

Large Osteochondral Allografts of the Knee: Surgical Technique and Indications

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Abstract

Large osteochondral allograft (OCA) transplant has become a valid alternative to restore articular surface in challenging articular lesions in young and active patients, either in primary or in revision procedures. Several studies support the effectiveness and safety of OCA, but costs and graft availability limit their use. The indications are the treatment of symptomatic full-thickness cartilage lesions greater than 3 cm^2 , deep lesions with subchondral damage, or revision procedures when a previous treatment has failed. The goal of the transplant is to restore the articular surface with a biological implant, allow return to daily/sports activities, relieve symptoms, and delay knee arthroplasty. Grafts can be fresh, fresh-frozen, or cryopreserved; these different storage procedures significantly affect cell viability, immunogenicity, and duration of the storage. Dowel and shell technique are the two most commonly used procedures for OCA transplantation. While most cartilage lesions can be treated with the dowel technique, large and/or geometrically irregular lesions should be treated with the shell technique. OCA transplantation for the knee has demonstrated reliable mid- to long-term results in terms of graft survival and patient satisfaction. Best results are reported: in unipolar lesions, in patients younger than 30 years, in traumatic lesions and when the treatment is performed within 12 months from the onset of symptoms.

Keywords

- knee
- chondral lesion
- osteochondral lesion
- allograft
- osteochondral allograft

Introduction

Articular cartilage lesions of the knee are common in active and young population.¹ Curl et al² reviewed more than 30,000 patients treated with knee arthroscopy, reporting chondral lesions in 63% of cases. Arøen et al,³ in a group of approximately a thousand patients undergoing knee arthroscopy with a mean age of 35 years, found a full-thickness cartilage lesion suitable for cartilage repair in 11% of cases. Several studies reported Outerbridge grade III and IV lesions in 5 to 20% of all patients undergoing knee arthroscopy, with 4 to 5% of these patients being younger than 40 years.^{2–4}

Different techniques can be used to repair osteochondral lesions of the knee, and these can be categorized into four groups: bone marrow stimulation procedures, osteochondral scaffold, cell therapies, and osteochondral grafting. Debride-

ment and microfractures with bone marrow stimulation are suitable options for lesions smaller than 2 cm^2 without subchondral bone damage.^{5–7} These procedures result in fibrocartilage repair tissue; this tissue has poor biomechanical properties compared with hyaline cartilage, degenerates faster, and is generally thinner.^{8–10} Autologous mosaicplasty has the potential to restore small osteochondral lesions but is not indicated in large lesions ($>2.5\text{ cm}^2$) due to significant donor-site morbidity and the technical difficulties in restoring curved surfaces and uncontained defects.^{11–14} Autologous chondrocytes implantation provides surface coverage with hyaline-like repair tissue, but it is costly, entails two surgical procedures, and does not restore associated bone defects unless bone grafting is performed.¹⁵ Cell-free scaffolds and the use of growth factors are promising new technologies but require additional



studies to confirm the initial good results in small lesions with little damage to the subchondral bone.¹³ Stem cell therapy showed promising results, but currently, clinical and preclinical trials are trying to establish the optimal cell type to use, the safety, and the efficacy.¹⁶

Osteochondral allograft (OCA) represents a solution for the treatment of large and deep osteochondral lesions, in both primary and revision procedures, with different advantages: possibility of covering virtually all sizes of defects, presence of subchondral bone, possibility of restoring complex surfaces and uncontained lesions, and absence of donor-site morbidity.^{17–28} The main limitations of OCA are costs and graft availability.²⁹

OCAs are most commonly used for femoral condyle defects, but they can also be used in tibial plateau and patellofemoral defects. The goals for OCA transplant are to restore the articular surface, return to daily/sports activities, relieve symptoms, and delay knee arthroplasty,^{18,20} considering that knee arthroplasty has shown inferior outcomes in young patients.^{30,31}

Indications

OCA is indicated for the primary management of symptomatic full-thickness cartilage lesions greater than 3 cm² or localized Outerbridge grade III or IV lesions with subchondral bone damage greater than 6 to 10 mm.^{5,19,32–35} OCA transplants have also proven to be a useful revision cartilage restoration procedure after microfractures, osteochondral autograft transplantation, or autologous chondrocyte implantation.^{8,36} OCA transplantation can be used in different scenarios such as osteonecrosis, osteochondritis dissecans (OCD), and degenerative or posttraumatic focal lesions.^{1,23–27,37} Extreme indications include hemicondylar and whole condylar grafting; these are suitable for young high-demanding patients with large posttraumatic lesions or bone reconstruction for tumor resections.^{1,20,23–27}

Only a few studies on osteochondral tibial lesion management are available reporting transplant of the whole tibial plateau, and this should be considered only in case of large and deep lesions or failed prior surgery (i.e., fracture reduction fixation or failed cartilage procedure).²⁰ If a concomitant meniscal deficiency is present, a combined OCA transplant and meniscal allograft transplant (MAT) should be considered.³⁸ Also, in patellofemoral lesions, OCAs have to be considered only in revision surgery after failed cell-based or cell-free techniques.²⁰

OCA transplantation should only be considered as a primary approach in young patients when complete patellar or trochlear resurfacing is required.²⁰

Absolute contraindications include early and multicompartimental osteoarthritis (OA), inflammatory arthropathies, and altered bone metabolism (i.e., smokers, alcohol abusers, and chronic steroid users).¹⁷

