

# EFSUMB Guidelines on Interventional Ultrasound (INVUS), Part III

## Abdominal Treatment Procedures (Long Version)

## EFSUMB Leitlinien interventioneller Ultraschall (INVUS), Teil III Ultraschall-geführte therapeutische Interventionen (Langversion)

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### Key words

- guideline
- ultrasound guidance
- abscess
- hepatocellular carcinoma
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- cysts
- radio frequency ablation
- drainage
- safety

### Abstract

The third part of the European Federation of Societies for Ultrasound in Medicine and Biology (EFSUMB) Guidelines on Interventional Ultrasound (INVUS) assesses the evidence for ultrasound-guided and assisted interventions in abdominal treatment procedures. Recommendations for clinical practice are presented covering indications, contraindications, and safe and effective performance of the broad variety of these techniques. In particular, drainage of abscesses and fluid collections, interventional tumor ablation techniques, interventional treatment of symptomatic cysts and echinococcosis, percutaneous transhepatic cholangiography and drainage, percutaneous gastrostomy, urinary bladder drainage, and nephrostomy are addressed (long version).

### Zusammenfassung

Der dritte Teil der Leitlinien der European Federation of Societies for Ultrasound in Medicine and Biology (EFSUMB) zur interventionellen Sonografie (INVUS) bewertet die Evidenz für transkutane sonografisch gestützte und assistierte therapeutische Interventionen im Abdomen. Auf der Grundlage publizierter Daten werden zu Indikationen, Kontraindikationen sowie zur sicheren und effizienten Durchführung Empfehlungen für die klinische Praxis gegeben. Berücksichtigung finden die sonografisch geführte Drainage von Abszessen und Flüssigkeitsansammlungen, Tumorablationstechniken, transkutane Zystensklerosierung symptomatischer Zysten und der Echinokokkose, die perkutane transhepatische Cholangiografie und Drainage, die perkutane Gastrostomie, die Harnblasenpunktion und Drainage sowie die Nephrostomie (Langversion).

### Bibliography

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### Introduction

This is the third of three guidelines (parts I – III) within the framework of the European Federation of Societies for Ultrasound in Medicine and Biology (EFSUMB) Guidelines on Interventional Ultrasound (INVUS) describing ultrasound (US)-guided percutaneous diagnostic and therapeutic interventions of the abdomen. Part III deals with the indications and clinical impact of US-guided therapeutic interventions and gives evidence-based recommendations for the safe and efficient performance of these techniques using the available evidence at the time of manuscript preparation. It is complemented by guidelines on general aspects of US-guided interventions (part I) [1] and US-guided diagnostic interventions (part II) [2]. In addition, EFSUMB also publishes guidelines on the use of diagnostic and therapeutic endoscopic ultrasound interventions

[3, 4] and ultrasound-guided vascular interventions [5].

Methods of guideline development are described in the introduction to the EFSUMB Guidelines on Interventional Ultrasound [6]. Levels of evidence (LoE) and Grades of Recommendations (GoR) have been assigned according to the Oxford Centre for Evidence-based Medicine criteria (March 2009 edition) [<http://www.cebm.net/oxford-centre-evidence-based-medicine-levels-evidence-march-2009>].

### Local ablative procedures of the liver

#### Introduction

Local ablative procedures play a key role in the management of patients with malignancies, primarily with hepatocellular carcinoma (HCC), but also with metastases [7 – 10].

The short-term clinical outcome is improved by a multi-modality approach discussed at multidisciplinary team meetings. The reported success rates are multifactorial, and depend upon patient selection and operator experience. The best outcome is delivered when strict clinical criteria are followed and aided by multidisciplinary board discussions.

