Use of Direct Oral Anticoagulants in Children and Adolescents

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Hämostaseologie 2020;40:64–73.

Abstract

While the need for anticoagulation in children has increased over the last decades, dose regimens of currently used anticoagulants, including low-molecular-weight heparin (LMWH) and vitamin K antagonist (VKA), are still extrapolated from adult guidelines because well-designed clinical trials were never performed in children. This approach is not optimal due to specific pediatric features of the hemostatic system and pathophysiology of thrombosis. These anticoagulants also present several disadvantages that further hamper optimal anticoagulation of pediatric patients, especially newborns and infants. The new direct oral anticoagulants (DOACs), which have the potential to overcome these disadvantages, were extensively investigated in adults and have become a valid alternative to LMWH and VKA for anticoagulation in the adult population. Several pediatric trials on all approved DOACs are currently ongoing, providing specific pediatric formulations and age- and weight-adjusted dose guidelines. First results of phase III trials indicate that DOACs are at least as efficient and safe as LMWH and VKA for the treatment and prevention of thrombotic events in children with different clinical conditions. This review article summarizes available data from terminated and ongoing controlled trials on DOACs in children and adolescents.

Keywords

► direct oral anticoagulants
► anticoagulation
► children
► thrombosis

Zusammenfassung


Schlüsselwörter

► direkte orale Antikoagulantien
► Antikoagulation
► Kinder
► Thrombose

received August 9, 2019
accepted after revision October 7, 2019

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ISSN 0720-9355.
**Introduction**

Venous thromboembolism (VTE) in children and adolescents has dramatically increased over the last two decades. The rise is mostly due to the increase of improved invasive methods for the diagnosis and treatment of severe and complex medical conditions such as cancer, congenital heart disease, and other congenital malformations involving several organs. In these children, VTE is usually secondary to the use of a central venous catheter. In adolescents, one of the most common causes of VTE is the use of oral contraceptive.

Current standard of care (SOC) for the treatment of VTE in pediatrics includes the use of unfractionated heparin (UFH), low-molecular-weight heparin (LMWH), and vitamin K antagonists (VKA). These anticoagulants have several disadvantages that make anticoagulation in children very challenging, particularly in newborns and infants. Disadvantages include unpredictable pharmacokinetic response, several drug and food interactions, and the need for parenteral administration and frequent monitoring, which is problematic in children with poor venous access. Due to the lack of randomized controlled studies performed in children with these agents, dosage and duration of anticoagulation is extrapolated from adult guidelines; no pediatric, age-specific formulations are available; and all agents are used off-label.

Direct oral anticoagulants (DOACs) have proven at least as efficient and safe as SOC for most indications in adults, including treatment and prophylaxis of deep venous thrombosis (DVT), pulmonary embolism, and atrial fibrillation. DOACs have clearly overcome limitations of SOC in adults and have thus the potential to be of benefit for children, too. Several phase I–III trials are currently ongoing to assess efficacy and safety of DOACs in children and adolescents for several indications.

This review summarizes available data information from completed and ongoing trials on the use of DOACs in the pediatric population.

**Direct Thrombin Inhibitors**

**Dabigatran Etxilate**

Dabigatran is a 3-((2-[(4-[(E)hexyloxycarbonylimino]methyl)phenylamino]methyl)-1-methyl-1H-benzoimidazole-5-carbonyl)pyridine-2-yl-amino) propionic acid ethyl ester compound that specifically and reversibly inhibits thrombin. Dabigatran is orally administered as the prodrug, dabigatran etxilate, which differs from dabigatran by an ethyl group at the carboxylic acid and a hexyloxycarbonyl side chain at the amidine. Once absorbed from the gastrointestinal tract, dabigatran etxilate is converted to its active metabolite, dabigatran. Dabigatran is available in three different pharmaceutical formulations: capsule, pellets, and oral liquid formulation.

