Pterygopalatine Fossa: Microsurgical Anatomy and its Relevance for Skull Base Surgery

Fossa Pterigopalatina: Anatomia microcirúrgica e sua relevância para a cirurgia da base do crânio

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Abstract

Introduction The purpose of this study was to define the anatomical relationships of the pterygopalatine fossa (PPF) and its operative implications in skull base surgical approaches.

Methods Ten cadaveric heads were dissected at the Diane and M Gazi Yasargil Educational Center Microsurgical Laboratory, in Little Rock, AK, USA. The PPF was exposed through an extended dissection with mandible and pterygoid plate removal.

Results The PPF has the shape of an inverted cone. Its boundaries are the pterygomaxillary fissure; the maxilla, anteriorly; the medial plate of the pterygoid process, and greater wing of the sphenoid process, posteriorly; the palate bone, medially; and the body of the sphenoid process, superiorly. Its contents are the maxillary division of the trigeminal nerve and its branches; the pterygopalatine ganglion; the pterygopalatine portion of the maxillary artery (MA) and its branches; and the venous network. Differential diagnosis of PPF masses includes perineural tumoral extension along the maxillary nerve, schwannomas, neurofibromas, angiofibromas, hemangiomas, and ectopic salivary gland tissue. Transmaxillary and transpalatal approaches require extensive resection of bony structures and are narrow in the deeper part of the approach, impairing the surgical vision and maneuverability. Endoscopic surgery solves this problem, bringing the light source to the center of the surgical field, allowing proper visualization of the surgical field, extreme close-ups, and different view angles.

Conclusion We provide detailed information on the fossa’s boundaries, intercommunications with adjacent structures, anatomy of the maxillary artery, and its variations. It is discussed in the context of clinical affections and surgical approaches of this specific region, including pterygomaxillary disjunction and skull base tumors.

Keywords
► microsurgery
► neuroanatomy
► pterygopalatine fossa
► skull base


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Introduction

The pterygopalatine fossa (PPF) is a small area that lies between the maxilla and the middle cranial fossa. It contains multiple delicate vascular and nervous structures and is of great interest to neurosurgeons, otolaryngologists, and maxillofacial surgeons. Tumors of the PPF are rare; however, their management poses numerous surgical challenges. Transmaxillary approaches are often associated with high morbidity, poor cosmetical results, and possibly bone development disorders. Endoscopic approaches have cosmetic and postoperative advantages, although limited in terms of hemostatic control.\(^1\)\(^-\)\(^3\)

Anatomic knowledge of this particular region is paramount because the space is narrow, the structures are packed tightly, and accidental lesions could result in high morbidity. The purpose of the present study was to analyze the microsurgical anatomy of this area to define the anatomical relationships of the PPF with the respective surgical implications for skull base approaches.

Material and Methods

The dissections were performed by the main author on 10 cadaveric heads at the Dianne and M Gazi Yasargil Educational Center Microsurgical Laboratory, in Little Rock, AK, USA. The heads were fixed in formalin. Arteries and veins were colored with latex to enhance their visibility. An anatomical dissection was done via a wide preauricular incision, ranging from the superior temporal line to the neck, on the anterior border of the sternocleidomastoid muscle at the level of the cricoid cartilage. The flap was displaced anteriorly.

The branches of the facial nerve and the parotid duct were dissected. The parotid fascia and parotid gland were removed, preserving the facial nerve. The masseter muscle was cleaned and resected. The superficial temporal fascia and the fat pad were removed along the zygomatic arch, which was then removed. The superficial temporal artery (STA) and the auriculotemporal nerve were identified over the deep temporal fascia. The coronoid process of the mandible was cut and reflected upward together with the temporal muscle tendon, while the insertion of the deep layer of the masseter muscle was resected. The mandible was cut at the level of the neck and the level of the angle. This part of the mandible was removed, and the structures of the infratemporal fossa (ITF) were identified. The ITF fossa muscles were resected, and the lateral pterygoid plate was removed to expose the PPF.