Most operators use a percutaneous approach, but laparoscopic and laparotomic routes can also be used. Over the last 25 years, different methods have been developed and used clinically. Percutaneous ethanol injection (PEI) was the first widespread technique. Later on, thermal ablative procedures (radiofrequency ablation (RFA), microwave and laser ablation) emerged rapidly. Recently, novel US-guided ablative procedures have become available (interstitial brachytherapy, irreversible electroporation (IRE), and high intensity focused ultrasound (HIFU)) [11 – 15].

### Treatment intention

Local ablative procedures can be classified according to the treatment intention as curative or palliative [16, 17].

### Curative intention

Tumor ablation is usually performed with curative intent. This applies mainly to small HCCs ( $\leq 5$  cm), as well as to colorectal liver metastases [17 – 23]. The decision for local ablation over resection should take into account data such as the patient's age, co-morbidities, normal parenchymal reserve and tumor distribution inside the liver, as well as the risks for metachronous tumor growth, and all these should be weighed against the invasiveness of the procedure [16].

#### Recommendation 1

HCC ablation should be preferably performed with curative intent (LoE 1a, GoR A). Strong consensus (100%).

### Palliative strategy

The main indication for palliative treatment of liver tumors is metastatic neuroendocrine tumor load. Other primary [24] and secondary liver tumors may also be treated [16, 25 – 32].

### Multi-modal treatment

With multiple liver metastases (commonly colorectal) not suitable for surgical resection because of their number or location (e. g., proximity of vascular or biliary structures), a combined/multimodal approach should be considered [33].

Ablation in conjunction with resection is increasingly used as a parenchyma-sparing curative strategy that combines effective ablative treatment of small tumors with resection of large tumors, for which ablation is less effective [34 – 41]. Similar concepts can be applied to hepatocellular carcinoma (HCC) in a cirrhotic liver, when extensive surgical sacrifice of the parenchyma must be avoided.

#### Recommendation 2

Ablation in conjunction with resection may be considered as a parenchyma-sparing curative strategy (LoE 2a, GoR B). Strong consensus (100%).

### Hepatocellular carcinoma (HCC)

The treatment options for HCC in a cirrhotic liver are transplantation, surgical resection, local ablative therapies, transarterial chemoembolization (TACE), radioembolization with Yttrium90 loaded beads (transarterial radioembolization (TARE), and, in cases of advanced disease, systemic therapy with sorafenib (Nexavar®). Image-guided percutaneous ablation therapies, such as RFA [42 – 44], PEI [45 – 47] and microwave coagulation [48], have been performed mainly with small HCCs, according to the Milan criteria [49]. These are potentially curative, minimally invasive, and repeatable in case of recurrence [50].

### Local ablative treatment techniques for HCC

#### Radiofrequency ablation

The energy generated by RFA induces coagulation necrosis of the tumor. Different systems have been introduced. Monopolar systems employ a neutral electrode (grounding pad) that is applied to the body surface. The current flows between the ablation probe in the tumor and the neutral electrode generates heat concentrically around the probe. In bipolar RFA systems, both electrodes are mounted close together on the same probe so that all current flow occurs directly between the two electrodes; a neutral electrode is not required. This arrangement has some advantages; ablation can be performed with an active cardiac pacemaker in place, provided that the ablation zone is not close to the pacemaker. Bipolar systems also eliminate the danger of skin burns from the neutral electrode used in monopolar systems. Multipolar systems in which three or more needles can be used simultaneously in an alternating mode are also available [16, 51, 52]. Complete removal of neoplastic tissue (R0) is common after surgical resection, while complete tumor necrosis following RFA is almost 90% for very small HCCs  $< 2$  cm and drops to 50% to 70% for lesions between 3 – 5 cm and lower for larger lesions [44, 53 – 57] due to the heat loss of perfusion-mediated tissue cooling within the ablated region [44, 53, 55 – 59].