Pharmacodynamics (PD) and pharmacokinetics (PK) of dabigatran were investigated in a double-blind, randomized, placebo-controlled study in 40 healthy adult volunteers. In this study, dabigatran etxilate was rapidly absorbed with peak plasma concentrations of dabigatran reached within 2 hours of administration. Absorption was followed by a rapid distribution/elimination phase and a terminal phase with associated estimated half-lives between 8 and 10 hours with single and 14 and 17 hours with multiple dose administrations. Further population PK analyses showed that renal function has the most important, clinically relevant impact on dabigatran exposure.

**Preclinical Pediatric Studies**

The anticoagulant effect of dabigatran in children was first assessed in vitro using pooled plasma sample from healthy children aged birth to <1, 1 to <5, 5 to <10, 10 to <17 years, and adults. Plasma samples were spiked with increasing concentrations of dabigatran and the effect tested in five coagulation assays (prothrombin time [PT], activated partial thromboplastin time [aPTT], diluted thrombin time [dTT], ecarin clotting time [ECT], and thrombin time [TT]). The coagulation assay response to dabigatran for all of the tests was similar in pediatric plasma compared with adult plasma. The PT values were relatively insensitive, but displayed a linear response to increasing dabigatran concentrations. The aPTT was moderately sensitive to increasing dabigatran concentrations with approximately threefold prolongation over baseline at the highest concentration, although the response was not linear. The TT, dTT, and ECT were linearly correlated with dabigatran concentrations; however, the ECT and TT were overly sensitive. In the overall hemostasis potential assay, which quantifies the plasma capacity to generate a fibrin clot, increasing dabigatran concentrations delayed the initiation of clot formation and reduced the time to 50% clot lysis. The responses to initiation of clot formation and clot lysis were consistent across all pediatric groups and comparable to responses in adults.

**Pediatric Dosing Regimen**

Optimal dosing regimen for clinical studies of dabigatran in children was estimated from adult regimens using the Hayton model, which applies to renally eliminated drugs. Taking into consideration the maturation and growth of the renal function, this model estimates pediatric dosing regimens by adjusting adult doses to the age and weight of the child. Based on this equation, an age- and weight-adjusted nomogram for different weight ranges was established.

**Clinical Pediatric Studies**

Several phase Ila studies assessed pharmacokinetics, safety, and tolerability of dabigatran capsules and oral liquid formulation in children. In one study, nine adolescents aged 12 to 18 years received dabigatran capsules at a dose of 1.71 (±10%) mg/kg followed by 2.14 (±10%) mg/kg twice daily for 3 days. No patients had bleeding events, deaths, or drug-related serious adverse events. Two patients developed dyspepsia. The dabigatran PK/PD relationship observed in these adolescent patients was similar to that in adult patients. In a second study, six patients aged 1 to 2 years (mean age, 1.4 years) and nine patients aged 2 to 12 years (mean age, 5.2 years) were treated with a single dose of dabigatran oral liquid formulation. Three other infants received dabigatran twice daily for 3 days. No patients...
showed drug-related adverse events, and the PK profile was similar to adults and adolescents.\textsuperscript{17} In a third phase IIa study, eight infants at a mean age of 88.6 days (range, 41–169 days) received a single dose of dabigatran oral liquid formulation.\textsuperscript{18} There were no treatment-related adverse events, no deaths, and no treatment discontinuations. The PK/PD relationships were consistent with the observed profiles in adults and older children.\textsuperscript{18}

Interim results of two phase III trials on dabigatran in children were presented at the Annual Meeting of the International Society on Thrombosis and Haemostasis (ISTH), July 6 to 19, 2019, in Melbourne.\textsuperscript{20,21} In the open-label, randomized, active-controlled, multicenter, phase IIb/III trial (DIVERSITY study), 234 children aged 12 to <18, 2 to <12, and 0 to <2 years with confirmed diagnosis of VTE and initially treated with UFH or LMWH were randomized (2:1) to dabigatran (capsules, pellets, or oral liquid solution) twice a day or SOC and treated for 3 months. Results of this study indicate that dabigatran is noninferior to SOC in terms of efficacy and safety, and demonstrate the appropriateness of the age- and body-weight-adjusted dosing algorithm for dabigatran to use in children aged between 0 and <18 years (\textsuperscript{\textdagger})Table 2\textsuperscript{20,21}. Further studies on dabigatran in the pediatric population are depicted in \textsuperscript{\textdagger}Table 2\textsuperscript{15}.

