

# Quantitative Radiographic Evaluation of Elbow Incongruity in Labrador and Golden Retrievers with Confirmed Medial Coronoid Disease

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## Abstract

**Objectives** The purpose of this study was to objectively estimate humeroradial (HR), humeroulnar (HU) and radioulnar (RU) congruity on mediolateral elbow radiographs of Labrador and Golden Retrievers without and with medial coronoid disease (MCD), and to determine the correlation between traditional and modified RU-step assessment techniques.

**Materials and Methods** Extended mediolateral elbow radiographs of Labrador and Golden Retrievers without MCD (control group) and with confirmed MCD (diseased group) were investigated. Absolute and average HR and HU distances were determined and standardized by the radius of the corresponding humeral condyle. Traditional RU-step was measured, and a modified procedure of RU-step assessment was generated. The correlation between the two RU-step assessment procedures was tested.

**Results** A total of 131 (197 elbows) Labrador and Golden Retrievers met the criteria for inclusion in the control and diseased groups. The normalized HR and HU distances increased significantly ( $p \leq 0.002$ ) in dogs with MCD. There was a significant increase ( $p < 0.0001$ ) in the traditional and modified RU-step in dogs with MCD. A significant correlation ( $r_s = 0.74$ ,  $p < 0.0001$ ) was identified between traditional and modified RU-step calculated for control and diseased elbows.

**Clinical Relevance** Dogs with confirmed MCD had quantitative radiographic evidences of elbow incongruity. Modified RU-step procedure may be an alternative to the traditional technique and can be utilized during routine quantification of HR and HU congruity. Validation of the reported measurements is, however, warranted.

## Keywords

- ▶ elbow dysplasia
- ▶ medial coronoid disease
- ▶ radiography
- ▶ osteoarthritis
- ▶ canine

## Introduction

Hereditary diseases of canine elbow most commonly involve medial coronoid disease (MCD), ununited anconeal process, osteochondritis of the medial humeral condyle, articular cartilage anomaly and joint incongruity.<sup>1–4</sup> Medial coronoid disease and associated elbow dysplasia are common developmental problems resulting in thoracic limb lameness in young, large and giant breed dogs,<sup>5–7</sup> with secondary osteoarthritis

being a common sequela in older ages.<sup>5,8,9</sup> Labrador Retrievers have been reported to be the most common affected breed with MCD and elbow incongruity.<sup>5,7,10</sup>

Elbow incongruity is anatomical misalignment of the articular surfaces of humeroradial (HR), radioulnar (RU) and/or humeroulnar (HU) joints.<sup>11,12</sup> Incongruity of the canine elbow plays a potential role in the pathogenesis of MCD and development of associated elbow dysplasia and secondary

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osteoarthritis.<sup>13-17</sup> Medial coronoid disease may develop due to the undergrowth of the radius (short radius) relative to the ulna (RU incongruity).<sup>1,10</sup> The RU incongruity results in an altered loading pattern on the medial compartment of the elbow and subsequent cartilage pathology and fragmentation of the corresponding medial coronoid process.<sup>15,18</sup> The resultant RU incongruity may also be consistent with the development of HR incongruity due to the relative increase in the HR joint space. Furthermore, underdevelopment of the ulnar trochlear notch and associated decrease in its radius of curvature has been reported to be another possible cause of MCD in dogs.<sup>15-17</sup> The underdeveloped ulnar trochlear notch, with respect to the corresponding radius and humeral condyle, may then result in RU and HU incongruity, respectively, and subsequent increased load on the medial coronoid process and anconeal process.<sup>15,17</sup> However, a relative increase in the radius of curvature of the ulnar trochlear notch was evidenced in dogs with elbow dysplasia and osteoarthritis to accommodate the corresponding humeral condyle in these patients.<sup>16,17</sup> Overall, misshapen ulnar trochlear notch and undergrown (short) radius may be consistent with HU, RU and HR incongruity.