#### Size of tumors

As a single RFA needle usually coagulates a region  $\leq 2 - 3$  cm in diameter, potentially non-spherical (depending on the RF system), multiple sequential insertions may be required to achieve a safety margin in lesions  $\geq 2 - 2.5$  cm. In one series of 1000 RFA procedures (2140 nodules) in 664 patients, complete ablation was obtained using a mean number of electrode insertions of 1.5, 2.3, 4.2, and 11.7 for nodules of  $\leq 2$  cm, 2.1 – 3 cm, 3.1 – 5 cm, and  $> 5$  cm respectively [59].

To overcome this limitation, multi-needle systems have been introduced for simultaneous ablations and stereotactically guided RFA that produce coagulation zones up to 7 – 10 cm [52, 60 – 62]. There is no accepted maximum tumor size that can be ablated in a single session but the size is generally in the 4 – 5 cm range. Complete response (necrosis) following RFA is 80 – 90 percent for tumors  $< 3$  cm [43, 55, 56, 63, 64]. Complete necrosis rates are 50 – 70 percent for lesions between 3 – 5 cm and lower for larger lesions [44, 53 – 57]. It is difficult to reliably completely treat tumors  $> 5 - 6$  cm with current RFA devices. A small study showed that the RFA zone was 3.4-fold larger in patients who received a single dose of pegylated liposomal doxorubicin (20 mg IV) 24 hours prior to planned RFA, as compared to controls (with RFA alone) [65]. This is a promising finding but the evidence is currently inadequate.

The ablated zone should encompass the treated tumor and a circumferential margin of 5 – 10 mm around the tumor [66]. Ablation

tion of giant tumors has been performed using (repeated or single shot large volume) ethanol injection under general anesthesia [16, 17, 62]. However, this technique has significant adverse effects and complete necrosis was difficult to achieve; this technique has been abandoned.

#### Location of tumors

HCC tumors in a subcapsular location or adjacent to the gallbladder have a higher likelihood of incomplete ablation [67] or major complications [54, 68, 69]. In a study of 24 explanted livers with RFA-treated HCC prior to liver transplantation, 88% complete necrosis was achieved for tumors with a non-perivascular location, compared to 47% complete necrosis for tumors with perivascular locations, the suggested reason being the 'heat sink' phenomenon (blood flow in peritumorally located vessels may carry heat away from the lesions) [58].

To reduce the number of complications, attention must be paid to vulnerable structures close to the tumor or the ablation zone. This applies to the porta hepatis, gallbladder, stomach, small intestine and colon, all of which are particularly sensitive to thermal damage [70, 71]. In case of subdiaphragmatic lesions, pulmonary, pleural or cardiac heat damage might occur, usually with only minor clinical significance [72, 73]. Subcapsular or exophytic tumors should be accessed through a portion ( $\geq 10$  mm) of non-tumoral liver tissue, whenever possible [74], since direct needle insertion into the tumor carries a higher risk of complications, e. g. needle-track seeding or hemorrhage [68]. In selected patients, some operators are prepared to ablate even subcapsular tumors [75, 76].

#### Number of tumors

The maximum number of tumors that can be ablated in a single procedure is not clearly defined, but ranges from 3 to 5 in most centers [16]. Overall survival is best for patients with solitary tumors, intermediate for those with 2 to 3 tumors, and worst for those with  $\geq 3$  tumors [77].

#### Recommendation 3

The maximum recommended diameter of HCC lesions treatable with thermal ablation is generally considered below or equal to 5 cm, although optimal results are obtained in lesions  $< 3$  cm (LoE 2b, GoR B). Strong consensus (100%).

#### Recommendation 4

The ablation zone should aim to extend at least 5 mm beyond the visible borders (LoE 3a, GoR B). Strong consensus (100%).

#### Recommendation 5

In lesions close to large vessels and heat-sensitive structures, alternative or additional techniques should be considered (LoE 3a, GoR B). Strong consensus (100%).

#### Recommendation 6

Three to five HCCs are the recommended maximum number of lesions in a single session that allows percutaneous ablation with curative intent (LoE 2a, GoR B). Strong consensus (100%).

