

# Dimethyl Sulfoxide Leads to Decreased Osteogenic Differentiation of Stem Cells Derived from Gingiva via Runx2 and Collagen I Expression

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Abstract	<b>Objectives</b> Dimethyl sulfoxide (DMSO) plays various functions, including cellular functions such as cellular growth. The aim of this study was to evaluate the effects of DMSO on the proliferation and osteogenic differentiation of human gingiva-derived stem cells.
	<b>Materials and Methods</b> Stem cells derived from gingiva were cultured in the pres- ence of DMSO at concentrations ranging from 0.01 to 10%.
	<b>Statistical Analysis</b> We performed a one-way analysis of variance (ANOVA) with post hoc test to determine the differences between the groups using a commercially available program and the level of significance was 0.05. <b>Results</b> The cells in the control group showed normal fibroblast morphology. The cells treated with 0.01%, 0.01%, 0.1%, and 1% DMSO were morphologically similar to those from the control group on each day. Statistically significant decreases in cell counting kit-8 (CCK-8) values were seen in the 3% and 10% DMSO groups ( $p < 0.05$ ). A statistically significant decrease in alkaline phosphatase activity was seen in the 3%
Keywords	DMSO group. ( $p < 0.05$ ). The application of DMSO produced a decrease in alizarin red S staining. The expression of Runx2 and collagen I by immunofluorescence decreased
<ul> <li>osteogenic differentiation</li> <li>proliferation</li> <li>dimethyl sulfoxide</li> <li>gingiva</li> <li>stem cells</li> </ul>	as the dose of lovastatin increased. <b>Conclusion</b> The effects of DMSO on the viability of osteogenic differentiation among stem cells derived from human gingiva were evaluated. Applying DMSO produced decreased cell viability and decreased osteogenic differentiation in this experimental setting. This should be considered when designing and interpreting the data, and a DMSO-free method may be considered for bone regeneration applications.

# Introduction

Dimethyl sulfoxide (DMSO) is widely applied as a solvent for molecules, making them soluble in organic media as well as aqueous media.<sup>1</sup> DMSO is shown to play various functions, including in cellular growth and cellular functions.<sup>2</sup> DMSO is known to affect mitochondrial integrity and membrane potential.<sup>3</sup> Also, DMSO may produce apoptosis

in the developing central nervous system.<sup>4</sup> DMSO inhibited inflammation in experimental models and affected intestinal cytokine production.<sup>5</sup> Although DMSO is widely used for the preservation of liquid nitrogen-frozen cells, there are possibilities associated with toxicity in the transplantion.<sup>6,7</sup>

In a previous study, our group isolated and characterized stem cells from human gingival connective tissue.<sup>8</sup> The potential differentiation ability of gingiva-originated human

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mesenchymal stem cells was tested, as was the feasibility of application in tissue-engineering purposes.9 However, the effects of DMSO on stem cells have not yet been widely demonstrated.<sup>10</sup> Thus, the aim of this study is to evaluate the effects of DMSO on the proliferation and osteogenic differentiation of human gingiva-derived stem cells. The alkaline phosphatase activity test and alizarin red S staining were used to assess the differentiation and mineralization of the treated cells. Quantitative real-time polymerase chain reaction was used to evaluate the mRNA levels of Runt-related transcription factor 2 (Runx2) and collagen I, and the protein expressions of Runx2 and collagen I were measured using Western blot analysis. To our knowledge, this investigation is the first to elucidate the effects of DMSO on the expressions of Runx2 and collagen I in mesenchymal stem cells derived from gingiva.

# **Materials and Methods**

## Stem Cells Derived from Human Gingiva

We collected the gingiva of healthy patients visiting the Department of Periodontics, Seoul St. Mary's Hospital, College of Medicine, Catholic University of Korea. The Institutional Review Board reviewed and approved the study (KC11SISI0348), and informed consent was obtained from the participants. All the methods were performed in accordance with the relevant guidelines and regulation. The obtained tissue was placed in sterile phosphate-buffered saline (PBS; Welgene, Daegu, South Korea) containing 100U/mL penicillin and 100µg/mL streptomycin (Sigma-Aldrich Co., St. Louis, MO, United States). We removed the epithelium of the obtained tissue and minced the tissue into 1 to 2 mm fragments. We digested the tissue with media containing collagenase IV (Sigma-Aldrich Co.). The cells were incubated in an environment with 5% CO<sub>2</sub> and 95% O<sub>2</sub> at 37°C. Cells that were not attached to the culture dish were removed, and the media was changed every 2 to 3 days.