### Direct Factor Xa Inhibitors

**Apixaban**

Apixaban is a 1-(4-methoxyphenyl)-7-oxo-6-(4-(2-oxopiperidin-1-yl)phenyl)-4,5,6,7-tetrahydro-1H-pyrazolo[3,4-c]pyridine-3-carboxamide compound with potent, reversible, and highly selective inhibitory activity against coagulation FXa.\textsuperscript{22} Apixaban inhibits free and clot-bound FXa, as well as prothrombinase activity.\textsuperscript{23} Apixaban is available in two different pharmaceutical formulations: tablet and oral solution.

In healthy adult subjects, peak plasma levels of apixaban after a single ascending oral dose were observed at 1.5 to 1.8 hours for the oral solution (0.5, 1.0, and 2.5 mg) and at 2.5 to 3.3 hours for the tablet form (5, 10, 25, and 50 mg).\textsuperscript{24} The half-life of apixaban was 4.3 to 6.8 hours when administered.

<table>
<thead>
<tr>
<th>Table 1 Pharmacologic characteristics of direct oral anticoagulants</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Characteristic</strong></td>
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<tr>
<td>Oral bioavailability, %</td>
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<tr>
<td>Plasma protein binding, %</td>
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<tr>
<td>Renal excretion, %</td>
</tr>
<tr>
<td>Median $T_{\text{max}}$, h</td>
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<tr>
<td></td>
</tr>
<tr>
<td>Mean $t_{1/2}$, h</td>
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<tr>
<td></td>
</tr>
<tr>
<td>Interactions</td>
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<tr>
<td>P-gp substrate</td>
</tr>
<tr>
<td>Inducers</td>
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<tr>
<td>Inhibitors</td>
</tr>
<tr>
<td>CYP3A4 substrate</td>
</tr>
<tr>
<td>Inducers</td>
</tr>
<tr>
<td>Inhibitors</td>
</tr>
</tbody>
</table>

Abbreviations: $t_{1/2}$, half-life; $T_{\text{max}}$, time to peak plasma concentration; P-gp, P-glycoprotein; CYP, cytochrome P450.

$^a$Oral solution.

$^b$Tablet.

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Hämostaseologie Vol. 40 No. 1/2020

DOACs in Children Albisetti

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### Table 2 Clinical pediatric studies on the direct oral thrombin inhibitor, dabigatran etexilate

<table>
<thead>
<tr>
<th>Study</th>
<th>Condition</th>
<th>Intervention</th>
<th>Duration of initial treatment with SOC</th>
<th>Phase</th>
<th>Age</th>
<th>Number enrolled</th>
<th>Status</th>
<th>Completion</th>
</tr>
</thead>
<tbody>
<tr>
<td>Open-label, single-dose, tolerability, PK/PD, and safety study of dabigatran etexilate given at the end of standard anticoagulant therapy</td>
<td>VTE</td>
<td>Dabigatran</td>
<td>Completed course of anticoagulation</td>
<td>II</td>
<td>≤12 mo</td>
<td>8</td>
<td>Completed</td>
<td>February 2016</td>
</tr>
<tr>
<td>Single-dose open-label PK/PD, safety and tolerability study of dabigatran etexilate given at the end of standard anticoagulant therapy</td>
<td>VTE</td>
<td>Dabigatran</td>
<td>Completed course of anticoagulation</td>
<td>II</td>
<td>1 to &lt;12 y</td>
<td>18</td>
<td>Completed</td>
<td>February 2016</td>
</tr>
<tr>
<td>Open-label safety and tolerability study of dabigatran etexilate given for 3 d at the end of standard anticoagulant therapy</td>
<td>VTE</td>
<td>Dabigatran</td>
<td>Completed course of anticoagulation</td>
<td>II</td>
<td>12–18 y</td>
<td>9</td>
<td>Completed</td>
<td>February 2012</td>
</tr>
<tr>
<td>Open-label, single-arm safety prospective cohort study of dabigatran etexilate for secondary prevention of VTE</td>
<td>Secondary VTE prevention</td>
<td>Dabigatran</td>
<td>Completed course of anticoagulation with SOC or dabigatran</td>
<td>III</td>
<td>≤18 y</td>
<td>203</td>
<td>Active, not recruiting</td>
<td>November 2019</td>
</tr>
<tr>
<td>Open-label, randomized, parallel-group, active-controlled, multi-center noninferiority study of dabigatran etexilate vs. SOC for VTE treatment</td>
<td>VTE</td>
<td>Dabigatran SOC</td>
<td>minimum 5–7 d, but not longer than 21 d</td>
<td>III</td>
<td>0–18 y</td>
<td>234</td>
<td>Active, not recruiting</td>
<td>November 2019</td>
</tr>
</tbody>
</table>

