N-Butyl Cyanoacrylate Embolization in Management of Iatrogenic Renal Hemorrhages—Single-Center Study Evaluating Safety and Efficacy

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Abstract

Objectives The aim of the study was to evaluate the efficacy of endovascular N-butyl cyanoacrylate (NBCA)/glue embolization alone in the management of iatrogenic renal injuries and its effect on renal function.

Methods Thirty-one patients who presented with significant iatrogenic renal injuries over a time period ranging from June 2013 to June 2018 were evaluated. The clinical features, lab parameters, and imaging findings were recorded. The embolizing agent used was exclusively NBCA. The success rate was calculated along with the effect of glue embolization on kidney in the form of postembolization ischemia and change in the serum creatinine levels in immediate pre- and postembolization period. The time between the iatrogenic injury and angioembolization as well as the time from angioembolization to discharge was also calculated. Recurrence was evaluated at 1 and 6 months follow-up.

Results NBCA embolization showed 100% technical and clinical success in our study and no recurrence was noted at follow-up. Glue was also able to achieve complete embolization in patients with coagulopathy (n = 14, 45.1%). Percentage area deficit of normal renal blush in the postembolization check angiogram varied from 4 to 15.7% with a mean deficit of 7.65%. No significant difference in the serum creatinine was noted in immediate postembolization period.

Conclusions We conclude that glue is an effective embolizing agent for management of iatrogenic renal injuries even in coagulopathy patients with minimal area of parenchymal loss, no significant effect on renal functions, and no recurrence on 6 months follow-up.

Introduction

Endovascular approach of management has become the treatment of choice in the management of acute renal hemorrhages. It is being employed as the first line of treatment in cases of deteriorating clinical status and renal function, massive bleed, or renal hemorrhage more than 72 hours.¹
The most common embolic agent employed has been coils. N-butyl cyanoacrylate (NBCA) or glue has been less commonly used, since coils are safe and easy to use and provide better control than glue unless there is coagulopathy or the embolization needs to be quick. Vascular injuries are seen in 15% of all renal procedures; however, the iatrogenic etiology accounts for 50% of renal injuries causing hemorrhage. Most of the vascular injuries show spontaneous resolution (70–90%) with the remaining injuries requiring medical or interventional management.

This study describes our experience of managing iatrogenic renovascular injuries exclusively with NBCA. Additionally, various factors involved in the management of iatrogenic renal bleed have been evaluated such as presence of coagulopathy.

The purpose of the study is to evaluate the efficacy as well as the renal adverse effects of exclusive usage of glue in embolization of iatrogenic causes of renal bleed based on our experience.

**Methods**

Since this was a retrospective observational study, Ethical Committee approval was waived off by the Institutional Review Board. The study included the patients referred to the department of interventional radiology in case of any clinical signs and symptoms of hemorrhage or fall in hemoglobin level following any diagnostic or therapeutic renal procedure. The patients having renal hemorrhage due to trauma or other noniatrogenic causes were excluded from this study. The patients were taken up for conventional angiography with embolization based on the computed tomography/ultrasonography (CT/USG) findings or on strong clinical suspicion when imaging findings were nondiagnostic. Postprocedure the patients’ follow-up was recorded for signs of improvement based on clinical signs and symptoms and laboratory parameters. They were discharged after achieving stabilization. The patients were followed up at 1 and 6 months.

Our study collected and analyzed the data from June 2013 to June 2018 (5 years). It included a total of 31 patients in whom exclusively glue was used. The patients in this time period in whom other embolic materials were used or additional agents were used were excluded from this study. The patients’ clinical data and imaging findings were obtained from picture archiving and communication system and medical records.

The dates of admission of patients, iatrogenic renal injury, angioembolization, and discharge were recorded. The time period between the iatrogenic injury and angioembolization as well as the time period from angioembolization to discharge in stable condition was calculated. The underlying renal disease of patient and the procedure leading to iatrogenic renal hemorrhage were noted. The clinical findings were also noted.