Results

Boundaries and Contents of the Pterygopalatine Fossa

The PPF has the shape of an inverted cone, having as apex the greater palatine canal. Its lateral boundary is the pterygomaxillary fissure (PMF), which communicates the PPF with the infratemporal fossa. The other boundaries of the PPF are the following: the maxilla, anteriorly; the medial plate of the pterygoid process and greater wing of the sphenoid process, posteriorly; the palate bone, medially; and the body of the sphenoid process, superiorly. The maxillary artery (MA), arising medially to the neck of the mandible, and bending in an anterior, medial and slightly superior direction, enters the PPF through the PMF, giving several branches before entering the sphenopalatine foramen as the sphenopalatine
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The Maxillary Artery (MA)

The contents of the PPF are shown in Table 1. The vascular and nervous structures arising from the PPF are described in Table 2. To reach the PPF, the ramus and condyle of the mandible were removed. The contents of the infratemporal fossa were removed using a lateral infratemporal approach.

Table 1: Communications of the pterygopalatine fossa to adjacent structures

<table>
<thead>
<tr>
<th>Structure</th>
<th>Communication provided by</th>
</tr>
</thead>
<tbody>
<tr>
<td>Infratemporal fossa</td>
<td>Pterygomaxillary fissure</td>
</tr>
<tr>
<td>Orbit</td>
<td>Inferior orbital fissure</td>
</tr>
<tr>
<td>Nasal cavity</td>
<td>Sphenopalatine foramen</td>
</tr>
<tr>
<td>Middle cranial fossa</td>
<td>Foramen rotundum</td>
</tr>
<tr>
<td>Palate</td>
<td>Greater and lesser palatine canals and foramina</td>
</tr>
<tr>
<td>Foramen lacerum</td>
<td>Pterygoid canal</td>
</tr>
<tr>
<td>Vault of pharynx</td>
<td>Pharyngeal canal</td>
</tr>
</tbody>
</table>

Table 2: Contents of the structures that communicate with the pterygopalatine fossa

<table>
<thead>
<tr>
<th>Communication provided by</th>
<th>Contents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foramen rotundum</td>
<td>Maxillary division of fifth cranial nerve</td>
</tr>
<tr>
<td>Sphenopalatine foramen</td>
<td>Sphenopalatine artery and vein</td>
</tr>
<tr>
<td></td>
<td>Nasal branches of maxillary nerve</td>
</tr>
<tr>
<td>Greater and lesser palatine canals</td>
<td>Greater and lesser nerves, arteries, and veins</td>
</tr>
<tr>
<td></td>
<td>Descending palatine artery</td>
</tr>
<tr>
<td>Pterygoid canal</td>
<td>Vidian nerves, arteries, and veins</td>
</tr>
<tr>
<td>Inferior orbital fissure</td>
<td>Zygomatic branch of maxillary nerve</td>
</tr>
<tr>
<td></td>
<td>Infraorbital nerves, arteries, and veins</td>
</tr>
<tr>
<td>Pterygomaxillary fissure</td>
<td>Maxillary artery</td>
</tr>
<tr>
<td></td>
<td>Posterior superior alveolar nerve, artery, and vein</td>
</tr>
<tr>
<td>Pharyngeal canal</td>
<td>Pharyngeal nerve, artery, and vein</td>
</tr>
</tbody>
</table>

