Detection of Ganoderic Acid A in *Ganoderma lingzhi* by an Indirect Competitive Enzyme-Linked Immunosorbent Assay

**Authors**

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**Key words**

- *Ganoderma lingzhi*
- *Ganodermataceae*
- enzyme-linked immunosorbent assay
- ganoderic acid A (GAA)
- monoclonal antibody
- quality control

**Abstract**

*Ganoderma* is a genus of medicinal mushroom traditionally used for treating various diseases. Ganoderic acid A is one of the major bioactive *Ganoderma* triterpenoids isolated from *Ganoderma* species. Herein, we produced a highly specific monoclonal antibody against ganoderic acid A (MAb 12 A) and developed an indirect competitive ELISA for the highly sensitive detection of ganoderic acid A in *Ganoderma lingzhi*, with a limit of detection of 6.10 ng/mL. Several validation analyses support the accuracy and reliability of the developed indirect competitive ELISA for use in the quality control of *Ganoderma* based on ganoderic acid A content. Furthermore, quantitative analysis of ganoderic acid A in *G. lingzhi* revealed that the pileus exhibits the highest ganoderic acid A content compared with the stipe and spore of the fruiting body; the best extraction efficiency was found when 50% ethanol was used, which suggests the use of a strong liquor to completely harness the potential of *Ganoderma* triterpenoids in daily life.

**Abbreviations**

- BSA: bovine serum albumin
- CRs: cross-reactivities
- CV: coefficient of variation
- GAA: ganoderic acid A
- iELISA: indirect competitive enzyme-linked immunosorbent assay
- MAb: monoclonal antibody
- OVA: ovalbumin

**Supporting information** available online at http://www.thieme-connect.de/products

**Introduction**

Medicinal mushrooms belonging to the genus *Ganoderma* (Ganodermataceae) are known as “Lingzhi” and “Reishi” in China and Japan, respectively. They are a group of wood-degrading mushrooms with hard fruiting bodies comprising a pileus, spore, and stipe [1]. For over a century, *Ganoderma* species have been traditionally used as a Chinese medicinal mushroom for the treatment of hepatitis [2, 3], cancer-related fatigue and immune functions [4, 5], neurasthenia [6], and cancer [7], where *Ganoderma* extract has been shown to have anticancer activity against MCF-7 and MDA-MB-231 breast cancer cells [8, 9], 95-D lung cancer cells [10], PC-3 prostate cancer cells [9], and HUC-PC and MTC-11 bladder cancer cells [11]. To date, more than 100 ganoderic acids, a kind of highly oxygenated C30 lanostane-type triterpenoid, have been isolated from *Ganoderma* species [1] and they were active forms that exert various pharmacological activities, as mentioned above. Among them, GAA (Fig. 1) is of great interest as it is abundantly present in *Ganoderma* species [12, 13]. It has also been reported to suppress the growth and invasive behavior of the human breast cancer cell line MDA-MB-231. This is accomplished through the downregulation of the expression of cyclin-dependent kinase 4, which regulates the G_{1}/G_{0} phase in the cell cycle, and through the inhibition of activator protein-1/nuclear factor-κB-dependent secretion of urokinase-type plasminogen activators, which control cell adhesion and migration [14]. Furthermore, GAA enhances the chemosensitivity of the HepG2 human liver cancer cells to cisplatin through the inhibition of IL-6-induced signal transducers and the activation of transcription 3 phosphorylation in HepG2 cells via suppression of JAK1 and JAK2.

* These authors contributed equally to this work.

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Results and Discussion

Titers of antibodies in serum obtained from BALB/c mice hyper-immunized by GAA-BSA conjugates were investigated by indirect ELISA. The antibody titer against GAA-OVA conjugates increased as the booster number increased, suggesting that the GAA-BSA conjugates worked as immunogens; however, Erlanger reported that the optimal hapten number is between 8 and 25 molecules for BSA conjugates [19]. After performing cell fusion of splenocytes with myeloma cells using the polyethylene glycol (PEG) method and subsequent screening through limited dilution methods, one hybridoma cell line (12 A) producing MAb reactive to GAA was obtained.