Bipolar OCAs are generally contraindicated because of the poor results described in the literature.^{39–41} Ligamentous instability, malalignment, and the absence of >50% of the ipsilateral meniscus are relative contraindications that may require concomitant surgical procedures.¹⁷

Obese patients (body mass index > 30 kg/m²) and low-demand patients who meet the criteria for joint replacement should not be indicated for OCA.¹⁸

Preoperative Planning

A detailed clinical history, accurate examination, and imaging must be obtained. Preoperative radiographic views should be obtained with sizing markers to calculate the appropriate allograft size. They include long-leg standing anteroposterior view to assess the mechanical axis, Rosenberg view to assess the femorotibial joint line, and lateral, sunrise, or Merchant views to assess the patellofemoral joint (**►Fig. 1**).⁸ Alternatively, magnetic resonance imaging (MRI) can be used to determine the allograft size,³² although MRI

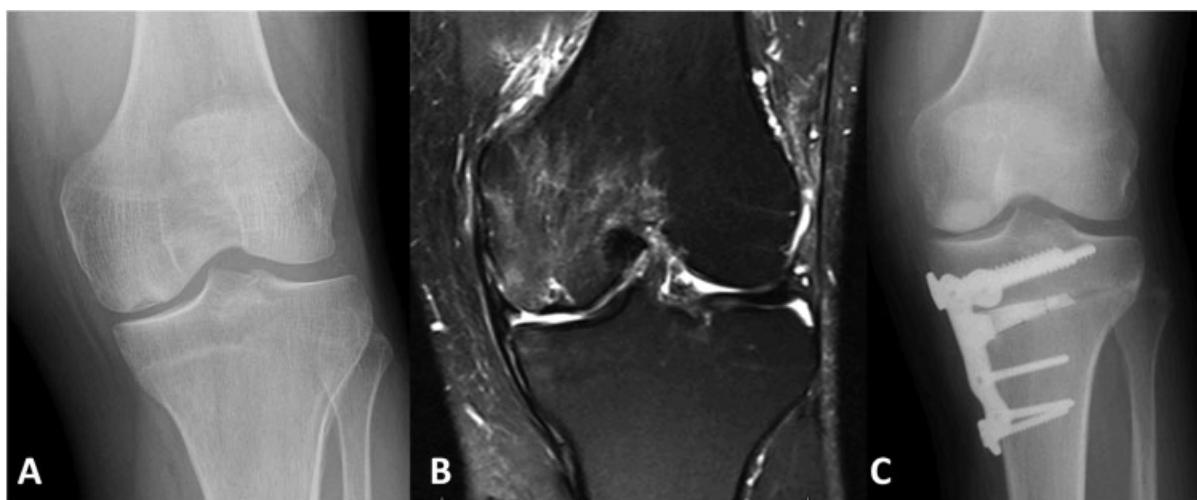


Fig. 1 (A) Anteroposterior X-ray view of a medial femoral condyle osteochondritis dissecans with varus malalignment. (B) Coronal magnetic resonance imaging (MRI) of the same case. (C) Postoperative anteroposterior X-ray view after opening-wedge high tibial osteotomy and medial femoral condyle osteochondral autograft transplants.

can underestimate the size of the lesion up to 60%.^{42,43} In addition, MRI is necessary to evaluate ligaments, menisci, and subchondral bone.²⁰

Computed tomography (CT) scan is useful to evaluate the involvement of the bone around the defect or patellofemoral maltracking/instability.²⁰

The imaging of the affected knee is sent to the tissue bank for correct sizing of the OCA.⁴⁴

Harvesting, Processing, and Storage

The primary goal of the storage is to biologically preserve subchondral bone and keep viable chondrocytes after transplantation;¹⁸ this aspect is of paramount importance to achieve good results with OCA.^{45,46}

Grafts can be fresh, fresh-frozen, and cryopreserved; these different storage procedures have different consequences on cell viability, immunogenicity, and duration of the storage itself.

A long storage time jeopardizes both biomechanical properties of the cartilage and viability of chondrocytes.⁴⁷ In fresh OCA stored at 4°C, chondrocyte viability starts to decrease from the third week of storage, and for this reason, the graft should be used within 28 days from harvesting (at this time point, 70% of chondrocytes are still alive and active).^{1,45,48}

Cryopreserved OCAs are stored in a cryoprotectant storage medium of glycerol or dimethyl sulfoxide at -70°C in a controlled procedure to protect cell viability, but this technique is controversial due to failure of the cryopreservant to penetrate the deeper zones of the graft.^{49,50}

Fresh-frozen OCAs undergo deep freezing to -80°C and have the advantage of potential long storage time and decreased immunogenicity; however, up to 95% of the chondrocytes are lost with this technique.^{1,51,52} The low portions of viable chondrocytes in both fresh-frozen and cryopreserved grafts have limited their use.⁵³

Fresh OCAs are stored in either saline solution or Ringer's lactate medium at 4°C. Graft storage in saline solution has produced higher cell viability in respect to Ringer's lactate at 14 days (91 vs. 81%) and at 28 days (83 vs. 29%).⁵⁴ Recent studies found that fresh grafts stored for 4 weeks at physiological temperature (37°C) significantly improved the amount of viable chondrocytes compared with grafts stored at 4°C.^{36,55,56} Ideal implantation of fresh grafts is within the first 28 days and not more than 6 weeks from harvesting.^{57,58}