Fig. 1  Lateral view of the infratemporal fossa (ITF). The pterygopalatine fossa is medial to the lateral pterygoid plate. The lateral pterygoid process and the condylar process were removed. 1, posterior superior alveolar artery; 2, infraorbital artery; 3, sphenopalatine artery; 4, descending palatine artery (not injected); 5, maxillary artery; 6, lateral pterygoid plate; 7, buccal nerve; 8, buccal artery; 9, lingual nerve; 10, inferior alveolar nerve; 11, medial pterygoid muscle; 12, inferior alveolar artery; 13, middle meningeal artery; 14, deep temporal nerve; 15, anterior deep temporal artery; 16, posterior deep temporal artery; 17, digastric muscle (posterior belly); 18, posterior auricular artery; 19, posterior auricular artery; 20, external acoustic meatus; 21, mastoid.
the PPF, an interesting finding was the proximity of the foramen rotundum and pterygoid canal to the sphenoid sinus. The pterygoid canal can be completely intrasinusal in 7.5 to 13% of the cases and may even be in open communication with the sphenoid sinus when the root of the canal is absent. The anterior portion of the pterygoid canal may also be associated with the ethmoid sinus in up to 7% of cases if the latter is grossly enlarged. Knowledge of those anatomical variations may be useful in the planning of endoscopic surgery and could also explain neural and vascular

**Fig. 2** Limits of the infratemporal fossa, pterygopalatine fossa and bone relationships. (A). Oblique lateral view of the ITF. (B) Same oblique lateral view after removal of the mandible. (C) Inferior aspect of the cranium. (D) Interior view of the cranial base. The circle on the right middle fossa represents approximately the correspondence of the ITF in the middle fossa. (E) Lateral view of the ITF after sagittal paramedian section. (F) Note that the depression of the mandible (open mouth) gives more access to the ITF laterally. 1, zygomatic process of the temporal bone; 2, temporal fossa; 3, greater wing of the sphenoid; 4, lateral pterygoid plate; 5, medial pterygoid plate; 7, articular tubercle of the temporal bone; 8, spine of the sphenoid bone; 9, pterygomaxillary fissure; 10, pterygopalatine fossa; 11, foramen spinosum; 12, foramen ovale; 13, foramen rotundum; 14, clivus; 15, occipital condyle; 16, coronoid process; 17, styloid process.
involvement in inflammatory and neoplastic diseases of the sphenoid and ethmoid sinuses, which occur in some case reports.  

In the present study, the branching pattern of the MA’s pterygopalatine portion was similar to that in other articles. From the PMF to the PPF, the MA branched into five arteries. The first ones to branch were the PSAA and the IOA, followed by the DPA, VA, and SPA, which arose in the PPF region. (► Fig. 3)

The present data indicate that pterygomaxillary disjunction can be safely performed without lacerating the MA or damaging the neural contents of the PPF. This can be accomplished by placing the osteotome inferiorly on the pterygomaxillary junction (PMJ) and directing it anteriorly and medially. Special care should be taken in not directing the osteotome superiorly. Besides, because the location of the DPA was reported to be an average 24.8 mm apart from the PMJ [28], the osteotome should be directed inferiorly from the zygomaticomaxillary crest as it continues posteriorly when performing the Le Fort I osteotomy. The risk of damaging the MA and its branches will be minimized with this maneuver.

Discussion

Despite its surgical importance, anatomic reports of the pterygopalatine portion of the MA are scarce, because of the difficulty in approaching this region. (► Fig. 4) To the best of our knowledge, this issue has been addressed by Montgomery et al., Potter, Pearson et al., and Wentges. Turvey and Fonseca described the relationship between the course of the MA in the PPF and the pterygomaxillary suture, a particularly useful finding in oral and maxillofacial surgery. Li et al. also described the localization of the descending palatine artery concerning the Le Fort I osteotomy. To separate the pterygomaxillary junction, detailed knowledge of the PPF anatomy is crucial to surgeons. Understanding the course and variations of the MA and its branches in the PPF will help the surgeon prevent injury to this artery when performing midfacial osteotomies. (► Fig. 4 illustrates a

