

Evaluation of Craniofacial Morphology of Children with Dental Fluorosis in Early Permanent Dentition Period

Alev Aksoy Dogan^a

Pinar Bolpaca^b

ABSTRACT

Objectives: High intake of fluoride (>1.5 mg/L) for a prolonged period may lead to skeletal fluorosis as well as dental fluorosis. The aim of this study was to compare the craniofacial characteristics of children with dental fluorosis in early permanent dentition period to those without fluorosis.

Methods: Two hundred and sixteen children in early permanent dentition (girls:121, boys:95) were included in the study. Study group was composed of 124 children with dental fluorosis who was born and grew up in Isparta (girls:75, boys:49) whereas control group of children (n=92: 46 girls and 46 boys) had no dental fluorosis. Dental fluorosis was classified using Thylstrup Fejerskov Fluorosis Index. Radiological evaluation was performed by cephalometric tracing using Björk analysis. Statistical evaluation in between study and control groups was done by Independent Samples T test and comparison with Björk's standards was done by One Sample T test analysis. The association between two quantitative variables was evaluated with Pearson's correlation coefficient (rho).

Results: The mean dental fluorosis level was 4.6 ± 1.8 for children with fluorosis. Systemic fluorosis affect girls no different than boys in the early permanent dentition period because none of the angular measurements show significant difference between boys and girls in the fluoridated group. Comparison of craniofacial angular values of boys with fluorosis show greater diversity compared to boys without fluorosis against Björk's mean values for boys.

Conclusions: Craniofacial morphology of children with fluorosis did not show great diversity than the ones without fluorosis in the early permanent dentition period. None of the angular measurements were significantly different between boys and girls in the fluoridated group which might imply that systemic fluorosis did not show gender difference in the early permanent dentition. (Eur J Dent 2009;3:304-313)

Key words: Craniofacial morphology; Fluorosis; Cephalometrics; Björk analysis.

^a Assistant Professor, Department of Orthodontics, Faculty of Dentistry, Suleyman Demirel University, Isparta, Turkey.

^b Research Assistant, Department of Prosthodontics, Faculty of Dentistry, Erciyes University, Kayseri, Turkey.

■ Corresponding author: Dr. Alev Aksoy Dogan
Suleyman Demirel University, Faculty of Dentistry
Department of Orthodontics, 32100 Isparta, Turkey.
Phone :+90 246 2113374
Fax :+90 246 2370607
E-mail :alevak2000@hotmail.com

INTRODUCTION

Skeletal and dental fluorosis is an endemic public health problem in some regions of various countries around the world.¹⁻³ Fluoride is mainly incorporated into calcified tissues (i.e., bones and teeth) because of its high affinity for calcium. It replaces the hydroxyl group of hydroxyapatite crystals to form fluorapatite which is less soluble and more compact. It increases metabolic turnover of the bone and stimulates bone cell proliferation. High intake of fluoride (>1.5 mg/L) for a prolonged

period is known to cause dental and skeletal fluorosis while 1 ppm (parts per million) of sodium fluoride were reported to be safe level in drinking water.⁴

During research in the heavily fluoride-polluted area of the Ore mountains and their southern foreland, a high prevalence of pathological bone changes was also found in the mandibles of fluorotic red deer.^{5,6} Xu et al⁷ reported articular calcification and necrosis of articular chondrocytes in skeletal fluorosis. Czarnowsky et al⁸ showed that increased fluoride intake affects the fluoride levels in urine and hair and also has an impact on bone density. In mice exposed to a wide range of fluor in their diet, tooth fluoride concentration, confirms the use of tooth as a biomarker of skeletal exposure.⁹

In Turkey, the city of Isparta, located in the south Mediterranean region of Turkey, is one of the severe endemic fluorosis regions. Natural water supply is the major source of fluoride ions. The amount of fluoride in drinking water at some regions of the city is determined as high as 1.8-3.8 mg/l with a mean level of 2.7 ppm. Because of high fluoride intake, severe dental fluorosis is commonly encountered.³ Skeletal and joint deformities were also reported in the city.²

Orthodontic treatment in the early permanent dentition is a common treatment modality. Relative cephalometric normative standards for young individuals are essential in the diagnosis of and treatment planning for these age groups. The purpose of the study was to evaluate the cranio-facial characteristics of children with fluorosis in the early permanent dentition period using Björk analysis¹⁰ and to investigate certain differences connected with the high fluor intake. We compared Turkish children with and without fluorosis living in different environmental conditions in different regions to determine the craniofacial differences. We also compared our results with the standard values of Björk.