#### Evaluation of Cellular Morphology

We plated the cells at a density of  $2.0 \times 10^3$  cells/well in 96-well plates. We incubated the cells in osteogenic media ( $\alpha$ -minimal essential medium [ $\alpha$ -MEM, Gibco, Grand Island, NY, United States]) supplemented with 15% fetal bovine serum (FBS, Gibco), 200 mM L-glutamine (Sigma-Aldrich Co.), 10 mM of ascorbic acid 2-phosphate (Sigma-Aldrich Co.), 38 µg/mL of dexamethasone, 2 mg/mL of glycerophosphate disodium salt hydrate, and 100 U/mL penicillin, and 100 µg/mL streptomycin (Sigma-Aldrich Co.) in the presence of DMSO (Sigma-Aldrich Co.) at final concentrations ranging from 0 (control) to 0.01% (low dose), 0.1% (medium dose), 1% (high dose), 3% (super), and 10% (extreme). We used the inverted microscopy (CKX41SF; Olympus Corporation, Tokyo, Japan) to evaluate the morphology of the tested cells at days 1, 3, 5, 7, and 10.

#### **Determination of Cell Viability**

We tested the viability of the cells on days 1, 3, 5, and 7 using the counting kit-8 (CCK-8) assay. We added tetrazolium

monosodium salt (CCK-8; Dojindo, Tokyo, Japan) to the culture, and we incubated the cells at 37°C for 2 hours. We used a microplate reader (BioTek Instruments Inc., Winooski, VT, United States) to find the spectrophotometric absorbance at 450 nm. The tests were performed in triplicate.

## Alkaline Phosphatase Activity Assays

We performed alkaline phosphatase activity assays on days 3, 7, 10, 14, and 21. We used trypsin (Gibco) to detach the cells, and used a commercially available kit (K412–500, Bio-Vision, Inc., Milpitas, CA, United States) to evaluate alkaline phosphatase activity assays. We used a microplate reader (BioTek Instruments Inc.) to measure the spectrophotometric absorbance of the samples.

# **Evaluation of Alizarin Red S Staining**

We performed alizarin red S staining on days 5, 7, and 21. We washed, fixed, and stained the cells with 2% alizarin red S solution (ScienCell Research Laboratories, Inc., Carlsbad, CA, USA) and evaluated the cells with a microscope (CKX41SF, Olympus Corporation). We removed nonspecifically bound stains, and solubilized bound dye with 10% cetylpyridinium chloride (Sigma-Aldrich Co.). We performed spectrophotometric quantification at 560 nm (BioTek Instruments Inc.).

#### Immunofluorescence

We performed an immunofluorescent assay for Runx2 (ab76956, Abcam, Cambridge, United Kingdom) and collagen I (ab6308, Abcam) on days 1, 3, 5, and 7. We fixed, permeabilized, blocked, and incubated the cells with primary antibodies. We incubated the cultures with fluorescein isothiocyanate-conjugated secondary antibody (F2761, Abcam); then, stained the washed cells with 4<sup>'</sup>, 6-diamidino-2-phenylindole (DAPI). We analyzed the cells using a fluorescence microscope (Axiovert 200, Zeiss, Jena, Germany).

# Total RNA Extraction and Quantification by Real-Time Polymerase Chain Reaction

We isolated total RNA from the cultured cells on day 11 using a GeneJET RNA Purification Kit (Thermo Fisher Scientific, Inc., Waltham, MA, United States). We determined quantities by spectrophotometer (ND-2000, Thermo Fisher Scientific, Inc., Wilmington, DE, United States) with ratios of absorbance at 260 and 280 nm.

