**Review Article** 

# Interventional Oncology: A Snapshot of Expanding Practice

### Abstract

Interventional oncology (IO) was a minor part of interventional radiology. However, with the development of novel technologies and introduction of innovative therapeutics with dramatic transformations in the practice of oncology, IO is facing challenges in adopting and responding to these new changes to maintain its integral role and maximize its potentials in the efficient management of patients with cancer. In this snapshot, some of the novel therapeutic approach principles relevant to IO practice will be explained briefly.

**Keywords:** Chemosaturation, immunoembolization, oncolytic virotherapy

# Introduction

Interventional oncology (IO) has evolved from a slang term among interventional radiologists to indicate a clinically based subspecialty that represents one of the fastest growing areas in interventional radiology.

IO has been recognized as the forth pillar of cancer care through robust multidisciplinary collaboration with medical, surgical, and radiation oncology. Its growing trend continues to expand the practice due to assertive and disruptive innovations that add novel therapeutic approaches and improve the current therapeutic interventions, respectively. Moreover, oncology practice per se has recent evolutionary and revolutionary changes, so-called personalized oncology, that changed the traditional classification and management of cancer and become integral components of cancer management.<sup>[1]</sup> Such changes and innovations lead to expanding the therapeutic choices and approaches with great efficacy, efficiency, and value and improving the lives of cancer patients.

This article will briefly explain the principles and rationale of some new therapeutic platforms that are under technical and clinical investigations and related to IO practice.

# **Oncolytic Virotherapy**

Historically, the viruses have been used as therapeutic agents against cancer with good

safety profile. Replication-defective viruses derived from adenovirus, adeno-associated virus, or retrovirus were used as vehicles for delivering exogenous genetic material to tumor cells as viral cancer gene therapy.<sup>[2]</sup> This concept continues to have revival with significant advances in the design of oncolytic viruses with stronger oncolytic potential for effective tumor treatment.

Oncolytic virotherapy uses genetically modified viruses having oncolytic potential to abrogate pathogenicity while retaining their oncolytic activity<sup>[3]</sup> allowing safe and biologic efficacy against specific tumors. The viruses infect cell of specific lines or with specific receptors preferentially and replicate within these tumor cells resulting in tumor destruction (viral oncolysis) by multiple mechanisms and with different kinetics in addition to evoking the immune response in the host while minimizing the risk of normal cell transformation.<sup>[4,5]</sup> This therapeutic approach has several attractions including a very high therapeutic index, oncolytic virus amplification within tumor as it replicates,<sup>[6]</sup> and low possibility of generating resistance and triggering of numerous cell death mechanisms.<sup>[7]</sup>

Oncolytic virotherapy has been investigated in nearly every organ and major cancer types such as hepatocellular carcinoma, pancreatic carcinoma, and hepatic metastases from colorectal cancer with using of different virus species through various treatment routes.<sup>[4]</sup> It has proved to be safe,<sup>[8]</sup> but it has not yet used widely, reflecting the technical and

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#### Azzam Khankan

Department of Medical Imaging, King Abdulaziz Medical City, Jeddah, Saudi Arabia

Address for correspondence: Dr. Azzam Khankan, Department of Medical Imaging, King Abdulaziz Medical City, P. O. Box 9515, Jeddah 21423, Saudi Arabia. E-mail: a.khankan@gmail.com



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biological challenges regarding the optimal route and dose including maximum tolerated dose of virus. Systemic delivery through intravenous route is convenient and inexpensive. It is required for the treatment of multifocal or metastatic cancer, but it has some limitations such as virus sequestration in the liver and spleen, neutralization by presensitized immune system, and nonspecific binding to the vascular endothelium between the delivery site and target tumors.<sup>[3]</sup> To overcome such limitations and ameliorate the toxicities of systemic delivery, other locoregional delivery routes have been considered to optimize the delivery of oncolytic viruses including intraarterial, intratumoral, and intracavitary routes in addition to organ isolation/perfusion. <sup>[9]</sup> However, these routes still lead to systemic spread of amplified virus that enters the bloodstream from the lytic tumor cells, resulting in abscopal effect with infection of distance metastases. These locoregional delivery routes have been paid attention to the potential of interventional radiology techniques for facilitating such delivery using different interventional techniques under imaging guidance.