To the authors' knowledge, evaluation of HR, HU and RU incongruity has so far not been quantified collectively on a lateral elbow radiograph with confirmed MCD. Furthermore, no modification of the traditional RU-step measurement has previously been reported to assess RU incongruity in dogs. Quantification of elbow incongruity may be essential to achieve early diagnosis and, thus, better prognosis of MCD to help develop efficient treatment plans in the future.<sup>19,20</sup> The objective of the study was therefore to quantitatively determine the incongruity of HR, HU and RU joints on the extended mediolateral elbow radiograph for Labrador and Golden Retrievers confirmed to have MCD. The study also aimed to generate a modified radiographic procedure for assessment of RU-step and determine its correlation with the conventional method. The study hypotheses were (1) HR, HU and/or RU incongruity most likely develops in Labrador and Golden Retrievers with confirmed MCD; (2) modified RU-step assessment procedure would be correlated with the conventional method and could then be used as an alternative technique for the radiographic evaluation of canine RU-step.

## Materials and Methods

### Dogs

Medical records and elbow radiographs of Labrador and Golden Retrievers without (controls) and with confirmed unilateral or bilateral MCD (diseased group) were retrieved and reviewed for inclusion criteria. Clinically affected dogs with or without radiographic evidences of MCD, that was confirmed via computed tomography (CT), arthroscopy or at the time of surgery, were included. Dogs that had MCD along with other elbow abnormality (such as ununited anconeal process, osteochondritis of the medial humeral condyle or ununited medial humeral epicondyle) or marked arthrosis were excluded. The control group involved Labrador and Golden Retrievers that had no history or clinical signs of elbow disease, and for which

radiographic examinations of elbow joints revealed no abnormalities. Dogs less than 7 months old were selected as controls because individuals that reach this age without clinical or radiographic evidence of MCD are unlikely to have such a disease. This is because clinical signs of MCD have previously been reported as early as 12 to 15 weeks of age,<sup>21,22</sup> and radiographic signs were not evidenced until 7 or 8 months old.<sup>23-26</sup> The age, body weight and sex were recorded for all enrolled dogs. The study protocol was approved by the Scientific Committee of the Small Animal Hospital at the University of Veterinary Medicine, Foundation, Hanover, Germany. Ethical approval was not necessary as elbow radiographs were acquired as a routine database for all enrolled dogs.

### Radiographic Assessment

Extended mediolateral radiographs of elbow joints were obtained to quantify the congruity of normal elbows and those with confirmed MCD. Positioning was judged as satisfactory if medial and lateral humeral condylar silhouettes were concentric. Projections that allowed improper outlining of the articular margin of the radial head or the ulnar trochlear notch (due to superimposition by humeral condyle) were excluded. All radiographs were digitized and approved in terms of quality and positioning by a qualified radiologist (IN) before investigation.

Elbow joint congruity was objectively determined via calculating the absolute, average and normalized values of HR and HU distances. The humeroradial distances (HRD) represent the absolute distances between the centre of rotation of the humeral condyle and proximocranial, central and proximocaudal points created on the fovea of the radial head (cranial, central and caudal HRD, ►Fig. 1). The



**Fig. 1** Mediolateral elbow radiograph of a Labrador Retriever confirmed to have medial coronoid disease illustrating measurements of humeroradial and humeroulnar distances and modified radioulnar step. CrHRD, cranial humeroradial distance; CeHRD, central humeroradial distance; CaHRD, caudal humeroradial distance; PrHUD, proximal humeroulnar distance; CeHUD, central humeroulnar distance; DiHUD, distal humeroulnar distance; RU-step, radioulnar step. Note the subtrochlear ulnar sclerosis associated with the elbow. \*DiHUD; \*\* modified RU-step.

humero-ulnar distances (HUD) represent the absolute distances between the centre of rotation of the humeral condyle and proximal, central and distal points created along the medial margin of the ulnar trochlear notch (proximal, central and distal HUD, ►Fig. 1). The proximal point of the ulnar trochlear notch was located on the distocranial edge of the anconeal process. The distal point of the ulnar trochlear notch was defined as the point of intersection between the medial margin of the ulnar trochlear notch (at the level of the base of the medial coronoid process)<sup>12,14,18,27</sup> and the line drawn to measure the caudal HRD (the line connecting the centre of rotation of the humeral condyle and the proximo-caudal extent of the radial head) (►Fig. 1). The average value of each set of HRD and HUD was calculated to determine the overall distance between the centre of rotation of humeral condyle and each of the fovea of the radial head and ulnar trochlear notch, respectively. To alleviate the interindividual size variations, the absolute and average values of each distance were standardized by dividing these values by the radius of the corresponding humeral condyle.