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**Fig. 3** Lateral view. (A). Were removed the lateral and anterior walls of the maxillary sinus, the walls of the orbit, and the orbital fat. The temporal lobe is displaced posteriorly to expose the cavernous sinus. The dura of the middle fossa was peeled away, and the bone of the middle fossa floor was drilled out to show the anatomical relationship between the temporal and infratemporal fossa structures. Mastoidectomy was performed, preserving the mastoid tip. 1. lacrimal gland; 2. rectus lateralis muscle; 3. middle cerebral artery; 4. otic capsule (semicircular canals); 5. Eustachian tube; 6. middle meningeal artery; 7. internal carotid artery (intrapetrous portion); 8. facial nerve; 9. vertebral artery; 10. styloid process. Max. Maxillary. (B). Middle fossa floor and cavernous sinus. 1. sphenoidal sinus; 2. Gasserian ganglion; 3. middle meningeal artery; 4. internal carotid artery (intrapetrous portion); 5. eustachian tube.

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**Fig. 4** Clinical example. Computed tomography scan. Endoscopic endonasal biopsy of the tumor in the pterygopalatine fossa revealed squamous cell carcinoma. Treatment was supplemented with radiation therapy.
pterygopalatine fossa tumor—the biopsy revealed squamous cell carcinoma.

**Clinical Applications**

In the setting of a PPF mass lesion, the differential diagnosis includes perineural tumor extension along the maxillary nerve, schwannomas or neurofibromas arising from this nerve, angiofibromas, hemangiomas, and—on rare instances—ectopic salivary gland tissue. In the investigation of these lesions, computed tomography (CT) provides information regarding the adjacent osseous structures, while magnetic resonance imaging (MRI) helps to characterize the lesion.

The finding of a lesion in the PPF has serious implications, both in treatment and prognosis. In the absence of a local destructive neoplasm, it often signifies the presence of perineural spread. The 5-year survival rate of patients presenting with sinonasal malignancies and invasion of the PPF is very low. Frequently, perineural spread into the PPF is also an indicator of increased tumor recurrence and reduced survival.

On MRI, the normal PPF appears as a small fatty cleft between the posterior wall of the maxillary sinus, anteriorly, and the pterygoid plates, posteriorly. The fossa is best viewed on T1-weighted images because its contents are surrounded by hyperintense fat. It is usually bilaterally symmetric, containing small flow voids arising from branches of the maxillary artery. The presence of small emissary veins may cause mild enhancement within the PPF after the administration of contrast.

Angiofibromas and hemangiomas, being vascular tumors, will enhance intensely following contrast administration, and may show abundant flow voids. A nasopharyngeal carcinoma extending into the PPF will replace fat in this location and, if extensive, may erode and enlarge the osseous limits of the fossa. Schwannomas are circumscribed, enhancing tumors that, when large enough, may also erode the osseous margins of the PPF. Encephaloceles and heterotopic brain might have signal characteristics similar to brain tissue on T1, T2, and proton density-weighted MRI.

The various anatomic communications provided by the PPF in the midfacial region explain why the spread of tumors and infections from the head and neck to the cranial base is typical. Many tumors arising from the perineurium spread in all these regions. This explains why the PPF, despite its limited size, has such an importance in cranial base surgery.

Many different methods have been used to produce regional anesthesia of the maxillary branch of the trigeminal nerve. Inserting a needle into the greater palatine canal through the greater palatine foramen and then applying the local anesthetic into the superior part of the PPF will result in profound anesthesia in the distribution of the maxillary nerve. This technique is useful in both maxillofacial surgery and dental treatment, providing a low incidence of complications.

**Standard Surgical Approach**

The standard approach to the PPF usually requires transmaxillary techniques. However, these techniques are limited by facial scars, prolonged recovery time, and possible effects on facial skeletal growth. Endoscopic approaches are becoming increasingly more popular but have limited utility in far lateral access, increased operative time, and increased difficulty in achieving hemostasis in highly vascular tumors.

Patel et al. described a modified lateral rhinotomy with maxillectomy technique for the treatment of PPF neoplasms. This new approach provides excellent access to most anatomic extensions and is cosmetically superior to the previously described techniques. It allows to preserve the infraorbital nerve and a portion of the maxillary periosteum and facilitates complete resection of PPF lesions.