The laboratory parameters that were evaluated include fall in hemoglobin (in the time period from iatrogenic renal bleed and angioembolization), total leukocyte count (TLC), platelet count (PC), and international normalized ratio (INR) values in the preembolization period. The effectiveness of glue embolization in coagulopathy with deranged INR and PC was evaluated. Coagulopathy has been defined as an INR > 1.5 and/or a PC < 50 x 10^9/L.

Numbers of units of blood transfused were recorded. The noninvasive imaging evaluations were done using USG and/or CT angiography. The conventional angiographic findings were noted that included pseudoaneurysm, arteriovenous fistula (AVF), and active hemorrhage. The kidney which was involved i.e. right or left or graft as well as the site of injury to the kidney i.e. upper/middle/lower pole were noted. Whether repeat embolization was required or not was also noted.

The causes of iatrogenic renal injuries consisted of biopsy (41.9%; n=13), partial nephrectomy (9.6%; n=3), percutaneous nephrolithotomy (PCNL) (35.4%; n=11), PCNL with double J (DJ) stenting (9.6%; n=3), and DJ stenting (3.2%; n=1).

In patients with iatrogenic renal injury, age varied within 16 weeks to 80 years. Time from injury to arterial embolization varied from 0 to 31 days with mean duration of 9.58 days (standard deviation [SD]: 10.7), whereas time from embolization to discharge varied from 0 to 40 days with a mean of 7.7 days (SD: 9.3). Mean fall of hemoglobin was 2.25 gm/dL with SD of 1.9 gm/dL. There were two mean units of blood transfusion needed in patients with iatrogenic injury varying within 0 to 12 units transfusion. PC in patients was within 36 x 10^9/L to 616 x 10^9/L range. INR in patients was within 0.9 to 1.54 range. The patients had mean TLC of 12.0 x 10^3/dL and were within 7.2 to 29.1 x 10^3/dL range.

Among the clinical symptoms, presence of hematuria, flank pain, and fever was noted. Seventy-four percent (23 patients) of our patients had flank pain. Fever was noted in 19% of patients (6 patients). Hematuria was most common presenting symptom (74%) with 61% of patient showing single episode of hematuria (19 patients) and 12% of patients showing recurrent episode of hematuria (4 patients). Nineteen patients showed presence of both hematuria and flank pain as a presenting symptom. However, four patients had neither hematuria nor flank pain. These four patients were suspected to have renal injury because of significant fall in hemoglobin and its related symptoms (fall in blood pressure and tachycardia reduction in oxygen saturation).

Finally, the technical and clinical success rates were calculated to assess the efficacy of our procedure. The effect of embolization on vascular supply to the kidney was assessed by evaluating area of absent blush (infarction) postembolization. Effect on renal function was noted by observing any significant change in value of serum creatinine post procedure.

The technical success was defined as total occlusion of target vessels and resolution of angiographic abnormality (pseudoaneurysm/AVF/active bleed). Clinical success was defined as resolution of the clinical signs and symptoms with discharge in stable condition and no recurrence of bleed on follow-up. Follow-up was done after 1 and 6 months of discharge.
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<th>Time to AE (d)</th>
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Abbreviations: AE, angioembolization; AVF, arteriovenous fistula; D, discharge; Δ Creat, difference in pre and post embolization serum creatinine levels; Conv angio, conventional angiography; DJ, double J; Emb mat, embolization material; Hb, hemoglobin; INR, international normalized ratio; PC, platelet count; PCNL, percutaneous nephrolithotomy; trans, transfusion; Tech and clin, technical and clinical.