#### RFA versus surgical resection in small HCCs

There is inconclusive evidence as to whether RFA is as effective as surgical resection as the first-line treatment for patients with small, solitary HCCs [63–71, 78].

Randomized controlled trials (RCTs) report conflicting results [79–81]. While the first did not identify outcome differences [79], the others suggested survival advantages for surgical resection [80, 81]. Uncontrolled investigations have reported similar outcomes for resection and RFA in early HCC patients [82]. In non-randomized comparative studies, hepatectomy was reported to be better than percutaneous ablation [83], whereas other studies reported no significant difference [84–86]. Higher survival rates were found for resection [87]. A meta-analysis including 11 873 patients ( $n = 6094$  RFA;  $n = 5779$  hepatic resection) did not find significant differences between groups for 1- and 3-year overall survival, recurrence-free survival and disease-free survival. The 5-year overall survival was lower with RFA likely due to higher 3- and 5-year recurrence rates with RFA, but the complication rate and hospital stays were significantly lower for RFA patients [78]. Surgical resection significantly improved the overall survival and disease-free survival rates in comparison with RFA, but still, in a selected group of patients (Child-Pugh class B, multiple HCCs, or in HCCs  $\leq 3$  cm) the two treatments did not show significant differences [87]. This study was not randomized and the surgical and ablation series were obtained in different centers. In a randomized trial resection had better survival and lower recurrence rates than RFA for patients with HCCs using the Milan criteria [80]. This analysis assessed the role of specific tumor size thresholds in early HCC, showing that size had a great impact on the effectiveness of RFA but not of surgery.

A systematic review of 8000 patients [14] with a current Cochrane analysis [88] reported uncertainty regarding the question of the impact of RFA versus surgery. However, a more recent meta-analysis, published after the Cochrane analysis [89], showed that there were differences in age and liver function between patients with early HCC submitted to either RFA or resection. When the analysis was corrected for these parameters, no survival differences were observed between RFA and surgery in single HCCs  $< 2$  cm or 2–3 HCC tumors  $< 3$  cm, whereas surgery resulted in a longer survival in the case of single HCCs measuring 2–5 cm [89]. With RFA, survival rates have been reported to be 39.9–68.5% at 5 years [59, 82, 90–93] and local tumor progression rates to be 2.4–16.9% [59, 90, 91, 93]. Mortality and morbidity rates of RFA have been reported to be 0–1.5% and 0.9–7.9%, respectively [59, 82, 91–94].

#### Percutaneous ethanol injection

PEI was the first ablative procedure, initially reported in the early 1980s [45, 46, 95]. Under US guidance the tip of a fine needle (20–21 gauge) is placed inside the lesion. Ethanol is then injected. It creates a coagulative necrosis as a result of cellular dehydration, protein denaturation, and chemical occlusion of small tumor vessels [12, 83, 96–100].

The procedure is inexpensive and safe, with low mortality and morbidity (0–3.2% and 0–0.4%, respectively) [101–103]. Even though RFA has replaced PEI because of superior and predictable ablative results, the two methods are equally effective in small tumors ( $< 2$  cm) [43, 104, 105]. PEI can be offered in small HCCs, mainly those for which RFA is not feasible due to tumor location (e. g. adjacent to the gallbladder, hepatic hilum, or large vessels) [106].

Another chemical ablation technique, percutaneous acetic acid injection (PAI), has not offered substantial advantages over PEI [107].

#### RFA versus PEI

In comparison with PEI, the necrotic area in RFA is predictable and must include a peritumoral safety margin  $\geq 5$  mm of necrosis. This will ablate satellite tumors and minimize local recurrence.

Randomized controlled trials comparing RFA with PEI demonstrate that RFA is superior to ethanol injection in terms of treatment response, number of sessions, recurrences, and overall survival (2-year local recurrence rate: 2–18% versus 11–45%) [104, 105, 108–112] as further supported by meta-analyses [88, 111, 113].