Intraarterial delivery allows selective delivery of oncolytic viruses to the target organ taking the advantage of the first-pass effect to increase concentration of viruses within the tumor. In addition, this technique allows increasing the dwell time of the virus using either embolization or balloon occlusion. Percutaneously, implantable catheter-port system can be considered for the purpose of convenience and cost-effectiveness when using therapeutic protocols of repeated doses.

Intratumoral injection has been widely used for direct administration of the oncolytic viruses.<sup>[10]</sup> As it is difficult to control the intratumoral distribution of injectate, the infected cells will lyse and release the replicated virus which in turn infect the rest of the tumor cells which was not exposed to the viral agent at the time of injection. The injection can be performed under imaging guidance such as ultrasound, computed tomography, and magnetic resonance imaging. Using the imaging guidance may have the advantage of more selective injection into the solid tumor and avoiding the necrosis, especially when it is planned in correlation with the functional imaging.

Oncolytic virotherapy is potentially complex but promising within oncology field. However, there are ongoing researches to design more viruses with specific multifunctionality employing biotechnology-engineering methods in order to improve biodistribution, increase the tumor destruction capacity, elicit adaptive antitumor immune responses, and optimize the virotherapy.

# **Immunoembolization**

This therapy is basically a transcatheter intraarterial therapy that used specifically in liver malignancies. It consists of infusion of biological response modifiers or immunologic agents into the hepatic artery followed by embolization. The therapeutic agents used in this approach include basal metabolic rate therapy, including cytokines, toll-like receptor agonists, *ex vivo* stimulated immune cells, monoclonal antibodies, and vaccines.<sup>[11]</sup>

It is based on the fact that despite the abundance of immune cells such as Kupffer macrophages, antigen-presenting cells, and innate immune cell populations in the normal liver, the liver is tolerant and its immune response is naturally suppressed to avoid overactivation of the immune system by persistent exposure to antigens and probiotics from the gastrointestinal tract.<sup>[12,13]</sup>

Different transarterial embolization techniques initially not only cause coagulation necrosis of tumors but also play a role in providing tumor antigens to the local immune system due to slight inflammatory cell infiltration in a narrow periphery on tumor necrosis.<sup>[14]</sup> Therefore, concurrent administration of biological response modifiers will increase the dwelling time of agents and induce an inflammatory response that improves the antigen presentation to the local immune system and stimulate it. Such a local stimulation may shift the tolerogenic microenvironment of normal tissue to systemic immunostimulatory against tumor cells suppressing the growth of untreated tumors and circulating cancer cells. Thereby, immunoembolization could potentially create an *in situ* tumor vaccine.<sup>[15]</sup>

transarterial Previous clinical studies with using immunoembolization for different hepatic tumors have been successful with encouraging tumoricidal effects. OK-432 compound (a penicillin-killed and lyophilized preparation from Streptococcus pyogenes A3) was infused selectively into the hepatic artery followed by bland embolization with fibrinogen, thrombin, or lipiodol for the treatment of hepatocellular carcinoma.[16,17] OK-432 stimulates macrophages and induces multiple cytokines, including interleukin (IL)-1, IL-2, interferon (IFN)-gamma, tumor necrosis factor (TNF)-alpha, IL-6, IL-8, granulocyte colony-stimulating factor (CSF), granulocyte-macrophage CSF (GM-CSF), IL-12, and IL-18.<sup>[18]</sup> Moreover, preoperative immunoembolization with OK-432 and fibrinogen caused suppression of tumor recurrence that might be related to activation of intratumoral M1 macrophages.<sup>[19]</sup> Pathologic examinations of surgically resected tissues treated with OK-432 showed massive infiltration of mononuclear cells, including monocytes, CD4<sup>+</sup> T-cells, and CD8<sup>+</sup> T-cells in addition to coagulation necrosis.<sup>[17]</sup>

In addition, IFN-gamma was reported in patients with hepatocellular carcinoma to be feasible and effective without significant toxicity.<sup>[20]</sup>

The approach has been pursued for the purpose of treatment of metastatic uveal melanoma using GM-CSF, an immune cells-secreted glycoprotein that increases myeloid cell production, stimulates macrophages and dendritic cells,

and increases cytotoxicity of monocytes toward tumor cell lines through release of TNF. GM-CSF is emulsified in lipiodol and administered into the hepatic artery followed by bland embolization with Gelfoam to retain the activity after separation from the emulsion. This technique was shown to be safe and feasible in phase 1 trial for the treatment of patients with hepatic metastasis from primary uveal melanoma.<sup>[21]</sup> When using immunoembolization with high dose of GM-CSF, the progression-free survival in extrahepatic organs and overall survival have been prolonged.<sup>[22]</sup>

Although immunoembolization is rightfully gaining more momentum as an important therapeutic strategy in the management of hepatic malignancies, more technical refinements are needed for optimizing such a promising therapy.