MATERIALS AND METHODS

Subjects

A total of 216 (girls:121, boys:95) children in the early permanent dentition were included in the present study. The study group was composed of 124 children (girls:75, boys:49) who referred to Clinics of Dental Faculty, Suleyman Demirel

University (in Isparta, endemic fluorosis region). Ninety two children (girls:46, boys:46) who applied to Okmeydani Dental Hospital (in Istanbul, non-endemic fluorosis region) was selected as the control group. Patients with any metabolic bone disease or inflammatory disease were excluded from the study. Patients who had undergone orthodontic treatment or with parafunctional habits were also excluded from the study (Table 1).

The clinical diagnosis and classification of dental fluorosis was established using the Thylstrup Fejerskov Fluorosis Index.¹¹ Representative photographs showing different levels of dental fluorosis were presented in Figure 1.

Cephalometric analysis

The cephalometric radiographs were taken with the subjects standing with their teeth occluded and the lips in a relaxed position. The films were traced on acetate paper. Björk analysis¹⁰ were used for the evaluation of cephalograms to determine cranio-facial morphology. Björk analysis established for the Swedish children was used to serve the standart values. Angular (Figure 2) and linear (Figure 3) measurements were performed to determine the facial characteristics of the children with and without fluorosis.

Statistical analysis

Data were analyzed using the SPSS (version 11) for Windows (SPSS; Chicago, Illinois, USA) statistical package. The results were expressed as the minimum, maximum, mean and standard deviation for quantitative variables and as frequencies for categorical findings. Independent Samples T test analysis was used to compare the angular and linear measurements of children with and without fluorosis. The difference between angular measurements on male population in Björk study and in our study group was done by using One Sample T test. The association between two quantitative variables was evaluated with Pearson's correlation coefficient (rho). Significance levels were set at 0.05.

Reliability

A replicate measurement trial was performed on 10 randomly selected cephalograms of children in the early permanent dentition period. A second set of tracings was carried out after an interval of

at least two weeks. In order to estimate the measurement error, Dahlberg's formula $Se = \sqrt{\sum d^2 / 2n}$ was used, where d is the difference between repeated measurements and n is the number of paired measurement.¹²

RESULTS

In general, measurement errors were small; no variable reached the 5 per cent level of significance in the paired t-test. The mean age of the children included in the study was 13.8 ± 1.2 (14.4 ± 0.9 for children with fluorosis; 12.9 ± 1.2 for children without fluorosis). The distributions of individuals in each group were shown in Table 1.

The mean dental fluorosis level was found 4.6 ± 1.8 (minimum 2; maximum 9) according to Thylstrup Fejerskov Fluorosis Index for children with fluorosis.

Values of cephalometric measurements of children with and without fluorosis are given in Tables 2-5. Table 2 shows the differences of angular and linear measurements of the two groups according to gender. Differences of craniofacial morphology of individuals with and without fluorosis were shown in Table 3 and separately for girls and boys, in Tables 4 and 5. The results showed that angular or linear measurements were not statistically significant between children with and without fluorosis. The only exception was the angle of convexity (NAPog) which was significantly higher in children without fluorosis than children with fluorosis (Tables 3-5).

For all angular measurements, the differences between the genders were not statistically significant for children with and without fluorosis except Saddle (NSAr) and Gonial angle (ArGoGn) ($P < .05$). Linear variables, such as anterior cranial base (SN) ($P < .05$), posterior cranial base (SAr) ($P < .01$), anterior facial height (NMe) ($P < .01$), lower facial height (MePMe) ($P < .01$) were consistently larger in boys than in girls at both groups having and not having dental fluorosis (Table 2).

Girls showed statistically significant difference in NSAr ($P < .05$), NAPog ($P < .05$), and ramus height (Arkk) ($P < .01$) in between two groups (Table 4) whereas articular angle (SArGo) ($P < .001$), ArGoGn ($P < .05$), chin angle (IdPog-MGo) ($P < .001$) and NA-



Figure 1. Thylstrup and Fejerskov Fluorosis Index (TFI) samples.

Table 1. Fluorosis, gender cross tabulation.

	Gender					
	Girls		Boys		Total	
	N	%	N	%	N	%
Without fluorosis	46	21.3	46	21.3	92	42.6
With fluorosis	75	34.7	49	22.7	124	57.4
Total	121	56	95	44	216	100

Pog ($P < .01$) (Table 5) showed significant difference in boys for different groups.

Comparison of craniofacial angular values of boys with and without fluorosis with Björk's mean values shows different significance for NSAr, SArGo, mandibular prognathism (SNId) and NAPog (Table 6).