Abbreviations: PK/PD, pharmacokinetic/pharmacodynamics; SOC, standard of care (usually referring to unfractionated heparin, low-molecular-weight heparin, fondaparinux, and/or VKA); VTE, venous thromboembolism.

### Table 3 Clinical pediatric studies on the direct oral FXa inhibitors

<table>
<thead>
<tr>
<th>Study</th>
<th>Condition</th>
<th>Intervention</th>
<th>Duration of initial treatment with SOC</th>
<th>Phase</th>
<th>Age</th>
<th>Number enrolled</th>
<th>Status</th>
<th>Completion</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apixaban*</td>
<td>CVC</td>
<td>Apixaban</td>
<td>NK</td>
<td>I</td>
<td>12–17 y</td>
<td>13</td>
<td>Terminated</td>
<td>July 2012</td>
</tr>
<tr>
<td>Multiple-dose study to evaluate the PK, PD, safety, and tolerability of apixaban in pediatric subjects with an indwelling CVC</td>
<td>CVC</td>
<td>Apixaban</td>
<td>NK</td>
<td>I</td>
<td>37 wk to 18 y</td>
<td>44</td>
<td>Recruiting</td>
<td>December 2019</td>
</tr>
<tr>
<td>Single-dose study to evaluate the PK, PD, safety, and tolerability of apixaban in pediatric subjects at risk for a venous or arterial thrombotic disorder</td>
<td>VTE Arterial thrombosis</td>
<td>Apixaban</td>
<td>NK</td>
<td>I</td>
<td>34 wk to 17 y</td>
<td>150</td>
<td>Recruiting</td>
<td>October 2021</td>
</tr>
<tr>
<td>A pilot study of apixaban for the treatment of VTE</td>
<td>VTE</td>
<td>Apixaban</td>
<td>NK</td>
<td>II</td>
<td>Children and adolescents weighing ≥40 kg</td>
<td>25</td>
<td>Recruiting</td>
<td>May 2021</td>
</tr>
<tr>
<td>A prospective, randomized, open-label, multicenter study of the safety and PK of apixaban vs. VKA or LMWH in pediatric subjects with congenital or acquired heart disease requiring chronic anticoagulation for thromboembolism prevention</td>
<td>Congenital or acquired heart disease VTE prophylaxis</td>
<td>Apixaban VKA LMWH</td>
<td>NK</td>
<td>II</td>
<td>1–17 y</td>
<td>500</td>
<td>Recruiting</td>
<td>April 2021</td>
</tr>
<tr>
<td>A randomized, open-label, multicenter study of the safety and efficacy of apixaban for VTE prevention vs. no systemic anticoagulant prophylaxis during induction chemotherapy in children with newly diagnosed ALL or lymphoma (T or B cell) treated with asparaginase</td>
<td>ALL, lymphoma</td>
<td>Apixaban SOC</td>
<td>NK</td>
<td>III</td>
<td>3 mo to 17 y</td>
<td>150</td>
<td>Recruiting</td>
<td>April 2021</td>
</tr>
<tr>
<td>A randomized, open-label, active-controlled, safety, and descriptive efficacy study in pediatric subjects requiring anticoagulation for the treatment of VTE</td>
<td>VTE</td>
<td>Betrixaban</td>
<td>Completed course of anticoagulation</td>
<td>IV</td>
<td>≤17 y</td>
<td>60</td>
<td>Recruiting</td>
<td>April 2022</td>
</tr>
<tr>
<td>Betrixabanb</td>
<td>VTE prophylaxis</td>