An isotyping test using an IsoStrip Mouse Monoclonal Antibody Isotyping Kit (Roche Diagnostics) revealed that MAb 12 A was classified as IgG1, which have κ light chains. After MAb 12 A was purified from the supernatant of selected hybridoma clone 12 A using a Protein G FF column, the purity of MAb 12 A was determined to be 76.8% through the method proposed by Bradford using a pure mouse IgG goat antibody as a standard protein [20]. Characterization of MAb 12 A was mainly performed using ELISA. Primarily, the reactivity of MAb 12 A against GAA-OVA conjugates (2 μg/mL) was analyzed by indirect ELISA to optimize their concentration for further icELISA. The reactivity response curve drawn by plotting absorbance against the logarithm of the MAb 12 A concentration revealed that MAb 12 A reacts with GAA-OVA conjugates in a concentration-dependent manner (Fig. 2). When the concentrations of MAb 12 A for icELISA were evaluated with an absorbance of approximately 1.0 at 405 nm, 500 ng/mL was found to be the optimal concentration for the primary antibody. Subsequently, icELISA was performed to investigate the inhibitory activity of MAb 12 A against free GAA. Serially double-diluted concentrations of free GAA were incubated with MAb 12 A (500 ng/mL). Competitive binding was observed for the MAb 12 A bound to either free GAA or the GAA-OVA conjugates, and vice versa; therefore, the absorbance decreased as the MAb 12 A concentration increased in a logarithmic manner. The icELISA revealed that the IC₅₀ and detectable range of GAA are 37.6 ng/mL and 6.10–195 ng/mL, respectively (Fig. 3).

Currently, LC-MS/MS has been developed to investigate the pharmacokinetics and oral bioavailability of GAA with a lower LOD of 0.50 ng/mL [16] and 5.83 ng/mL [17]. Although the LOD obtained in the icELISA is slightly higher than that of the LC-MS/MS system, the LOD is sufficient for the determination of GAA in Ganoderma.

CRs of antibodies are the most important factor influencing the accuracy of the quantitative analysis when icELISA is developed. Since Ganoderma contains large amounts of C30 lanostane-type triterpenoids, CRs against structure-related compounds need to be evaluated; the CRs against each compound were calculated using the ratio of IC₅₀ of GAA to that of the test compounds. Therefore, 32 types of Ganoderma triterpenoids were selected as test compounds (Table 1). The results revealed that MAb 12 A possesses high selectivity to GAA as the highest CRs were obtained from ganoderenic acid A with CRs of 3.69%. The difference between GAA and ganoderenic acid A is the presence of a double bond at C₂₀,₂₂, which suggests that MAb 12 A can specifically recognize GAA molecules with only a slight difference between the...
single and double bonds on the side chain. The results of the CRs test raised the possibility that MAb 12 A can be instrumental for the detection of GAA in *Ganoderma*.

To confirm the accuracy of the developed icELISA for the detection of GAA, the intra- and inter-assay precisions were investigated using six detectable ranges of GAA (6.10, 12.2, 24.4, 48.8, 97.5, and 195 ng/mL). To determine the intra-assay precision, the CV values were obtained between wells (n = 6) of the same plate, whereas these values were obtained from different plates (n = 3) for the inter-assay precision. These results show that the maximum CV for the intra-assay precision is 5.95%, whereas that for the inter-assay precision is 7.97% (Table 2). All CV values were < 10%, indicating that the developed icELISA using MAb 12 A possesses high accuracy (Table 2).

To further evaluate the reliability of the developed icELISA, the correlation of the GAA content in *G. lingzhi* extracts determined by both icELISA and HPLC was investigated. For these samples, extracts were prepared from three parts (pileus, stipe, and spore) of the fruiting body using various concentrations of ethanol (0, 25, 50, 75, and 100%) to assess the effect of the ethanol concentration on the extraction efficiency of GAA. Since *Ganoderma* has been traditionally consumed as liquor for a long time in China, investigation of the extraction efficiency for bioactive *Ganoderma* triterpenoids by variation of the ethanol concentration is of great interest in the field of natural and traditional medicines [21].