# Chemosaturation Percutaneous Hepatic Perfusion

Traditionally, the concept of regional perfusion aims to deliver high-dose chemotherapeutics to a region of the body burdened with regional cancer using extensive surgical methods that required long hospitalization.<sup>[23,24]</sup> Recently, newer approach using percutaneous interventional radiology techniques has been developed as an alternative regional treatment to surgical isolated hepatic perfusion for unresectable hepatic metastases from different organ malignancies.<sup>[25]</sup>

Chemosaturation percutaneous hepatic perfusion (CS-PHP) is a minimally invasive locoregional therapy that allows continuous administration of high-dose chemotherapy over the period of 1 h cycle time to the liver while limiting systemic toxicity by extracorporeal filtering hepatic venous blood.<sup>[26]</sup> CS-PHP maximizes treatment to the entire liver and may result in a sustainable favorable outcome in selected patients.

The CS-PHP requires well-trained procedure multidisciplinary team consisted interventional of radiologists, anesthesiologists, and extracorporeal perfusion technologists.<sup>[27]</sup> Currently, only one CS-PHP system is commercially available (Chemosaturation Hepatic Delivery System, Delcath Systems Inc., New York, USA), and most of the techniques are used as per the manufactures' instructions. Although the technical details of the procedure are beyond the scope of this article, it basically includes three steps:

- Isolation of hepatic perfusion by diverting the hepatic venous outflow from the circulation to an external circuit with a unique isolation-aspiration double-balloon catheter (Isofuse<sup>®</sup>) placed in the inferior vena cava through the femoral vein
- Saturation of the hepatic artery with high-dose chemotherapeutics during the period of time cycle through selective placed catheter after performing

hepatic arterial mapping and embolizing all branches of the hepatic artery such as gastroduodenal and right gastric arteries to prevent the chemotherapeutic from leaking into the arteries that supply other organs

• Hemofiltration of the venous blood extracorporeally that is shunted out and the return in the body through the jugular vein to reduces toxicity of the chemotherapeutics in the blood before returning the blood to the body.

Different chemotherapeutics have been used for chemosaturation at different doses including doxorubicin, oxaliplatin,<sup>[28,29]</sup> fluorouracil.<sup>[30]</sup> paclitaxel.<sup>[29]</sup> and melphalan.<sup>[29,31-35]</sup> Although the efficacy of CS-PHP is likely to vary according to the type of tumor and chemotherapeutic agent, melphalan is the agent that showed both efficacy and reversible hepatic toxicity even at high doses in the treatment of unresectable isolated hepatic metastases from a variety of tumors, including melanoma, colorectal cancer, gastric cancer, hepatocellular carcinoma, neuroendocrine tumors, and sarcoma.<sup>[29,36,37]</sup> The main adverse event of melphalan is bone marrow suppression presenting thrombocytopenia, anemia, and neutropenia.<sup>[38]</sup> However, such toxicity is manageable. Other anecdotal adverse events include hemodynamic instability during procedure and bleeding due to unexpected disseminated intravascular coagulation.

CS-PHP is a very appealing minimally invasive regional therapy. It has particular advantages over other intraarterial therapies as the chemotherapeutic agents are filtered from the blood in addition to being alternative to surgical isolated hepatic perfusion. It is repeatable and has well-established safety profile with efficacy against a spectrum of tumor histologies. As CS-PHP concept does not prescribe a particular chemotherapeutic agent, further clinical investigations are required to determine long-term effects and standardize the technique in terms of chemotherapeutic agent choice, dose, and circulation time individually for each tumor type and specific clinical setting in addition to combination with other treatment modalities.

Moving forward, IO can expand the traditional armamentarium of therapies through translating and transition novel therapeutic concepts including molecular, biologic, immune therapies from being disruptive innovations to the standards of care. Well understanding and adopting of innovative therapeutics and technologies in addition to responding to the recent transformations in oncology practice are essential to continue and maximize the potentials of IO as a main dedicated player integrated in the modern oncology practice.

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#### **Conflicts of interest**

There are no conflicts of interest.

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