Correlations of angles for children with fluorosis in the early permanent dentition period are shown in Table 7. NSAr shows negative correlation with SArGo, SNPr, SNId angles for boys and girls. For total children and girls SArGo shows negative correlation with ArGoGn and ArNPr. ArGoGn have negative correlation with only IdPog-MGo for all of the children. ArNPr is positively correlated with SNPr, SNId, IdPog-MGo whereas it is negatively correlated with NAPog. SNPr is also positively correlated with SNId and IdPog-MGo. IdPog-MGo shows negative correlation with NAPog for all of the children.

DISCUSSION

Endemic fluorosis is a chronic metabolic bone and joint disease caused by intake of large amounts of fluoride. Marked increase in bone for-

mation, with irregular deposition of osteoid tissue, induced by fluoride results in osteosclerosis, exocytose formation and calcification of tendons and ligaments.² Skeletal fluorosis may cause pain, deformities, and limited movement of the joints of the spinal skeleton and major joints of extremities. Savas et al² observed that high number of female patients living in Isparta who had dental fluorosis also complained of knee pain. They found that radiological severity of knee osteoarthritis was greater and atypically located osteophytes were more frequent in patients with endemic fluorosis. They implied that endemic fluorosis might be responsible for the increased severity of degenerative changes in the bone.

Washington, DC: National Academy¹³ concluded that the severity of the disease appears to be directly related to the magnitude and duration of high-fluoride exposure. In an animal model, it was shown that tooth fluoride content was correlated with bone fluoride content where animals were exposed to a wide range of fluor in their drinking water. However, in the same study it was also shown that in humans and mice exposed to narrow ranges of fluoride ingestion, no correlation existed between tooth fluor concentration and bone fluoride concentration. A strong positive correlation between the degree of dental fluorosis and mandibular bone fluoride content was found in a sample of red deer exposed to elevated levels of fluoride, thus demonstrating the usefulness of dental fluorosis as a biomarker of increased fluoride exposure for biomonitoring studies.¹⁴ As for shown in clinical and experimental animal studies, prolonged uptake of increased amounts of

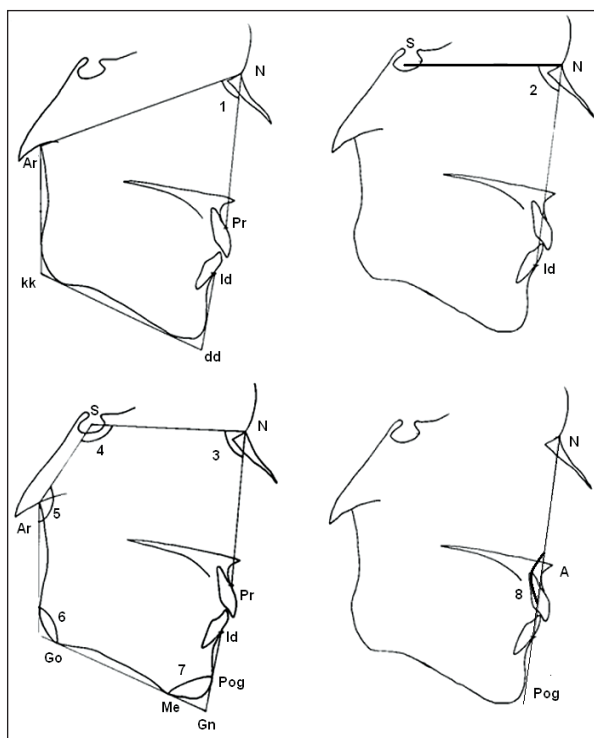


Figure 2. Björk Analysis Angular Measurements: (1) Angle of facial prognathism (ArNPr), (2) Angle of mandibular prognathism (SNId), (3) Angle of maxillary prognathism (SNPr), (4) Saddle angle (NSAr), (5) Articular angle (SArGo), (6) Gonial (Jaw) angle (ArGoGn), (7) Chin angle (IdPog-MGo) (8) Facial convexity (NAPog).