Currently, small allografts are not blood-type or human leukocyte antigen matched because of the barrier provided by intact hyaline cartilage.²⁰

Harvesting is performed removing the knee "en bloc" and washing away with pulse lavage the bone marrow, which is the main source of potential disease transmission and immune response; the graft is then placed in an antibiotic solution for 24 hours before storage.³⁶ The lavage significantly decreases the antigenic potential, but the persistence of few cells from the bone marrow may elicit immune responses.¹⁸ Despite the absence of matching procedures, recipients usually have little or no evidence of graft-versus-host disease and no humoral immune response.⁵⁹⁻⁶¹

Surgical Techniques

Intravenous antibiotic prophylaxis is administered. General or spinal anesthesia is performed. The patient is positioned supine on the operating table with a tourniquet at the proximal thigh. A standard midline straight skin incision is performed followed by a lateral or medial parapatellar arthrotomy. Dowel and shell techniques are the two most commonly used.⁶² While most cartilage lesions can be treated with the dowel technique, large and/or irregular lesions should be treated with the shell technique.⁶³

Femoral Dowel Allograft

The size of the lesion is determined by identifying healthy cartilage walls and by using the templates/sizers usually available in most OCA instrumentations.

After selecting the proper dowel size, a guidewire is positioned perpendicular to the articular surface into the center of the lesion using the sizers. The dowel and the socket are drilled with a reamer to an ideal depth of 6 to 8 mm without exceeding 10 mm in depth (**►Fig. 2A**). When the lesion is deeper than 8 to 10 mm (i.e., in case of avascular necrosis), the necrotic bone is debrided until healthy, bleeding bone is visible, and autologous bone grafting (from the iliac crest or proximal tibia) is used to fill the defect up to the ideal depth of 6 to 8 mm from the articular surface. The recipient site is then measured at 12, 3, 6, and 9 o'clock positions.

The osteochondral donor plug is harvested from the allograft with the use of a workstation and a coring reamer to match the corresponding recipient site (**►Fig. 2B, C**). The measurement made on the recipient site is then transferred on the osteochondral plug, and the excessive bone is removed. Pulsatile lavages are performed to remove residual bone marrow. For the correct orientation, a 12 o'clock mark is made in both the recipient and the donor plug.

The graft is then gently (with the thumb initially and then with a padded tamp) implanted (press-fit) into the recipient socket⁶⁴ (**►Fig. 2D**).

When a single plug is not enough to cover the whole lesion, the procedure can be repeated using the "snowman technique" or "mastercard technique" (**►Fig. 2E**). Usually, no fixation is required, but bioresorbable pins or screws can be used (**►Fig. 2F**). The knee is then moved through a complete range of motion (ROM) to verify graft stability and potential impingements.

Femoral Shell Allograft

For larger or irregular femoral condyle lesions, a shell grafting technique is generally used. After identification of the condylar lesion, a shell graft is handcrafted to minimize the damage to the native healthy cartilage.

The recipient site should have a depth of at least 4 to 5 mm, creating a flat surface; all the necrotic or damaged bone around the lesion should be removed.

The graft is then planned and marked with a paper template and freehand crafted slightly oversized with respect to the recipient area. The graft is then gradually