A meta-analysis of six RCTs comparing RFA with PEI and enrolling patients with a tumor size of  $\leq 5$  cm found RFA significantly superior to PEI with overall survival (HR 1.64, 95% CI 1.31 to 2.07), and lack of local progression (HR 2.44, 95% CI 1.71–3.49) [88].

The efficacy of the methods is similar for tumors  $\leq 2$  cm [43, 104, 105, 114]. Meta-analyses, including RCTs, confirmed that treatment with RFA offers a survival benefit as compared to PEI in tumors  $> 2$  cm [111–113, 115, 116]. RFA has a slightly higher rate of major complications (4%; 95% CI, 1.8–6.4%) as compared to PEI (2.7%; 95% CI, 0.4–5.1%) [54, 108, 110, 116]. The best results obtained in series of HCC patients treated by RFA provided 5-year survival rates of 40–70% or higher in select groups of patients [60, 91, 117]. The best outcomes have been reported in Child–Pugh A patients with small ( $< 2$  cm) single tumors [82, 118]. Independent predictors of survival with RFA are initial complete response, Child–Pugh score, number or size of nodules, and baseline alpha-fetoprotein levels [87].

Child–Pugh A patients with small tumors – that are expected to achieve complete response – are the ideal candidates for RFA, with few patients being more suitable for PEI [119].

#### Other procedures

Percutaneous microwave ablation (MWA), produced by dielectric heat from microwave energy emitted from an inserted bipolar electrode, was introduced into clinical practice in the 1990s [48, 56, 120–125]. The technique is reported to improve local tumor control [48], with complete response rates of 89–95% and three-year survival rates of 51–81% [48, 56, 123, 126–128]. An RCT demonstrated that the number of treatment sessions was fewer with RFA than with microwave coagulation [129], although the rates of complete therapeutic effect, major complications, and local tumor progression were not statistically different between the two therapies. Although requiring electrode needles of a larger diameter than with RFA, MWA has been shown to be safe [130]. Differences in ablative capability with different MWA needle types working at different frequencies of emission are recognized, although no formal comparison has been reported. This is at variance with RFA, where different devices tend to produce similar ablation volumes [131]. An RCT comparing MWA with RFA for HCCs  $< 4$  cm, showed 89% and 96% complete response rates, respectively, and 24% and 12% for two-year local recurrence rates, respectively (differences not statistically significant). The incidence of residual foci of untreated disease was significantly different (17.4% for MWA, and 8.3% for RFA) [129]. Laser thermal ablation is a further alternative, and is useful for HCCs  $< 4$  cm [11, 132–135]. This approach

is mainly used in Europe with experience from single centers [11, 133, 134]. No trial was found for RFA versus placebo or for transplantation.

#### Selection of ablation technique

With PEI, local response is related to tumor size. PEI has yielded very favorable results for small encapsulated HCCs ( $< 2$  cm) [17, 95]. Complete ablation can be achieved in 90–100% of tumors  $< 2$  cm, the percent of complete ablation is 70–80% for larger tumors of 2–3 cm in size, and 50–60% for lesions larger than 3 cm [119, 136]. HCC encapsulation by a cirrhotic liver prevents satellite nodules from being reached, leading to higher rates of local recurrence in comparison to RFA (10–33% in tumors smaller than 3 cm and 44–50% in larger tumors [100, 137–139]). The targeting of the necrosis only to intra-nodular tissue avoids possible damage to surrounding structures.

#### Recommendation 7

Percutaneous ethanol injection with curative intent is an alternative to thermal ablation in encapsulated HCCs  $< 20$  mm (LoE 2a, GoR B). Broad agreement (95%).

#### Recommendation 8

Percutaneous ethanol injection can be an alternative in case of contraindications to thermal ablation (LoE 3b, GoR B). Broad agreement (79%).

