



Primary Adenocarcinoma at Colostomy Site: Report of a Clinical Case

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Abstract

Keywords

- colorectal cancer
- colostomy
- complications of colostomies

Colorectal cancer (CRC) is the fourth most frequently diagnosed cancer in the United States and it is found in 17% of patients thought to have complicated diverticular disease. However, primary adenocarcinoma rarely occur in the colostomy site and the risk of developing malignancy is similar to that of any other colonic segment. Polyps found in CRC screenings can be divided into the following types: hyperplastic polyps, polyps with no malignant potential, adenomatous polyps, polyps with malignant potential, and malignancies. Local complications of the colostomy can appear in the immediate, early, or late postoperative period, with an incidence ranging from 15 to 30%; neoplasia is even less common.

Introduction

Diverticular disease (DD), a condition associated with the bulging of pouches from the colon surface, is thought to result from increased intraluminal pressure. It was found incidentally during colorectal cancer screening. Diverticulosis and colorectal adenoma or carcinoma is rare among Africans and people from other developing countries. Studies suggest an increasing incidence of DD due to the westernization of dietary habits and lifestyle.^{1,2}

Colon cancer is found in 17% of patients thought to have complicated DD. Studies have suggested that factors like advancing age, low fiber diet,^{2,3} low physical activity, and obesity increases the risk of colorectal cancer.⁴

Colorectal cancer (CRC) is the fourth most frequently diagnosed cancer in the United States and the second most commonly diagnosed cancer in both Hispanic men and women.^{5,6}

Polyps found in CRC screenings can be divided into the following types: hyperplastic polyps, polyps with no malignant

potential, adenomatous polyps, polyps with malignant potential, and malignancies.⁷ Those who have adenomatous polyps are at increased risk for developing cancer compared with those without adenomatous polyps or those with hyperplastic polyps.⁷

Preparing a colostomy with the objective of temporarily or definitively deviating colonic transit is not a risk-free procedure even when performed with the proper surgical technique.

Local complications can appear in the immediate, early, or late postoperative period, with an incidence ranging from 15 to 30%. The most common include necrosis of the colostomy, dermatitis, abscess, bleeding, retraction, stenosis, paraostomy hernia, prolapse, colocutaneous fistula, perforation to the peritoneal cavity, and, less commonly, the appearance of neoplasia.^{8,9}

Because of its importance and its low frequency, we report one case of a patient who developed a primary neoplastic lesion in the colostomy, describing its clinical manifestation and the management adopted.

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Case Report

A 74-year-old male patient identified the onset of the current disease at ~ 8 months, when he presented a colostomy prolapse, concomitant changes in coloration and morphology, as well as outflow of purulent and fetid secretions. As medical history, the patient suffers from high blood pressure treated with nifedipine 30 mg and carvedilol 12.5mg, in addition to laryngeal cancer diagnosed in 2003, which received treatment with chemotherapy and radiotherapy, with total remission of the disease. Among the risk factors, we have a smoking habit from the age of 18 to 58 as well as an accentuated ethyl habit for 16 years, stopping in 2003.

Among the surgical antecedents, his first intervention was in April 2015 due to perforated diverticulitis, for which a Harmant procedure was performed. In August of the same year, he underwent surgery to restore intestinal transit with colorectal anastomosis, which was complicated on the 3rd day when intestinal content was evidenced due to an operative wound, for which he was taken back to the operating table with findings of undamaged anastomosis and jejunum perforation, when 20 cm of the jejunum was resected, and anastomosis was performed. On the 5th day, he again presented intestinal content due to an operative wound and he underwent surgery with findings of diverticular perforation

several centimeters above the previous colorectal anastomosis, for which a transverse colon stoma was made.

It should be noted that, prior to the surgery for autologous restitution of the intestinal transit, in June 2015, a colonoscopy was performed with evidence of colonic polyposis (► **Fig. 1**). A polypectomy was performed, with the pathological findings of hyperplastic polyps in the ascending colon and rectum and tubular adenoma in the transverse colon. In August 2016, gastroscopy and colonoscopy were performed again; the former only presented pharyngeal diverticulum and congestive gastritis of the body and fundus, and the latter reported colon surgery on a distal colon polyposis line, on a transverse colon injury in ostomy and colon polyposis, so the patient was scheduled to undergo a polypectomy, which was performed in October 2016 with pathological findings of tubular adenoma.