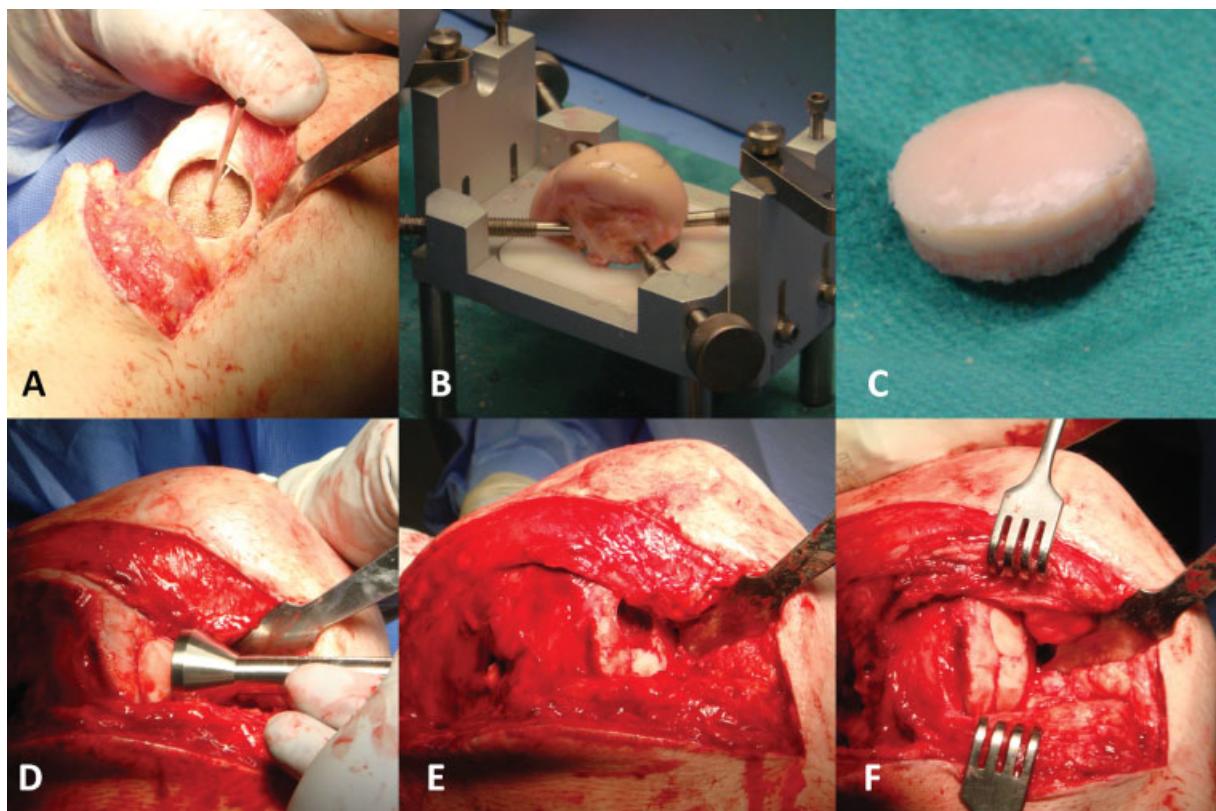


Fig. 2 Intraoperative pictures of osteochondral autograft transplants and distal femoral opening-wedge varus osteotomy for a lateral femoral condyle osteochondritis dissecans and valgus malalignment. (A) Creation of the recipient site. (B) Femoral condyle allograft on the workstation. (C) Creation of the osteochondral plug. (D) Gentle impaction of the plug in the recipient site (press-fit). (E) When necessary, the procedure can be repeated by creating a new recipient site. (F) Second plug in place.

downsized until a perfect fit is achieved. The transplant is temporarily fixed with Kirschner wires (K-wires), and the knee is moved through complete ROM, ruling out potential impingement. Definitive fixation is performed with biodegradable pins or compression screws.

Patellar Allograft

For the treatment of extensive patellar osteochondral defects, a shell technique can be used. The recipient patella is measured, and a bone cut is performed parallel to the patellar and quadriceps tendons, as in patellar resurfacing during total knee replacement. To minimize the risk of host fractures, the resection should leave at least 12 to 15 mm of the bone. The graft is prepared and fixed in position with the previously described shell technique. Overstuffing should be avoided in order to not put too much pressure on the graft.

Complete Extensor Mechanism Allograft

This graft is composed of the proximal tibia, the patellar tendon, the patella, and 5 to 8 cm of the quadriceps tendon. At the recipient site, the residual patella is carefully removed. The midline incision is carried into the recipient quadriceps and over the tibial tubercle. The tibial bone plug of the graft is created first, and then a matching tibial trough is created at the recipient site. Before creating any tibial trough, the allograft tibial bone is prepared as planned to ensure a perfect press-fit.

The length of the bone block should be at least 6 to 8 cm. The depth and the width of the block is approximately 1.5 to 2 cm. The tibial graft is trimmed and proximally dovetailed, and the recipient site is prepared accordingly to prevent proximal migration. Many techniques have been described for tibial tubercle fixation (i.e., screws, stainless cerclages, suture anchors, bone sutures). When fixing allografts, using minimal fixation is important to obtain full integration of the bone and avoid graft breakage. At this point, the quadriceps tendon is fixed with nonabsorbable sutures with pants-over-the-vest technique.⁶⁵ The graft tissue usually loses tension overtime and therefore needs to be tensioned tightly with the knee in full extension, without testing the ROM.⁶⁶

Tibial Allograft

This technique is usually indicated in tibial plateau (mostly lateral) fracture malunion (**►Fig. 3**). The tibial plateau is cut 1 to 2 cm deep with an oscillating saw depending on the size of the defect. The transverse cut is made perpendicular to the long tibial axis and runs anterior to posterior to match the slope, ensuring adequate coronal and sagittal alignment (**►Fig. 4A**). The sagittal plane cut is performed to preserve the tibial eminence and the meniscal root of the opposite compartment. The meniscus of the accepted compartment is removed, preserving the meniscal wall for fixation of the meniscal graft. Once the damaged plateau and meniscus have



Fig. 3 (A) Preoperative anteroposterior X-ray view of a lateral tibial plateau malunion with valgus malalignment. (B) Postoperative anteroposterior X-ray view after distal femoral closing-wedge varus osteotomy and lateral tibial plateau/meniscus transplant.

been removed from the joint, a step cut osteotomy is then performed to improved graft stability.

The OCA of the tibial plateau is prepared in similar shape and size to restore and preserve the original joint line and meniscal attachment sites (**►Fig. 4B**). The allograft is temporarily fixed with K-wires, and ROM and stability are tested. The OCA is then fixed to the recipient proximal tibia with two or three 3.5-mm cancellous screws (**►Fig. 4C**). The meniscal allograft is then sutured to the residual meniscal wall.

