Imaging of Mixed and Radiopaque Jaw Lesions

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Abstract

Radiopaque lesions and lesions of mixed density are less frequent than radiolucent lesions of the jawbones. They comprise a spectrum of odontogenic and non-odontogenic lesions. The latter group includes inherited and developmental disorders, osteomyelitis, and benign and malignant primary bone tumors and metastases. Most odontogenic radiopaque or mixed lesions are either related to the apex or more rarely to the crown of the tooth, although there are exceptions to this rule. Some lesions, such as a torus mandibularis and torus palatinus, have a characteristic location, whereas others show no relationship to the dentition. This article describes the most characteristic and prevalent radiopaque and mixed lesions of the jaws and their imaging characteristics. Paget’s disease, fibrous dysplasia, and rare sclerotic bone diseases of the maxillofacial bones are discussed elsewhere in this issue. Careful correlation of clinical presentation, panoramic radiographs, cone beam computed tomography, and histopathology are the cornerstones for appropriate lesion characterization.

Keywords

► jaws
► tumor and tumor-like lesions
► increased bone density
► cone beam computed tomography
► imaging

Lesions with Preferential Periapical Location

Cementoblastoma

Cementoblastoma is a rare neoplasm of cementoblasts around the apex of a tooth root.1 The mandible is more frequently involved than the maxilla with predilection of the premolar or first molar of the mandible.2,3 Children and adults < 30 years are usually affected.1,2

On panoramic radiographs and cone beam computed tomography (CBCT), the lesion appears as a well-delineated round radiopaque mass of disorganized cementum often surrounded by a thin radiolucent halo of nonmineralized germinative cells.2 Cementoblastoma typically fuse with the root of one or more teeth and may invade the root canal and pulp chamber.4 Because of the intimate relationship with the root of the teeth, tooth extraction may be difficult.3

Cemento-ossifying Fibroma

Cemento-ossifying fibroma is a benign neoplasm composed of fibrous tissue and mineralized material, often found in the third and fourth decades with a marked female predilec-
Radiographically, three stages may be seen depending on the age of the lesions: initially, the lesion is well defined and radiolucent (osteolytic stage), followed by a mixed radiolucent-radiopaque stage (► Fig. 2), with a dense central core (cementoblastic stage), and finally a mineralized radiopaque mass surrounded by a thin radiolucent zone may develop (mature inactive stage). The tooth remains vital in contradistinction to the devitalized tooth seen with periapical granuloma.

The term florid cemento-osseous dysplasia (FCOD) is used for a massive involvement of periapical cemental dysplasia involving two or four quadrants of the tooth-bearing areas of the jawbones. It is most frequently seen in the mandible of middle-aged black women, although it may also occur in whites and Asians. The lesion is found incidentally during routine dental examination and is often asymptomatic or may present with pain.

On radiographs and CBCT, FCOD presents as multifocal mixed osseous changes in the jawbones. There is often bone expansion. Sclerotic lesions do not fuse with the tooth root and are located above the mandibular canal.

FCOD usually has no hereditary basis, but familial cases have been reported. Familial FCOD has no demographic predilection, presents at a younger age, and may progress more rapidly than its sporadic counterpart. The differential diagnosis on imaging includes fibrous dysplasia, Paget’s disease, Gardner’s syndrome, chronic sclerosing osteomyelitis, and osteoblastic bone metastasis. Fibrous dysplasia (FD) is often polyostotic and involves the maxilla more frequently than the mandible. It is typically unilateral and often extends into contiguous bones such as the zygoma and sphenoid.

Paget’s disease is also often polyostotic but rather involves the entire mandible and is characterized by elevated alkaline phosphate levels, whereas laboratory findings in FCOD are normal. Gardner’s syndrome is not restricted to the tooth-bearing area and may involve other bones than the jawbones.
In chronic osteomyelitis, usually one bone segment is involved and the lesion is poorly circumscribed, whereas FCOD is seen as multiple round or lobulated opaque masses. Chronic osteomyelitis usually involves the body of the mandible from the alveolus to the inferior border and may extend into the ramus. However, due to a decreased vascularity of the lesion, FCOD may predispose to chronic infection and pathologic fracture with poor healing.

Asymptomatic FCOD needs no surgical treatment. A wait-and see policy is recommended with imaging follow-up every 2 to 3 years.

**Condensing Osteitis**

Condensing osteitis, also known as focal sclerosing osteomyelitis, represents a mild focal form of sclerosing osteomyelitis arising in the posterior mandible at the apices of the premolar or molar teeth. It is the most common sclerotic lesion of the jaw and usually affects children and young adults.

