Metastatic Prostate Adenocarcinoma to the Brain: Case Reports and Literature Review

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Introduction
Prostate cancer is a common condition amongst men and its prevalence has been increasing because of the aging population worldwide. Cerebral metastasis, however, is seldom seen amongst patients with prostate cancer. Even when present, it is only seen as a late complication in patients with widespread distant metastases in various organs. Here we report two unusual cases of such a rare condition.

Case 1
P.H. is a 56-year-old male patient with a background history of metastatic castration-resistant prostatic adenocarcinoma (initial Gleason score of 5+4 = 9). He presented with 8 weeks history of worsening expressive dysphasia and his prostate-specific antigen (PSA) on admission was 1,472 μg/L (normal range: < 3.5 μg/L). Initial computed tomography (CT) brain demonstrated a contrast-enhancing mass measuring 47 mm/21 mm/47 mm associated with calcification and extensive vasogenic edema in the left frontal lobe (►Fig. 1). Extending from the mass lesion is a cystic structure measuring 44 mm that appears to be compressing on the genu of the corpus callosum. Magnetic resonance imaging (MRI) subsequently showed six additional metastases throughout the supratentorial compartment. Near-total excision of the left frontal lesion was performed (►Fig. 2) and histology confirmed metastatic adenocarcinoma of prostatic origin. He recovered postoperatively and was discharged 3 days later.

Case 2
U.S. is a 65-year-old male patient with no known history of malignancy, presented with a left temporal soft tissue mass that had been increasing in size over the preceding 2 months. This was associated with the 1-month history of worsening left eye ptosis. CT showed a contrast-enhancing mass measuring 91 mm × 62 mm × 96 mm extending from the left middle cranial fossa, through the temporal bone and into the subgaleal region (►Fig. 3). The mass effect of the lesion results in a midline shift of 11 mm and the bone within the lesion has a sunburst type appearance. In addition, MRI showed prominent dural enhancement adjacent to the lesion. Staging CT demonstrated extensive sclerotic bony lesions throughout the axial skeleton and a moderately...
enlarged prostate associated with extensive internal and external iliac lymphadenopathy. PSA was found to be 645 μg/L (normal range: < 3.5 μg/L). Biopsy of the extracranial portion of the soft tissue mass was performed and histology confirmed metastatic adenocarcinoma of prostatic origin. He was subsequently referred to urology and oncology for ongoing management.

Discussion

Cerebral metastases are the most common intracranial neoplasms in adults, representing more than 50% of all the reported brain tumors.1,2 It is a frequent neurological complication that was reported in 10 to 40% of adults and 6 to 10% of children with malignant disease.2–4 With the advance of more targeted oncological treatment, and hence an improved survival and an increasing use of MRI, there has been a steady rise in the incidence of cerebral metastases over the last two decades.5,6 In particular, approximately 170,000 new cases cerebral metastasis is reported annually in the United States.7

Primary tumors that are commonly associated with cerebral metastasis include small cell lung cancer, nonsmall cell lung cancer, melanoma, renal cancer, breast cancer, and colorectal cancer.6 Prostate cancer, however, rarely metastasizes to the brain. Early autopsy study by Saitoh et al reported a 1.1% rate of cerebral metastasis amongst 1,885 patients with prostate cancer.8 Such rate of cerebral
metastasis is noted to be even lower in clinical studies, with only 4 out of 3,732 patients with prostate cancer were found to have intracranial involvement.\(^9\) Despite the rarity of this condition, cerebral metastases from prostatic carcinoma are relatively well described in the literature. Several case reports have been published over the last few decades regarding prostatic metastases in the supratentorial region,\(^10^\text{–}12\) posterior fossa,\(^10^\text{–}12\) brain stem,\(^13\) and cerebellopontine angle.\(^14^,15\)

Here, we reported a rare case of metastatic prostate adenocarcinoma presented as a cystic and solitary intraparenchymal tumor with no evidence of systemic disease. Intracranial metastasis from prostate cancer is rare, and prostatic metastasis manifesting as a cystic intraparenchymal tumor is even rarer. Bland et al reported the first case of a large cystic intracranial metastasis from prostate cancer in 1992.\(^16\) Since then, three other similar cases were reported by a case report by Behrens et al and a case series by Tsai et al. in 2001.\(^17^,18\) Therefore, to the best of our knowledge, this is the fifth reported case of prostatic metastasis manifesting as cystic intraparenchymal tumor in the literature.

Our second patient was not known to have prostate cancer before his initial presentation with a soft tissue mass in the scalp. Based on the radiological features of the lesion, osteosarcoma, and atypical meningioma were both considered as potential differential diagnoses. Adenocarcinoma of the prostate was only diagnosed following the biopsy results of the soft tissue mass in the scalp. Subsequent staging CT scan demonstrated an enlarged prostate with patchy enhancement and widespread sclerotic bony metastases throughout the axial skeleton. To the best of our knowledge, this is the first reported case of prostate adenocarcinoma with a solitary cerebral metastasis as the first manifestation.

**Conclusion**

Prostatic metastasis to the brain is considered a late complication and it is associated with a poor prognosis. Early diagnosis and treatment of prostate cancer plays an essential role in preventing the progression of the disease to the brain. With the current lack of funding to the National Health Service and the lack of a reliable test to implement a screening program for prostate cancer, the incidence of cerebral metastasis secondary to prostate cancer is likely to increase in the near future.

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**Conflict of Interest**

None.

**References**