Management of Concomitant Pathology

Surgical success of the OCA requires diagnosis and management of concomitant pathologies such as meniscal lesions, ligament instability, and malalignment.^{23,38,67}

Meniscal pathologies are a relative contraindication for OCA transplant because of the fundamental role of the meniscus in absorption and load distribution;²⁰ repairing peripheral lesions may restore the functional proprieties, but, in case of meniscal deficiency, an MAT is required to improve graft survival.^{23,38,67}

Malignment is evaluated during clinical examination and with long-leg weight-bearing X-rays. If the weight-bearing line passes in the affected compartment, corrective osteotomy is required to unload and protect the graft.²³ Generally, for the dowel technique, opening-wedge osteotomy is preferred. Closing-wedge osteotomy in shell or massive OCA should be preferred and performed on the bone opposite to the OCA transplant (i.e., medial closing-wedge distal femoral osteotomy for lateral tibial plateau OCA) to minimize surgical procedure on the same bone.^{20,44,68–70} Maltracking and malalignment should also be addressed when present in patellofemoral OCA (tibial tuberosity-trochlear groove [TT-TG] distance > 20 mm).⁷¹

Rotational and translational stability is critical for the success of all cartilage procedures, allowing normalization of stress forces and avoiding shear forces that may increase transplant damage over time;⁷² therefore, ligament reconstruction is mandatory in case of associated knee instability.^{20,72} Pearls and pitfalls in the surgical techniques are described in **►Table 1**.

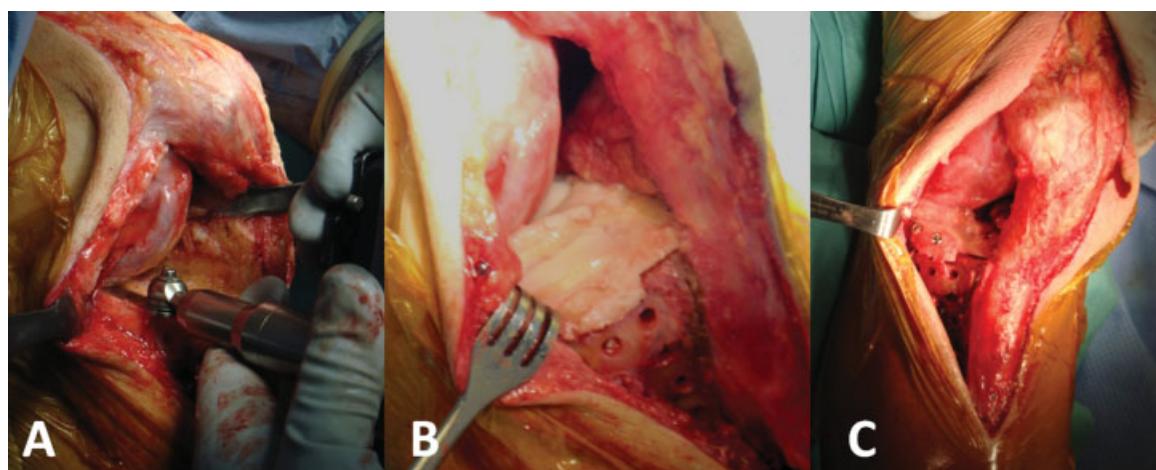


Fig. 4 Intra-articular phase of the case described in Fig. 3. (A) Resection of the damaged lateral tibial plateau. (B) Lateral tibial plateau + lateral meniscus transplant (not the step-cut osteotomy to improve graft stability). (C) Fixation of the graft with two 3.5-mm cortical screws.

Table 1 Pearls and pitfalls in the surgical technique

Pearls	Pitfalls
Copiously irrigate cutting surfaces with saline solution while using reamer or saw to avoid edges heat necrosis	Delay the management of concomitant pathologies
Use a manual rasp to fine tune the graft size	Leave pathological tissue in the recipient site
Copiously irrigate the graft before the transplant to remove the last remaining bone marrow cells	Use OCA plugs > 10 mm of thickness
Find landmarks on both the graft and the recipient site to harvest the corresponding area	Uncorrected orientation of the graft into the recipient site
The extensor mechanism allograft must be tensioned tightly with the knee in full extension, avoiding ROM maneuvers at the end	Forcing the implant of the graft and causing a damage to the cartilage superficial layer
Insert autologous bone graft in the recipient socket to improve graft stability in case of unperfected graft fitting or deep (>10 mm) lesions	Press-fit fixation of a downsized graft

Abbreviation: OCA, osteochondral allograft.

Postoperative Rehabilitation

Postoperative rehabilitation starts immediately after surgery. Several authors recommend the use of a knee brace, but no consensus exists on its use.^{24,73}

Early progressive nonweight-bearing ROM is encouraged to promote healing process and graft vascularization. Non-weight-bearing is necessary until standard X-rays demonstrate graft incorporation; this ranges from 6 to 12 weeks according to graft size.^{18,36} Patients treated for patellofemoral joint lesions can weight-bear as tolerated with the knee brace locked in full extension.⁷³ Return to sport is usually 1 year after surgery, when full ROM, complete stability, no effusion, and optimal dynamic quadriceps strength are achieved.⁷⁴

In case of complete extensor mechanism allograft, a full-extension knee brace is maintained for 8 weeks, avoiding full weight-bearing. At 8 weeks, 30-degree active flexion is allowed in a hinged knee brace, and patients can gradually start weight-bearing. At 12 weeks, flexion is increased to 90 degrees; full flexion is gradually achieved at 6 months from index surgery.

In case of concomitant surgical procedures (limb realignment, ligamentous reconstructions, and/or meniscal surgery) weight-bearing and ROM restriction could be modified accordingly.