Fig. 4 shows the results of the comparative analysis of GAA between icELISA and HPLC, wherein the two data sets showed a good positive correlation with a coefficient of determination of 0.98. This indicates that the developed icELISA using MAb 12 A provides accurate and reliable detection of GAA. Table 3 summarizes the results of the quantitative analysis of GAA prepared from different parts using different ethanol concentrations with icELISA. Consequently, the pileus was found to contain the highest amount of GAA, followed by the stipe and spore; this order was not affected by the ethanol concentration. Interestingly, GAA content in the pileus dramatically decreased when 25%

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**Table 1** CRs of the MAb 12 A against structure-related compounds.

<table>
<thead>
<tr>
<th>Class</th>
<th>Compound</th>
<th>Cross-reactivity (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>C30 lanostanes</td>
<td>ganoderic acid A</td>
<td>100.00</td>
</tr>
<tr>
<td>(Ganoderic acids)</td>
<td>ganoderic acid AM1</td>
<td>&lt; 0.1</td>
</tr>
<tr>
<td></td>
<td>ganoderic acid B</td>
<td>&lt; 0.1</td>
</tr>
<tr>
<td></td>
<td>ganoderic acid C1</td>
<td>0.15</td>
</tr>
<tr>
<td></td>
<td>ganoderic acid C2</td>
<td>0.42</td>
</tr>
<tr>
<td></td>
<td>ganoderic acid C6</td>
<td>&lt; 0.1</td>
</tr>
<tr>
<td></td>
<td>ganoderic acid DM</td>
<td>0.17</td>
</tr>
<tr>
<td></td>
<td>ganoderic acid E</td>
<td>&lt; 0.1</td>
</tr>
<tr>
<td></td>
<td>ganoderic acid H</td>
<td>&lt; 0.1</td>
</tr>
<tr>
<td></td>
<td>ganoderic acid K</td>
<td>0.22</td>
</tr>
<tr>
<td></td>
<td>ganoderic acid LM2</td>
<td>&lt; 0.1</td>
</tr>
<tr>
<td></td>
<td>ganoderic acid N</td>
<td>&lt; 0.1</td>
</tr>
<tr>
<td></td>
<td>ganoderic acid S</td>
<td>&lt; 0.1</td>
</tr>
<tr>
<td></td>
<td>ganoderic acid SZ</td>
<td>&lt; 0.1</td>
</tr>
<tr>
<td></td>
<td>ganoderic acid TN</td>
<td>&lt; 0.1</td>
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<tr>
<td></td>
<td>ganoderic acid T-Q</td>
<td>&lt; 0.1</td>
</tr>
<tr>
<td></td>
<td>ganoderic acid TR</td>
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</tr>
<tr>
<td></td>
<td>ganoderic acid Y</td>
<td>&lt; 0.1</td>
</tr>
<tr>
<td></td>
<td>ganoderic acid Ζ</td>
<td>&lt; 0.1</td>
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<tr>
<td></td>
<td>ganolucidic acid A</td>
<td>&lt; 0.1</td>
</tr>
<tr>
<td></td>
<td>ganoderenic acid A</td>
<td>3.69</td>
</tr>
<tr>
<td></td>
<td>ganoderenic acid C</td>
<td>&lt; 0.1</td>
</tr>
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<td></td>
<td>ganoderenic acid D</td>
<td>0.14</td>
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<tr>
<td></td>
<td>ganoderenic acid F</td>
<td>1.07</td>
</tr>
<tr>
<td></td>
<td>ganoderenic acid H</td>
<td>&lt; 0.1</td>
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<tr>
<td>C30 lanostanes</td>
<td>ganodermanoniodiol</td>
<td>&lt; 0.1</td>
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<tr>
<td>(alcohols)</td>
<td>ganodermanontriol</td>
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<tr>
<td></td>
<td>ganoderol A</td>
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<tr>
<td></td>
<td>ganoderol B</td>
<td>&lt; 0.1</td>
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<tr>
<td></td>
<td>ganoderol F</td>
<td>&lt; 0.1</td>
</tr>
<tr>
<td>C30 lanostanes</td>
<td>lucialdehyde A</td>
<td>&lt; 0.1</td>
</tr>
<tr>
<td>(aldehydes)</td>
<td>lucialdehyde B</td>
<td>&lt; 0.1</td>
</tr>
</tbody>
</table>

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**Table 2** Intra- and inter-assay precision analysis based on CV for determination of GAA by icELISA using MAb 12 A.

