283} = -0.044$ ,  $\Delta\epsilon_{326} = 0.34$ . Absolute configuration was as described by Kobori et al. [25]. IR  $\nu$  [ $1 \times \text{cm}^{-1}$ ]: 1726 s (C=O st, Ester), 1666 s (C=O st, aldehyde), 2926 m (=CH st), 2854 m (-CH st), 3353 b (O-H st, coordinated). Monoisotopic mass 480.1551. (+)-HRESIMS 503.1443 [ $\text{M} + \text{Na}^+$ ] ( $\delta = -0.040$  ppm). Molecular formula  $\text{C}_{24}\text{H}_{29}\text{ClO}_8$ .

Compound 2 from fraction 7 (3.6 mg) [10]: Monoisotopic mass 446.1941. Resin. (-)-HRESIMS 445.1864 [ $\text{M} - \text{H}^+$ ] ( $\delta = -0.880$  ppm). Molecular formula  $\text{C}_{24}\text{H}_{30}\text{O}_8$ .

Compound 3 from fraction 4 (11.9 mg) [11]: Monoisotopic mass 430.1992. Resin. (+)-HRESIMS 453.1881 [ $\text{M} + \text{Na}^+$ ] ( $\delta = -0.619$  ppm). Molecular formula  $\text{C}_{24}\text{H}_{30}\text{O}_7$ .

Compound 4 from fraction 4 (13.7 mg) [25]: Monoisotopic mass 464.1602. Resin. (+)-HRESIMS 487.1494 [ $\text{M} + \text{Na}^+$ ] ( $\delta = -1.133$  ppm). Molecular formula  $\text{C}_{24}\text{H}_{29}\text{ClO}_7$ .

Compound 5 from fraction 6 (3.3 mg) [12]: Monoisotopic mass 480.1551. Resin. (-)-HRESIMS 479.1478 [ $\text{M} - \text{H}^+$ ] ( $\delta = -0.116$  ppm). Molecular formula  $\text{C}_{24}\text{H}_{29}\text{ClO}_8$ .

Compound 6 from fraction 7 (2.9 mg) [15]: Monoisotopic mass 416.1835. Resin. (-)-HRESIMS 415.1755 [ $\text{M} - \text{H}^+$ ] ( $\delta = -1.734$  ppm). Molecular formula  $\text{C}_{23}\text{H}_{28}\text{O}_7$ .

Compound 7 from fraction 4 (2.4 mg) [22]: Resin. Monoisotopic mass 414.2042. (+)-HRESIMS 437.1935 [ $\text{M} + \text{Na}^+$ ] ( $\delta = 0.093$  ppm). Molecular formula  $\text{C}_{24}\text{H}_{30}\text{O}_6$ .

Compound 8 from fraction 4 (3.9 mg) [25]: Resin. Monoisotopic mass 448.1653. (+)-HRESIMS 471.1548 [ $\text{M} + \text{Na}^+$ ] ( $\delta = 0.693$  ppm). Molecular formula  $\text{C}_{24}\text{H}_{29}\text{ClO}_6$ .

Compound 9 was isolated by C18 SPE followed directly by semipreparative HPLC (3.6 mg): Oil. Molecular formula  $\text{C}_{19}\text{H}_{34}\text{O}_2$ .

### Degranulation assay

After trypsinisation, the cell concentration was adjusted to  $5 \times 10^5$  cells/mL with DMEM. Four hundred  $\mu\text{L}$  of this suspension were given into a well of a 24-well plate (i.e.,  $2 \times 10^5$  cells/well). Subsequently, 100  $\mu\text{L}$  of a 495 ng/mL solution of IgE in PBS (phosphate

buffered saline) (without Ca and Mg, PAA) were added into the wells for the determination of the positive control and test samples, and 100  $\mu\text{L}$  PBS (without Ca and Mg) were added into the wells for determination of spontaneous degranulation and cell lysis. Cells were incubated overnight at 37 °C in a humidified atmosphere with 95% air and 5%  $\text{CO}_2$ .

The supernatant was removed and the cells were washed with 500  $\mu\text{L}$  of Tyrode's buffer. Then, 497  $\mu\text{L}$  (for testing of raw extracts) or 498  $\mu\text{L}$  (fractions and purified compounds) were added to the wells for tests samples, 500  $\mu\text{L}$  for the positive control ("pos"), and 510  $\mu\text{L}$  for the determination of spontaneous degranulation ("neg"). In the wells for cell lysis, 510  $\mu\text{L}$  of a 0.1% solution of Triton X-100 in Tyrode's buffer was pipetted. Cells were incubated for 10 min. Then, 3  $\mu\text{L}$  (raw extracts) or 2  $\mu\text{L}$  (fractions, purified compounds) of test samples were added into corresponding wells followed by incubation for 10 min. Cell stimulation was done by 10  $\mu\text{L}$  of a 50  $\mu\text{g}/\text{mL}$  solution of DNP-HSA (Sigma) in PBS for all cells except those for spontaneous degranulation and cell lysis. A blank was measured with 510  $\mu\text{L}$  Tyrode's buffer without cells.