Table 2. Descriptive statistics of few parameters in patients with iatrogenic renal injury

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<th>Time To Discharge (Days) *</th>
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<th>No of trans(U) *</th>
<th>Platelet count (109/L) **</th>
<th>INR(sec) **</th>
<th>TLC (103/dL) **</th>
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</tr>
</tbody>
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*Calculated from the time of iatrogenic injury upto the time of angioembolization.
°Calculated from time of angioembolization to time of discharge in stable condition.
**Recorded immediately prior to angioembolization.
*Calculated from the time of embolization upto the time of discharge.
The postembolization infarcted area was assessed immediately on postembolization check angiography in the cath lab. The maximum circumference of the area showing n blush was traced to calculate the approximate area of infarction on the two-dimensional image. Additionally, the difference in serum creatinine levels before and after the procedure was also assessed to evaluate the effect of embolization on renal function (∼Tables 1 and 2).

Technique

The procedure was performed by two experienced interventional radiologists with 10 to 15 years of experience. The right common femoral artery was catheterized using a 5 Fr sheath (Trans-Intro, Translumina Therapeutics, Dehradun, Uttarakhand, India). Right or left main renal artery was accessed using a cobra catheter (Cook Medical, Indiana, United States) and hydrophilic guide wire (Radifocus, Terumo, Tokyo, Japan). Renal angiogram was taken to establish or to confirm the diagnosis; super selective cannulation of the target vessel was done using 2.7 Fr micro catheter system (Progreat α, Terumo, Tokyo, Japan). The microcatheter was flushed with 5% dextrose to prevent glue polymerization into the microcatheter itself. Then glue was injected into the target site in a ratio ranging from 1:1 to 1:4 (NBCA: Lipiodol).

The dilution of glue was based upon the distance of microcatheter tip from the target site. Immediately after achieving glue embolization at the target site the microcatheter was removed in single quick motion. Finally, a check renal angiogram was taken to confirm complete and successful embolization.

Results

The total numbers of patients with coagulopathy were 14 (45.1%). Reduced PC was noted in seven patients (22.5%). Glue used in these patients as an embolizing agent showed 100% of technical and clinical success rate. Raised INR value was noted in nine patients (29.03%). These patients also showed 100% technical and clinical success with glue embolization. Among these patients of coagulopathy mentioned above, there were two patients (6.45%) who had deranged INR and PC both.

Follow-up of the patients at 1 and 6 months showed no evidence of recurrence. Hence, it was observed from our study that glue acts as a successful embolizing agent in patients with coagulopathy.

Noninvasive diagnostic measures were indicative of renal hemorrhage in 22 cases. Out of these, 10 patients underwent CT angiography and 12 patients underwent USG screening prior to taking up the patient for conventional angiography. The exact cause of hemorrhage (pseudoaneurysm, AVF, and extravasation) could be detected in 10 cases that underwent CT angiography. In rest of the 12 cases, USG showed presence of only perinephric hematoma and exact cause could not be delineated. The remaining nine cases showed significant signs and symptoms of hemorrhage in the postprocedure period, and hence, on the basis of high clinical suspicion, they were directly taken up for conventional angiography with embolization.

The most common conventional angiographic finding was pseudoaneurysm in 27 patients (87.1%). Of these, three patients showed simultaneous presence of AVF. One of the patients showed presence of two pseudoaneurysms. One of the patients showed presence of pseudoaneurysm with active bleed. Only active bleed was noted in 4/31 patients (12.9%).

The percentage deficit that is the approximate area of infarction varied from a range of 4 to 15.7% with a mean deficit of 7.65% in renal parenchymal blush post glue embolization. This amount of blush deficit led to no significant difference in renal functions.

After embolization, 15 patients had no fall or rise in creatinine postprocedure. Eleven patients showed a fall in creatinine level ranging from 6.14 to 0.22 mg/dL with a mean fall of 1.32 mg/dL. Five patients showed a rise in creatinine level ranging from 0.15 to 1.1 mg/dL with a mean rise of 0.64 mg/dL. Hence, no significant change in creatinine levels was noted.

Repeat embolization was not required in any of these patients in the next 24 hours. We achieved complete technical and clinical success in all of our 31 patients with glue embolization. The patients were called for 1 and 6 months follow-up. None of the patients showed signs and symptoms of recurrence on clinical evaluation.