We designed the sense and antisense primers based on GenBank. The primer sequences were as follows: Runx-2 Forward 5': AAT GAT GGT GTT GAC GCT GA - 3'; Reverse 5': TTG ATA CGT GTG GGA TGT GG - 3'; Collagen I Forward 5': TCA TGG CCC TCC AGC CCC CAT3'; and Reverse 5': ATG CCT CTT GTC CTT GGG GTT C - 3'.  $\beta$ -actin served as a housekeeping gene for normalization. We detected mRNA expression by RT-PCR using SYBR Green Real-Time PCR Master Mixes (Enzynomics, Daejeon, South Korea) based on the manufacturer's protocol. We performed the experiments in triplicate.

## Western Blot Analysis

We washed and solubilized the cells using lysis buffer (Thermo Fisher Scientific, Inc., Waltham, MA, United States) containing protease and phosphatase inhibitor cocktail (Thermo Fisher Scientific, Inc.) as well as phenylmethylsulfonyl fluoride (Sigma-Aldrich Co.) on day 10. We quantified the lysates using the BCA assay (Thermo Fisher Scientific, Inc.). We separated protein samples using sodium dodecyl sulfate polyacrylamide gel electrophoresis and then transferred for immunoblotting. We incubated the membranes with the primary antibodies overnight at 4°C, and then with the secondary antibody for 1-hour at room temperature. The antibodies included those against Runx2, collagen I, and glyceraldehyde 3-phosphate dehydrogenase (GAPDH), as well as secondary antibodies linked with horseradish peroxidase were used. We purchased the antibodies from Abcam (Cambridge, United Kingdom) and BD Bioscience (San Jose, CA, United States).

## **Statistical Analysis**

We presented the data as the means ± standard deviations of the experiments. We used the Shapiro–Wilk test to test for normality. We performed a one-way analysis of variance (ANOVA) with post hoc test to determine the differences between the groups using a commercially available program (SPSS 12 for Windows, SPSS Inc., Chicago, IL, United States). The level of significance was 0.05.

# Results

# Cellular Morphology and Cell Viability of Stem Cells Grown in Osteogenic Media

The shape of cells grown in osteogenic media on days 1, 3, 5, 7, and 10 are shown in **Fig. 1A** and **Supplementary Fig. 1A–D** 

(available online only). The cells treated with 0.01%, 0.01%, 0.1%, and 1% DMSO were morphologically similar to those from the control group on each day. The cells from the 3% and 10% groups were significantly different from the others.

The relative values of CCK-8 on days 1, 3, 5, and 7 are shown in **Fig. 1B–E**. The relative values of CCK-8 at day 5 for the 0.01%, 0.10%, 1%, 3%, and 10% groups are 105.3  $\pm$  8.0%, 120.0  $\pm$  12.5%, 90.1  $\pm$  4.8%, 76.6  $\pm$  1.3%, and 63.8  $\pm$  0.7%, respectively, when the control (0% group) at day 1 is considered 100% (100.0  $\pm$  4.7%).

#### Alkaline Phosphatase Activity Assays

The alkaline phosphatase activity treated with DMSO at days 3, 7, 10, and 14 is shown in **Fig. 1F**. The absorbance values of cells on day 14 grown with 0%, 0.01%, 0.10%, 1%, and 3% DMSO were  $0.156 \pm 0.005$ ,  $0.164 \pm 0.002$ ,  $0.166 \pm 0.001$ ,  $0.179 \pm 0.003$ ,  $0.112 \pm 0.002$ , and  $0.089 \pm 0.002$ , respectively. The 3% DMSO group showed a statistically significant decrease in alkaline phosphatase activity on days 10 and 14, compared with the control group at each time point (p < 0.05).