#### Selection of imaging modality (ultrasound, CT, MRI)

US is the first-line imaging modality for local ablative procedures in the liver (except for intraoperative cryoablation). CT guidance can be an alternative, particularly when US guidance is not feasible anatomically or with US imaging of occult lesions [140, 141]. MRI guidance is possible but with limited availability. Local expertise and personal experience determine the modality of choice. Contrast-enhanced imaging must be available during the interventional procedure to confirm the completeness of necrosis. Fusion imaging is an alternative technique that can be used for the guidance of the procedure [16].

#### Planning and monitoring ablation treatment

Imaging plays an important role before, during and after ablation procedures. Assessment of tissue perfusion is crucial to differentiate necrotic areas from viable residual tumor. With US- and CT-guided RFA, this requires evaluation with contrast-enhanced imaging during and immediately after ablation. CEUS can provide important information for assessment during and immediately after ablation [142, 143]:

- ▶ assessment of the lesions to be treated by ablation (number, size, degree and homogeneity of lesion enhancement, presence of feeding vessels, to define the eligibility for treatment and the best ablation strategy)
- ▶ depiction of previously undetectable lesions with the support of fusion imaging, enabling needle/probe guidance to occult lesions
- ▶ detection of viable tumor persistence following loco-regional treatment [66]

CEUS is the most effective method to define local recurrence in a treated nodule because of its real-time capability, the intra-vas-



cular characteristic of the contrast agent and the near-total differentiation between the displayed contrast and background information of current imaging methods [8]. CT and MRI (3 D reconstruction) provide better overviews of the liver and adjacent organs, which are necessary for pretreatment staging and useful to detect distant intra- and extra-hepatic tumor recurrence.

### Contraindications

Contraindications to local ablation are identical to the general contraindications to interventional procedures, based on the risk and benefit for each individual patient and with particular attention to the age, co-morbidity, and desires of the patient [144 – 146]. Local ablative strategies are contraindicated in patients with significant ascites, uncorrectable coagulopathy, and obstructive jaundice (because of the risk of bile peritonitis). A predicted safe needle track must be confirmed.

### Complications

Studies have established that RFA is a low-risk procedure [147 – 150], with a mortality of 0.1 – 0.8 % and few adverse events. Major complications occur in 2.2 – 11 % of RFA-treated patients [94, 147, 151 – 153]. Bleeding, infection, fistula formation, bile duct damage, and tumor seeding are possible complications of local ablative therapy [16, 17, 23, 146]. Tumor seeding is reported only for percutaneous procedures and is observed in 0 – 12.5 % (median 0.9 %) [154], mainly in PEI [74, 155 – 160]. Larger needle diameters, multiple punctures, subcapsular tumor locations, and combination with biopsies are associated with a higher risk [152].

Thermal track ablation should be performed at the conclusion of any thermal ablation, as it reduces the likelihood of tumor seeding to below 1 % [74, 156 – 158].

### Guidelines including RFA for HCC

#### European guidelines on HCC

##### *EASL–EORTC Clinical Practice Guidelines: Management of HCC<sup>1</sup>*

According to the European Association for the Study of the Liver (EASL) and the European Organisation for Research and Treatment of Cancer (EORTC) 2012 guidelines, local ablative procedures for focal liver lesions (FLLs) are indicated for the following situations [161]:

- ▶ RFA or PEI as the standard of care for patients with tumors stage 0–A according to the Barcelona–Clinic Liver Cancer (BCLC) staging system [162, 163], when not suitable for surgery [Evidence 2A; Recommendation 1B].
- ▶ RFA is preferred over PEI, in order to assure better control of the disease, corresponding to complete response with a safety margin [Evidence 1 D, Recommendation 1A]. PEI can be used in 10 – 15 % where RFA is not technically feasible but PEI is practicable.
- ▶ RFA or PEI is equally acceptable for small tumors < 2 cm classified as stage 0 tumors according to BCLC classification, with proof that more than 90 % of cases will have a complete re-

sponse and a good long-term outcome [Evidence 1A, Recommendation 1C].

