

Biomedical Waste Management: The Challenge amidst COVID-19 Pandemic

Arghya Das¹ Rahul Garg^{1,✉} Bisweswar Ojha² Tuhina Banerjee¹

¹Department of Microbiology, Institute of Medical Sciences, Banaras Hindu University, Varanasi, Uttar Pradesh, India

²Department of Pharmacology, Institute of Medical Sciences, Banaras Hindu University, Varanasi, Uttar Pradesh, India

Address for correspondence Tuhina Banerjee, MD, DNB, PhD, Department of Microbiology, Institute of Medical Sciences, Banaras Hindu University, Varanasi 221005, Uttar Pradesh, India (e-mail: drtuhina@yahoo.com).

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Proper biomedical waste (BMW) management in accordance to the stipulated rule was one of the neglected aspects of health care for years, especially in developing countries like India. Since the BMW Management Rules, 2016 by Government of India (GoI), Ministry of Environment, Forest, and Climate Change initiated changes by prescribing simplified categories (color coded) for segregation of different BMWs, an amendment in 2018 also came into force with the aim to improve the compliance to the rules.^{1,2} Nonetheless, proper segregation, handling, and disposal remained a serious concern for health care facilities across India with an annual growth rate of 7% with a projected estimate up to 775.5 tonnes/d by the year 2022.³

Amidst the coronavirus disease 2019 (COVID-19) pandemic, the scenario might worsen as evidenced by some initial experiences, with piles of personal protective equipment (PPE) accumulating in the hospitals (►Fig. 1). In spite of the guidelines by World Health Organization and Ministry of Health and Family Welfare, GoI regarding the rational use of PPE for COVID-19, health care settings are experiencing high demand of PPE from all strata of health care workers owing to the fear of infection.^{4,5} The apprehension is often resulting in the misuse of PPE on many occasions aggravating the problem by generating huge quantity of BMWs which are difficult to store and transport with limited resources and manpower available at the time of crisis. Added to the menace, is the indiscriminate use and disposal of single-use surgical masks (at times N95 respirators) even in the community. Their disposal is often being carried on along with the noninfectious kitchen/general waste from the household and residential areas where color-coded BMW bins are difficult to be found. It is worth mentioning that for the new severe acute respiratory syndrome coronavirus 2 (SARS CoV2) with fomite-borne transmission and yet to be known period of viability on the fomites, the indiscriminate disposal of BMWs in the general garbage provides an easy access to the largely susceptible community.⁶

In response to the COVID-19 pandemic in India, Central Pollution Control Board (CPCB), Ministry of Environment, Forest & Climate has published guidelines for the management

of waste generated during treatment/diagnosis/quarantine of COVID-19 patients.⁷ These guidelines have advocated use of double layered bags (using two bags), mandatory labeling of bags and containers as “COVID-19 waste,” regular disinfection of dedicated trolleys, separate record keeping of waste generated from COVID-19 isolation wards, in addition to the recommendation for following existing practices of BMW Management Rules, 2016. Although the CPCB is the nodal agency for making any recommendation pertaining to BMW in India, some guidelines have also been published by other government agencies for the management of COVID-19 waste. While the latter guidelines must conform with the recommendations made by CPCB, disparities have been noted in some with respect to the segregation norms of existing BMW Management Rules, 2016 in which the segregation of the items is devised based on the final mode of treatment. This abrupt change in the category of certain BMWs might result in inappropriate final treatment.

Addition of spill management from the BMW bags or containers, recommendation of ideal PPE for persons handling BMW, provision of health check-up for those individuals may be considered in the upcoming guidelines by CPCB. Other government agencies should clearly state in their own guidelines that the norms laid by CPCB should be followed for BMW management with mention of the specific URL of the CPCB guidelines. Besides maintaining uniformity in the guidelines, the monitoring of implementation of the prescribed policies for BMW management should also be prioritized. Hospitals and institutions should expand their capacities to transport and store BMWs owing to increase in the quantity of the waste. An electronic communication mechanism should be in place to specify the exact quantity of “COVID-19 waste” in different categories, any breach during transportation and treatment which should be notified to the nodal agency. Institutional infection prevention and control team should conduct regular training of all concerned staffs for BMW management and monitor the practices. These steps in combination with strict adherence to the norms will ensure better handling of the impending crisis.



Fig. 1 Overflowing of biomedical waste in the doffing area outside a COVID-19 isolation facility in India (the barely visible yellow biomedical waste bin is hidden behind the pile of personal protective equipment). COVID-19, coronavirus disease 2019.

As is evident from the current situation of the pandemic, basic infection control practices are the only measures for containment. Proper waste disposal is an integral part of these control measures. Through this letter, the authors intend to draw the attention of the concerned authorities at the institutional and local administrative levels for thorough implementation of the prescribed policies with the scope of overall improvement in the BMW segregation and disposal in daily practice which will be of immense help even after the pandemic.

Conflict of Interest

There is no conflict of interest.

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