<table>
<thead>
<tr>
<th>Concentration of GAA (ng/mL)</th>
<th>CV (%) Intra-assay (n = 6)</th>
<th>Inter-assay (n = 3)</th>
</tr>
</thead>
<tbody>
<tr>
<td>6.10</td>
<td>1.59</td>
<td>1.93</td>
</tr>
<tr>
<td>12.2</td>
<td>5.95</td>
<td>0.75</td>
</tr>
<tr>
<td>24.4</td>
<td>2.79</td>
<td>5.57</td>
</tr>
<tr>
<td>48.8</td>
<td>4.40</td>
<td>5.99</td>
</tr>
<tr>
<td>97.5</td>
<td>2.06</td>
<td>4.31</td>
</tr>
<tr>
<td>195</td>
<td>3.52</td>
<td>7.97</td>
</tr>
</tbody>
</table>

All values represent the mean ± standard deviation (S. D.) for three plates and six replicate wells for each concentration within one plate.

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**Table 3** Determination of GAA prepared from three different parts (pileus, stipe, and spore) using different ethanol concentrations (0, 25, 50, 75, and 100%) by developed icELISA using MAb 12 A.

<table>
<thead>
<tr>
<th>Ethanol concentration (%)</th>
<th>Sample parts</th>
<th>Concentration of GAA (% w/w in dry weight)</th>
</tr>
</thead>
<tbody>
<tr>
<td>100</td>
<td>Pileus</td>
<td>3.368 ± 0.257</td>
</tr>
<tr>
<td></td>
<td>Stipe</td>
<td>0.233 ± 0.022</td>
</tr>
<tr>
<td></td>
<td>Spore</td>
<td>0.098 ± 0.007</td>
</tr>
<tr>
<td>75</td>
<td>Pileus</td>
<td>3.343 ± 0.280</td>
</tr>
<tr>
<td></td>
<td>Stipe</td>
<td>0.360 ± 0.018</td>
</tr>
<tr>
<td></td>
<td>Spore</td>
<td>0.130 ± 0.007</td>
</tr>
<tr>
<td>50</td>
<td>Pileus</td>
<td>3.376 ± 0.242</td>
</tr>
<tr>
<td></td>
<td>Stipe</td>
<td>0.249 ± 0.025</td>
</tr>
<tr>
<td></td>
<td>Spore</td>
<td>0.120 ± 0.003</td>
</tr>
<tr>
<td>25</td>
<td>Pileus</td>
<td>1.417 ± 0.297</td>
</tr>
<tr>
<td></td>
<td>Stipe</td>
<td>0.258 ± 0.038</td>
</tr>
<tr>
<td></td>
<td>Spore</td>
<td>0.130 ± 0.039</td>
</tr>
<tr>
<td>0</td>
<td>Pileus</td>
<td>1.085 ± 0.219</td>
</tr>
<tr>
<td></td>
<td>Stipe</td>
<td>0.172 ± 0.009</td>
</tr>
<tr>
<td></td>
<td>Spore</td>
<td>0.099 ± 0.012</td>
</tr>
</tbody>
</table>

All values are the mean ± standard deviation (S. D.) from triplicate samples.

---

Fig. 4 Correlation between the GAA content determined by icELISA and HPLC.
ethanol was used to prepare the extracts, whereas those in the stipe and spore remained nearly constant over the entire range of ethanol concentrations. These results imply that the effect of the ethanol concentration on the extraction efficiency was observed when more than 50% ethanol was used for the extraction of GAA.

In this study, we produced a GAA-specific MAb (MAb 12 A) and applied it to icELISA for the detection of GAA in G. lingzhi. To date, LC-MS has been used for the detection of GAA in pharmacokinetic studies [16, 17]. However, this technique requires labor-intensive and complicated pretreatment of the sample prior to analysis. The main advantages of ELISA are that it is cost-effective, rapid, and simple. Moreover, many samples can be analyzed without the need for pretreatment, and the developed icELISA combines both sensitivity and specificity for GAA. Considering that GAA is one of the major *Ganoderma* triterpenoids in commercially available *G. lingzhi* [12] and *G. lucidum* [13] in the market, a developed icELISA would be useful for quality control, where GAA content is used as an index.

