Endoscopic biliary stenting is a useful and safe technique for malignant biliary obstructions. A plastic stent is frequently used because of its low cost and ease of deployment. However, it is occasionally difficult to remove a plastic stent because of severe stricture. We describe a rescue technique for immovable plastic stents, using a diathermic dilator in a case of perihilar biliary obstruction.

A 63-year-old woman with jaundice due to hilar biliary obstruction was referred to our hospital. A diagnosis of gallbladder cancer was made from findings of a thickened gallbladder wall and massive ascites revealed by computed tomography (▶Fig.1) and magnetic resonance cholangiopancreatography (▶Fig.2). For biliary decompression and pathological confirmation, endoscopic retrograde cholangiography (ERC) was performed, and a 7-Fr plastic stent was placed (▶Fig.3, ▶Video1).

The patient underwent a second ERC 4 days later because of elevated biliary enzymes. The plastic stent could not be removed using forceps and snares, and the torn-off stent was left in place (▶Fig.4). Although needle-knife sphincterotomy was performed to expose the residual plastic stent, the stent could not be grasped. A 0.025-inch guidewire could be advanced alongside the plastic stent, but a sphincterotome (CleverCut 3V; Olympus, Tokyo, Japan) could not. Successful dilation of the perihilar biliary stricture was achieved by advancing a 6-Fr wire-guided diathermic dilator (Cysto-Gastro-Set; Endo-Flex GmbH, Voerde, Germany) (▶Fig.5). However, the remaining plastic stent also migrated. Thus, a 10-mm lumen partially covered, self-expandable, metallic stent (WallFlex biliary stent; Boston Scientific Japan, Tokyo, Japan) was deployed alongside the plastic stent (▶Fig.6).

In cases of malignant biliary stricture, removal of a plastic stent is time-consuming and might cause complications. The

Rescue technique using a diathermic dilator for an unremovable stent in malignant perihilar biliary obstruction

▶ Fig. 1 Contrast-enhanced computed tomography showed a thickened gallbladder wall and massive ascites.

▶ Video 1: A plastic stent was placed during the first endoscopic retrograde cholangiography (ERC) for malignant perihilar biliary obstruction. At the second ERC, the plastic stent could not be removed and a sphincterotome could not be advanced through the perihilar biliary obstruction. However, a 6-Fr diathermic dilator could be advanced beyond the perihilar biliary obstruction. Finally, a partially covered, self-expandable, metallic stent was placed successfully alongside the plastic stent.
usefulness of a diathermic dilator for severe biliary strictures has been reported [1–5]. The use of diathermic dilation is also an effective rescue technique for unremovable occluded plastic stents.

Competing interests

None

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▶ Fig. 4 Endoscopic images. a Snaring of the plastic stent after precut sphincterotomy with a needle-knife. b The torn-off plastic stent was left in place.

▶ Fig. 5 Radiographic images. a A 0.025-inch guidewire was advanced alongside the plastic stent (inset: endoscopic view). b, c A 6-Fr diathermic dilator was advanced alongside the perihilar biliary stricture (inset: endoscopic view).
Fig. 6 Radiographic images showing the partially covered, self-expandable, metallic stent placed over the stricture alongside the plastic stent.

References


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