In view of these facts, the patient consulted the coloproctology unit of the university hospital for presenting colostomy prolapse and wished to restore intestinal transit. The physical examination evaluated the patient as being in regular general conditions: Cardiopulmonary: without alteration; abdomen: symmetrical, with prolapse of the transverse colostomy of ~ 20 cm, presenting within it a mass of 5 × 8 cm, friable, irregular, with poorly defined edges, neoplastic appearance, necrotic patches, and fetid discharge

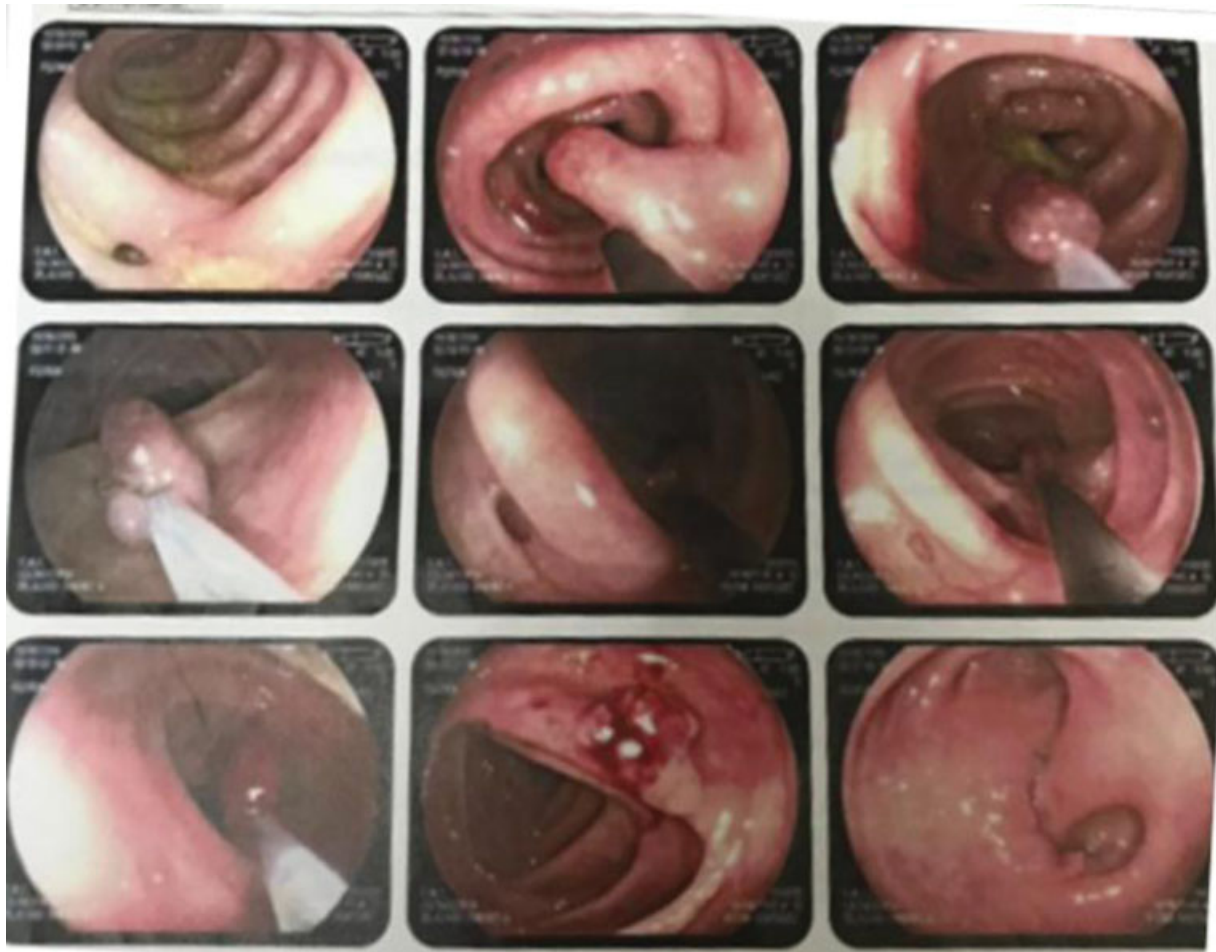


Figure 1 Colonoscopy and polypectomy.



Figures 2 and 3 Prolapsed ostomy with presence of tumor lesion.

(►**Figs. 2 and 3**), in addition to an infraumbilical midline eventration of 5×4 cm, without inguinal lymphadenopathy. At the proctological level, we found anal margin without lesions; the digital rectal examination found that the sphincter retained tone, good puborectal muscle response, no palpable lesions, and anoscopy without alteration.