### **Mineralization Assay**

The results of the alizarin red S staining on days 5, 14, and 21 following treatment with different concentrations of DMSO in osteogenic supplement are shown in **~ Fig. 2A** and Supplementary **~ Fig. 2A** (available online only). The absorbance of cells on day 14 grown with 0%, 0.01%, 0.10%, 1%, and 3% DMSO was 0.071  $\pm$  0.001, 0.089  $\pm$  0.001, 0.081  $\pm$  0.001, 0.081  $\pm$  0.001, 0.081  $\pm$  0.002, respectively (**~ Fig. 2B**). The absorbance of cells on day 21 grown with 0%,



**Fig. 1** Evaluation of cell morphology, viability, and alkaline phosphatase activity. (**A**) Evaluation of cell morphology on day 1 using inverted microscopy following treatment with different concentrations of dimethyl sulfoxide (0%, 0.01%, 0.1%, 1.0%, 3.0%, and 10.0%) on osteogenic supplement. The bar indicates 400  $\mu$ m. (**B**) The CCK-8 assay results on day 1 cultured with osteogenic media. (**C**) The CCK-8 assay results on day 3. (**D**) The CCK-8 assay results on day 5. (**E**) The CCK-8 assay results on day 7. (**F**) Alkaline phosphatase activity on days 3, 7, 10, 14, and 21. CCK-8, cell counting kit-8.

0.01%, 0.10%, 1%, and 3% DMSO was 0.183  $\pm$  0.001, 0.150  $\pm$  0.002, 0.170  $\pm$  0.001, 0.159  $\pm$  0.003, 0.149  $\pm$  0.006, and 0.166  $\pm$  0.002, respectively.

# Validation of mRNA Expression by Real-Time Polymerase Chain Reaction

The quantitative RT-PCR results for the mRNA levels of Runx2 and collagen I are shown in **– Fig. 2C, D**. The relative expressions of Runx2 in osteogenic media at day 11 among the 0%, 0.01%, 0.10%, and 1% groups were 100.0  $\pm$  50.8%, 293.4  $\pm$  156.2%, 157.0  $\pm$  80.2%, and 146.3  $\pm$  140.8%, respectively

(**Fig. 2C**). The relative expressions of collagen I in osteogenic media at day 11 among the 0%, 0.01%, 0.10%, and 1% groups were 100.0  $\pm$  18.8%, 82.1  $\pm$  41.9%, 74.3  $\pm$  35.2%, and 217.1  $\pm$  36.5%, respectively (**Fig. 2D**).

# Immunofluorescence

The immunofluorescent assays for Runx2 and collagen I for days 1, 3, 5, and 7 are shown in **Fig. 3A, B** and **Supplementary Figs. 3** and **4** (available online only). No significant change in Runx2 expression was noted as the dose of DMSO increased. The expression of collagen I seemed to show



**Fig. 2** Alizarin red S staining and quantitative RT-PCR results. (**A**) Results of alizarin red S staining on day 5 following treatment with different concentrations of dimethyl sulfoxide (0%, 0.01%, 0.1%, 1.0%, and 3.0%) on osteogenic supplement. The bar indicates 200 μm. (**B**) Quantitative results of alizarin red S staining on days 5, 14, and 21. (**C**) Quantitative RT-PCR results of Runx2 expression on day 11 on osteogenic media. (**D**) Quantitative RT-PCR results of collagen I expression on day 11 on osteogenic media. RT-PCR, real-time polymerase chain reaction.



**Fig. 3** Immunofluorescence results of Runx2 and collagen I. (**A**) Immunofluorescence results of Runx2 on day 1. The bar indicates 200 μm. (**B**) Immunofluorescence results of collagen I on day 1. The bar indicates 200 μm.



Fig. 4 Western blot analysis to detect the protein expression of Runx2 and collagen I at day 10 and quantitative analysis of the protein expression of Runx2 and collagen I after normalization with GAPDH levels by densitometry. (A). Western blot analysis results. (B) Runx2 (37 kDa) expression on osteogenic media. (C) Runx2 (56 kDa) expression on osteogenic media. (D) Collagen I (90 kDa) expression on osteogenic media. (E) Collagen I (130 kDa) expression on osteogenic media. GAPDH, glyceraldehyde 3-phosphate dehydrogenase.

similar trends: there were no significant changes as the dose of DMSO increased.