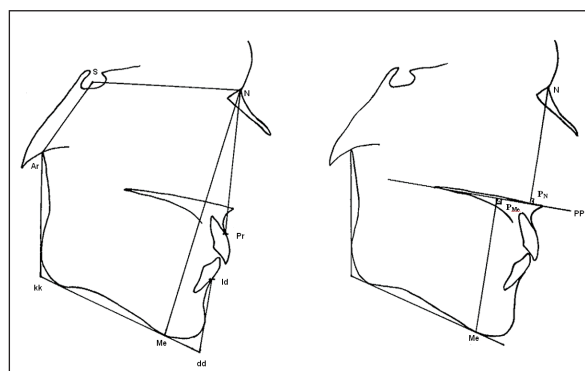


Figure 3. Björk Analysis Linear Measurements: Anterior Cranial Base (SN), Posterior Cranial Base (SAr), Ramus Mandibularis Length (Arkk), Corpus Mandibularis Length (kkdd), Mandibulo-alveolar height (lddd), Anterior Facial Height (NMe), Upper Facial Height (NP_N), Lower Facial Height (MeP_{Me}).

fluoride leads to osteomalacia and decreased bio-mechanical competence of bone.¹⁵⁻¹⁹ Miyagi et al²⁰ examined the effect of fluoride intake on the mineral content in rat alveolar bone. They concluded that fluoride intake might have a protective effect on rapidly progressing alveolar bone resorption.

However, laboratory studies have demonstrated that fluoride does not readily diffuse into already-formed bone but is incorporated as bone remodels or develops in children.²¹ Therefore, dental fluorosis was used as a biomarker to evaluate the effects of high fluoride intake on bony components

Table 2. Gender difference of the craniofacial morphology of Turkish children with and without fluorosis.

		Girls			Boys			P ¹	
		Measurements	N	Mean	SD	N	Mean		SD
Angular measurements	With fluorosis	NSAr	75	124.8	5.8	49	123.1	5.3	.109
		SArGo	75	143.9	6.3	49	145.8	5.3	.077
		ArGoGn	75	128	6.3	49	129.7	5.5	.133
		ArNPr	75	64.4	4.1	49	63.5	3.6	.200
		SNPr	75	82.9	4.5	49	82.3	4.1	.664
		SNId	75	78.7	4.5	49	78.9	4.2	.791
		IdPog-MGo	75	70.6	7.1	49	70.9	6.1	.797
		NAPog	75	176	7.4	49	175.3	7.8	.608
	Without fluorosis	NSAr	46	127.1	5.6	46	124.7	5.1	.041*
		SArGo	46	141.8	6.6	46	138.9	20.2	.366
		ArGoGn	46	129.4	6.4	46	132.3	6.9	.038*
		ArNPr	46	64.5	2.9	46	63.4	3	.087
		SNPr	46	83	6.2	46	81.2	4	.090
		SNId	46	77.4	6.4	46	77.6	3.5	.801
IdPog-MGo		46	68.8	5.8	46	66.8	4.9	.076	
NAPog		46	178.8	6	46	179.7	6.4	.499	
Linear measurements	With fluorosis	SN	75	70.3	3.7	49	71.8	3.9	.032*
		SAr	75	35.1	4.1	49	37.2	3	.002**
		Arkk	75	47.2	4.5	49	47.6	4.1	.551
		Kkdd	75	78.8	5.6	49	80.7	5.7	.068
		Iddd	75	35.1	4.2	49	36	4.5	.287
		NMe	75	119.7	6.9	49	124.5	8.4	.001**
		NP _N	75	53.9	4.6	49	54.4	4.4	.548
		MeP _{Me}	75	63	4.8	49	66.2	5.3	.001**
	Without fluorosis	SN	46	69.2	4.7	46	73.7	3.5	.032*
		SAr	46	34.9	3	46	36.6	3.5	.002**
		Arkk	46	44.6	4.5	46	47.1	5	.551
		Kkdd	46	79.8	5.2	46	82.4	5.8	.068
		Iddd	46	34.8	3.4	46	35.6	3	.287
		NMe	46	119.3	6.7	46	124.9	7.4	.001**
NP _N		46	52.8	4	46	55.3	3	.548	
MeP _{Me}		46	64	4.7	46	66.8	4.3	.001**	

*: P<.05; **: P<.01

of face. For this reason, our experimental group was selected from children living in endemic fluorosis region; Isparta, since birth.

In this study, craniofacial morphology of children with severe dental fluorosis in the early permanent dentition period were investigated. Boys consistently showed larger values for all of the linear variables, but the angular variables were usually not found to be different between the sexes (Table 2). This finding is in agreement with other studies dealing with children of the same age.²²⁻²³ In children with fluorosis, ArNPr and SNId shows negative correlation with NSAr which are frequently used in cephalometric tracings.²⁴ Maxilla and mandible indicated anterior displacement when NSAr decreases in children with fluorosis, which shows parallelism with Björk's standarts.¹⁰ None of the angular values showed statistical difference between boys and girls in the fluoridated group at the early permanent dentition period which might imply that systemic fluorosis had similar effect in both gender in the early permanent dentition period (Table 2). Facial and maxillary prognathism were slightly higher in the girls than in the boys

both for children with and without fluorosis but the differences were not statistically significant which is comparable to the results reported by Johannsdottir et al.²³ Regarding the linear measurements, the significantly larger SN, SAr, NMe and MePMe in boys (P=.001) both with and without fluorosis shows parallelism with the study of Johannsdottir et al.²³ (Table 2).

