



Congenital Central Overinflation with Mainstem Bronchial Stenosis: Pre- and Postnatal Imaging and Outcome—Case Report and Brief Review of Literature

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Indian J Radiol Imaging 2021;31:1031–1035.

Abstract

Congenital overinflation of lung is underdiagnosed prenatally as the imaging features of the same are not well described. We describe a very rare case of central variety of congenital overinflation, secondary to right mainstem bronchial stenosis, not previously described in our knowledge, which presented as an enlarged homogenous echogenic/hyperintense lung with cardio-mediastinal shift and was misdiagnosed as congenital pulmonary airway malformation (CPAM). We reviewed imaging features helpful in prenatal diagnosis of this condition on ultrasound and magnetic resonance imaging and discussed an approach for differential diagnosis. The congenital central overinflation may be considered in prenatal detected echogenic lung lesions with the absence of cysts or systemic arterial supply and presence of hypervascularity or dilated bronchi within the lesion.

Keywords

- ▶ bronchial stenosis
- ▶ congenital overinflation
- ▶ MRI
- ▶ prenatal
- ▶ ultrasound

Introduction

Prenatal detection of an enlarged echogenic/hyperintense lung on ultrasound or magnetic resonance imaging (MRI) comprises of various differentials like congenital overinflation (CO), bronchial atresia (BA), congenital pulmonary airway disease (CPAM), bronchopulmonary sequestration (BPS), and congenital high airway obstruction syndrome (CHAOS).^{1,2} Imaging features of CPAM and BPS are well documented, however, there is sparse literature about the prenatal imaging findings of CO. CO is overdistention of alveoli without any parenchymal destruction secondary to

bronchial obstruction, from any cause. CO has an incidence rate of 1 in 20,000 to 30,000 live births.¹

Case Report

A 30-year-old woman, primigravida with nonconsanguineous marriage and negative family history, came for ultrasound (US) anomaly scan at 19 weeks of gestation with a negative first-trimester scan. US (▶ **Fig. 1**) revealed a leftward cardiac shift with enlarged echogenic right lung with maintained architecture without focal lung parenchymal lesion or mediastinal mass lesion. The left lung was small in size and appeared less

published online
November 30, 2021

DOI <https://doi.org/10.1055/s-0041-1739380>.
ISSN 0971-3026.

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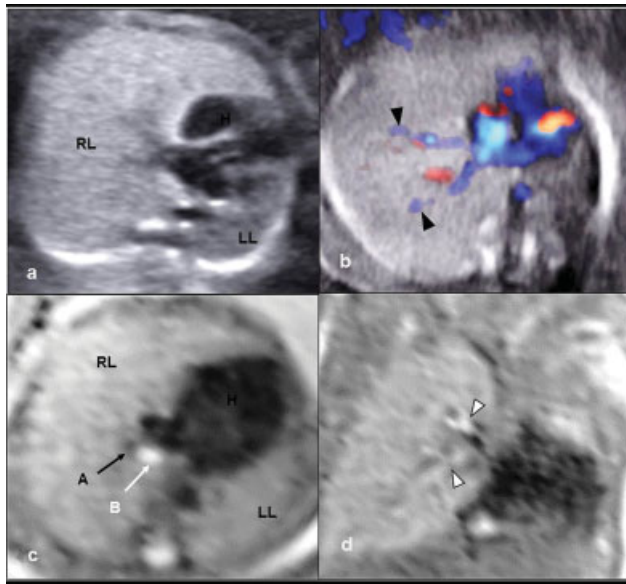


Fig. 1 19 + weeks: Axial ultrasound of the fetal chest (a) shows enlarged/echogenic right lung (RL), hypoplastic left lung (LL), and left-shifted heart (H). (b) Axial color doppler image shows hypervascularity extending beyond mid of right lung (*black arrowhead*) on high PRF (2,000 Hz). (c) Axial HASTE MR image at the right hilum, in addition to ultrasound findings, shows dilated bright oval bronchus (b) at the right hilum (*white arrow*), larger than arterial (a) flow void (*black arrow*), and is not seen at the left hilum. (d) HASTE coronal image shows branching tubular dilated bronchi at right hilum (*white arrowhead*).

