Clinical Decision Support Systems and Computerized Provider Order Entry: Contributions from 2020

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Summary

Objectives: To summarize research contributions published in 2020 in the field of clinical decision support systems (CDSS) and computerized provider order entry (CPOE), and select the best papers for the Decision Support section of the International Medical Informatics Association (IMIA) Yearbook 2021.

Methods: Two bibliographic databases were searched for papers referring to clinical decision support systems. From search results, section editors established a list of candidate best papers, which were then peer-reviewed by seven external reviewers. The IMIA Yearbook editorial committee finally selected the best papers on the basis of all reviews including the section editors’ evaluation.

Results: A total of 1,919 articles were retrieved. 15 best paper candidates were selected, the reviews of which resulted in the selection of two best papers. One paper reports on the use of electronic health records to support a public health response to the COVID-19 pandemic in the United States. The second paper proposes a combination of CDSS and telemedicine as a technology-based intervention to improve the outcomes of depression as part of a cluster trial.

Conclusions: As shown by the number and the variety of works related to clinical decision support, research in the field is very active. This year’s selection highlighted the application of CDSS to fight COVID-19 and a combined technology-based strategy to improve the treatment of depression.

Keywords
Health informatics, International Medical Informatics Association, Review, clinical decision support systems

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1 Introduction

This paper serves as the synopsis of the decision support section of the International Medical Informatics Association (IMIA) Yearbook 2021. It complements the survey paper authored by Taber et al. where the authors sought to identify the current state of research of clinical decision support system (CDSS) using interoperability standards [1]. Our aim is to summarize recent research in the domain of decision support and to select the best papers published in this field in 2020. This literature review focused on research studies related to CDSS and computerized provider order entry (CPOE) systems. The synopsis is organized as follows: the next section summarizes the process for selecting the best papers on the decision support topic; then we present the results of this year’s selection process, and the last section comments the contributions of the two best papers, as well as noticeable research works in the field identified during the whole process.

2 Methods

A comprehensive literature search on topics related to CDSSs and CPOE systems was performed to identify candidate best papers in two bibliographic databases, the PubMed/Medline database (from the US National Center for Biotechnology Information) and the Web of Science® (WoS, from Clarivate Analytics). Both databases were searched with similar queries, tailored to the specificities of each one, targeting journal articles published in 2020, written in English, and related to the topics of interest. The adopted strategy was the one described in the paper of Lamy et al. [2].

A first review of the retrieved citations was performed by the two section editors to select 15 candidate best papers. Following the IMIA Yearbook protocol, these candidate best papers were then individually reviewed and rated by both section editors, the chief editor of the Decision Support section, and external reviewers from the international Health Informatics community. Based on the reviewers’ ratings and comments, the Yearbook editorial committee then selected the best papers of the decision support domain.

3 Results

A total of 1,919 unique references were obtained. After a first individual screening independently performed by both section editors based on the title of papers, 1,816 were rejected by both of them. 103 studies were then discussed by the two editors to achieve a final selection of 15 candidate best papers. After the external review of these 15 articles, the editorial committee finally selected two of them as best papers for 2020. Table 1 summarizes 15 papers initially selected by the section editors. The two best papers of 2020 are discussed in the next section.
Table 1  The 15 papers initially selected


4 Discussion and Outlook

The first paper, by Wu et al. [3], proposed a clinical decision support system for severity risk prediction of COVID-19 patients at hospital admission. The model was built in a supervised manner from 725 patients in order to predict the onset of severe or critical illness during hospitalization. It was an international multicenter study including retrospective and prospective cohorts from China, Italy and Belgium. The final list of features included in the model were age, lymphocytes (proportion), CRP, LDH, creatine kinase, urea and calcium. This modelisation is proposed as an online calculator tool, as well as transcribed through a nomogram and trial for clinicians. The very early conduct of this large-scale multicenter study during the epidemic, as well as the pragmatism of the dissemination of the model through these tools, seems to the editors to be highlighted.

In the second paper, Balestrieri et al. [4] aimed to test the effectiveness of a composite CDSS and telemedicine combined approach designed to treat depression in primary care. This intervention was assessed through a cluster randomized trial in four clinics in Italy comparing the technology-based intervention versus usual treatment. The algorithm used in this project was a computerized treatment system developed by expert consensus; it provided all prompts necessary to guide the GPs in the choice of the best treatment and provided guidance about the need of a referral to a specialist service. The percentage of remitters at 6 months was significantly lower in the intervention group (24.1% vs 6.6%). This work seems to us to be a reference article for the global evaluation of a decision support tool including a content and an expert decision tree. The study design, always a challenge when implementing CDSS interventions, used in this article is an excellent example of how CDSS can be disseminated.

Besides the two best papers selected for the Decision Support section of the 2021 edition of the IMIA Yearbook, several other works deserve to be cited. One paper describes the use of electronic health records to support a public health response to the COVID-19 pandemic with a focus
on academic centers in the United States [5]. Other papers focus on the integration of Artificial Intelligence (AI) and machine learning-based with clinical decision support system to help in different clinical situations [6].

As showed in the amount and the variety of studies found in this synopsis, research in the field of CDSS is very active. As expected, this year’s selection highlighted the impact that COVID-19 and the global crisis had on public health and how information system and especially CDSS can help to implement technology-based solutions. Telehealth and machine learning tools associated to CDSS were also emerging in the scientific literature.

References
Appendix: Content Summaries of Best Papers for the Decision Support Section of the 2021 IMIA Yearbook


Development of a clinical decision support system for severity risk prediction and triage of COVID-19 patients at hospital admission: an international multicentre study

Eur Respir J 2020 Aug 20;56(2):2001104

In this paper the authors aimed to develop a machine learning algorithm to assess and triage patients with COVID-19. They used 725 patients to train the model, including cohorts from hospitals in China, Italy and Belgium. The main outcome was the onset of severe or critical illness during hospitalization. Model performances were quantified using the area under the receiver operating characteristic curve (AUC) and other metrics. The model was validated yielding AUCs ranging from 0.84 to 0.93, with accuracies ranging from 74.4% to 87.5%, sensitivities ranging from 75.0% to 96.9%, and specificities ranging from 55.0% to 88.0%, most of which performed better than the pneumonia severity index. The authors concluded that the machine-learning algorithm is useful to triage the severity and critical illness among COVID-19 patients at hospital admission. The online calculators can be found at www.covid19risk.ai.


Effectiveness of clinical decision support systems and telemedicine on outcomes of depression: a cluster randomized trial in general practice

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In this paper, the authors combined a Computerized Clinical Decision Support Systems (CCDSS) tool with a Telehealth Intervention and tested the effectiveness of this combined approach to treat depression in primary care. The design was a randomized trial involving General Practice clinics in Italy. The study compared the combined Intervention (TG – Telehealth visit + CCDSS) with the control group (CG) in which GPs provided usual treatment. 2810 patients were included. 66 patients were included in the TG group and 32 in the CG. The percentage of remitters at 6 months was significantly higher in the TG than in the CG group (24.1% versus 3.1%, \( \chi^2 = 6.6, P = 0.01 \)). The combined intervention was more effective than the usual care offered by GPs to patients with depression in the study.