<td>Betrixaban</td>
<td>Completed course of anticoagulation</td>
<td>I</td>
<td>≤17 y</td>
<td>60</td>
<td>Recruiting</td>
<td>April 2022</td>
</tr>
<tr>
<td>Study</td>
<td>Condition</td>
<td>Intervention</td>
<td>Duration of initial treatment with SOC</td>
<td>Phase</td>
<td>Age</td>
<td>Number enrolled</td>
<td>Status</td>
<td>Completion</td>
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</tr>
<tr>
<td>Edoxaban&lt;sup&gt;4&lt;/sup&gt;</td>
<td>An open-Label, single-dose, nonrandomized study to evaluate PK and PD of edoxaban in pediatric patients</td>
<td>VTE, DVT</td>
<td>Edoxaban</td>
<td>NK</td>
<td>I</td>
<td>≤18 y</td>
<td>Recruiting</td>
<td>December 2019</td>
</tr>
<tr>
<td></td>
<td>An open-label, randomized, parallel-group, multicenter, observational trial to evaluate safety and efficacy of edoxaban in children with cardiac diseases at risk of thromboembolic events</td>
<td>Cardiac disease VTE prevention</td>
<td>Edoxaban SOC</td>
<td>NA</td>
<td>III</td>
<td>≤17 y</td>
<td>Recruiting</td>
<td>December 2020</td>
</tr>
<tr>
<td></td>
<td>An open-label, randomized, multicenter, controlled trial to evaluate the PK and PD of edoxaban and to compare the efficacy and safety of edoxaban with SOC in pediatric subjects with confirmed VTE</td>
<td>VTE Pulmonary embolism DVT</td>
<td>Edoxaban SOC</td>
<td>At least 5 d</td>
<td>III</td>
<td>≤17 y</td>
<td>Recruiting</td>
<td>March 2021</td>
</tr>
<tr>
<td>Rivaroxaban&lt;sup&gt;5&lt;/sup&gt;</td>
<td>Single-dose study testing rivaroxaban granules for oral suspension formulation in children with previous thrombosis</td>
<td>Thrombosis</td>
<td>Rivaroxaban</td>
<td>Completed anticoagulant treatment and at least 10 d prior to the planned study drug administration</td>
<td>I</td>
<td>2 mo to 12 y</td>
<td>Completed</td>
<td>May 2018</td>
</tr>
<tr>
<td></td>
<td>Single-dose pilot study of oral rivaroxaban in pediatric subjects with VTE</td>
<td>VTE</td>
<td>Rivaroxaban</td>
<td>Completed treatment course of anticoagulation</td>
<td>I</td>
<td>6 mo to 18 y</td>
<td>Completed</td>
<td>July 2015</td>
</tr>
<tr>
<td></td>
<td>7-d study of the safety, efficacy, and the PK and PD properties of oral rivaroxaban in children with arterial or venous thrombosis</td>
<td>Arterial or venous thrombosis</td>
<td>Rivaroxaban</td>
<td>At least 5 d</td>
<td>I/II</td>
<td>0–6 mo</td>
<td>Completed</td>
<td>December 2017</td>
</tr>
<tr>
<td></td>
<td>30-d, single-arm study of the safety, efficacy, and the PK and PD properties of oral rivaroxaban in young children with various manifestations of VTE</td>
<td>VTE</td>
<td>Rivaroxaban</td>
<td>At least 2 mo or 6 wk for CVL-related VTE</td>
<td>II</td>
<td>6 mo to 5 y</td>
<td>Completed</td>
<td>April 17</td>
</tr>
</tbody>
</table>