echogenic as compared with the right lung. Doppler evaluation (\rightarrow Fig. 1) revealed increased vascularity extending just beyond the midportion of the right lung, even on high pulse repetition frequency (PRF) of 2,000 Hz. Possibility of right lung CPAM and hypoplasia/aplasia of the left lung was considered, and fetal MRI was suggested for further evaluation. MR imaging (\rightarrow Fig. 1) was performed with orthogonal half-Fourier-acquired single-shot turbo spin echo (HASTE) sequences and revealed left cardiac shift; enlarged, morphologically normal, mildly hyperintense leftward herniating right lung, with prominent right lung vascular flow voids, compared with the left lung. The left lung was small/hypoplastic. HASTE hyperintense tubular branching structures, larger than adjacent vascular flow voids were seen at the right hilum extending into the parenchyma, not seen on the contralateral side. Possibility of Type III CPAM or CO right lung and left lung hypoplasia was suggested, and termination of pregnancy was offered but not accepted. The findings were persistent on multiple follow-up US scans (\rightarrow Fig. 2), with the increased congenital thoracic malformation volume ratio (CVR) from 2.3 at 31 weeks gestation to 6.6 at 36 weeks gestation, with increased mediastinal shift and flattening of the hemidiaphragm, however, without the development of hydrops, which was highly unusual. Fetal MRI at 36 weeks (\rightarrow Fig. 2) confirmed the follow-up US findings, and the prominent vascular flow voids of the right lung were now seen more evidently extending up to subpleural parenchyma. Note was made of more hyperintense right middle and lower lobes as compared with the right upper lobe.

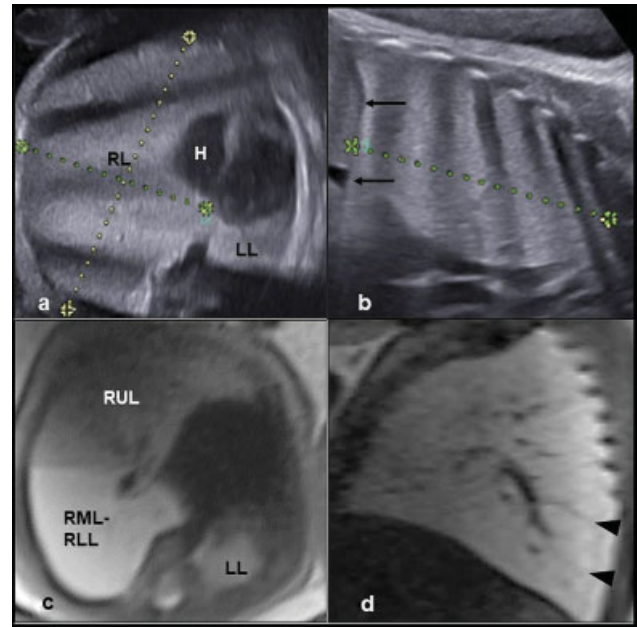


Fig. 2 At 36 + weeks: (a and b) Axial and sagittal ultrasound image respectively reveals an enlarged/echogenic right lung (RL) with left-shifted heart (H), small left lung (LL), flattening of right hemidiaphragm (*black arrows*). Right lung doppler hypervascularity was seen (*not shown*). (c) Axial HASTE image reveals more hyperintense middle-lower lobe (RML-RLL), compared with the upper lobe (RUL) of an enlarged right lung. (d) Sagittal HASTE image shows stretched pulmonary vascular flow voids extending up to subpleural lung (*black arrowheads*).