Negative correlation of SArGo for children with fluorosis with ArNPr, IdPog-MGo showed parallelism with Björk analysis. In our study in which a possible reduction of the angle between the rear portion, or vertical part, of the cranial base and the ramus (SArGo), would be accompanied by an equal increase in the degree of prognathism, as the ramus and the profile are nearly parallel. A diminution of the SArGo would have the secondary effect of shortening the frontal facial height, thus diminishing the change in the angle of prognathism.²⁵

According to Björk, a possible reduction in ArGoGn had little effect on the degree of prognathism. Negative correlation was found between ArGoGn and IdPog-MGo. A change in IdPog-MGo, the angle between the lower horizontal and anterior

Table 3. Comparison of craniofacial morphology of both genders with and without fluorosis.

Measurements	With flourosis (Isparta)					Without flourosis					P ¹	MD	95% CI	
	N	Min	Max	Mean	SD	N	Min	Max	Mean	SD				
NSAr	124	110	138	124.1	5.6	92	112	137.5	125.9	5.4	.021*	-1.8	-3.3	-0.3
SArGo	124	125	156	144.6	6	92	13	160	141.6	6.9	.001**	3	1.3	4.7
ArGoGn	124	112	141	128.6	6	92	119	145	130.8	6.8	.014*	-2.2	-3.9	-0.5
ArNPr	124	48.5	74.5	64	3.9	92	57.5	71	64	3	.928	0.04	-0.9	1
SNPr	124	71.5	94.5	82.07	4.3	92	73.5	101	82.1	5.3	.967	-0.03	-1.3	1.3
SNId	124	69	91	78.7	4.4	92	60	90	77.5	5.1	.058	1.2	0	2.5
IdPog-MGo	124	57	87	70.7	6.7	92	56	83	67.8	5.4	.001**	2.9	1.2	4.6
NAPog	124	159	194.5	175.7	7.5	92	161	191	179.3	6.2	.000***	-3.6	-5.5	-1.7
SN	124	59	83	70.9	3.8	92	61	82	71.4	4.7	.361	-0.5	-1.7	0.6
SAr	124	23	47	36	3.9	92	27.5	45	35.8	3.4	.677	0.2	-0.8	1.2
Arkk	124	35	63	47.3	4.4	92	36.5	60	45.8	4.9	.018*	1.5	0.3	2.7
Kkdd	124	66	95	79.5	5.7	92	71.5	93.5	81.1	5.7	.045*	-1.6	-3.1	-0.1
Iddd	124	21.5	47	35.44	4.3	92	29	46	35.2	3.2	.632	-0.5	-2.6	1.6
NMe	124	104	140	121.6	7.9	92	110	143	122.1	7.5	.975	0.02	-1.1	1.2
NP _N	124	44	69	54.1	4.5	92	45	61	54.1	3.8	.108	-1.1	-2.5	0.2
MeP _{Me}	124	52	75	64.3	5.2	92	56	76	65.4	4.7	.63	0.3	-0.8	1.3

¹ Independent samples T test SD=Standard deviation MD=Mean difference CI=Confidence Interval of the difference ***:P<.001; **:P<.01; *:P<.05.

Table 4. Comparison of craniofacial morphology of girls with and without fluorosis.