Complications

Larger grafts are at a higher risk of collapse and fragmentation,³³ which are the main causes of failure with a rate of approximately 25% at 12.3 years of follow-up.²¹ In a recent study, Tírico et al reported that the size of the lesion does not influence the outcomes of OCA for isolated femoral defects.⁷⁵

Onset of pain, joint effusion, and mechanical symptoms are signs of graft failure due to subchondral collapse or nonunion. Although the integration of the allograft at the cartilage-to-cartilage interface is usually not complete, OCAs fail when integration does not occur at the bone-to-bone interface. Radiographs may show sclerosis, narrowing or

obliteration of the joint space, osteophytes, and subchondral cyst formation.⁴⁰ Patients who are 30 years or older at the time of surgery have 3.5 times higher risk of allograft failure compared with younger patients. Similarly, two or more previous surgeries on the affected knee increase the risk of grafts failure by 2.5 times.²⁷

Allograft subsidence may be a milder complication causing persistent slight pain due to a low-grade chronic inflammatory reaction to the graft.¹⁷ Immunological reactions could be the main cause of failure in large OCA with associated soft tissue transplant, as in bipolar OCA of the knee. Progressive OA and instability make these specific knee OCAs unsuitable for the treatment of posttraumatic end-stage OA.⁷⁶ The treatment options for these cases include observational approach, removal of the graft, allograft revision, or knee arthroplasty (partial or total). The overall reoperation rate is approximately 35%: 68% of the patients are treated with total knee arthroplasty (TKA), 4% with unicompartmental knee arthroplasty, and 28% with graft removal, new fixation, or revision.²⁰

Infection is a serious complication and has to be carefully ruled out as the first step in failed OCA. This is performed with clinical examination, blood tests for inflammation (C-reactive protein, erythrocyte sedimentation rate, white blood cells), and joint aspiration when needed. Deep and superficial infections have to be differentiated because of the different treatments required. Irrigation, surgical debridement, or graft removal is necessary in case of deep infection.

The risk of disease transmission is rare due to the strict donor screening protocols. The estimated risk of viral transmission due to donor viremia at time of donation is 1/63,000 for hepatitis B virus, 1/103,000 for hepatitis C virus, 1/493,000 for human immunodeficiency virus (HIV), and 1/129,000 for human T-lymphotropic virus.⁷⁷ The estimated risk of disease transmission with allograft tissue transplantsations is low; Buck et al⁷⁸ reported a risk of 1/1.6 million. Only one case of HIV transmission was reported, and it was before the introduction of standard screenings in 1985.^{79,80}

Literature Review

Femoral and tibial OCA results are summarized in ►Tables 2 and 3, respectively. OCA transplantation in the knee has demonstrated reliable mid- to long-term results in terms of graft survival and return to activity. The femoral condyle is the most common site of OCA transplantation in the knee.

Davidson et al⁸¹ reevaluated femoral OCA transplant with second-look arthroscopy, radiological analysis, and biopsies. MRI and standard X-rays showed improvement of the mean Outerbridge MRI score from 4.3 preoperatively to 0.6. Histological analysis did not show significant differences between the graft and native cartilage. All the clinical scores analyzed (International Knee Documentation Criteria [IKDC], Lysholm, and 36-Item Short Form Health Survey [SF-36]) improved significantly.

Recent studies by Krych et al,⁷⁴ Nielsen et al,⁸² and McCarthy et al⁸³ showed nearly 80% of return to sport at preinjury level. Collegiate and professional athletes were all able to return to play. Risk factors affecting the ability to return to sport were age older than 25 years, preoperative duration of symptoms longer than 12 months, female sex, and graft dimension.

McCulloch et al²⁵ in 25 consecutive OCA transplants for femoral condyle defects showed graft incorporation in 22 patients at a minimum 2-year follow-up. Significant improvements were also reported in all subjective outcome scores.

Emmerson et al⁸⁴ studied 66 femoral OCDs treated with OCA transplant, and the survivorship analysis showed 91% survivorship at 2 years and 76% at 15 years. More than 90% of the patients were satisfied and had pain relief.

Murphy et al¹² in a series of 39 young patients showed an OCA survivorship of 90% at 10 years. The authors reported improvement in all outcomes assessed: IKDC, modified Merle Merle D'Aubigné and Postel, and Knee Society function scores. Four out of five failed grafts were successfully revised with an additional allograft transplant.

Levy et al²⁷ reported the largest retrospective series of OCA transplants of the femoral condyles. In total, 123 patients were followed for at least 10 years after fresh OCA, and the survivorship was 82%.

Raz et al¹³ performed 58 distal femoral OCA transplants and reevaluated them at a mean of 21.8 years. The authors reported excellent long-term survival rates, a reoperation rate of 22%, and good knee function in patients with graft survival.

Gross et al²³ performed 72 femoral OCA transplants in a prospective study with 10 years of follow-up. Survivorship analysis showed 85% of graft survival at 10 years. One-fifth of the grafts required revision surgery or TKA, and in 40 of the remaining grafts, good-to-excellent results were achieved with the Hospital for Special Surgery (HSS) score.

Ghazavi et al³⁴ performed OCA transplants to reconstruct posttraumatic defects (tibia, femur, and patella) in more than 100 patients with long-term follow-up. Of the 126 knees, 86% were successfully reconstructed. They reported 50% of failure rate in bipolar OCA. Survivorship analysis showed 95% graft

survival at 5 years, and 66% at 20 years with a postoperatively HSS knee score increased from 66 to 83 points. Gracitelli et al⁸⁵ performed a similar study on OCA transplant to treat posttraumatic defect. One-quarter of the OCAs is considered failed, and the reoperation rate was 50%. Eighty percent of the patients reported satisfactory results at a median follow-up of 6.6 years; the reported survivorship was 80% at 5 years and 70% at 10 years. Wang et al⁸⁶ treated 54 patients aged > 40 years with OCA to treat femoral and patella osteochondral defects. They reported higher failure and reoperation rates compared with other series of younger patients and a 4-year survivorship rate of 73%.