The male baby was delivered by cesarean section at 38 + 4 weeks, cried immediately after birth, with an APGAR score of 6 and 8 at 1 and 5 minutes, respectively, had respiratory distress for which baby required mechanical ventilation. After the abnormal chest radiograph, a contrast chest computed tomography (\rightarrow Fig. 3) was performed immediately and showed retained fluid within the right middle and lower lobes with intrabronchial fluid and overinflated right upper lobe herniating to the left side. In addition, a tight focal stenosis of proximal right mainstem bronchus without extrinsic compression, with dilated distal bronchi, and normal trachea-carina was seen. The right pulmonary artery and interlobar branches were mildly enlarged with early filling of prominent right pulmonary veins as compared with the left side. The left lung was small/compressed but morphologically unremarkable. The diagnosis of congenital central overinflation (CCO) of the right lung possibly due to right mainstem bronchial stenosis was made. An attempt for the dilatation of the right main bronchus was done with a rigid bronchoscope, however, was not completely successful. On postnatal day 3, the baby was not maintaining saturation with 100% of FiO_2 on SIMV support, so CT was repeated, which showed complete clearance of retained fluid of right middle and lower lobes, with further overinflation of right lung. In view of the persistent high oxygen requirement and respiratory distress, right pneumonectomy was done on day 3, but the condition deteriorated with the development of respiratory acidosis, pulmonary arterial hypertension, right ventricular dysfunction, and unfortunately newborn