Three of the cases have been shown and described in ∼Figs. 1–3.

Discussion

Endovascular management has been established as the standard of treatment for renal hemorrhages. It offers advantages of being minimally invasive with superselective embolization of the area of bleeding with minimal damage to normal renal parenchyma thus precluding the need of surgery (nephrectomy).5

Various embolic agents have been described in literature in the management of renal bleed. The choice depends upon the vascular anatomy and the pathology involved and majorly on the preference of interventional radiologist. Review of literature shows that metallic coils have been the preferred embolic agents by various authors owing to their controlled deploy ability. However, coil embolization is associated with the complication of coil migration and occlusion of nontarget vessels.6

Although NBCA is also reported to result in nontarget embolization specially in inexperienced hands, it is a rather a cost-effective embolizing agent. The first report on use of glue was published in 1975 in the treatment of gastrointestinal bleed.7 Since then, there has been a rise in its use.

Achievement of embolization by coil requires the patients’ coagulation parameters to be normal range. In cases of low PC, platelet dysfunction, deranged INR, and abnormal clotting factors, incomplete and delayed embolization can occur.8
Glue embolization is independent of these factors. Kim et al have also reported a clinical success of 87.5% in 14 patients using NBCA as the only embolic agent (64%) or in combination with other embolic agent (36%). The polymerization of NBCA occurs immediately on contact with anionic blood. The various mechanisms causing the immediate embolization of blood vessels include glue cast and thrombus formation, adhesion of the glue to the inner vascular wall, and vascular endothelial wall damage causing acute necrotizing vasculitis, eventually leading to scarring and fibrosis of the vessel. Glue embolization is instant, permanent, and causes complete vessel occlusion with very low recanalization rates.

In a study reported by Kish et al, successful embolization was achieved in 75% of the cases of acute arterial bleed using NBCA. They concluded that NBCA was an effective method to achieve embolization in acute arterial hemorrhage and was able to achieve hemostasis even in cases of failed coil or particulate embolization.

Gelfoam has also been described in the treatment of renal bleed; however, Gelfoam provides temporary embolization for few weeks and this is not desirable in cases of renal hemorrhages. Second, nontarget embolization has been
reported with Gelfoam.\textsuperscript{15} Fisher et al found that 20% cases had loss of 30 to 50% renal function due to nontarget embolization in cases of renal artery pseudoaneurysm embolization.\textsuperscript{16} Gelfoam also has an added disadvantage since it leads to an increased risk of rupture of the pseudoaneurysm due to increased pressure while injection.\textsuperscript{17}

The most common renal arterial injury observed in literature has been pseudoaneurysm followed by AVF with a rare occurrence of both of these entities together.\textsuperscript{18} The life-threatening renal AVFs are noted in less than 0.5% of the cases.\textsuperscript{19} Our study found the incidence of pseudoaneurysm to be highest accounting for 74.2% (23 patients) of the cases with one patient showing simultaneous presence of two pseudoaneuysms. Three patients showed combined occurrence of pseudoaneurysm and AVF.

In cases of pseudoaneurysm with active extravasation into the urinary tract, glue can be used as an embolic agent. In a study, Żabłowski et al evaluated 20 patients with bleeding into the urinary tract after PCNL. These patients were treated with a mixture of NBCA and lipiodol, mostly in a ratio of 1:3. Only one of these had bleeding with AVF, in whom for improving the safety, 1:1 mixture was used. Technical success was achieved in 20 cases and clinical success was achieved in 19 cases. The only complication noted was inadvertent and asymptomatic migration of glue and lipiodol mixture in the pulmonary vasculature in the patient with AVF.\textsuperscript{20} In our study out of the 31 patients, we have reported four patients with active extravasation and one patient with pseudoaneurysm and active extravasation and we have achieved 100% technical and clinical success in all these five patients with a glue and lipiodol mixture in a ratio of 1:1.