Gross et al²³ treated 67 knees with tibial posttraumatic OA due to tibial plateau fractures and reported graft survival of 95% at 5 years and 46% at 20 years. About one-third of them required knee arthroplasty after graft failure at approximately 10 years after OCA transplant. Drexler et al⁶⁹ performed 27 combined procedure of OCA transplant and distal femoral osteotomy for tibial posttraumatic OA with a long-term follow-up. They reported approximately 90% of good-to-excellent score at 2 years and approximately 90% of graft survival at 10-year follow-up. However, survivorship declined significantly over time to 23.8% at 20 years. They reported a similar decline in the Knee Society function score and the Knee Society score. Getgood et al³⁸ in a recent retrospective series of OCA and concomitant MAT reported a high total reoperation rate, but 78% of patients were satisfied or extremely satisfied at the final follow-up. Similar results were reported by Harris et al⁶⁸ in patients treated with combined corrective osteotomy, MAT, and cartilage procedures (12 OCAs). Frank et al⁸⁷ compared, with a mean follow-up of 5 years, patients who underwent femoral OCA and associated MAT with patients without associated MAT. Graft survivorship was 86% at 5 years. They did not find any significant difference between the groups regarding patient-reported clinical outcomes score, failure rates, reoperation rate, and time to reoperation.

Colangeli et al⁸⁸ compared OCA transplants and knee modular megaprostheses for the reconstruction of the knee after proximal tibia bone tumors in young patients at a mean follow-up of 37 and 63 months, respectively. They found a lower incidence of knee extension lag, a greater quadriceps strength, and a higher rate of normal knee pattern during gait with OCA. In their series, OCA transplant had better outcomes compared with knee megaprostheses. Muscolo et al⁸⁹ reviewed 58 OCA transplants after proximal tibia resection due to bone tumors, and a survival analysis revealed 65% graft survivorship at 10 years. Other series of limb salvage procedures with OCA transplant after proximal tibia bone tumors reported success rates from 66 to 80%.^{90,91}

Imanishi et al⁹² reported four limb salvage procedures with reconstruction of extensor mechanism using bone-patellar tendon-bone (BPTB) allograft after sarcoma resection with satisfactory results and complete ROM in all patients at 18- to 67-month follow-up. At 1 year after surgery, all junctions between bone allograft and residual bones were united. Drexler et al⁹³ used an extensor mechanism BPTB allograft to reconstruct a posttraumatic defect of

Table 2 Femoral osteochondral allograft results

Author (year)	No. of cases (mean age)	Pathology (mean size)	Technique	Follow-up	Results
Davidson et al (2007)	10 (32.6)	OCD, trauma (5.4 cm ²)	Dowel	40 mo	Outerbridge MRI: 4.3 → 0.6 IKDC: 27 → 79 Lysholm score: 37 → 78 SF-36: 38 → 51
McCulloch et al (2007)	25 (35)	OCD, trauma, osteonecrosis (5.2 cm ²)	Dowel	2.9 y	Graft incorporation: 88% Survivorship: 96% at 2 y KOOS: 43 → 73 SF-12: 36 → 40 IKDC: 29 → 58 Lysholm score: 39 → 67 Failure rate: 4%
Krych et al (2012)	43 (32.9)	OCD, trauma idiopathic (7.2 cm ²)	Dowel	2.5 y	Return to play: 80%; professional athletes 100% Survivorship: 100% at 2 y IKDC: 46 → 79 KOOS ADL: 62 → 82
McCarthy et al (2017)	13 (19)	N/A	Dowel	5.9 y	IKDC: 38 → 63 Lysholm score: 41 → 64 SF-12: 35 → 44 Return to play: 77%
Emmerson et al (2007)	66 (28.6)	OCD (7.5 cm ²)	Dowel Shell	7.7 y	Survivorship: 91% at 2 y; 76% at 15 y D&P: 13→17 Failure rate: 15%
Levy et al (2013)	129 (33)	OCD, trauma, osteonecrosis, idiopathic (8.1 cm ²)	Dowel Shell	13.5 y	Survivorship: 82% at 10 y, 74% at 15 y, 66% at 20 y KSF: 66 → 83 D&P: 12→16 Failure rate: 24%
Murphy et al (2014)	39 (16.4)	OCD, trauma, osteonecrosis, idiopathic (8.4 cm ²)	Dowel Shell	8.4 y	Survivorship analysis: 90% at 10 y IKDC: 42→75 D&P: 13→17 KSF: 69→89 Failure: 12%
Raz et al (2014)	58 (28)	OCD, trauma	Dowel Shell	21.8 y	Survivorship: 91% at 10 y; 84% at 15 y; 69% at 20 y; 59% at 25 y Failure rate: 22%
Nielsen et al (2017)	149 (31)	OCD, trauma, idiopathic, osteonecrosis	Dowel Shell	6 y	Return to play: 75% IKDC: 42 → 74 D&P: 13→17 KSF: 72 → 91 Failure rate: 9.4%
Gross et al (2005)	60 (42.8)	OCD, trauma, idiopathic, osteonecrosis	Shell	11.8 y	Survivorship: 95% at 5 y; 85% at 10 y; 74% at 15 y Reoperation rate: 20% HSS: 83