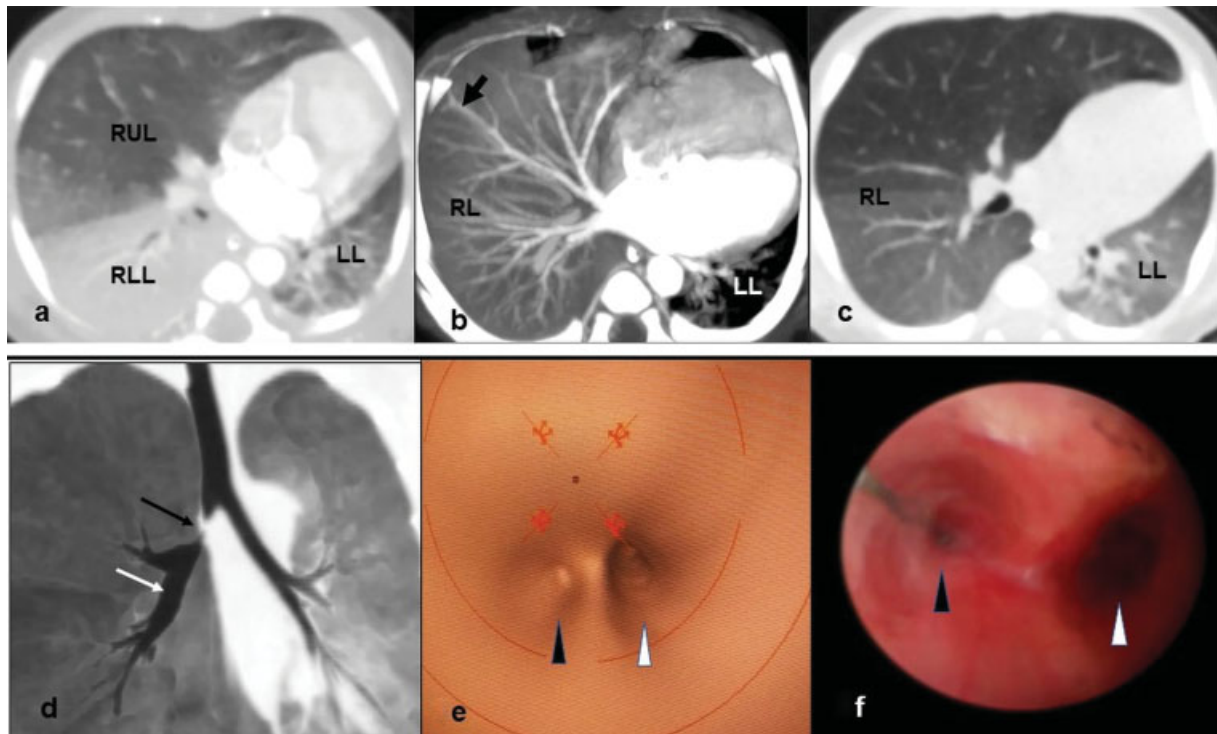


Fig. 3 Postnatal day 1 CECT chest: (a) Axial lung window shows leftward herniating overinflated right upper lobe (RUL), retained fluid in right middle/lower lobes (RML-RLL) and small left lung (LL). (b) Axial maximum intensity projection (MIP) image shows enlarged right pulmonary vessels (*thick black arrow*). Severe stenosis of proximal right mainstem bronchus was seen (not shown). (c) Day 3 plain CT chest shows almost complete clearance of retained fluid with overinflated entire right lung (RL). (d) Coronal minimum intensity projection (MinIP) image shows proximal right mainstem bronchus stenosis (*black arrow*) with dilated distal bronchi (*white arrow*). (e) Virtual and (f) fiberoptic bronchoscopy reveals proximal right mainstem bronchus stenosis (*black arrowhead*) and normal origin of left mainstem bronchus (*white arrowhead*).

succumbed on day 5 secondary to hypoxic respiratory failure and shock. The histopathology of the right lung revealed emphysematous changes with normal bronchi and there was no associated polyalveolar lobe.

Discussion

There are overlapping features and nomenclature of the various thoracic malformations, hence, the common term congenital thoracic malformations (CTM).³ The site, time, and severity of airway obstruction play a key role in the formation of a type of CTM. BA in early gestation predisposes the formation of CPAM or bronchogenic cyst, whereas airway obstruction at 16 to 18 gestational weeks may predispose the development of BPS or CO.⁴ The differentials for an enlarged echogenic or hyperintense lung on prenatal US or MRI, respectively include CO, CPAM, BPS, CHAOS, and BA.

Congenital Overinflation

CO is also known by congenital alveolar overdistention or congenital large hyperlucent lobe or congenital lobar emphysema, the latter being an inaccurate term, as CO is alveolar overdistention without parenchymal destruction or sometimes polyalveolar lobe.⁵ The cause is thought to be partial or total bronchial obstruction, secondary to either intrinsic causes like maldeveloped cartilage, stenosis/web, mural thickening by cytomegalovirus infection or extrinsic compression by mediastinal mass or enlarged pulmonary

artery resulting in a one-way valve mechanism with entrapment of fluid (prenatal) or air (postnatal).⁵ CO usually involves a single lobe or very rarely an entire lung due to mainstem bronchus obstruction, when it is called as CCO.

Imaging findings of CO: The CO presents as an enlarged, echogenic/hyperintense lung with maintained morphology and vascular architecture. Dilated fluid-filled/T2 hyperintense tubular structures, representing dilated bronchus proximal to the level of bronchial obstruction is considered a reliable marker of CO.¹ Pulmonary hypervascularity, defined as significant flow beyond the central half of the involved lung even on high PRF (>1,500 Hz) on the US, when present strongly favors CO,^{1,6} however, the nonhypervascular CO also exists.⁶ Lung hypervascularity may be appreciated on MRI as prominent stretched out flow voids extending up to subpleural margins. The two most important imaging markers of CO, i.e., dilated bronchi and hypervascularity were present in our case. This is probably the third published case of central CO, as we could find only two cases of central CO in the literature, secondary to mainstem intrinsic bronchial obstruction in Johnston et al study, both were right-sided and both had fetal demise at 28 weeks.¹ Another published case of central CO was due to extrinsic bronchial compression by a lymphatic cyst.⁷ The classical postnatal detected CO most commonly involves the left upper lobe, followed by the right middle lobe, right upper lobe, and both lower lobes in decreasing frequency. However, the two major case series of the prenatal detected CO by

Johnston et al and Oliver et al observed lower lobe followed by an upper lobe predominance.^{1,6}

The CVR (CTM volume ratio), ratio of lung lesion volume to head circumference on the US are prognosticator for cystic lung lesions, where CVR of >1.6 have 80% chance of developing fetal hydrops.³ Despite increased CVR of 2.3 at 19 weeks to 6.6 at 36 weeks, our case did not develop hydrops, the reason is still not understood.

