Use of Marker Computed Tomography as a Navigational Tool for Performing Minicraniotomies

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Abstract

We want to highlight a simple technique for performing smaller craniotomies, using a marker computed tomography scan, which does not require any special equipment, training or cost and is not time-consuming. Pictorial description of two such cases have been provided.

Introduction

Minimal invasive approaches are increasingly being utilized in neurosurgery. In this context, localization of small subcortical lesions prior to craniotomy is an important part of surgical plan. This becomes even more important when lesion is located at or near eloquent locations. Missing target by small margin can result in more brain retraction and/or need of enlarging bony window. Trainees often tend to use larger craniotomies for relatively smaller lesions to avoid such mishaps. In modern-day neurosurgery, various techniques are available for accurate intraoperative localization of intracranial lesions and thus for tailoring craniotomies, for example, use of stereotaxic apparatus, neuronavigation and intraoperative imaging. However, they can be costly and require some training. Their availability is scarce in resource-limited settings and at tier II hospitals.

We want to highlight a simple technique for performing smaller craniotomies, using a marker computed tomography (CT) scan, which does not require any special equipment, training or cost and is not time-consuming. Pictorial description of two such cases have been provided (►Figs. 1 A-D and ►Figs. 2 A-D).

Discussion

Physicians, particularly residents/trainees, may experience difficulty in placing an abnormality seen on the CT brain scan into its precise anatomical localization. This is particularly important in uppermost CT sections, where exact anteroposterior localization of the anatomy viewed varies from one patient to another due to the alteration of the angle at which the scan was performed. Thus, a small parasagittal lesion may appear to be anterior or posterior to its actual location, depending upon whether the scan was done at +15 ° or +20 ° to Reid’s baseline (infraorbital-meatal line). Consequently, even for smaller lesions, one may end up performing a larger craniotomy to avoid intraoperative surprises. Although MRI is now an easily available technique that offers multiplane reconstruction/views for localization, however, it is not a good tool for visualizing bony landmarks of cranium, which trainees often use for marking the incision and craniotomy. MRI may be not possible in claustrophobic patients or those with pacemakers.

Historically, CT combined with skull X-rays has been used to localize lesions near to vertex of head, even without use of coronal and sagittal reconstruction. CT has also been used to calculate coordinates for stereotaxic biopsies for long.
Fig. 1 (A) A 63-year-old male presented with sudden onset and rapidly progressive weakness of right-sided limbs due to a small subcortical lesion deep to motor cortex of left side with hemorrhage. Significant edema and mass effect was present around lesion. (B and C) A marker CT was obtained by placing a metallic coin over site of lesion, as estimated by surface landmarks, secured with help of a tape. Patient was shifted to operating room with coin fixed with tape over scalp. (D) With the help of coronal and sagittal reconstruction images of this marker CT, a linear incision was planned. Complete excision of extra-axial lesion was performed using a small craniotomy. Patient improved well. Histopathological examination (HPE) of lesion was metastasis from renal cell carcinoma.
However, use of multiplane reconstruction, as used in above technique, can obviate use of other adjuncts like X-rays. This type of technique has been employed in the past, particularly for lesions in parasagittal location and those located over high convexity, with tilting or maneuvering the head within gantry or with the use of scalp-mounted fiducial devices like syrinx shape array of radio opaque catheters or plastic grids.\(^1\)\(^,\)\(^4\)\(^,\)\(^6\) However, placement of complex fiducial device and interpretation of dots on imaging are critical and may require a learning curve.

Further, one either has to fabricate such devices locally or procure it. However, the technique suggested above is simple, as it does not require any device, except a coin (which is usually available, costs only a few pennies/paisa, and reusable) and does not require any training. One can localize lesions near convexity easily and plan a smaller craniotomy accordingly without use of any special equipment. Residents or trainees can also verify their craniotomy planning, which was based on anatomical landmarks, thus improving their skills.

Fig. 2 (A) Axial contrast MRI brain of a 50-year-old male with headache and progressive mental decline demonstrated lesions, affecting body and splenium of corpus callosum with left side intraventricular extension as well as in right occipital lobe. A biopsy from relatively superficial right occipital lesion was planned. (B) A marker was attached on estimated location of right occipital lesion by craniometrics points. (C) Marker CT was obtained by placing a marker on location, estimated by craniometric points. (D) Dotted circle with a cross reveals the precise location of lesion from information provided by marker CT. A linear incision was planned, based on location from marker CT, and lesion was successfully removed by a small craniotomy. Histopathological examination (HPE) of lesion was grade IV glioma.
4 Marker CT for Accurate Localization of Small Cerebral Convexity Lesions  Arora et al.

**Note**
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**Conflict of Interest**
None declared.

**References**