

# Right Ventricular Myocardial Ischemia with Arrhythmia in an Asphyxiated Newborn

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## Abstract

**Background** Infant and neonatal myocardial infarction (MI) has been described in association with congenital heart disease, coronary artery abnormalities, myocarditis, and tumors. MI in the perinatal period in a structurally normal heart and with ventricular arrhythmia as a presenting feature has not been thoroughly described. Published case reports describe treatment methods extrapolated from adult MI. However, due to the rare occurrence, the most appropriate acute treatment for both MI and ventricular arrhythmia in newborn infants remains unknown.

**Case** A male term infant with perinatal asphyxia and need for extensive cardiopulmonary resuscitation at birth had ventricular tachyarrhythmia and ST-elevations on electrocardiogram. Four hours after birth, he died from cardiogenic failure. A thrombus at the right coronary artery was found on autopsy.

**Conclusion** MI in the perinatal period in a structurally normal heart is very rare and mortality is high. Although acute treatments extrapolated from adult MI has been described to result in favorable outcomes in newborn infants, guidelines are lacking on how to manage acute MI and associated ventricular arrhythmia.

## Keywords

- ▶ newborn
- ▶ asphyxia
- ▶ myocardial infarction
- ▶ arrhythmia

Infant and neonatal myocardial infarction (MI) has been described in association with congenital heart disease, coronary artery abnormalities, myocarditis and tumors. MI in the perinatal period in a structurally normal heart and with ventricular arrhythmia as a presenting feature has not been thoroughly described, and the most appropriate acute treatment in newborn infants remains unknown.

## Case

A male term infant was born via vaginal delivery to a 34-year-old primigravida after a pregnancy without identifiable risk factors. Cardiotocogram showed fetal tachycardia before de-

livery and meconium stained amniotic fluid was present. The Apgar scores were 2–1–0 at 1, 5, and 10 minutes, respectively, and the umbilical cord pH 7.07. The newborn required extensive cardiopulmonary resuscitation (CPR) for 15 minutes at birth. After return of spontaneous circulation, a bigeminy cardiac rhythm was observed. The newborn remained hypotensive despite aggressive catecholamine treatment with epinephrine and dopamine at 1 and 10 µg/kg/min, respectively.

A three-lead electrocardiogram (ECG) showed arrhythmia interchanging among bigeminy, trigeminy, and ventricular arrhythmia with marked ST-elevations (▶ **Fig. 1**). The condition deteriorated with recurrent cardiac arrest and

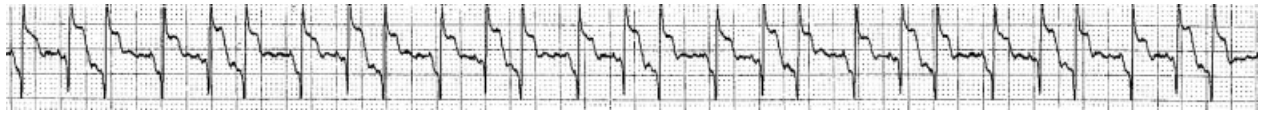
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**Fig. 1** A three-lead electrocardiogram showing marked ST-elevation as well as a striking trigeminy rhythm.

bradyarrhythmia and active treatment was withdrawn 4 hours after birth. The newborn died shortly after. Laboratory investigations at 2 hours of age showed troponin I 0.32  $\mu\text{g/L}$  (ref. < 0.15  $\mu\text{g/L}$ ), hemoglobin 112 g/L, and coagulopathy. At autopsy, a loose thrombus was found at the right coronary artery (RCA), with interstitial edema in the tissue of an otherwise structurally normal heart.

## Discussion

In this highly unusual case, the finding of thrombosis at the RCA is interesting, as it might have caused myocardial ischemia or MI leading to arrhythmias and cardiogenic failure.