The imaging timing is crucial for diagnosis, as CO like other CTM may regress in size and echogenicity/hyperintensity as the pregnancy progresses. One of the possible mechanisms being temporary bronchial obstruction, is relieved by increasing pressure of fluid accumulation in the affected lung, allowing fluid to extricate.¹

Other Differentials of Bright Lung

CPAM is the most common prenatal diagnosed CTM, with five pathological types, and the presence of cysts being diagnostic. However, type III microcystic CPAM presents as solid mass/enlarged bright lung and is a close differential for CO,¹ but maintained lung morphology, hypervascularity and dilated bronchi may favor CO.

BPS is the second most common prenatal diagnosed CTM, with two types, intralobar and extralobar, both common in lower lobes,⁵ appears as a bright solid mass, and diagnosed reliably by identification of systemic vascular supply from the aorta or its branches, however, failure to identify systemic vascular supply does not exclude BPS.³

BA is a focal bronchial interruption with a radiological presentation like CO with dilated bronchi proximal to atre-

sia,² however, contrary to classical CO it is more common in lower lobes.¹ Second, the ball valve mechanism does not work in BA as the affected bronchus is occluded instead of narrowed, thus it shows a lesser degree of hyperinflation as compared with CO.⁵ BA can be proximal (mainstem or lobar bronchi) or peripheral (segmental bronchi).

CHAOS is defined by laryngeal/tracheal obstruction resulting into overdistended and bright lungs bilaterally, flattening or inversion of diaphragm with centrally placed heart and hydrops due to compromised venous return.⁵ Fluid-filled trachea-central bronchi seen on MRI helps to decide the level of obstruction and accordingly surgical planning.

►Table 1 summarizes the findings of various hyperechoic/hyperintense congenital lung malformations and ►Fig. 4 shows an approach to these lesions. However, it should be noted that there can be coexistence of multiple lesions in the lung, e.g., CPAM with CO or CPAM with BPS, and these may change the imaging appearances.⁴

Apart from the above discussed congenital lung lesions, the differential for prenatal detected cardio-mediastinal shift also includes lung underdevelopment spectrum, like aplasia, agenesis, or hypoplasia; and doppler may help in diagnosis by demonstrating absent vasculature in lung aplasia and agenesis. Lung hypoplasia is usually secondary to other causes like congenital diaphragmatic hernia (most common), CTM, mediastinal mass, eventration of diaphragm or oligohydramnios, which have their own characteristic imaging appearances. Very rarely, lung hypoplasia can be idiopathic.

Table 1 Differential diagnosis of prenatal detected hyperechoic/hyperintense fetal lung lesion

	CHAOS	CPAM	BPS	CO
Laterality	Bilateral	Unilateral (rarely bilateral)	Unilateral	Unilateral (rarely bilateral)
Extent of involvement ^{1,5}	Both lungs	Single lobe, rarely entire lung	Single lobe	Single/bilateral multiple lobes/rarely entire lung ^a
Heart position	Central	Eccentric ^b	Eccentric ^b	Eccentric ^b
Airway ^{1,5}	Dilated fluid-filled bronchus and trachea up to level of obstruction	–	–	Dilated fluid-filled bronchi within the lesion
Lung parenchymal cysts ⁵	Absent	Present (except Type 3)	Absent (may + in hybrid lesions)	Absent
Doppler hypervascularity ^{c,1,6}	Absent	Absent	Absent	Present
Prominent vascular flow voids on MRI ^{d,6}	Absent	Absent	Absent	Present
Systemic arterial supply ⁵	Absent	Absent (may + in hybrid lesion)	Present	Absent

Abbreviations: BPS, bronchopulmonary sequestration; CHAOS, congenital high airway obstruction syndrome; CO, congenital overinflation; MRI, magnetic resonance imaging.