Radiologically or on CBCT (Fig. 3), it appears as a focal area of well-circumscribed or ill-defined bone sclerosis surrounding the dental roots, often with inflamed or necrotic dental pulp. The lesion may be single or multiple.

**Idiopathic Osteosclerosis**

This incidental lesion presents radiographically as a radiopaque area adjacent to the tooth apex or intraradicular region, most commonly in the premolar or molar region. It occurs in young asymptomatic patients and may be multifocal.

Radiographically or on CBCT (Fig. 4), the lesion has sharp angular margins. This lesion resembles a dense bone island, but in the latter, there is no specific relationship with the dentition. A typical dense bone island has spiculated margins.

**Lesions with Preferential Pericoronal Location**

**Odontoma**

Odontomas are hamartomas originating from differentiated epithelial and mesenchymal cells (ameloblasts and odontoblasts) and composed of enamel and dentin. Odontomas are the most common odontogenic neoplasms. They are most prevalent in children and young adults.

There are two macroscopic types. The compound odontoma consists of multiple denticles or small teeth-like structures. The complex odontoma does not resemble a normal tooth and appears as an amorphous calcified mass.

Radiographically, the compound type (Fig. 5 and Fig. S2) consists of multiple small radiopaque teeth-like structures surrounded by a thin radiolucent halo. The complex odontoma (Fig. 6) presents as an irregularly shaped and amorphous radiopaque mass, also surrounded by a thin radiolucent halo.

The size of the lesions may range between 1 and 3 cm. The posterior mandible and ramus is most commonly involved in complex odontoma, whereas a compound odontoma is most common in the anterior maxilla. Lesions may have a mass effect causing impaction, malpositioning, and resorption of adjacent teeth.

Surgical excision is the treatment of choice. Recurrence is rare.

**Adenomatoid Odontogenic Tumor**

This adenomatoid odontogenic tumor was formerly known as odonto-ameloblastoma. It may be located around the crown of the tooth or without any relation to the tooth. It is most frequently located in the anterior maxilla in the second decade of life and predominantly in female patients.

Radiographically and on CBCT, it is primarily of mixed density consisting of a well-delineated radiolucent lesion with intralesional flecks of calcifications with a “faint snowflake” or “small pebble” appearance. Most of the lesions are associated with an impacted tooth that is completely contained within the lesion, in contrast with a dentigerous cyst that typically attaches at the cementoenamel junction.

**Calcareous Epithelial Odontogenic Tumor**

Calcareous epithelial odontogenic tumor (CEOT), or Pindborg tumor, is a rare odontogenic neoplasm originating from odontogenic epithelium. It can occur at any age, but it is most common in the fifth decade. The posterior mandible is most often involved with predilection of the first and second molars. It may be located either around the crown of the tooth or not tooth related.

On radiographs and CBCT, the lesion has a variable density ranging from radiolucent, mixed radiolucent-radiopaque, to dense radiopaque. Clustered intralesional calcifications are typically seen around the tooth crown, and the lesion is often associated with impaction of one or multiple teeth.

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may be either well defined or ill-defined and may have a unilocular or multilocular appearance.

**Dentinogenic Ghost Cell Tumor**

Dentinogenic ghost cell tumor (DGCT) is considered a rare neoplastic variant of CEOT. There are two distinct types of DGCT. The **intraosseous DGCT** tends to be locally aggressive with a mean age of 40 years. It mainly occurs in the canine to first molar region, usually presents as a painless bony swelling, although slight numbness and pain may occur as well. The **extraosseous DGCT**, in contrast, exhibits limited growth potential and usually occurs in the sixth decade. The anterior regions of the jawbones are usually affected, typically at edentulous areas. Clinically, a firm painless nodule on the gingival or alveolar mucosa is seen.

Radiographically and on CBCT, a variable appearance may be seen. Although the lesion is most often of mixed density with a variable degree of calcification, it can also present as a completely radiolucent lesion. Most cases are unilocular, but multilocular lesions may be observed as well. These tumors...
Fig. 5  Compound odontoma. (a) Axial and (b) coronal reformatted dental CT images show multiple small radiopaque tooth-like structures at the left anterior hemimandible with surrounding radiolucent halo (arrows).

Fig. 6  Complex odontoma in an 11-year-old patient. (a) Axial image, (b) parasagittal reformatted CBCT images, and (c) panoramic image show an amorphous radiopaque lesion within the left upper jaw around the crown of tooth 24 (arrows), surrounded by a lucent follicle (arrowheads) formed by a fibrous capsule.
Lesions with a Specific Location

A torus is a localized outgrowth of cortical bone arising at a specific location of the mandible or maxilla. The pathogenesis is unknown. Tori are usually asymptomatic or may interfere with fitting of a dental prosthesis. They may become symptomatic following trauma.