Lipiodol is used as a preferred diluting agent along with NBCA. There are majorly two roles of lipiodol. First, it acts as a contrast agent since glucose is radiolucent. Second, it affects the polymerization time of NBCA and hence the adjusting the dilution ratio can be used to achieve a more controlled glue embolization. More dilution with lipiodol prolongs the time of glue polymerization as well as helps to achieve a more distal embolization.\textsuperscript{21–23}

The most common cause of renal injury has been found to be iatrogenic with the highest incidence being attributed to percutaneous renal biopsies in various studies ranging from 7.4 to 11%.\textsuperscript{24,25} This is followed by percutaneous nephrostomy and percutaneous nephrolithotomy.\textsuperscript{26} In our study, renal biopsy was found to be the major cause closely followed by percutaneous nephrolithotomy.

A mean renal parenchymal loss of around 15% has been described in literature on immediate postembolization check conventional angiography. The study by Poulaakis et al has reported a loss of parenchyma ranging from 0 to 20% (mean: 9%).\textsuperscript{27} Another study by Chatziioannou et al reported a mean parenchymal ischemia of 12% in immediate postprocedure contrast-enhanced CT.\textsuperscript{3} All of the above studies employed various embolizing agents that included coils, NBCA, polyvinyl alcohol, and Gelfoam. In our study with exclusive use of NBCA for embolization, we report an immediate postprocedural area percentage deficit from a range of 4% to 15.7% with a mean of 7.65%.

It has also been observed that in the subsequent follow-up period, a reduction in the infarcted area to almost 50% of the initial area is found, although this parameter has not been evaluated in our study.\textsuperscript{27} This observation has been attributed to the fact that although renal arteries are end arteries, there is presence of intrarenal collateral supply via perivascular plexuses of segmental, interlobar, and arcuate arteries that eventually shrink the initial area of ischemia.\textsuperscript{3}

Another parameter that has been used by authors to evaluate that the efficacy of embolization is the postembolization change in creatinine value.\textsuperscript{28} Srivastava et al reported that in the 24 patients in their study who underwent embolization to manage bleeding complication due to PCNL, there was no significant creatinine change after the embolization.\textsuperscript{29} In another study, preprocedure creatinine was 1.6 ± 1.4 mg/dL and postprocedure creatinine was 1.7 ± 1.5 mg/dL with no significant changes in creatinine values (p = 0.202).\textsuperscript{30} Our study similarly reported no significant creatinine difference between the pre- and postprocedure period.

The technical and clinical success that has been observed in various studies available is between a range of 87 to 100% and 83.3 to 100%, respectively.\textsuperscript{2,20,28,31,32} We too report a technical and clinical success rate of 100% with exclusive use of NBCA as an embolizing agent. Follow-up at 1 and 6 months showed no recurrence of bleed and hence retained 100% clinical success.

The study has many limitations. The method of calculation of renal infarction area is not accurate since it is done on conventional angiography in two dimensions. It can be agreed that a CT volumetry will provide a much accurate measure, but it was not feasible at our institute. Second, estimated glomerular filtration rate is a better indicator to assess the effect of glue embolization on the renal functions; however, our study had employed serum creatinine as an indicator that is less sensitive. Third, the INR values of the coagulopathic patients have been found to be in the range of 1.5 to 2. Patients with INR > 2 have not been observed in this study, which correspond to severe coagulopathy and hence can be considered as a limitation to very conclusively state the efficacy of NBCA in coagulopathy. Finally, the limited sample size and the study being a retrospective observational one are a major limitation, and hence an randomized controlled trial comparing various embolic agents such as glue versus coil is likely to offer significant insights. In conclusion, this study reports our experience with NBCA embolization in iatrogenic renal hemorrhages with achievement of complete technical and clinical success even on 6 months follow-up. It also establishes NBCA as an excellent embolizing agent in patients with coagulopathies. Finally, we also conclude that with exclusive glue embolization, there is minimal renal parenchymal loss along with no significant changes in renal function.

Conflicts of Interest
There are no conflicts of interest.

Acknowledgement
None.
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