^aCentral overinflation involves an entire lung.

^bWhen large enough these lesions can cause cardio-mediastinal shift.⁵

^cDoppler hypervascularity is described as flow beyond the central part of the affected lung on high pulse repetition frequency (>1,500 mHz).⁶

^dProminent vascularity on MR is stretching and prominence of pulmonary vessel flow voids till subpleural lung.⁶

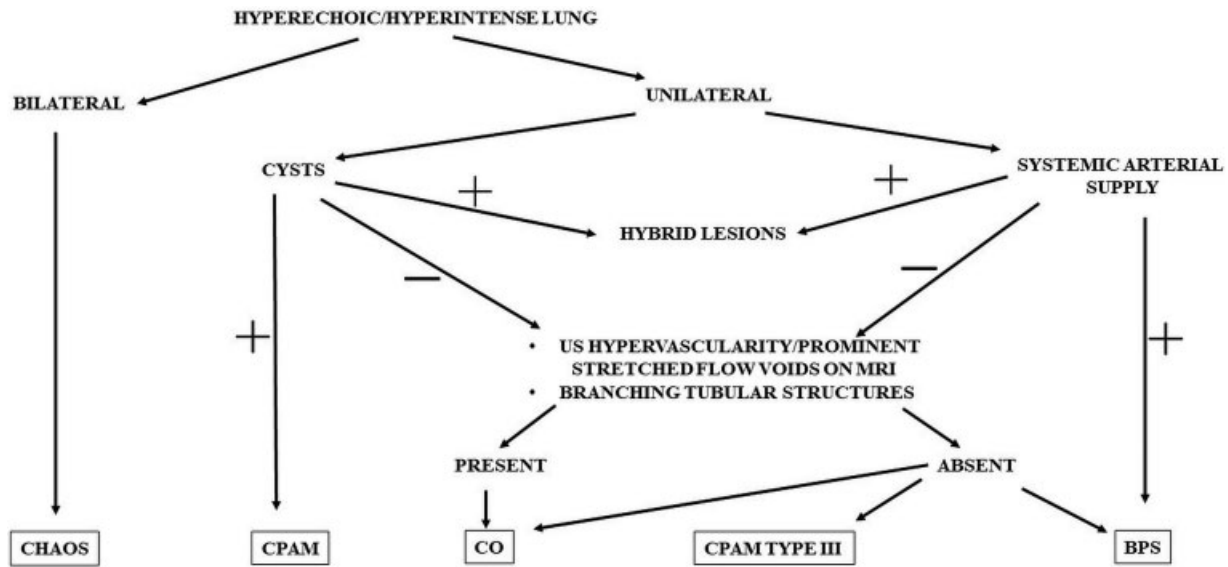


Fig. 4 An approach to a prenatal detected hyperechoic/hyperintense lung (bright lung).

Management and Prognosis

Symptomatic CO lesions are usually surgically treated, however, a conservative approach may be acquired in asymptomatic or minimally symptomatic patients.¹ Single lobe or bilateral multiple lobes CO carries a good prognosis, while central CO carries a guarded prognosis.¹ The prognosis of CHAOS is grave, while BPS and CPAM without hydrops carry a good prognosis.

Conclusion

In conclusion, differential diagnosis of prenatal detected unilateral enlarged bright lung includes central CO, especially when abnormal lung shows maintained morphology, absent cysts or systemic vascular supply, dilated fluid-filled central bronchi, doppler hypervascularity on high PRF (>1,500 Hz), diagnosis of CO can be made reliably. The central CO carries a guarded prognosis and may be considered in cases having high CVR without hydrops, as occurred in our case.

Financial Support and Sponsorship
None.

Conflict of Interest
None declared.

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