**Endoscopic Approaches**

Surgically approaching the PPF is technically tricky, both because of its depth and bony encasement. Traditional open approaches, such as the Caldwell-Luc and lateral rhinotomy, have been primarily replaced by transnasal endoscopic approaches, which are less invasive and greatly minimize the postoperative morbidity associated with older approaches.

Concerning PPF biopsies, the majority of the image-guided cases reported in the literature used a transnasal approach with a medial maxillary antrostomy to gain access to the posterior maxillary wall. The image-guided transoral approach, described by Bleier and Mirza, has been reported to allow wide surgical exposure without the need for endoscopic equipment, also minimizing the potential morbidity of a wide maxillary antrostomy, such as orbital and nasolacrimal duct injury.

Using the endoscopic endonasal route, the PPF can be exposed through its anteromedial surface. When using this technique to approach lesions that invade the PPF through the lateral recess of the sphenoid sinus (LRSS), it is more critical to gain wide access to the LRSS, located medially, than to enlarge the surgical field laterally to expose the surface of the PPF completely. The latter maneuver should only be performed during the procedure if the surgeon notices that the lesion expands laterally.

Alfieri et al. using an endoscopic endonasal approach to the pterygopalatine fossa in cadavers, found that the Vidian nerve is an important anatomic landmark. The foramen lacerum was located posteromedially to it, the mandibular nerve was located posterolaterally, the Eustachian tube was located inferomedially, and the PPF was located anteriorly. In all the specimens studied, the pterygopalatine ganglion was found to be of triangular shape, reflecting the disposition of its three main branches: the Vidian nerve superomedially, the branch from the maxillary nerve superolaterally, and the greater and lesser palatine nerves inferiorly. It was also noted that small branches from the pterygopalatine nerve innervated the nasal and pharyngeal mucosa.

In their study, Alfieri et al. used three different approaches to the PPF. In the middle meatal transpalatine approach, a medial exposure of the PPF can be achieved. The Vidian nerve is found superomedially and can be followed to identify the pterygopalatine ganglion. The middle meatal transantral approach with a medial maxillary antrostomy to gain access to the posterior maxillary wall. The image-guided transoral approach, described by Bleier and Mirza, has been reported to allow wide surgical exposure without the need for endoscopic equipment, also minimizing the potential morbidity of a wide maxillary antrostomy, such as orbital and nasolacrimal duct injury.

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approach allows a broader exposure and is particularly indicated to approach the lateral PPF. At this location, the infraorbital nerve is easily identified. When the sphenopalatine artery cannot be identified, this approach is a valid alternative. At last, the inferior turbinectomy transantral approach allows a broader exposure and is particularly indicated to approach the lateral PPF. At this location, the infraorbital nerve is easily identified. When the sphenopalatine artery cannot be identified, this approach is a valid alternative.

At present, the best available non-endoscopic approaches to the PPF are more invasive when compared with their endoscopic counterparts. The transmaxillary and transpalatal approaches require extensive resection of bony structures and are narrow in the deeper part of the approach. This creates a cone-shaped surgical field, impairing the surgical vision and maneuverability. Endoscopic surgery solves this problem, bringing the light source to the center of the surgical field. An endoscope also allows proper visualization of the surgical field, with the possibility of extreme close-ups and different view angles when using changeable endoscopes.

Conclusions
The pterygopalatine fossa is a cone-shaped space that contains multiple key neurovascular structures and its access, either endoscopic or microsurgical, can be challenging. We present here the boundaries, intercommunications with adjacent structures, anatomy of the maxillary artery, and its variations. This anatomical knowledge is discussed in the context of clinical affections and surgical approaches of this specific region, including pterygognal disjunction and skull base tumors.

Conflict of Interests
The authors have no relevant conflict of interests to declare.

References


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