(Continued)
<table>
<thead>
<tr>
<th>Study</th>
<th>Condition</th>
<th>Intervention</th>
<th>Duration of initial treatment with SOC</th>
<th>Phase</th>
<th>Age</th>
<th>Number enrolled</th>
<th>Status</th>
<th>Completion</th>
</tr>
</thead>
<tbody>
<tr>
<td>30-d, single-arm study of the safety, efficacy, and the PK and PD properties of oral rivaroxaban in children with various manifestations of VTE</td>
<td>VTE</td>
<td>Rivaroxaban</td>
<td>At least 2 mo or 6 wk for CVL-related VTE</td>
<td>II</td>
<td>6–17 y</td>
<td>65</td>
<td>Completed</td>
<td>September 2016</td>
</tr>
<tr>
<td>Multicenter, open-label, active-controlled, randomized study to evaluate the efficacy and safety of an age-and body-weight–adjusted rivaroxaban regimen compared with SOC in children with acute VTE</td>
<td>VTE</td>
<td>Rivaroxaban SOC</td>
<td>6–9 d</td>
<td>III</td>
<td>0–17 y</td>
<td>500</td>
<td>Completed</td>
<td>January 2019</td>
</tr>
<tr>
<td>A prospective, open-label, active-controlled study to evaluate the PK, PD, safety, and efficacy of rivaroxaban for thromboprophylaxis in pediatric subjects after the Fontan procedure</td>
<td>Fontan procedure</td>
<td>Thromboprophylaxis</td>
<td>NA</td>
<td>III</td>
<td>2–8 y</td>
<td>112</td>
<td>Recruiting</td>
<td>October 2020</td>
</tr>
</tbody>
</table>

Abbreviations: ALL, acute lymphoblastic leukemia; CVC, central venous catheter; DVT, deep vein thrombosis; NA, not applicable; NK, data not available; PD, pharmacodynamics; PK, pharmacokinetics; SOC, standard of care (usually referring to unfractionated heparin, low-molecular-weight heparin, fondaparinux, and/or VKA); VKA, vitamin K antagonists; VTE, venous thromboembolism.

The PK/PD profile of a single-dose edoxaban is currently investigated in a phase I study on 60 pediatric patients aged 0 to 18 years requiring anticoagulant therapy. Further studies on edoxaban in the pediatric population are depicted in Table 3.

Rivaroxaban
Rivaroxaban is a 5-Chloro-N-[[((5S)-2-oxo-3-[4-(3-oxomorpholin-4-yl)phenyl]-1,3-oxazolidin-5-yl)(methyl)thiophene-2-carboxamide compound with a highly potent and selective direct FXa inhibitory activity. Rivaroxaban is available in two different pharmaceutical formulations: tablet and oral suspension.

PK/PD profiles of rivaroxaban were first investigated in a single-center, randomized, placebo-controlled study in 108 healthy adult volunteers. In this study, peak plasma levels of rivaroxaban after a single escalating oral dose were observed at 0.5 to 0.6 hours for the oral solution (5, 10 mg) and at 1.5 to 3.0 hours for the tablet form (1.5, 5, 10, 20, 40, and 80 mg). The half-life of rivaroxaban was 3.24 to 4.15 hours when administered as an oral solution. For rivaroxaban tablets at doses greater than 10 mg, the half-lives ranged from 7 to 17 hours (Table 1).

Preclinical Pediatric Studies
Two studies investigated the age-related anticoagulant effect of rivaroxaban in vitro. In both studies, plasma pools from neonates, children aged 28 days to 23 months, 2 to 6 years, and 7 to 11 years contained concentrations of rivaroxaban (0–500 ng/mL). While rivaroxaban caused a significant increase in the clotting time (PT and aPTT) as well as an increase in lag time (as measured by thrombin generation) in neonates, no significant differences in rivaroxaban effect was observed across the older pediatric age groups when compared with adults. Overall, rivaroxaban demonstrated a predictable and dose-dependent PK profile in all age groups.

Pediatric Dosing Regimen
To assess the optimal dosing regimen for clinical studies of rivaroxaban in children, a physiologically based PK model for rivaroxaban doses of 10 and 20 mg in adults was developed. This model was subsequently scaled to the pediatric population (0–18 years) by including anthropometric and physiological information, age-dependent clearance, and age-dependent protein binding. The body-weight-related dosing regimen led to a large overlap of the simulated plasma PK parameters for all age ranges with the values obtained in the corresponding adult reference simulation. However, PK values in infants and preschool children (body weight: <40 kg) were lower than the 90% confidence interval threshold of the adult reference model, indicating that in these groups increased doses would be required to achieve the same plasma levels as in adults.