Measurements	With flourosis (Isparta)					Without flourosis					P ¹	MD	95% CI	
	N	Min	Max	Mean	SD	N	Min	Max	Mean	SD				
NSAr	75	110	138	124.8	5.8	46	112	137.5	127.1	5.6	.037*	-2.3	-4.4	-0.1
SArGo	75	125	156	143.9	6.3	46	130.5	152	141.8	6.6	.086	2.1	-0.3	4.5
ArGoGn	75	112	141	128	6.3	46	119	143.5	129.4	6.4	.251	-1.4	-3.7	1
ArNPr	75	48.5	74.5	64.4	4.1	46	58	69	64.5	2.9	.85	-0.1	-1.5	1.2
SNPr	75	71.5	94.5	81.9	4.5	46	73.5	101	83	6.2	.263	-1.1	-3	0.8
SNId	75	69	91	78.7	4.5	46	60	90	77.4	6.4	.199	1.3	-0.7	3.3
IdPog-MGo	75	57	87	70.6	7.1	46	58.5	83	68.8	5.8	.155	1.8	-0.7	4.2
NAPog	75	159	194.5	176	7.4	46	170	191	178.8	6	.029*	-2.9	-5.4	-0.3
SN	75	63	79	70.3	3.7	46	61	80	69.2	4.7	.152	1.1	-0.4	2.6
SAr	75	23	47	35.1	4.1	46	27.5	41.5	34.9	3	.781	0.2	-1.2	1.6
Arkk	75	35	63	47.2	4.5	46	36.5	55	44.6	4.5	.003**	2.5	0.9	4.2
Kkdd	75	66	91	78.8	5.6	46	71.5	90	79.8	5.2	.33	-1	-3	1
Iddd	75	21.5	47	35.1	4.2	46	29	46	34.8	3.4	.663	0.3	-1.1	1.8
NMe	75	104	136	119.7	6.9	46	110	134.5	119.3	6.7	.736	0.4	-2.1	3
NP _N	75	44	69	53.9	4.6	46	45	61	52.8	4	.201	1.1	-0.6	2.7
MeP _{Me}	75	52	72	63	4.8	46	56	74	64	4.7	.284	-1	-2.7	0.8

¹Independent samples T test. SD=Standard deviation, MD=Mean difference, CI=Confidence Interval of the difference ***:P<.001; **:P<.01; *:P<.05.

Table 5. Comparison of craniofacial measurements of boys with and without fluorosis.

Measurements	With flourosis (Isparta)					Without flourosis					P ¹	MD	95% CI	
	N	Min	Max	Mean	SD	N	Min	Max	Mean	SD				
NSAr	49	113	133	123.1	5.3	46	113	132	124.8	5.1	.129	-1.6	-3.7	0.5
SArGo	49	130	156	145.8	5.3	46	13	160	141.5	6.9	.001**	4.3	0.9	6.9
ArGoGn	49	118	140	129.7	5.5	46	122	145	132.3	6.9	.042*	-2.6	-5.2	-0.1
ArNPr	49	54	72.5	63.5	3.6	46	57.5	71	63.4	3	.969	0.03	-1.3	1.4
SNPr	49	73	92	82.3	4.1	46	74.5	90	81.2	4	.182	1.1	-0.5	2.8
SNId	49	71	86	78.9	4.2	46	72.5	89.5	77.6	3.5	.125	1.2	-0.3	2.8
IdPog-MGo	49	60	87	70.9	6.1	46	56	80	66.8	4.9	.001**	4.1	1.8	6.4
NAPog	49	159.5	192	175.3	7.8	46	161	190	179.7	6.4	.003**	-4.4	-7.4	-1.5
SN	49	59	83	71.8	3.9	46	69.5	82	73.7	3.5	.17	-1.9	-3.4	-0.3
SAr	49	30	44	37.2	3	46	31	45	36.6	3.5	.318	0.7	-0.7	2
Arkk	49	40	59	47.6	4.2	46	37.5	60	47.1	5	.541	0.6	-1.3	2.5
	49	71	95	80.7	5.7	46	74	93.5	82.4	5.8	.141	-1.8	-4.1	0.6
Iddd	49	25	45	36	4.5	46	31	41	35.6	3	.637	0.4	-1.2	1.9
NMe	49	110	140	124.5	8.4	46	112	143	124.9	7.4	.786	-0.4	-3.7	2.8
NPN	49	44	61	54.4	4.4	46	49	60.5	55.3	3	.243	-0.9	-2.5	0.6
MePMe	49	53	75	66.2	5.3	46	61	76	66.8	4.3	.548	-0.6	-2.6	1.4

¹Independent samples T test. SD=Standard deviation, MD=Mean difference, CI=Confidence Interval of the difference ***:P<.001; **:P<.01; *:P<.05.

Table 6. Comparison craniofacial angular values of boys with and without fluorosis by Björk values.

Angular measurements	Björk values N:322		With fluorosis N:49		Without fluorosis N:46			
	Mean	SD	Mean	SD	P1	Mean	SD	P1
NSAr	122.9	4.9	123.1	5.3	.769	124.8	5.1	.017*
SArGo	143	6.2	145.8	5.3	.001**	141.5	6.9	.154
ArGoGn	131.1	6.1	129.7	5.5	.073	132.3	6.9	.25
ArNPr	65.5	3.2	63.5	3.6	.000***	63.4	3	.000***
SNPr	83.7	3.7	82.3	4.1	.018*	81.2	4	.000***
SNId	78.9	3.6	78.9	4.2	.957	77.6	3.5	.019*
IdPog-MGo	68.6	5.4	70.9	6.1	.012*	66.8	4.9	.016*
NAPog	173.9	5.6	175.3	7.8	.224	179.7	6.4	.000***

¹ One sample T test. SD=Standard deviation, MD=Mean difference, CI=Confidence Interval of the difference
***:P<.001; **:P<.01; *:P<.05.