Radioulnar congruity was quantified by assessment of RU-step. The RU-step was traditionally evaluated by measuring the vertical distance between a line connecting the proximo-cranial and proximocaudal extents of the fovea of the radial head and a parallel line drawn along the lateral coronoid process (traditional RU-step, ►Fig. 2).<sup>27-30</sup> A modified procedure for assessing RU-step (modified RU-step) was generated in the current study by subtraction of the absolute value of the distal HUD from that of the caudal HRD. The difference between the two distances appears to represent the step between the proximocaudal extent of the radial head and the distal extent of the medial margin of the ulnar trochlear notch at the level of the base of the MCP. All measurements were performed by use of a free medical and radiological processing software (ImageJ 1.41/Java 1.6.0\_21) previously utilized in veterinary orthopaedic research.<sup>31,32</sup> A magnifica-



**Fig. 2** Mediolateral elbow radiograph of a Golden Retriever confirmed to have medial coronoid disease illustrating measurement of traditional radioulnar step. Note the degenerative changes associated with elbow joint. RUstep, radioulnar step.

tion of 300 was used to measure the HRD and HUD, as well as the radius of the humeral condyle, whereas a higher magnification of 800 was used to measure the traditional RU-step.

### Statistical Analysis

Before statistical analysis, most of the data were proven to be normally distributed by the use of D'Agostino and Pearson omnibus test. Despite that some of our numerical data did not follow the normal distribution, we adopted the central limit theorem,<sup>33</sup> and used parametric tests for data analysis. Selected variables were reported as means with standard deviations, and significance was set at  $p$ -value  $< 0.05$ . The means of the absolute, average and normalized values of HRD and HUD, as well as the traditional and modified RU-step calculated for elbows with confirmed MCD, were compared with those calculated for control elbows. Variables were compared with an unpaired, two-tailed  $t$ -test by the use of GraphPad Prism software (GraphPad Prism version 6.00, La Jolla, California, United States), and a 95% confidence interval (CI) was calculated for each selected variable. A Spearman correlation coefficient ( $r_s$ ) and  $R^2$  value were calculated to determine the relationship between the traditional and modified radiographic techniques of RU-step assessment.

## Results

### Dogs

A total of 70 dogs (108 elbows), (53 Labrador Retrievers and 17 Golden Retrievers), met the criteria for inclusion in the group of patients with confirmed MCD. Among these 70 patients, 38 (31 Labrador Retrievers and 7 Golden Retrievers) had bilateral MCD and 32 (22 Labrador Retrievers and 10 Golden Retrievers) had unilateral disease. A total of 61 dogs (89 elbows), 44 Labrador Retrievers and 17 Golden Retrievers, met the criteria for inclusion in the control group. The contralateral thoracic limbs of 20 Labrador Retrievers and 9 Golden Retrievers diagnosed with unilateral MCD were considered as controls, as they had no clinical or radiographic evidence of elbow abnormality on that contralateral side. Twelve Labrador Retrievers and five Golden Retrievers were admitted for routine radiographic examination of the thoracic limbs following acute trauma and showed no evidence of orthopaedic abnormalities. Six Labrador Retrievers were admitted with distal humeral or proximal radial and/or ulnar fracture with no elbow disease. Three Labrador Retrievers and two Golden Retrievers had hip dysplasia and/or intervertebral disc disease with no clinical or radiographic evidence of elbow abnormality. The control group also involved three Labrador Retrievers and a Golden Retriever with shoulder, carpal or digital affections and healthy elbow joints. All control limbs belonged to dogs that reached 7 months of age without history or current clinical or radiographic evidence of elbow abnormality. The age and body weight did not differ between the control and diseased groups of dogs. Male dogs were more than twice as frequent as female dogs (male-to-female ratio = 2.2:1) in both groups. The results of age and body weight analysis and sex distribution are demonstrated in ►Table 1.