### Western Blot

Western blot analysis was performed to detect the protein expression of Runx2, collagen I, and GAPDH at day 10 ( $\succ$  Fig. 4). The relative expressions of Runx2 (37 kDa) in osteogenic media at day 10 among the 0%, 0.01%, 0.10%, and 1% groups were 100.0%, 46.4%, 58.6%, and 34.2%, respectively. The relative expressions of Runx2 (56 kDa) in osteogenic media at day 10 among the 0%, 0.01%, 0.10%, and 1% groups were 100.0%, 119.7%, 165.3%, and 193.8, respectively. The relative expressions of collagen I (90 kDa) in osteogenic media at day 10 among the 0%, 0.01%, 0.10%, and 1% groups were 100.0%, 76.5%, 38.9%, and 3.0%, respectively. The relative expressions of collagen I (130 kDa) in osteogenic media at day 10 among the 0%, 0.01%, 0.10%, and 1% groups were 100.0%, 66.9%, 42.1%, and 3.3%, respectively.

## Discussion

We tested the effects of DMSO on gingiva-derived stem cells, which clearly showed that DMSO in the tested concentrations decreased the osteogenic differentiation of the stem cells via the Runx2 and collagen I pathways.

In this study, cellular viability was determined using CCK-8 assays. The viability may be determined using membrane leakage assays, mitochondrial activity assays, and functional assays.<sup>11</sup> Membrane leakage assays using propidium iodide and trypan blue are based on the principle that live cells possess intact membranes, which excludes the dye from going into the cells.<sup>12</sup> An MTT assay determines the cellular viability based on the mitochondrial activity, but this requires solubilization procedures.<sup>13</sup> The CCK-8 assay has the advantage of having no requirements for the solubilization procedure, along with lower cytotoxicity.<sup>14</sup> This report discusses the effects of DMSO on the viability of stem cells under predetermined concentrations (0.01 to 10%). The trend of decreased viability was noted with higher concentrations of DMSO but with statistical significance only in the 3 and 10% groups.

Osteogenic differentiation may be determined using various methods.<sup>8,13</sup> Alkaline phosphatase activity is usually considered an early marker of osteogenic differentiation.<sup>15</sup> This study showed that the alkaline phosphatase activity of the control group increased for up to 14 days, and then a decrease was noted. With its higher concentration, the 3% group showed a statistically significant decrease in alkaline phosphatase activity. Alizarin red S staining is used to determine the deposition of calcium, which happens after matrix maturation.<sup>9</sup> Decreased deposition of calcium was noted with the application of DMSO. The statistically significant decrease in calcium deposition was noted in the 0.01% group up to the 3% group at day 21.

This study used qualitative RT-PCR to evaluate mRNA expression and Western blot analysis to determine the protein expression of Runx2 and collagen I. There were no statistically significant changes in the mRNA expression of Runx2 and collagen I. However, the Western blot analysis showed a dose-dependent decrease of protein expression of Runx2 and collagen I. Runx2 is reported to be a prerequisite for osteogenic differentiation,<sup>16</sup> and collagen I is known to be involved in regulating osteoblast phenotypes.<sup>17</sup>

The adverse effects of DMSO on stem cells should be considered when designing and interpreting the data. Infusion of DMSO may lead to side effects, including nausea, vomiting, fever, anaphylaxis, and headache.<sup>18</sup> In this regard, it has been reported that manual single wash reduces the frequency of adverse effects, but since the procedure is time-consuming, this is only recommended for patients with high risk of DMSO toxicity.<sup>19</sup> Moreover, a previous method involves the use of an automatic wash method for removing dimethyl sulfoxide in autologous hematopoietic stem cell transplantation, which is reported to decrease the adverse effects related to infusion.<sup>20</sup> It was suggested that DMSO-free processing may be a safe protocol for banking and manufacturing stem cells, especially for regeneration applications.<sup>21,22</sup>

# Conclusions

The effects of DMSO on the viability of osteogenic differentiation among stem cells derived from human gingiva were evaluated. Applying DMSO decreased cell viability and osteogenic differentiation in this experimental setting. This should be considered when designing and interpreting the data, and DMSO-free methods may be considered for bone regeneration applications.

## Funding

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## **Conflict of Interest**

None declared.

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