Torus Mandibularis

A torus mandibularis (Fig. 7 and Fig. S3) typically arises from the lingual surface of the mandible above the origin of the mylohyoid muscle. The lesion is usually bilateral and may vary in size and morphology, ranging from flat, nodular, or slightly pedunculated.

Torus Palatinus

A torus palatinus (Fig. 8 and Fig. S4) is a similar nodular bony overgrowth at the midline of the hard palate. Any bone, including the jawbones, may be affected.

Radiologically and on CBCT (Fig. 9), the sclerotic focus typically has peripheral thorny radiations, blending with the trabeculae of the surrounding spongiosa. The shape may be round, oval, or oblong.

The lesion should not be confused with an osteoblastic metastasis. The presence of spicular borders argues against osteoblastic metastasis. In addition, attenuation measurements on CT may also be useful to distinguish untreated osteoblastic metastases from enostomas in patients with a history of a primary malignancy. A mean attenuation of 885 HU and a maximum attenuation of 1,060 HU provide reliable thresholds below which a metastatic lesion is the favored diagnosis. On magnetic resonance imaging (MRI), the lesion is typically of low signal on all pulse sequences. Most bone islands do not grow and do not demonstrate scintigraphic activity.

Lesions That May Not Have Contact with Teeth

Odontoma

Odontoma may occasionally show no contact with the teeth on imaging. For further detailed discussion of the imaging appearance of odontoma, see the earlier discussion.

Bone Island

Dense bone islands, or enostomas, are common incidental findings, consisting of failure of resorption of secondary spongiosa within the trabecular bone. Any bone, including the jawbones, may be affected.

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Osteoma

Osteomas are benign tumors composed of mature compact or cancellous bone and mostly arise in the craniofacial bones (Fig. S5), with the posterior mandibular body or condyle the most common. Bone expansion may be seen. Multiple osteomas are associated with Gardner's syndrome. Osteomas are further discussed in the article “Fibrous Dysplasia, Paget’s Disease, and Uncommon Bone Lesions of the Craniofacial Bones.”

Chronic Osteomyelitis

Chronic osteomyelitis of the jawbones results from either a persistent infection due to inadequately treated acute infection or a long-term low-grade infection. There are three types of chronic osteomyelitis of the jaws.

The first type, chronic sclerosing osteomyelitis, has a predominant sclerotic component that may be either diffuse or focal. The focal subtype is also designated as periapical osteitis or condensing osteitis and presents radiographically and on CBCT (Fig. S6) as a well-circumscribed periapical radiopaque lesion (see earlier). The diffuse subtype is less frequent and characterized by diffuse endosteal sclerosis on radiographs and CBCT.

Chronic supplicative osteomyelitis (Fig. 10) is the second subtype and characterized radiologically by a mixture of bone destruction, sequestrum, and extensive involucrum formation. Inflammation into the adjacent soft tissue may cause myositis, abscess formation, and sinus tracts.

The third type is osteomyelitis with proliferative periostitis or Garré osteomyelitis (Fig. 11). It is typically seen in children and adolescents. On radiographs and on CBCT, there is a multilamellar periosteal reaction, with an onion peel appearance, most often located at the inferior, buccal, and lingual aspect of the mandible.

Osteoradionecrosis

Osteoradionecrosis of the jawbones may develop after radiation therapy for head and neck tumors receiving a dose > 60 Gy. It usually occurs between 4 months and 3 years following radiotherapy. It most commonly affects the body of the mandible, with typical sparing of the chin and the angles, presumably because of its muscular insertions. The buccal cortex is more vulnerable than the lingual cortex.

On radiograph and CBCT (Fig. 12 and Fig. S7), osteoradionecrosis exhibits a mixed lytic and sclerotic appearance, with areas of fragmentation or sequestration. Intralosional gas may be seen as well and strongly supports the diagnosis of osteoradionecrosis. The lesion may mimic tumor recurrence. The presence of buccal erosions and involvement of the contralateral side of the mandible are important clues to the diagnosis of osteoradionecrosis. Diffusion-weighted MRI may be used to differentiate tumor recurrence from osteoradionecrosis. High apparent diffusion coefficient (ADC) values are seen in necrosis, whereas low ADC values are seen in recurrent tumor.