Clinical Pediatric Studies
The PK of a single rivaroxaban dose in children using population PK modeling was assessed in a phase I study. In this study, two rivaroxaban dose levels equivalent to adult doses of rivaroxaban 10 and 20 mg, and two different formulations (tablet and oral suspension), were tested in 59 children aged 0.5 to 18 years who had completed treatment for VTE. The observed plasma concentration-time profiles in all subjects receiving body-weight–adjusted doses were mostly within the 90% prediction interval, irrespective of dose or formulation. The PD assessment based on PT and aPTT demonstrated that the anticoagulant effect of rivaroxaban was not affected by development hemostasis.

Three phase II studies were performed to confirm or adapt the predicted body-weight–adjusted rivaroxaban regimens from the phase I study in 93 children (10 children younger than 6 months; 15 children aged 6 months to 1 year; 25 children aged 2–5 years; 32 children aged 6–11 years; and 11 children aged 12–17 years). Therapeutic rivaroxaban exposures with once-daily dosing in children with bodyweights of at least 30 kg and with twice-daily dosing in children with bodyweights of at least 20 kg and less than 30 kg were confirmed. However, children with low body weights (<20 kg, particularly <12 kg) showed low or subtherapeutic exposure. From these results, rivaroxaban dosages to be adopted for the phase III studies were increased to twice-daily administrations in those with a body weight of at least 12 kg but less than 20 kg and three times daily administrations in those weighing less than 12 kg. None of the children had a major bleed, and four (4%) of these children had a clinically relevant non-major bleed (three children aged 12–17 years with menorrhagia and one child aged 6–11 years with gingival bleeding). No symptomatic recurrent VTE was observed. Of 75 patients having repeat imaging, the thrombotic burden was resolved in 24 (32%), improved in 43 (57%), and unchanged in 8 (11%) patients. No patient deteriorated.

Results of a phase III study comparing the efficacy and safety of rivaroxaban with standard anticoagulants for the treatment of acute VTE in children aged from birth to 17 years were presented at the Annual Meeting of the ISTH, July 6 to 19, 2019, in Melbourne. In this study, 505 children were randomized to receive open-label rivaroxaban in tablet or suspension form in body-weight–adjusted 20 mg equivalent dose regimens or a standard anticoagulant. Children <12 kg body weight were given rivaroxaban three times a day, children between 12 and 30 kg body weight two times a day, and children >30 kg body weight once a day. The main treatment period was 3 months, with the exception of 1 month for children younger than 2 years with a catheter-related thrombosis. Results of this study indicate that children with VTE treated with rivaroxaban showed a low recurrence risk and a reduced thrombotic burden without increased bleeding compared with standard anticoagulants. Further studies on rivaroxaban in the pediatric population are listed in Table 3.

Concluding Remarks
This is an exciting moment for the pediatric hematology community. Several well-designed, controlled trials providing PK/PD, efficacy, and safety data on DOACs in children are ongoing and in part completed. First data from these studies...
are very promising, indicating that DOACs have consistent PK/PD relationships and may show at least comparable efficacy and safety as LMWH and VKA over all pediatric age groups. These studies will help establishing evidence-based guidelines for the treatment and prevention of thromboembolic events in children and adolescents with various underlying conditions in a very near future. Nevertheless, study data from children and adolescents fulfilling inclusion criteria may not necessarily apply for all pediatric patients developing VTE in the daily clinical life. This is, for example, especially true for severely ill newborns and infants or for unstable children at intensive care units who are at increased risk of bleeding. For this reason, collection of real-life data providing insights on the use of DOACs in difficult clinical situations not covered by the studies will be extremely important.

Conflict of Interest
Dr. Albisetti report research support from Boehringer Ingelheim and Bayer, and advisory board activities for Boehringer Ingelheim and Daiichi Sankyo.

References