Table 7. Björk Analysis correlations of angular measurements of individuals in general, boys, girls with dental fluorosis.

Angular measurements		NSAr	SArGo	ArGoGn	ArNPr	SNPr	SNId	IdPog-MGo	NAPog
Total	NSAr								
Girls									
Boys									
Total	SArGo	-.642(***)							
Girls		-.646(***)							
Boys		-.609(***)							
Total	ArGoGn		-.224(*)						
Girls			-.373(**)						
Boys									
Total	ArNPr		-.220(*)						
Girls			-.280(*)						
Boys									
Total	SNPr	-.408(***)		-.189(*)	.733(***)				
Girls		-.327(**)			.714(***)				
Boys		-.558(***)			.801(***)				
Total	SNId	-.437(***)			.340(***)	.656(***)			
Girls		-.369(**)			.346(**)	.669(***)			
Boys		-.566(***)			.344(*)	.631(***)			
Total	IdPog-MGo			-.294(**)	.415(***)	.330(***)			
Girls				-.249(*)	.393(***)	.303(**)			
Boys				-.404(**)	.477(**)	.383(**)			
Total	NAPog		-.217(*)		-.379(***)	-.271(**)	.210(*)	-.602(***)	
Girls					-.324(**)			-.544(***)	
Boys					-.495(***)	-.400(***)		-.705(***)	

***:P<.001; **:P<.01; *:P<.05.

or vertical boundaries on the cephalogram, would have a pronounced effect on the alveolar section. How great the effect on the angle of prognathism will be, depends upon whether the change in the chin angle is accompanied by a corresponding change in the upper jaw. Chin angle showed positive correlation with facial prognathism and maxillary prognathism as in Björk's.¹⁰ The reason may be the posterior growth of condyles and the resorption in the anterior bone surface of mandibular incisors as mentioned in Björk and Skiller's study.²⁵

Mandibular prognathism increases by the increment of facial and maxillary prognathism as Björk mentioned in his thesis. Nevertheless, NAPog decreases with all this incremental values of prognathy angles. This can be the result of posterior rotation of mandible. Schudy²⁶ and Björk¹⁰ explained this situation like this: the growth of corpus antero-posteriorly more than expected yield to the inclination of gonial angle downwards so as the large mandible can be placed. This is accepted as naturally compensation mechanism so as the anatomical complex can be harmonized. As the mandible grows antero-posteriorly, gonial angle found to be greater. But in our study, gonial angle did not increase with the increment of facial and maxillary prognathy which might be the result of posterior growth of condyle as in the second theory of Björk's growth development. The increment of IdPog-MGo is the other important compensation mechanism for the decrement of NAPog by the increment of prognathy angles. Increment of chin angle yields to mandibular prognathism and maxillary and facial prognathism.

Although studies relating fluoride to bone have been rather inconclusive, it has been stated that 'sodium fluoride has clearly been shown to have pronounced effects on the skeleton'.²⁷ For this reason, studies of this type continue to be important especially on facial growth and development studies.²⁸

CONCLUSIONS

- Craniofacial morphology of children with fluorosis did not show great diversity than the ones without fluorosis in the early permanent dentition period.
- None of the angular measurements were significantly different between boys and girls in the

fluoridated group which might imply that systemic fluorosis did not show gender difference in the early permanent dentition.