For the  $\beta$ -hexosaminidase assay, 50  $\mu\text{L}$  of the supernatant of each well were transferred to a 96-well plate and 50  $\mu\text{L}$  of the  $\beta$ -hexosaminidase substrate p-NAG, 1.2 mM in 0.1 M sodium acetate buffer (pH 4.5), were added followed by incubation for 2 h. The reaction was stopped with 150  $\mu\text{L}$  of 0.4 M glycine buffer pH 10.7 (glycine was from Merck). Absorption was measured in a microtitre plate reader (BMG Labtech) at 405 nm. From all values, the blank was subtracted. An  $\text{IC}_{50}$  value was determined for the reference substance quercetin (purity  $\geq 95\%$ ; Sigma).

For determination of the direct inhibition of  $\beta$ -hexosaminidase, after seeding of the cells, 100  $\mu\text{L}$  PBS (without Ca and Mg, PAA) were added to each well. After incubation overnight, cells were washed with 500  $\mu\text{L}$  of Tyrode's buffer and 0.1% Triton X-100 (Sigma) solution in Tyrode's buffer and added as follows: 510  $\mu\text{L}$  for cell lysis and blank, 508  $\mu\text{L}$  to the wells destined for test samples. After incubation for 10 min, 2  $\mu\text{L}$  of test samples were added, followed by incubation for 10 + 30 min (time period necessary for the degranulation assay). Fifty  $\mu\text{L}$  of the supernatant were transferred to a 96-well plate for determination of  $\beta$ -hexosaminidase activity as described above.

### Neutral red uptake assay

The assay was conducted in a 96-well plate. In brief, 15000 cells suspended in 100  $\mu\text{L}$  medium were sown into each well. Wells on the periphery of the plate were filled with medium only, followed by incubation overnight. On the next day, the medium was removed from all wells and in all columns, except for columns 3 and 11, 150  $\mu\text{L}$  of medium were added. Columns 3 and 11 were filled with 100  $\mu\text{L}$  of medium. Into column 4, 150  $\mu\text{L}$  of test sample were given and mixed thoroughly. Then, 150  $\mu\text{L}$  of the mixture were transferred from column 4 to column 5, mixed thoroughly and 150  $\mu\text{L}$  was transferred to column 6, etc. From the last column, 150  $\mu\text{L}$  were removed and discarded. Into column 3, 50  $\mu\text{L}$  of the positive control (etoposid in medium) were pipetted, and into column 11, 50  $\mu\text{L}$  of the solvent in the concentration used in column 3 were pipetted. Cells were incubated for 24 h. Subsequently, the medium was removed and cells were washed with

200  $\mu\text{L}$  of HBSS (Sigma). Into all wells, 100  $\mu\text{L}$  of a solution of neutral red in medium were added and cells were incubated for 3 h. Neutral red can be accumulated by living cells only. After the incubation period, the neutral red solution was aspirated and cells were washed two times with 100  $\mu\text{L}$  HBSS each. Next, 100  $\mu\text{L}$  ethanol/glacial acetic acid solution were added to each well for cell lysis and dissolution of the dye. Microwell plates were shaken for 45 min, followed by absorption measurement at 540 nm in a microtitre plate reader (BMG Labtech). An  $\text{IC}_{50}$  value of cytotoxicity was reported for the reference substance etoposid (purity  $\geq 98\%$ ; Sigma).

For testing of an effect of substances, extracts, or fractions after 1 h, cells were incubated for 48 h after seeding. Then the test was conducted as described above.

### Statistical analysis

Determination of  $\text{IC}_{50}$  values was done with the software GraphPad Prism<sup>®</sup> version 6 using nonlinear regression with four parameters and a variable slope option. Significance was tested by unpaired Welch's t-test.

### Supporting information

Graphics from RAXML and MrBayes for species determination of the mycelium of *A. ostoyae* (Fig. S1–S2), CD, ATIR, and UV spectra and  $^1\text{H}$ - as well as  $^1\text{H}, ^1\text{H}$ -COSY NMR spectra of **1** (Fig. S3–S8), and LC chromatograms of crude extracts and active fractions (Fig. S9–S11) are available as Supporting Information.

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### Conflict of Interest

The authors declare no conflict of interest.

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