**Table 1** Mean ( $\pm$  SD) values and ranges of the age and body weight and sex distribution for Labrador Retrievers and Golden Retrievers without (control group) and with (diseased group) medial coronoid disease

Parameter	Control group (61 dogs, 89 elbows)		Diseased group (70 dogs, 108 elbows)		p-Value
	Mean $\pm$ SD	Range	Mean $\pm$ SD	Range	
Age (years)	5.4 $\pm$ 3.6	0.6–12.4	4.9 $\pm$ 3.4	0.6–12.4	0.455
Body weight (kg)	32.0 $\pm$ 5.2	14.5–39.9	33.3 $\pm$ 6.4	20.5–64	0.200
Sex distribution	Male	Female	Male	Female	
	42 (11 castrated)	19 (11 spayed)	48 (10 castrated)	22 (12 spayed)	

Abbreviation: SD, standard deviation.

Note: p-Value < 0.05 compared with controls.

### Radiographic Assessment

The absolute and average values of normalized HR and HU distances increased significantly ( $p \leq 0.002$ ) in Labrador and Golden Retrievers with confirmed MCD compared with

controls (**Table 2**). A significant increase ( $p < 0.0001$ ) in the traditional and modified RU-step was identified in dogs with confirmed MCD compared with controls. The 95% confidence intervals (CI) of the absolute, average and

**Table 2** Mean ( $\pm$ SD) values and 95% confidence intervals for radiographic measurements of the absolute, average and normalized values of humeroradial and humeroulnar distances, as well as the traditional and modified radioulnar step, for Labrador and Golden Retrievers without (control group) and with (diseased group) medial coronoid disease

Variable	Control group (61 dogs, 89 elbows)		Diseased group (70 dogs, 108 elbows)		p-Value
	Mean $\pm$ SD	95% CI	Mean $\pm$ SD	95% CI	
Radius of the humeral condyle (r)/mm	7.7 $\pm$ 0.6	7.6–7.8	7.5 $\pm$ 0.6	7.4–7.7	0.099
Humeroradial distances (HRD)/mm					
Cranial HRD	10.4 $\pm$ 0.9	10.2–10.6	10.4 $\pm$ 0.9	10.2–10.6	0.689
Central HRD	10.8 $\pm$ 0.9	10.6–11.0	10.9 $\pm$ 0.9	10.7–11.1	0.602
Caudal HRD	10.9 $\pm$ 1.0	10.7–11.2	11.4 $\pm$ 1.1	11.1–11.6	0.007
Average HRD	10.7 $\pm$ 0.9	10.5–10.9	10.9 $\pm$ 0.9	10.7–11.1	0.156
Humeroradial ratios (normalized HRD)					
Cranial HRD:r	1.35 $\pm$ 0.07	1.33–1.36	1.38 $\pm$ 0.08	1.37–1.40	0.002
Central HRD:r	1.41 $\pm$ 0.06	1.39–1.42	1.44 $\pm$ 0.07	1.43–1.46	0.0002
Caudal HRD:r	1.42 $\pm$ 0.08	1.40–1.44	1.51 $\pm$ 0.09	1.49–1.52	<0.0001
Average HRD ratio	1.39 $\pm$ 0.06	1.38–1.40	1.44 $\pm$ 0.07	1.43–1.46	<0.0001
Humeroulnar distances (HUD)/mm					
Distal HUD	9.1 $\pm$ 0.8	8.9–9.3	9.1 $\pm$ 0.8	9.0–9.3	0.735
Central HUD	8.8 $\pm$ 0.8	8.6–9.0	9.3 $\pm$ 0.9	9.1–9.4	0.001
Proximal HUD	8.7 $\pm$ 0.8	8.5–8.8	8.8 $\pm$ 0.9	8.6–9.0	0.350
Average HUD	8.9 $\pm$ 0.8	8.7–9.0	9.1 $\pm$ 0.8	8.9–9.2	0.078
Humeroulnar ratios (normalized HUD)					
Distal HUD:r	1.18 $\pm$ 0.04	1.17–1.19	1.21 $\pm$ 0.05	1.20–1.22	<0.0001
Central HUD:r	1.15 $\pm$ 0.05	1.14–1.16	1.23 $\pm$ 0.07	1.21–1.24	<0.0001
Proximal HUD:r	1.13 $\pm$ 0.06	1.12–1.14	1.17 $\pm$ 0.07	1.15–1.18	0.0002
Average HUD ratio	1.15 $\pm$ 0.03	1.15–1.16	1.20 $\pm$ 0.05	1.19–1.21	<0.0001
Radioulnar step (RU-step)/mm					
Traditional RU-step	1.3 $\pm$ 0.3	1.2–1.4	2.0 $\pm$ 0.5	1.9–2.1	<0.0001
Modified RU-step	1.8 $\pm$ 0.6	1.7–1.9	2.2 $\pm$ 0.7	2.1–2.4	<0.0001