A lesion biopsy was taken, which reported moderately differentiated adenocarcinoma with neuroendocrine features, and a colonoscopy was performed in May 2019, which reported polyposis of the right colon, proctitis, and transverse ostomy prolapse. Among the studies performed, we have computed tomography (CT) of the chest, abdomen, and pelvis with double contrast, which concludes in signs of COPD of the pulmonary emphysema, a calcified pulmonary nodule of residual appearance in the left pulmonary apex, ostomy prolapse, and pericolonic fat through its orifice, in addition to inflammatory-looking left periaortic lymphadenopathy. Laboratory samples showed no alteration and CEA at 1.4 ng/dl.

Having the results of all the studies requested, it was decided on May 22, 2019, to take the patient to the operating table and perform a total colectomy in addition to an ileoproctostomy with a 29 mm circular self-suturing EEA with the following intraoperative findings: severe adherent syndrome, intestinal fistula (►**Fig. 4**), and Chinese ink marking of endoscopic studies (►**Fig. 5**). He had satisfactory evolution, started a diet on the 3rd day and was discharged on the 6th day. He attended three weekly check-ups where no complications developed.

The biopsy of the extracted piece revealed an moderately differentiated infiltrating ulcerated adenocarcinoma with neuroendocrine features resulting from a transverse colostomy in the loop, resection borders free of neoplasia, 41



Figure 4 Intestinal fistula.



Figure 5 Chinese ink marking of endoscopic studies.



Figure 7 Multiple hyperplastic polyps.

lymph nodes without evidence of metastasis, numerous *Entamoeba* spp. Trophozoites (►**Fig. 6**), multiple hyperplastic polyps (►**Fig. 7**), sessile serrated adenoma polyp, tubular adenomas, and uncomplicated diverticular disease.

Discussion

We know that 2 years is the minimum time necessary for an adenomatous polyp to change into adenocarcinoma; therefore, all neoplasms developed during this period should not be termed metachronous but should be defined as synchronous to the primary tumor.¹⁰ The presence of carcinoma in the colostomy site is not common; nevertheless, its appearance can occur with time and progresses with high rates of morbimortality.^{11,12}

Considering that colostomy is an exteriorized segment of the colon with the same predisposing and provoking factors for development of a primary colonic tumor, it is accepted that the neoplastic risk is similar to that of any other portion of the colon, and it is markedly elevated when associated with a metachronic lesion.¹³

Colonic amebiasis can mimic colon carcinoma clinically, radiologically, and endoscopically.^{14,15} Conversely, coexisting

amebiasis and carcinoma are exceedingly rare.^{16–20} In 2 African studies, colorectal carcinoma was found to be associated with intestinal amebiasis in 6.1 and 6.5% of the cases.^{16,17} Furthermore, five cases of cervical, perineal, sigmoid and pulmonary carcinomas colonized by *E. histolytica* have been described in three case reports.^{18,19} However, to our knowledge, apart from a single case study dated from 1963,²⁰ the unique coincidence of colon carcinoma and amebomas has not been published previously in the literature.

Primary adenocarcinoma arising from an ileostomy is rare. The first case of primary adenocarcinoma following proctocolectomy for ulcerative colitis was reported by Sigler et al. 1969.²¹ The first case of ileostomy adenocarcinoma following proctectomy for familial adenomatous polyposis was reported by Roth et al. in 1982.²² The incidence of small bowel malignancy in the general population is 0.7 per 100,000.²³ The ileum is most frequently involved (49%) followed by jejunum (29%) and duodenum (22%). In contrast, an adenocarcinoma of the small bowel is the least commonly found in the ileum (22%), followed by the jejunum (38%) and the duodenum (40%). Suarez et al. estimated the incidence of ileostomy carcinomas in Britain to be between 2 and 4 per 1,000 ileostomies.²⁴

Conflict of Interest
None declared.

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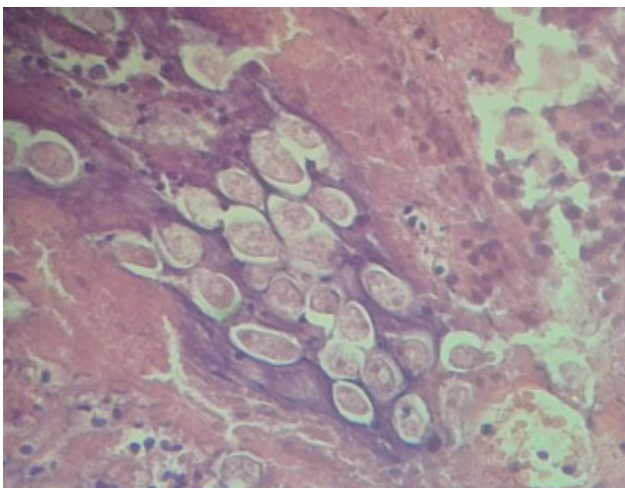


Figure 6 *Entamoeba* spp and Trophozoites.

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