Furthermore, our study revealed that more than 50% ethanol is effective and suitable for the extraction of GAA, suggesting that the use of strong liquor is recommended to completely harness the potential of *Ganoderma* triterpenoids in daily life.

### Materials and Methods

**Chemicals and reagents**

GAA (≥99%) was purchased from ChromaDex. BSA (≥97%) and albumin from chicken egg whites (OVA; ≥99%) were obtained from Sigma-Aldrich. Freund’s complete and incomplete adjuvants were purchased from Difco. RPMI 1640-Dulbecco’s Ham’s F12 (eRDF) medium and RD-1 additives were obtained from Kyokuto Pharmaceutical Industrial Co. Goat F(ab) anti-mouse IgG H&L (HRP) (ab6823) and pure mouse IgG goat antibody were purchased from Kyokuto Pharmaceutical Industrial Co. Goat F(ab) anti-mouse IgG H&L (HRP) (ab6823) and pure mouse IgG goat antibody were purchased from Abcam and MP Biomedicals, respectively. All other chemicals were standard analytical reagent grade commercial products.

**Sample preparation**

*G. lingzhi* was identified and provided by Ken Sawai and Takeshi Sawai. Dried *G. lingzhi* was divided into three parts (pileus, stipe, and spore), ground using a crusher, and sifted using a 0.56-mm mesh. Constant amounts (50 mg) of sifted powder were then measured and a fraction containing ganoderic acids was prepared by sonication in various ethanol concentrations [100, 75, 50, 25, and 0% (v/v), 1.0 mL] for 30 min. This was then collected in a small test tube after centrifugation at 12,000 rpm for 10 min at room temperature. This extraction step was repeated five times and the combined extracted solution (5.0 mL) was evaporated at 60°C to dryness. The residue was redissolved in 1.0 mL of methanol and centrifuged at 12,000 rpm for 1 min. The resulting supernatant was then diluted appropriately for both ELISA and HPLC analyses.

**Production of a monoclonal antibody against ganoderic acid A (MAb 12 A)**

Five-week-old male BALB/c mice were purchased from KBT Oriental Co. Their standard diet (MF; Oriental Yeast Co.) and water were provided *ad libitum*. All experimental procedures and care were approved by the Committee on the Ethics of Animal Experiments (approval number A26-013-0) of the Graduate School of Pharmaceutical Sciences, Kyushu University, and were performed following the Guidelines for Animal Experiments of the Graduate School of Pharmaceutical Sciences, Kyushu University. MAb 12 A was produced through immunization of GAA-BSA conjugates into male BALB/c mice every two weeks, as previously described [22]. For the first and second immunizations, Freund’s complete and incomplete adjuvants were mixed, respectively, with GAA-BSA conjugates and immunized as an emulsion into the abdominal cavity of the BALB/c mice with 50 µg of GAA-BSA conjugates. A subsequent booster was performed three times with 100 µg of GAA-BSA conjugates. On the fourth day after the final booster, the splenocytes were fused with myeloma SP2/0 cells using PEG. They were then selected using hypoxanthine-aminopterin-thymidine (HAT) medium, which comprises eRDF medium supplemented with RD-1 additives and 10% (v/v) fetal calf serum (FCS; Gibco-Invitrogen). The resultant hybridomas producing the anti-GAA antibody were then cloned by the limited dilution method and were selected by indirect and indirect competitive ELISAs (icELISA). Selected hybridomas (12 A) were then cultured in the HT selective medium (600 mL) without FCS.

