Antenatal Diagnosis of Dizygotic, Monochorionic Twins Following IVF/ICSI
Pränatale Diagnose von dizygoten, monochorialen Gemini nach IVF/ICSI

Introduction
Ultrasound examination of twin pregnancies can reliably distinguish between monochorionic and dichorionic placentation. Dichorionic twins have separate placentas and amniotic cavities and in 90% of cases arise from two oocytes. In contrast monochorionic twins originate strictly from one oocyte (monozygote) and have identical sex. With monozygotic twins one of three types of placentation and fetal membrane setup occur depending on the timing of separation into two individuals: One third are dichorionic and diamniotic, occurring when separation takes place during the cleavage or morula stages. In two thirds of monozygotic twin pregnancies separation of
the embryoblast occurs during the blastocyst stage, resulting in monochorionic diamniotic placentation. When separation happens only after formation of the amniotic cavity, monozygotic twins with monochorionic, monoamniotic placentation occur (1% of monozygotic twins).

We present a case of monochorionic, diamniotic twins following in vitro fertilisation with intracytoplasmic sperm injection (IVF/ICSI), in which discordant sex was detected on detailed antenatal ultrasound.

Case Presentation

A 36-year-old patient underwent long protocol IVF/ICSI in view of primary male factor infertility. 16 oocytes were inseminated by intracytoplasmic sperm injection (ICSI). Intrauterine transfer of two embryos at 8 cell stage and one at 6 cell stage was performed on the third day after follicle puncture (Fig. 1).

Cleavage of the three transferred embryos was timely and the cumulative embryo score (CES) after Steer [1] of 44 (16 + 16 + 12) was reduced since embryonic morphology was limited (blasto­meres of differing size and fragmentation). Laser treatment of the zona pellucida was carried out on all the embryos before transfer to support hatching for successful implantation (“assisted hatching”).

The first ultrasound examination, at 5 + 3 weeks gestation, documented a monochorionic twin pregnancy (Fig. 2).

On detailed transabdominal and transvaginal ultrasound of the twins at 13 + 3 weeks gestation discordant sex was suspected (Figs. 3 and 4). This was confirmed on subsequent examinations at 17 + 5 and 21 + 6 weeks gestation. Fetal anatomy was otherwise normal.

The patient decided against further invasive investigation for lack of clinical consequence.

The pregnancy was uneventful apart from autoimmune thyroiditis, which was diagnosed before pregnancy and treated with thyroxin.

The twins were delivered by primary caesarean section at 36 + 6 weeks gestation with mild polyhydramnios. Apgar scores and pH values were normal. Post partum both twins were phenotypi­
clinically normal. One twin had normal male external genitalia with bilateral descended testes. The other had normal female external genitalia and a uterus and left ovary measuring 9 mm were demonstrated on abdominal ultrasound; the right ovary could not be visualised. In addition, a double renal pelvis was found on the right. Placental histology confirmed the monochorionic, diamniotic situation.

Cyto genetic analysis on heparinised blood was performed on the first day of life for the female twin, and on the 6th day of life for the male twin. EDTA blood, urine and oral mucosal cells were taken on the 21st day of life from both twins (for results see Table 1). A lineage analysis was performed for both twins on EDTA blood from the 21st day of life to exclude a chimerism. This showed an identical signal pattern for both children: More than two alleles from the 21st day of life to exclude a chimerism. This showed an identical signal pattern for both children: More than two alleles from the 21st day of life to exclude a chimerism (for results see Table 1).

Discussion

Chimerism is defined as genetically different cells/tissues from more than one zygote, occurring in one individual [2]. To date 15 cases of monochorionic, dizygotic twins with chimerism have been described [3–14]. Most of these cases were blood chimerisms due to twin-twin transfusion in the presence of a common placenta [3,5–8,10–13]; in this case chromosomal analysis of mucosa or skin biopsy is consistent with phenotypic sex.

In the current case FISH was carried out on urothelium from both twins. The female twin was found to have a gonosomal constellation of XY[5],XX[95], so that a gonosomal mosaic could not be excluded. Only five cases of monochorionic, dizygotic twins following spontaneous conception have been described in the literature to date. These include two sets of twins with differing sex [7,15], two sets with one trisomy 21 each [10] and one case with trisomy 13 in one twin [5]. As in our case, the majority of those described previously have occurred in the context of infertility treatment with ovarian stimulation and artificial insemination i.e. IVF or IVF + ICSI [3,6,8,9,11–14,16]. Typically numerous embryos were transferred simultaneously. It is thought that fusion/amalgamation of the outer cells is possible at the late morula stage (from day 4) with the inner cells remaining unchanged [13–15]. This type of fusion has been described in vitro in mouse blastocysts [17]. Procedures such as “assisted hatching”, where the zona pellucida is opened artificially, and other factors including culture environment and simultaneous intrauterine transfer of multiple embryos may be further predisposing factors for embryo amalgamation [9,14,18]. When oocyte insemination is by ICSI, simultaneous fertilisation of the oocyte with two different spermatozoa before disintegration of the second polar body with subsequent amalgamation followed by separation into two individuals is almost impossible. As part of IVF/ICSI treatment correct oocyte insemination following microinjection with one sperm cell is documented, as is confirmation of both pronuclei and embryo development. Thus embryo amalgamation with subsequent twin separation is only possible after embryo transfer. Separation of fused embryos can only occur after implantation (at least 5 days after fertilisation), as is the case with monochorionic, diamniotic twins, and only after development of the trilaminar germ disc in the second week after fertilisation. Both lymphocytes and cells of the urinary tract originate from mesenchyme and endoderm and are therefore tissues originating from the trilaminar germ disc. In the current case the gonosomal mosaic constellation was found in these two tissues of the female infant, and in the male infant’s lymphocytes. The finding could not be demonstrated on oral mucosal cells, which originate from ectoderm.

Such chimerisms may occur more often than is commonly assumed since similar constellations in same sex twins will go undetected, leading to underestimation of monochorionic, dizygotic pregnancies. The possibility of discrepant cytogenetic findings in monochorionic twins should be taken into consideration when performing invasive antenatal investigation. It is almost impossible to assign karyotype or molecular genetic results from villus sampling of a monochorionic placenta to a particular twin. The same is true for fetal blood and blood samples from newborns in the first weeks of life because of twin-twin transfusion, which occurs commonly with monochorionic placenta. Amniocentesis therefore appears more reliable for allocating genetic results to specific twins in this context.

Apart from chimerism, the differential diagnosis of discordant sex on antenatal ultrasound includes endocrine causes including virilisation of a female fetus, e.g. adrenogenital syndrome. Disorders of sexual development such as complete androgen insensitivity syndrome (CAIS) can result in a cytogenetically male fetus having a female phenotype [19–22]. Lineage tracing was repeated on both infants in order to differentiate between blood chimerism – due to mixing of blood via twin-twin transfusion – and true chimerism. An identical signal pattern was found in 4 of the 10 STR systems analysed confirming chimerism at least for blood lymphocytes.
Consent

The patient gave written consent for the publication of this case report and relevant images.

Conflict of Interest

None.

References