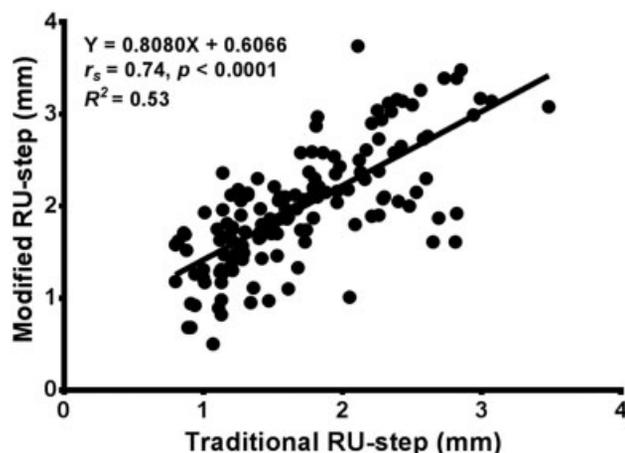
Note: p-Value < 0.05 compared with controls.

normalized values of HR and HU distances, as well as of the traditional and modified RU-step, are illustrated in ►Table 2. There was a significant correlation between the traditional and modified techniques of RU-step assessment calculated for control and diseased elbows ( $r_s = 0.74$ ;  $p < 0.0001$ ;  $R^2 = 0.53$ ; modified RUstep =  $0.81 \times$  traditional RUstep +  $0.61$ ) (►Fig. 3).

## Discussion

The main findings were: (1) each absolute and average values of normalized HR and HU distances increased significantly ( $p \leq 0.002$ ) in Labrador and Golden Retrievers with confirmed MCD. Standardized HR and HU distances greater than 1.4 and 1.2 were consistent with HR and HU incongruity, respectively; (2) a significant increase ( $p < 0.0001$ ) in the traditional and modified RU-step was identified in diseased dogs. Traditional and modified RU-step greater than 1.4 mm and 1.9 mm, respectively, were consistent with RU incongruity; (3) there was a significant correlation between the traditional and modified procedures of RU-step assessment calculated for control and diseased elbows ( $r_s = 0.74$ ,  $p < 0.0001$ ).

Computed tomography and arthroscopy remain the most accurate imaging modalities used for early diagnosis of canine MCD. However, lack of their availability and personal expertise remains a challenge, particularly in veterinary practice. In contrast, radiography is the mainstay for initial diagnosis of elbow disease in patients with thoracic limb lameness,<sup>34</sup> and is further considered the most available imaging modality widely utilized in clinical practice. Furthermore, the previously reported good sensitivity and specificity of radiography on determining elbow incongruity makes it a valuable imaging modality to screen canine elbows for radiographic evidence of incongruity.<sup>11,13</sup> However, definitive diagnosis of MCD using radiography is another challenge in young growing dogs, most likely those less than 7 months of age.<sup>21</sup> Radiographic diagnosis of MCD