Similar to adults, MI in newborns is diagnosed with a combination of cardiac serum biomarkers, ECG, echocardiography, and cardiac angiography.<sup>1</sup> In our patient, echocardiography could have been very useful, not only to rule out congenital heart disease but also to assess ventricular function and regional hypokinesis, and guide treatment. Also, the coronary artery occlusion could potentially have been diagnosed with Doppler echocardiography. We measured an elevated troponin I, but the very unstable condition of the infant precluded the acquisition of a 12-lead ECG, echocardiography, and angiography. Thus, further classification of the myocardial ischemia other than the presence of arrhythmia and ST-elevation was not possible.

We do not know for sure if fetal distress with meconium aspiration and hypoxia/asphyxia or the RCA thrombus was the primary pathology and lead to the initial need for CPR. The primary event could have been respiratory failure leading to hypoxia, which then might have precipitated the RCA thrombus formation and the arrhythmia. Complications of perinatal asphyxia include increased myocardial oxygen demand, anemia, and disseminated intravascular coagulopathy, and the association between perinatal asphyxia and myocardial ischemia has been described previously.<sup>2</sup> However, in this case, the RCA thrombus could have been the primary event as well. We can only speculate on the origin of the RCA thrombus, but in the presence of open fetal vascular shunts, it could have originated from an embolus on the venous or arterial side of the circulation. It might also have originated in the RCA itself.

Considering the fact that the right ventricle is dominant immediately after birth, and that perinatal asphyxia is commonly associated with persistent pulmonary hypertension, occlusion of the RCA may explain the fulminant clinical course. The short clinical course with early death could explain the minimal histological changes of MI and the modest increase in the serum troponin I level.

Even though histological sign of myocardial ischemia is not an uncommon finding on autopsy of infants who died in the neonatal intensive care unit,<sup>3</sup> clinical MI in the perinatal

period is very rare.<sup>4</sup> In our tertiary perinatal center, admitting approximately 1,500 infants to the neonatal intensive care unit annually, this is the first known case of MI in the perinatal period.

In addition to perinatal asphyxia, infant MI has been described in association with congenital heart disease, coronary artery abnormalities, myocarditis, tumors,<sup>3</sup> and coagulation disorders.<sup>5</sup> Histological findings range from inflammation to calcification and fibrosis.<sup>3</sup> Acute treatments described include oxygen, angiotensin-converting enzyme inhibitor and aspirin,<sup>6</sup> nitroglycerine, extracorporeal membrane oxygenation,<sup>4,7</sup> and intravenous thrombolysis (tissue plasminogen activator).<sup>1</sup> For the associated hypotension, that is, low cardiac output syndrome, inotropes, diuretics, and levosimendan, a calcium-sensitizing drug with vasodilating properties has been described to be effective.<sup>2</sup> However, these treatments are all essentially extrapolated from adult MI. Guidelines are lacking on how to manage acute neonatal MI and mortality remains high,<sup>8</sup> as illustrated by this rare case history of death from cardiogenic failure the first hour of life. The associated ventricular arrhythmia in this infant is also an infrequently occurring symptom in the immediate postnatal period. Again, treatment options except for hemodynamic support may be scarce, although the use of lidocaine infusion<sup>9</sup> and cardioversion<sup>9,10</sup> has been described.

Farooqi et al<sup>8</sup> presented a case history and review of neonatal MI and concluded that due to the rare occurrence, it is unknown whether certain etiologies of MI are associated with particularly poor outcome, or if poor outcomes are mostly attributed to delays in identification and institution of treatment. In our patient, the fulminant course and early death precluded extensive diagnostic evaluations, but post-mortem examinations suggested right ventricular myocardial ischemia due to a thrombus in the RCA.

## Conclusion

MI in the perinatal period is rare but has been described with a wide array of potential causes and treatments. MI in a structurally normal heart is even more rare, and ventricular arrhythmia as the presenting feature has not been clearly described in the literature. Besides providing supportive treatment, clinicians may find themselves lacking guidelines for a targeted approach when faced with acute MI in newborn infants. The same applies to ventricular arrhythmia, which is also very rare in the perinatal period.

### Conflict of Interest

The authors declare no conflict of interest.

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