Technical feasibility of line-assisted complete closure technique for large mucosal defects after colorectal endoscopic submucosal dissection

Introduction
Colorectal endoscopic submucosal dissection (C-ESD) is a promising, minimally invasive treatment developed as an alternative to surgery. It allows removal of large superficial colorectal tumors en bloc. However, this may result in the creation of a large mucosal defect, which sometimes causes adverse events (AEs), such as bleeding, perforation, and electrocoagulation syndrome [1, 2]. Preventing those AEs is important for improving the safety and applicability of C-ESD. Complete closure of such artificial mucosal defects has been reported to reduce those complications after colorectal endoscopic resection [3, 4]. However, complete closure of large mucosal defects after C-ESD is considered impossible in most cases because of the limited width of the open clip. We therefore invented a simple closure technique using clip-and-line, named “line-assisted complete closure (LACC)”, and assessed its technical feasibility.

Patients and methods
Patients
Between January and February 2016, 28 patients underwent C-ESD at Osaka Medical Center for Cancer and Cardiovascular Diseases. Of these, 11 cases were performed or supervised by 1 endoscopic specialist (Y. T.), who invented LACC technique, and all the consecutive 11 cases underwent LACC after C-ESD and included them in this retrospective feasibility study. Outcome measures were procedural success rate, procedure time, and post-procedural complications.

Results
The median size of the resected specimen was 36 mm (range 30–72 mm). Procedural success was achieved in 10 of 11 cases (91%). Those 10 cases required a median of 9 endoclips (range 6–12) for complete closure. Median procedure time for LACC was 14 minutes (range 6–22). No complications were observed in any of the cases after the procedure.

Conclusion
LACC is a simple and feasible technique for complete closure of large mucosal defects after C-ESD.
globin level of more than 2 g/dL following C-ESD. Post-ESD perforation was defined as no perforation during the C-ESD procedure, followed by sudden appearance of symptoms of peritoneal irritation after the procedure, with the presence of free air on abdominal computed tomography (CT) or X-ray. A diagnosis of post-ESD electrocoagulation syndrome (PECS) was made if the patients presented with localized abdominal pain and fever (≥37.6 °C) or inflammatory response (leukocytosis [≥10,000 cells/µL], increased C-reactive protein [≥0.5 mg/dl]), after C-ESD in the absence of visualized perforation on abdominal CT. This study was approved by the ethics committee at Osaka Medical Center for Cancer and Cardiovascular Diseases.

**Line-assisted complete closure (LACC)**

The LACC procedure was conducted immediately after completion of C-ESD using a colonoscope (PCF-Q260AZI, PCF-Q260JI, or CF-Q260DI; Olympus, Tokyo, Japan) with a distal attachment (D-201–13404 or D-201–11804; Olympus), without withdrawal and reinsertion of the colonoscope. The LACC procedure was performed in a uniform, standardized fashion as we previously described ([Fig. 1](#), [Fig. 2](#), [Fig. 3](#), [Video 1](#)) [5]. At first, a long nylon line (e.g., a fishing line) was tied to the teeth of an endoclip (HX-610–090; Olympus), which was attached to
an applicator (HX-110LR, Olympus; [Fig. 1]). Based on a previous report, it was important not to open the endoclip fully at this moment [6]. The endoclip-and-line was then retracted into the applicator, and the applicator was inserted into the accessory channel. The endoclip-and-line was then placed on the normal mucosa, 5 mm from the proximal margin of the wound ([Fig. 2a]). Another endoclip without a line was then inserted through the accessory channel ([Fig. 2b]) and anchored to the other side of the normal mucosa ([Fig. 2c]). Both sides of the wound were gathered by gently pulling the anchored line ([Fig. 2d]). Additional endoclips were placed to achieve complete closure ([Fig. 2e]). Multiple endoclip-and-lines can be applied on demand, because LACC does not require withdrawal and reintroduction of a colonoscope. Only 1 assistant is needed to hold the line while clipping. The line tied to the endoclip was finally cut using scissor forceps (FS-3L-1; Olympus, [Fig. 2f]).

Results

Patient characteristics and outcomes of LACC are shown in [Table 1]. Two lesions were located in the cecum, 4 in the ascending colon, 2 in the transverse colon, 2 in the sigmoid colon, and 1 in the rectum. C-ESD was successfully accomplished without perforation in all cases. Median size of the resected specimen was 36 mm (range 30–72). Procedural success was achieved in 10 of 11 cases (91%). These 10 cases required a median of 9 endoclips (range 6–12) for complete closure. Median procedure time for LACC was 14 minutes (range 6–22). No complications after the procedure were observed in any of the cases. LACC failed in 1 case, in which the lesion was located at a flexure of the sigmoid colon.
<table>
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<tr>
<th>Patient</th>
<th>Sex</th>
<th>Age, years</th>
<th>Location</th>
<th>Size of resected specimen, mm</th>
<th>Procedural success</th>
<th>Number of clips used, n</th>
<th>Procedure time, min</th>
<th>Post-ESD bleeding</th>
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ESD, endoscopic submucosal dissection
Discussion

In the current study, our newly developed closure technique, LACC, was successfully carried out on most of the patients with an acceptable procedure time. We could manage to close a large mucosal defect of up to 70 mm in diameter using this technique. Our results indicate that LACC is a feasible technique for closing large mucosal defects after C-ESD.