Purification of MAb 12 A was performed using a Protein G FF column (0.46 × 11 cm, Pharmacia Biotech). The supernatant of the culture medium (600 mL) was collected by centrifugation at 1800 rpm for 5 min and filtered using a bottle-top filter (0.2 µm polyethersulfone membrane, Nalgene, Thermo Fisher Scientific). The pH supernatant containing MAb 12 A was adjusted to a pH of 7.0 with 1 M Tris-HCl solution (pH 9.0) and applied to the column equilibrated with 10 mM phosphate buffer (pH 7.0). After washing the column with 10 mM phosphate buffer (pH 7.0), adsorbed IgG was eluted with 100 mM citrate buffer (pH 3.0) and collected in test tubes containing 1 M Tris-HCl solution (pH 9.0) for neutralization. The elution of MAb 12 A was evaluated by its absorbance at 280 nm (OD280). The fraction with OD280 over 0.3 was collected, concentrated, dialyzed three times against distilled water at 4°C with 6 h intervals, and lyophilized to give 18.3 mg of MAB 12 A.

The purity of MAB 12 A was calculated according to the method proposed by Bradford using pure mouse IgG goat antibody as a standard [20].

**Indirect ELISA and icELISA using MAB 12 A**

The reactivity of MAB 12 A against coated antigen, GAA-OVA conjugates, and free antigen, GAA, was evaluated by indirect ELISA and icELISA, respectively. For indirect ELISA, GAA-OVA conjugates (2 µg/mL) were immobilized on a 96-well immunoplate (Nunc, Maxisorb) in 50 mM carbonate buffer (pH 9.6, 100 µL/well) through incubation for 1 h. The plate was then blocked with PBS containing 5% (v/v) skimmed milk (PBS-sm; 300 µL/well) for 1 h to avoid nonspecific adsorption of other proteins. Subsequently, various concentrations of MAB 12 A solution (100 µL/well) in PBS containing 0.05% (v/v) Tween 20 (PBS-T) were then incubated with immobilized GAA-OVA conjugates for 1 h. Next, MAB 12 A binding to the immobilized GAA-OVA conjugates were reacted with a 5000-fold diluted secondary antibody, goat F(ab) anti-mouse IgG H&L (HRP) (100 µL/well), for 1 h, followed by a substrate solution composed of 0.3 mg/mL 2,2’-azino-bis(3-ethylbenzothiazoline-6-sulfonic acid) diaminonitrobenzene salt (ABTS) in 0.1 M citrate buffer (pH 4.0) supplemented with 0.03% (v/v) H2O2 (100 µL/well) for 15 min to develop color.

The difference between indirect ELISA and icELISA is the primary antibody step following the blocking step. In icELISA, evaluation
of the competitive activity of MAb 12 A against free GAA or GAA
of GAA-ova conjugates is necessary. Thus, various free GAAs
(50 µL/well) in 10% (v/v) methanol were incubated with MAb
12 A solution (50 µL/well) in PBS-T for 1 h.

The incubation steps of both indirect and icELISA were performed
at 37 °C and washing between each step was performed three
times using PBS-T. The absorbance at 405 nm was measured
using a microplate reader (Multiskan™ FC Microplate Photometer,
Thermo Fisher Scientific, Inc.). The CRs of MAb 12 A against structure-
related compounds were investigated by the following equation [23]:

\[ CRs (\%) = \frac{IC_{50} \text{ for GAA}}{IC_{50} \text{ for compound under investigation}} \times 100 \]

HPLC analysis

HPLC analysis was performed using a Gilson 805 Manometric
Module pump connected to an SPD-20A Shimadzu Prominence
UV/VIS detector (254 nm) and an HP ProBook 4230 S computer.
A COSMOSIL-packed 5C18-AR-II column (4.6 × 150 mm, 5 µm
particle size, Nacalai Tesque) was used. As for the mobile phase, 30% (v/v) acetone/tetrahydrofuran with water containing 0.1% (v/v)
acetic acid was used at a flow rate of 1.0 mL/min. Calibration curves
for GAA were constructed in the concentration range of 10–
1000 µg/mL. Analyses of the samples were performed in tripli-
cate.

Supporting information

The section for synthesis of GAA-BSA and GAA-OVA conjugates,
and determination of the hapten number are available as Sup-
porting Information.

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of Science (JSPS).

Conflict of Interest

The authors declare no competing financial interests.

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and sterols using pressurized liquid extraction and high performance

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growth and invasive behavior of breast cancer cells by modulating

15 Yao X, Li CX, Xu H, Li C. Inhibition of the JAK-STAT3 signaling pathway by
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