**Fig. 3** Scatter plots of traditional versus modified RU-step determined from mediolateral elbow radiographs of Labrador Retrievers and Golden Retrievers without and with medial coronoid disease. The solid line represents the linear equation fitted to the data points. The associated equation is provided. RUstep, radioulnar step.

relies initially on the changes associated with accompanied elbow dysplasia and osteoarthritis in patients older than 7 months of age.<sup>8,15,21,35,36</sup> Based on previous studies, clinical manifestation of MCD has been reported as early as 3 months of age, and 15 weeks of age in a different study,<sup>21,22</sup> whereas radiographic changes associated with MCD were not identified before 7 months of age.<sup>23–26</sup> Based on that, the control subjects enrolled in the present study were selected to be older than 7 months of age. Nonetheless, the absence of clinical and radiographic signs of elbow disease in Labrador and Golden Retrievers more than 7 months old does not completely rule out the occurrence of MCD in our controls. Although this is a major caveat of the study, the authors believe that it would not be practical to utilize an invasive or expensive imaging modality (i.e. arthroscopy or CT) to only rule out the occurrence of the disease in clinically and radiographically normal elbows of dogs older than 7 months of age.

There is a certain degree of physiological geometric elbow incongruity in dogs;<sup>37</sup> however, pathological form of incongruity is usually consistent with elbow dysplasia and secondary osteoarthritis.<sup>14</sup> The limited physiological HR, HU and RU incongruity associated with normal elbows quantified in the present study may be consistent with the normal geometry of subchondral bone margins and joint spaces of the corresponding articulations that was previously reported.<sup>38</sup> Incongruity of canine elbow is less likely to be detected at the time of MCD diagnosis;<sup>13,17,39</sup> thus, early quantification of the pathological form of HR, HU and RU incongruity is expected to be of value in veterinary clinical practice. The pathological HR and RU incongruity associated with MCD is most likely consistent with short radius syndrome.<sup>13,14</sup> Further, HU incongruity and corresponding MCD commonly develop due to a relatively low curvature radius and deformed trochlear notch of the ulna with respect to the corresponding humeral trochlea.<sup>15–17</sup>

The compound nature of elbow joint may indicate the importance of evaluation of the congruity of each associated articulation (i.e. HR, HU and RU articulations). Different imaging modalities have widely been utilized to assess RU incongruity in dogs through measuring the corresponding RU-step.<sup>11,13,15,27,29,30,40–44</sup> Humeroulnar incongruity has previously been quantified via calculating the corresponding HU index on the mediolateral radiograph of canine elbow.<sup>27</sup> In this previous report, HU subluxation index increased significantly in Labrador Retrievers with MCD, indicating HU incongruity.<sup>27</sup> Other studies determined HR and HU congruity through evaluating the interosseous gaps and joint spaces of the corresponding articulations on radiography,<sup>11,45,46</sup> CT<sup>41,47,48</sup> and magnetic resonance imaging.<sup>37</sup> The current study provides the first evidence of radiographic quantification of elbow congruity via calculating the absolute and average HR and HU distances, at three different levels along each corresponding subchondral bone margin, with respect to the radius of associated humeral condyle. The reported HU measurements are expected to be of value in future assessment of the radius of curvature of ulnar trochlear notch and thus monitoring the development of its deformity. The study

also evaluated RU congruity by determining the traditional RU-step, as well as by creating a modified procedure of RU-step assessment using the normalized distances that were measured to quantify HR and HU congruity. In the present study, elbows confirmed to have MCD showed HR, HU and RU incongruity based on the relative increases in standardized HR and HU distances as well as traditional and modified RU-step, when compared with control elbows. These results are consistent with previous studies that reported greater HU and RU incongruity in dogs with MCD.<sup>27,39</sup> Incongruity of HU joint was previously evidenced by the greater value of HU subluxation index calculated on the lateral elbow radiographs of Labrador Retrievers with MCD.<sup>27</sup> However, to the authors' knowledge, no previous reports have quantified the incongruity of HR joint on elbow radiographs of dogs with confirmed MCD. Therefore, the current study evaluated HR incongruity and reported a significant increase in the absolute and average values of normalized HR distances calculated for diseased elbow.

