Lateral Basal Approach to CPA in Supine No-Retractor Method: Microvascular Decompression for Hemifacial Spasm

Katsuyoshi Shimizu

1Department of Neurosurgery, Showa University School of Medicine, Shinagawa-ku, Tokyo, Japan

Address for correspondence Katsuyoshi Shimizu, MD, Department of Neurosurgery, Showa University School of Medicine, 5-8 Hatanodai 1, Shinagawa-ku Tokyo 142-8666, Japan (e-mail: katsuyoshis@aol.com).

Abstract

Objectives In this video, we demonstrate our more basal approach in microvascular decompression for hemifacial spasm.

Design The patient is in supine position with the head rotated maximally to the opposite side on the U-shaped head rest. The small cranial window is made at the lateral bottom of occipital cranium with the adequate superficial manipulation on the muscles layers in the craniocervical junction.

Results The more basal approach enables the surgeon to access all the segments of the VIIth nerve tract without cerebellar retraction by spatula, especially in the case with vertebral artery associated compression.

Conclusion This approach safely provides the ideal operative corridor promising sufficient decompression in myocutaneous decompression for the VIIth nerve.

The link to the video can be found at: https://youtu.be/_nKSjGEHoB4.
**Fig. 1** Pre- and postoperative MRIs indicate decompression has been successfully done. MRI, magnetic resonance imaging.

**Fig. 2** (a) The superficial view after muscle preparation. The bottom of the occipital cranium has been disclosed. (b) The unique surgical corridor of this approach exposing the entire facial nerve tract. OA, occipital artery.