REFERENCES

1. Ishii T, Suckling G. The severity of dental fluorosis in children exposed to water with a high fluoride content for various periods of time. *J Dental Res* 1991;70:952-956.
2. Savas S, Cetin M, Akdogan M, Heybeli N. Endemic fluorosis in Turkish patients: relationship with knee osteoarthritis. *Rheumatol Int* 2001;21:30-35.
3. Ermis RB, Koray F, Akdeniz BG. Dental caries and fluorosis in low- and high-fluoride areas in Turkey. *Quintessence Int* 2003;34:354-360.
4. Pendrys DG. Fluoride ingestion and oral health. *Nutrition* 2001;17:979-980.
5. Kierdorf H, Kierdorf U, Sedlacek F, Erdelen M. Mandibular bone fluoride levels and occurrence of fluoride induced dental lesions in populations of wild red deer (*Cervus elaphus*) from Central Europe. *Environ Pollut* 1996;93:75-81.
6. Kierdorf U, Kierdorf H, Sedlacek F, Fejerskov O. Structural changes in fluorosed dental enamel of red deer (*Cervus elaphus* L.) from a region with severe environmental pollution by fluorides. *J Anat* 1996;188:183-195.
7. Xu JC, Wang YZ, Xue DM, Xin SZ, Dai RT, Zhang ZL, Cheng X. X-ray findings and pathological basis of bone fluorosis. *Chin Med J (Engl)* 1987;100:8-16.
8. Czarnowski W, Krechniak J, Urbanska B, Stolarska K, Traszewska-Czarnowska M, Muraszko-Klaudiel A. The impact of water-borne fluoride on bone density. *Fluoride* 1999;32:91-95.
9. Vieira AP, Mousny M, Maia R, Hancock R, Everett ET, Gryn-pas MD. Assessment of teeth as biomarkers for skeletal fluoride exposure. *Osteoporos Int* 2005;16:1576-1582.
10. Björk A. The face in profile. Svensk Tandlaekare-Tidskrift. Vol. 40; No. 5B. suppl. Berlingska. Boktrykeriet. Lund. 1947
11. Thylstrup A, Fejerskov O. Clinical appearance of dental fluorosis in permanent teeth in relation to histological changes. *Community Dent Oral Epidemiol* 1978;6:315-328.
12. Dahlberg G. Statistical methods for medical and biological students. New York: Interscience Publications, 1940.
13. Standing Committee on the Scientific Evaluation of Dietary Reference Intakes. Food and Nutrition board. Institute of Medicine. Dietary reference intakes for calcium, phosphorus, magnesium, vitamin D and fluoride. Washington. DC: National Academy Press; 1997.
14. Kierdorf U, Kierdorf H. Dental fluorosis in wild deer: its use as a biomarker of increased fluoride exposure. *Environ Monit Assess* 1999;57:265-275.

15. Chavassieux P, Pastoureau P, Boivin G, Chapuy MC, Delmas PD, Milhaud G, Meunier PJ. Fluoride-induced bone changes in lambs during and after exposure to sodium fluoride. *Osteoporos Int* 1991;2:26-33.
16. Sogaard CH, Mosekilde L, Schwartz W, Leidig G, Mine HW, Ziegler R. Effects of fluoride on rat vertebral body biomechanical competence and bone mass. *Bone* 1995;16:163-169.
17. Sogaard CH, Mosekilde L, Richards A, Mosekilde L. Marked decrease in trabecular bone quality after five years of sodium fluoride therapy assessed by biomechanical testing of iliac crest bone biopsies in osteoporotic patients. *Bone* 1994;15:393-399.
18. Lundy MW, Stauffer M, Wergedal JE, Baylink DJ, Featherstone JD, Hodgson SF, Riggs BL. Histomorphometric analysis of iliac crest bone biopsies in placebo-treated versus fluoride-treated subjects. *Osteoporos Int* 1995;5:115-129.
19. Turner CH, Hasegawa K, Zhang W, Wilson M, Li Y, Dunipace AJ. Fluoride reduces bone strength in older rats. *J Dent Res* 1995;74:1475-1481.
20. Miyagi M, Tsuruda K, Kawamura M, Morishita M, Iwamoto Y. Effects of fluoride intake on the mineral content, acid solubility and resorption caused by experimental periodontitis of rat alveolar bone. *Arch Oral Biol* 1994;39:163-166.
21. Grynpas MD. Fluoride effects on bone crystals. *J Bone Miner Res* 1990;5 Suppl 1: S169-175.
22. El-Batouti A, Ogaard B, Bishara S. Longitudinal cephalometric standards for Norwegians between the ages of 6 and 18 years. *Eur J Orthod* 1994;16:501-509.
23. Johannsdottir B, Thordarson A, Magnusson TE. Craniofacial morphology in 6 year old Icelandic children. *Eur J Orthod* 1999;21:283-290.
24. Jarvinen S. Saddle angle and maxillary prognathism: a radiological analysis of the association between the NSAr and SNA angles. *Br J Orthod* 1984;11:209-213.
25. Björk A, Skieller V. Normal and abnormal growth of the mandible. A synthesis of longitudinal cephalometric implant studies over a period of 25 years. *Eur J Orthod* 1983;5:1-46.
26. Schudy F. Superimposition and structural analysis. *Am J Orthod Dentofacial Orthop* 1996;109:193-195.
27. Kleerekoper M, Balena R. Fluorides and osteoporosis. *Annu Rev Nutr* 1991;11:309-24.
28. Warren JJ, Levy SM. Systemic fluoride sources, amounts and effects of ingestion. *Dent Clin North Am* 1999;43:695-711.