In the study reported here, there was a significant increase ( $p < 0.0001$ ) in traditional and modified RU-step determined on the lateral elbow radiographs of Labrador and Golden Retrievers with confirmed MCD. The mean traditional RU-step measured for control and diseased elbows were 1.3 mm and 2.0 mm in the present study, compared with 0.4 mm and 1.5 mm, respectively, in a previous study by Proks and colleagues.<sup>27</sup> The relatively increased values of physiological and pathological RU incongruity identified in the present study could be attributed to the older (average, 5.2 years) and larger (131 dogs, 197 elbows) populations of 'normal' and diseased dogs investigated here, compared with the age (average, 1.4 years) and number (51 dogs, 92 elbows) of Labrador Retrievers enrolled in the previous study.<sup>27</sup> Furthermore, the values of traditional RU-step have previously been reported to range from 1.5 mm to greater than 4 mm,<sup>40</sup> and in another study, RU-step measured up to 5 mm,<sup>1</sup> based on the severity of joint incongruity. The magnitude of a RU-step defect was approximately 2 mm in a series of nine dogs diagnosed with elbow dysplasia.<sup>15</sup> These findings are relatively consistent with our results, as calculated 95% CI of traditional RU-step was 1.9 mm to 2.1 mm (range, up to 3.3 mm) for diseased elbows, and a RU-step greater than 1.4 mm has been suggested to be indicative of RU incongruity. The 95% CI of modified RU-step was 2.1 mm to 2.4 mm (range, up to 3.7 mm) for diseased elbows, and a RU-step greater than 1.9 mm has been suggested to be indicative of RU incongruity. Based on the good correlation between traditional and modified RU-step, the authors would encourage clinical practitioners to use the modified procedure as an alternative to the conventional method while quantifying HR and HU congruity on the lateral elbow radiograph. Despite the higher diagnostic value of CT and arthroscopy in RU-step assessment,<sup>40,42,49</sup> radiography remains the most available and applicable imaging modality in veterinary clinical practice to identify a traditional, and currently a modified, RU-step defect.

Radiographic quantification of elbow congruity through calculating standardized HR and HU distances and measur-

ing RU-step is expected to be utilized in future clinical studies to determine the early changes associated with MCD and to further investigate the role of incongruity in the progression of canine elbow dysplasia. However, lack of determination of intra- and inter-investigator repeatability and reproducibility of our reported measurements is a limitation of the study. A future investigation is, therefore, warranted to validate the reported radiographic procedures. Furthermore, future assessment of the correlation between the reported radiographic procedures and other CT and arthroscopic techniques, used for diagnosis of canine elbow incongruity, is recommended. Despite the essential role of elbow incongruity in the pathogenesis of canine MCD,<sup>13-17</sup> a full perception of how joint incongruity and associated elbow dysplasia would develop and progress has not been accomplished yet.<sup>17</sup> Thus, an additional prospective investigation involving a different cohort of dogs may be required to serially monitor the growth and development of elbows of immature subjects without and with medial coronoid disease. In brief, our current and proposed future studies are expected to achieve a definitive further characterization of the prevalence and severity of elbow incongruity and may therefore provide a variety of future treatment options of canine MCD and elbow dysplasia.

## Conclusions

Standardized HR and HU distances increased in Labrador and Golden Retrievers with confirmed MCD compared with controls. Traditional and modified RU-step was greater in diseased dogs compared with controls. Modified RU-step technique correlated with the conventional method and could be used as an alternative procedure to assess RU-step during routine quantification of HR and HU congruity in dogs with and without MCD. It is, therefore, possible to quantify pathological elbow incongruity and properly distinguish it from the physiological form. It is hoped quantitative determination of elbow incongruity will provide key diagnostic and prognostic criteria for future selection of an efficient treatment plan. However, future investigation remains warranted to prove this proposal and to validate the radiographic measurements reported in the present study.

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## Conflict of Interest

None.

## Authors Contribution

All authors contributed to conception of study, study design, and acquisition of data and data analysis and interpretation. All authors drafted, revised and approved the submitted manuscript.

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