Bisphosphonate-related Osteonecrosis

Bisphosphonate-related osteonecrosis of the jaws (BRONJ) represents bone necrosis secondary to bisphosphonate treatment, a drug used to treat a variety of diseases including osteoporosis, multiple myeloma, metastatic disease, and
Paget’s disease of bone.¹³,²⁹ Concurrent steroid treatment may further increase the risk for BRONJ.⁴

BRONJ commonly involves the mandible most often at the mylohyoid line.⁴ The maxilla is less frequently involved because of its richer blood supply.⁴ It may occur spontaneously or may be precipitated by tooth extraction or dental surgery.⁴,³³ Clinical presentation is usually painful but may be asymptomatic as well.⁴

On radiographs and CBCT (►Fig. 13 and ►Fig. S8), a mixture of bone sclerosis and osteolysis is seen. Periosteal reaction, fistula formation, and pathologic fracture may occur in long-standing disease.³⁴

**(Osteo)chondroma**

*Enchondroma* originate from cartilaginous remnants in the bone. Compared with their occurrence in the long bones, they are rare in the jawbones. Radiographically and on CBCT, the lesion may be radiolucent with typical intralesional popcorn or ring-and-arc chondroid-like calcification. On MRI, they have a typical cartilaginous matrix, which is of high signal on T2-weighted images and show a ring-and-arc enhancement pattern after intravenous administration of gadolinium contrast. Morphologically, the lesions have a multilobular appearance.

*Osteochondroma* or *cartilaginous exostosis* are also rarely seen at the craniofacial bones.³⁵ These tumors have a predilection for...
the coronoid and condylar processes of the mandible\(^2\) that may exhibit a focal mushroom-shaped enlargement. Osteochondroma are usually solitary but may be part of hereditary multiple exostosis syndrome (HMES). However, involvement of the mandible has only been exceptionally reported in association with HMES.\(^35,36\)

Small lesions may be asymptomatic, but larger lesions may cause a decreased mouth opening. Continuity of the cortex and the medullary bone of the lesion and the underlying host bone is a characteristic imaging finding on plain radiographs and CT (\(\text{Fig. 14}\)). The surface is typically covered by a cartilaginous cap that is of high signal intensity on T2-weighted images. The thickness of the cartilage cap is an important parameter to differentiate benign osteochondroma from chondrosarcomas and should not exceed 2 cm in benign osteochondroma. If thicker, malignancy should be suspected. Although malignant degeneration is a rare occurrence in solitary osteochondroma, it is much more frequent in HMES.\(^36,37\)

**Osteoblastic Metastasis**

Osteoblastic metastasis rarely occurs in the jawbones and is predominantly seen in prostate carcinoma, although other primary carcinomas (e.g., breast, thyroid, kidney) may also have a mixed or osteoblastic appearance. Approximately 80 to 85\% of metastases involve the mandible, most commonly the molar region.\(^11,38,39\) Compared with osteosarcoma, an aggressive periosteal reaction is rare in osteoblastic metastasis (\(\text{Fig. 15 and Fig. S9}\)) but may occur, resulting in a pseudosarcomatous imaging appearance.

**Osteosarcoma**

Osteosarcoma of the jawbones or gnathic osteosarcomas account for up to 10\% of all osteosarcomas.\(^2,13\) They tend to occur in an older age group usually between 30 and 39 years and have an overall better prognosis than conventional osteosarcoma.\(^13,40,41\) Risk factors include prior...
radiation therapy of the head and neck region and Paget’s disease of bone.

Early stage gnathic osteosarcoma may be osteolytic, causing widening of the periodontal ligament or irregular and indistinct lining of the mandibular canal. Osteolytic lesions may cause bone resorption around the roots of teeth, causing a floating or hanging tooth appearance. More advanced lesions (Fig. 16) are typically osteoblastic or most commonly mixed on radiographs and CBCT, due to the presence of mineralized osteoid matrix.

These lesions are typically destructive with poorly defined margins, cortex destruction, and aggressive periosteal reaction (hair-on-end or sunray type) in 25% of cases. CBCT is the preferred modality to detect the presence of osteoid matrix, whereas MRI is the modality of choice for local staging, evaluation of bone marrow, and soft tissue involvement (Fig. S10).

Odontogenic Myxoma/Myxofibroma
Odontogenic myxoma/myxofibromas are rare odontogenic lesions occurring in the second to fourth decade of life. The lesions are benign but may be locally aggressive causing...
Conclusion

The combination of clinical presentation, age, lesion distribution, and imaging findings are the cornerstones for appropriate lesion characterization of most radiopaque lesions and lesions of mixed density of the jaws. This is pivotal for defining further lesion management. Indeterminate lesions should be referred for biopsy and subsequent histopathologic examination. It is of utmost importance that interpretation of histopathologic specimens be correlated with clinical and radiologic examinations to obtain a correct definitive diagnosis.

Conflict of Interest
None declared.

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