

Novel Ligands for Platelet Glycoprotein VI

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Platelet hyperreactivity is a major risk factor for thrombo-
ischaemic events such as myocardial infarction and stroke.¹
Antiplatelet therapy has substantially improved morbidity
and mortality in patients with acute and chronic cardiovas-
cular diseases. In patients with high risk for thrombo-
ischaemic events, dual-antiplatelet therapy (DAPT) consist-
ing of acetyl salicylic acid and P₂Y₁₂ inhibitors has become
the standard antithrombotic therapy for secondary preven-
tion.² However, current antiplatelet therapy (especially with
DAPT) is associated with increased bleeding complications,
which is associated with various clinical risk factors^{3,4} but
also with enhanced mortality.⁵

Especially in patients with acute ischaemic stroke, secondary
intracerebral bleeding is an imminent threat for patient recov-
ery and disease progression, which may be further promoted by
concomitant antiplatelet therapy.⁶ Thus, novel antithrombotic
strategies are required with a favourable balance between
thrombosis and bleeding.

In the past, the platelet collagen receptor glycoprotein VI
(GPVI) has got considerable attention in controlling throm-
bosis.⁷ GPVI is a surface receptor primarily expressed in the
megakaryocyte/platelet system. At the site of vascular injury,
platelets adhere to exposed immobilized collagen within the
subendothelium and become activated. Platelet interaction
with fibrous collagen is a critical step of platelet-dependent
thrombus formation. Adhesion of platelets with collagen is
mediated both via GPVI and integrin $\alpha_2\beta_1$, and both receptors
are constitutively expressed on the plasma membrane of
platelets.⁸ GPVI is a 58- to 62-kD platelet transmembrane
glycoprotein that belongs to the immunoglobulin family.
GPVI consists of two extramembrane immunoglobulin
domains, a transmembrane helix and a short cytosolic
domain. GPVI exists in both monomeric and dimeric form
on the platelet surface and interacts non-covalently with the
Fc receptor γ -chain (FcR γ).⁹ Dimerization of GPVI is activa-
tion dependent and a prerequisite for high-affinity binding
for collagen. GPVI monomers only weakly bind to immobi-
lized collagen. Besides collagen, other ligands for GPVI have
been described including fibronectin, vitronectin, laminin,

adiponectin, EMMPRIN and fibrin.¹⁰ A profound understand-
ing of GPVI binding to ligands other than collagen is a
prerequisite for development of specific drugs targeting
GPVI.

At the site of atherosclerotic plaque rupture, tissue factor
(TF) is generated and induces fibrin formation and promotion
of thrombus formation and consolidation. Recently, fibrin
has been postulated as novel ligand for GPVI.^{11–13}

In the current issue of *Thrombosis and Haemostasis*,
Ebrahim et al¹⁴ challenge recent findings implying fibrin
as novel ligand of GPVI. Ebrahim et al made use of fusion
proteins consisting of the external domain of GPVI and the Fc
part from IgG1 and IgG2, respectively. Both recombinant
proteins are dimers of GPVI with high affinity for collagen.
The authors tested binding of these recombinant GPVI
molecules to fibrin derived from various sources (fibrin
formed by thrombin-degraded purified fibrinogen or plasma
or fibrin generated by human atherosclerotic carotid plaque
specimen). Various receptor binding assays were performed.
In none of the assays, specific binding of dimeric GPVI to
fibrin fibrils could be detected. Furthermore, no specific
binding activity of recombinant GPVI to fibrin could be
observed in perfusion assays where fibrin is dynamically
generated under the conditions of arterial blood flow. In
contrast, in all these experiments, accumulation of GPVI on
collagen fibres was always clearly visible. The authors made
use of an elegant novel high-resolution imaging technology
(structured illumination microscopy, SIM). With this ima-
ging technique they were able to visualize fibrin formation in
the environment of human atherosclerotic plaque—a situa-
tion closely related to the pathophysiology of vulnerable
plaque rupture in humans. Again in none of these dynamic
imaging experiments, binding of the GPVI receptor to fibrin
could be documented.

In light of recent reports that postulate fibrin as a novel
GPVI-ligand and the current data,^{11–13} the question arises
whether fibrin is a ligand for GPVI? Previous studies made
use of various genetic mouse models (GPVI deficiency or
transgenic humanized GPVI mice) to validate the hypothesis

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of GPVI–fibrin interaction. Both mouse studies convincingly show that GPVI is involved in thrombin generation and clot formation which depended on fibrin polymerization. Furthermore, the pattern of platelet signaling induced by thrombin in the presence of fibrinogen and antagonist GPIIb–IIIa was similar to that induced by GPVI activation. Thus, the conclusion of both mouse studies that fibrin is a direct ligand of GPVI is primarily based on indirect measures of GPVI function. Although genetic deficiency of GPVI is a well-defined model, the results of these studies may also be modulated by so far undisclosed changes of platelet function due to genetic receptor deletion that might affect fibrin-mediated platelet activation independent of direct interaction with GPVI. Mammadova-Bach et al also show significant direct binding activity of recombinant GPVI-Fc to fibrin in a fluorescence-based binding assay and Alshehri et al confirmed direct fibrin interaction of GPVI using a monomeric ectodomain of GPVI isolated from platelet-rich plasma. Thus, there are significant methodological differences between published studies and the present work of Ebrahim and colleagues in the current issue of *Thrombosis and Haemostasis* that might help explain the conflicting results. However, none of the previous published studies evaluated the interaction of GPVI with fibrin in an experimental system that is closely related to the pathophysiology of atherothrombosis. Ebrahim et al convincingly show that in the surrounding of human atherosclerotic tissue, the interaction of GPVI with fibrin is a prominent mechanism involved in atherothrombosis.

In recent years, GPVI has become an attractive target to modulate atherothrombosis. Previous studies have shown that inhibiting GPVI receptor function (by anti-GPVI antibodies) or competition for common collagen binding sites (by soluble dimeric GPVI receptor) effectively inhibits thrombosis.^{15,16} At least the strategy using the dimeric GPVI receptor to control atherothrombosis has little impact on bleeding, as it primarily controls thrombus formation at the site of vascular injury where collagen becomes exposed to the blood stream with limited systemic effects on haemostasis.¹⁷ Thus, lesion-directed inhibition of thrombosis via dimeric GPVI-Fc is an attractive pharmacological approach in patients with acute thrombo-ischaeamic diseases such as myocardial infarction or ischemic stroke with limited risk for bleeding. At present, clinical phase II studies are currently performed to assess the feasibility and safety of dimeric GPVI-Fc in symptomatic coronary (NCT03312855) and carotid artery disease (NCT01645306).

Besides collagen, multiple other ligands have been described to bind to GPVI. However, in contrast to GPVI–collagen interaction, the functional consequences of these novel ligands for GPVI-dependent platelet function and thrombus formation are poorly understood. A deeper insight

of GPVI–ligand interaction is necessary to define the future therapeutic role of GPVI inhibition.

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