Various clip closure techniques have been reported to date, for example, a method using the “8-ring” [8], and techniques using clips and line named “loop clip” [9, 10] and “slip knot clip suturing” [11]. In contrast with our technique, the “8-ring” technique requires the special device which is not always available. The “loop clip” technique requires only clips and line, which is the same as our technique; however, it needs one more step to make a nylon loop for preparation compared with our simple technique. In addition, because our technique can pull the line, we can change a field of vision for additional clipping. The “slip knot clip suturing” method is similar to our technique; however, making a slip knot loop is a complicated and time-consuming process compared with our way of clip-and-line preparation (> Fig.1). The authors also reported a simpler technique later, which is very similar to our technique, almost at the same time we first reported about LACC [5, 12]. As the later report was just a case report and their outcomes were never disclosed, we consider that this is the first report to assess the feasibility of this simple closure technique.

The over-the-scope clip (OTSC) system (Ovesco Endoscopy, Tübingen, Germany) is now commercially available and may be another option for closing large artificial mucosal defects of the gastrointestinal tract [13, 14]. However, it is not always applicable to colorectal lesions because to apply this method, the colonoscope needs to be withdrawn after C-ESD to mount the applicator cap of the OTSC system. In contrast, LACC technique does not require withdrawal and reinsertion of the colonoscope after C-ESD, which is the biggest advantage of LACC, especially for proximal colonic lesions or patients with difficult endoscopic intubation.

In this study, we successfully closed all the mucosal defects in proximal colon (2 in cecum and 4 in ascending colon), and there were no technical difficulties in performing LACC in such locations. However, we failed to achieve complete closure in 1 case, in which the lesion was located at the flexure of the sigmoid colon. This was because the maneuverability and stability of the colonoscope were poor in that particularly narrow and winding location of the colon. In the failed case, instability of the colonoscope caused too much traction to the clip-and-line device, which consequently result in clip detachment. Applying a shielding method using polyglycolic acid sheets (Neoveil; Gunze Co., Kyoto, Japan) with fibrin glue (Beri-plast P 3-ml Combi-Set; CSL Behring Pharma, Tokyo, Japan) might be easier than clip closure in such difficult locations [15, 16]. Our method achieves a tight closure by gathering the mucosa directly by pulling the line, even in cases in the rectum, which is thought to have less wall mobility. Of course, the procedure for a large lesion was a bit difficult and required more time. However, by using multiple clip-and-line devices, we also managed to close a 40-mm mucosal defect resulting from gastric ESD [17].

We did not experience any post-ESD complications in the 10 patients in whom we achieved complete closure of the large mucosal defect. Although some studies showed that complete closure of large artificial mucosal defects reduces complications after colorectal endoscopic resection [3, 4], further investigation is required to clarify whether complete closure really results in a clinical benefit. We previously reported that rates of delayed perforation and bleeding after C-ESD were not high (1.0 % and 3.0%, respectively), however, incidence of PECS, which required a longer fasting period and hospital stay after C-ESD, was 9.5 % [2]. Therefore, we consider that preventing PECS is an important issue, and complete closure by LACC has the potential to solve the problem. Of course, taking into account cost-effectiveness, it might be reasonable to apply the technique only to high-risk cases for PECS, such as female patients with large tumor located in the ascending colon or cecum [2]. In fact, we have started a prospective, randomized controlled trial to elucidate whether LACC is effective in reducing incidence of PECS in such a high-risk population.

This feasibility trial is limited by its small sample size and retrospective design; thus, we cannot state that it yielded clinical benefits at the moment. However, the high procedural success rate and relatively short procedure time showed its technical feasibility. Also, the optimal line for this technique should be considered. LACC requires additional clipping through an endoscopic channel with an inserted line for clip-and-line device. Because a thick line would disturb repeat insertion of the endoclip applicator, dental floss is not an optimal line for LACC. Because the line used in LACC does not suture colonic mucosa directly, we believe that a fishing line would be acceptable, but using a surgical suture thread would warrant the safety of the procedure.

Conclusion

In conclusion, LACC is feasible for complete closure of large mucosal defects after C-ESD. We consider that this simple method is valuable and should be further assessed to determine its clinical benefit.

Competing interests

None

References