Abbreviations: ADL, Activity Daily living; D&P, D'Aubigné and Postel score; HSS, Hospital for Special Surgery score; IKDC, International Knee Documentation Criteria; KOOS, Knee Injury and Osteoarthritis Outcome Score; KSF, Knee Society function score; MRI, magnetic resonance imaging; N/A, not applicable; OCD, osteochondritis dissecans; SF-12, 12-Item Short Form Health Survey; SF-36, 36-Item Short Form Health Survey.

the extensor mechanism in a young and active patient with a failed posttraumatic partial patellectomy. At 6 months after surgery, the union of the allograft was seen on X-rays, and the patient returned to his previous sporting activities with a full ROM. Rosenberg⁹⁴ reviewed at a mean of 5-year follow-up 50 patients treated with extensor mechanism BPTB allograft in extensor mechanism rupture after TKA. The author reported a high rate of complication and 19% of failure, and only 56% of the patients had full active extension. Despite these poor outcomes, other authors reported

encouraging results in the management of failed extensor mechanism after TKA using BPTB allograft.^{95,96}

Bakay et al,⁴⁰ using mushroom-shaped cryopreserved OCA, performed eight whole patellar surface replacement with a success rate of 75% at a mean follow-up of 19 months.

During the last decade, the use of OCA in the patellofemoral joint has notably increased. Jamali et al⁷¹ in a case series of patellofemoral OCA reported improvement in patient-reported outcomes score, but one-quarter of the operated knees required a major revision within 2 to 5 years postoperatively.

Table 3 Tibial osteochondral allograft results

Author (year)	No. of cases (mean age)	Pathology (mean size)	Adjuvant procedures	Follow-up	Results
Gross et al (2005)	65 (42.8)	Trauma	MAT, DFO/HTO	11.8 y	Survivorship: 95% at 5 y, 80% at 10 y, 65% at 15 y HSS: 85.3
Drexler et al (2015)	27 (35.8)	Trauma (15 cm ²)	DFO	13.3 y	Survivorship: 89% at 10 y, 23.8% at 20 y KSF: 51 → 71 KSS: 55 → 84
Getgood et al (2015)	48 (35.8)	Trauma, idiopathic (15 cm ²)	MAT	6.8 y	Survivorship: 73% at 5 y, 68% at 10 y IKDC: 33 → 58 D&P: 12 → 15 Reoperation rate: 54%
Frank et al (2018)	100 (31.7)	Idiopathic	MAT	4.9 y	Survivorship: 86% at 5 y IKDC: 40 → 66 Reoperation rate: 35%

Abbreviations: D&P, Merle D'Aubigné and Postel score; DFO, distal femoral osteotomy; HSS, Hospital for Special Surgery score; HTO, high tibial osteotomy; IKDC, International Knee Documentation Criteria; KSF, Knee Society function score; KSS, Knee Society score; MAT, meniscal allograft transplant.

Similar results were also reported by Torga Spak and Teitge.⁹⁷ These reports were not convincing compared with cell-based techniques, but recent reports have encouraged the use of OCA for patellofemoral joint.⁹⁸ Gracitelli et al⁹⁹ in a long-term review of the cohort reported by Jamali et al⁷¹ reported average graft survival of 80% at 10 years with a substantial improvement in pain and patient satisfaction. In a case series of isolated trochlear OCA, the survivorship analysis reported 100% at 5 years and 90% at 10 years.¹⁰⁰

Beaver et al⁴¹ performed 19 bipolar OCAs with an average follow-up of 68 months. Graft survivorship analysis was 60% at 5 years and decreased to 40% at 10 years. Compared with unipolar defects, bipolar OCAs showed a significantly lower success rate. Giannini et al⁷⁶ treated a case series of seven knees with end-stage OA using large bipolar OCA. They found joint laxity and aseptic effusion associated with chondrolysis, leading to early failure in six knees. A TKA was necessary in these patients within 2 years of follow-up. The patient who received the allograft to revise a knee fusion was the only one with satisfactory results at follow-up control.

Conclusion

OCA has shown to be a safe and effective treatment for large and/or full-thickness and/or osteochondral knee defects using viable mature hyaline cartilage supported by an intact subchondral bone and avoiding donor-site morbidity. In complex or salvage procedures, OCA transplant allows for the restoration of native bone stock. The treatment reduces pain and improves function, especially in young and active selected patients. In patellofemoral lesions, OCA has to be considered only in revision surgery or when a complete patella resurfacing is necessary. Costs, grafts availability, systemic pathologies, and multicompartmental OA limit the use of OCA. Management of concomitant pathologies such as instability, malalignment, and meniscal pathologies is crucial to the success of OCA transplant.

Mid- and long-term results are encouraging with good-to-excellent results and graft survival. Ideal indications are unipolar lesions, in patients younger than 30 years old, in traumatic etiology, and lesions treated before 12 months from the onset of symptoms.

Future basic science research should be performed to improve allograft processing and storage with the goal of improving cells viability. Improvement in graft incorporation and fixation are also necessary. Bioactive growing factors, stem cells, three-dimensional scaffolds, and chemical modular healing agents are new technologies requiring additional prospective studies to confirm the promising initial results.

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