Huge Retroperitoneal Dermoid: A Presentation

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Abstract

Teratoma can be defined as a true neoplasm that contains tissues that either are foreign to the primary site of origin or are histologically diverse and represent more than one of the embryonic germ layers.1 They often contain both cystic and solid components. Teratomas are more common in children than in adults, but when found in adults, 30% are malignant.2 A mature teratoma is called a dermoid cyst. Dermoid cysts are benign lesions that grow slowly and can occur anywhere in the body.

Case Presentation

A 20-year-old female patient presented with chief complaints of swelling in the right upper abdomen since childhood and back pain for the past 4 years. The swelling progressed in size with time and for the past 2 months, she noticed a rapid increase in size. The swelling was associated with dull aching back pain, more pronounced in the past 4 years. There was no associated history of any gastrointestinal symptoms. Per abdomen, examination revealed a lump of around 15 cm in size in the right hypochondrial region extending to the epigastric region. Contrast-enhanced computed tomography abdomen revealed a 14.3 × 14.1 × 17.4 cm well-defined heterogeneously hypoattenuating nonenhancing complex cystic mass with focal areas of calcifications and fat attenuation in retroperitoneum. The lesion was causing compression and displacement of inferior vena cava anteriorly. Superiorly mass was abutting segment V and VI of the liver and inferiorly compressing the right kidney. Anteromedially, it was causing compression and displacement of the portal vein, pancreas, and small bowel. Features were suggestive of retroperitoneal/retrocaval dermoid. Magnetic resonance imaging (MRI) abdomen (►Fig. 1) also revealed a large 14.3 × 14.1 × 17.4 cm well-defined, multiloculated heterogeneous cystic mass with multiple internal septations in retroperitoneum on right side inferior to the liver. The cystic component was hyperintense on T1 and T2 and showing no suppression on Fat-Sat sequences (►Fig. 3). Medially, it was abutting the right psoas muscle and corresponding vertebrae; however, no extension into the spinal cord was noted. Features were suggestive of mature cystic teratoma. The postoperative stay was uneventful.
modified midline incision angling toward the right side in the lower part for better access (►Fig. 4). A large tumor was found behind the inferior vena cava causing it to be flattened out over the swelling (►Fig. 5). The tumor was mobilized circumferentially and excised, taking a due care to avoid any untoward trauma to nearby structures or breach of the cyst wall. The abdominal cavity was examined for any other abnormality or residual cysts. No other abnormality was detected. The post-operative stay was uneventful. Histopathological examination report revealed that the cut surface was gray-brown to gray-white filled with pultaceous material, hair, and teeth. Rokitansky protuberance and few fatty, bony areas were identified (►Fig. 6). Maximum wall thickness ranged from 1 to 2 cm. Microscopic examination showed multiple sections of the wall showing cyst lined by stratified squamous epithelium with the presence of keratinization at places and ciliated to columnar lining at other places with the presence of hair follicles and pilosebaceous unit. Also, bundle of nerves, dilated lymphatics, adipose tissue, and islands of cartilage were seen. Focal areas show nests of cells with neuroendocrine differentiation, adrenal tissue, gastric mucosa and glands, and liver parenchyma. No immature component was identified. Features were suggestive of mature cystic teratoma. There was no evidence of any recurrence in the follow-up. No specific gastrointestinal symptoms were seen.

**Discussion**

Primary retroperitoneal masses can be classified as benign or malignant or as solid and cystic. Benign tumors account for around 20% of retroperitoneal tumors and include lipoma,
neurofibroma, neurilemmoma, leiomyoma, extra-adrenal chromaffinomas, paraganglioma, mucinous cystadenoma, and hamangioepicytoma. Malignant tumors account for around 80% of retroperitoneal tumors and include liposarcoma, leiomyosarcoma (50%), lymphoma (commonly non-Hodgkin lymphoma), malignant tumors from specific organs, germ cell tumors, chordomas, and Retroperitoneal Lymph Node (RPLN) secondaries with hard nodules. These tumors are characterized by the presence of mature tissues derived from all three embryonic germ layers. The most common tissues are ectodermal (skin, hair, teeth, etc.), although endodermal (intestinal, respiratory epithelium) and mesodermal (fat, muscle) tissues are also present. Teratomas having the presence of more undifferentiated tissues are more malignant, while those with more differentiated tissues are more benign. They often contain both cystic and solid components. Teratomas can, therefore, be further classified according to the number of layers present (monodermal, bidermal, and tridermal), according to the epithelial lining (epidermoid, dermoid and teratoid), according to the degree of differentiation (mature and immature), according to content (solid, cystic or mixed), and according to presence of malignancy (present or not).

Mature cystic teratomas are known as dermoid cysts and are composed of tissues from at least two of the three germ layers. They commonly present as back pain (due to compression of muscles, vertebral column) or nausea, vomiting, constipation/obstipation, colicky pain, urinary retention, hypertension, mesenteric ischemia, intermittent claudication, renal insufficiency, pedal edema, tingling, numbness, and weakness of lower limbs. It is usually large, nonmobile and deeply placed. Confirmation is by ultrasound, CT scan, and MRI. A CT-guided biopsy can be undertaken to confirm the diagnosis. CECT is the investigation of choice for distinguishing between different types of retroperitoneal masses. Surgical management is the key with complete surgical excision as the goal. Laparoscopy is the preferred method in small lesions with good planes. For larger lesions, an open approach is preferred. Tumor markers like alpha-fetoprotein and human chorionic gonadotrophin are important in the follow-up management of malignant lesions.

**Conclusion**
Retroperitoneal dermoid is a rare presentation and is usually not detected due to its small size and asymptomatic nature. When large, it presents as a nonmobile mass, associated with back pain and other symptoms due to compression of adjacent organs. CECT is a very useful modality in diagnosing the retroperitoneal dermoids as well as in planning surgery. Complete enucleation is the surgical goal except malignancy where it may be difficult due to metastasis. Follow-up is warranted when malignancy is confirmed with regular CT scans and tumor marker levels.

**Conflict of Interest**
The authors declare no conflict of interest.
References
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