#### *ESMO–ESDO Clinical Practice Guidelines for diagnosis, treatment and follow-up of HCC<sup>2</sup>*

According to the European Society for Medical Oncology (ESMO) and The European Society of Digestive Oncology (ESDO) guidelines [164], indications are:

- ▶ Local ablative techniques, including RFA and PEI as alternatives to resection for treatment of small HCC nodules (< 2 cm) [LoE 3, GoR B].
- ▶ RFA is recommended over PEI whenever it is available and feasible, as it provides better local control, especially in HCCs > 2 cm [LoE 2, GoR A] [13].
- ▶ For RFA treatment, the number and diameter of lesions to be treated should not exceed 5 and 5 cm, respectively [LoE 3, GoR B].
- ▶ Dynamic CT and MRI examinations every 3 months for the first 2 years and surveillance every 6 months thereafter are recommended and should be used in accordance with the clinical setting to detect early recurrence [LoE 3, GoR A].
- ▶ Patients with recurrences following curative therapy may still be considered for attempts at curative therapy.

#### American Guidelines on HCC

##### *AASLD Management of HCC: An Update<sup>3</sup>*

According to the American Association for the Study of Liver Diseases (AASLD) updated guidelines [http://www.aasld.org/sites/default/files/guideline\_documents/HCCUpdate2010.pdf], indications are:

- ▶ Resection as the first option for patients with the optimal profile according to BCLC staging system (Level of evidence II)
- ▶ Liver transplantation or ablation in patients with advanced disease (Level of evidence II)
- ▶ Local ablation for patients who cannot undergo resection, or as a bridge to transplantation (level of evidence II).
- ▶ Alcohol injection and radiofrequency are equally effective for tumors < 2 cm. However, the necrotic effect of radiofrequency ablation is more predictable in all tumor sizes and in addition, its efficacy is clearly superior to that of alcohol injection in larger tumors (level of evidence I).
- ▶ For very early HCC, confirmation of the completeness of ablation by RFA therapy is needed to prove the efficacy of the method.

#### *National Cancer Institute (NCI) of American Guidelines for HCC*

The NCI recommends loco-regional ablative procedures to be considered in patients who are not liver transplant candidates. There are no strict indications and the risk and benefits are to be compared with alternative treatment strategies [http://www.cancer.gov/types/liver/hp/adult-liver-treatment-pdq].

<sup>1</sup> In this guideline, the classification of evidence was performed according to the National Cancer Institute: PDQ Levels of Evidence for Adult and Pediatric Cancer Treatment Studies. Bethesda, MD: National Cancer Institute (http://cancer.gov/cancertopics/pdq/levels-evidence-adult-treatment/HealthProfessional). The strength of recommendations was rated using a modified GRADE system (level of evidence: A: high, B: moderate, C: low/very low quality; grade of recommendation: 1 = strong recommendation and 2 = weaker recommendation).

<sup>2</sup> In this guideline, levels of evidence and grades of recommendation are rated according to the adapted Infectious Diseases Society of American–United States Public Health Service Grading System for ranking recommendations in clinical guidelines (quality of evidence I–III; Strength of Recommendation A – C).

<sup>3</sup> For classification of evidence an own grading system (I, II-1, II-2, II-3, III) was used.

#### Asian Guidelines on HCC<sup>4</sup>

Asian Pacific Association for the Study of the Liver (APASL) consensus recommendations on HCC

According to the APASL, the recommendations are [50]:

- ▶ Local ablation is an acceptable alternative to resection for small HCCs (<3 cm) in Child-Pugh class A cirrhosis [LOE 2b, GoR B].
- ▶ Local ablation is a first-line treatment of unresectable, small HCCs with ≤3 nodules in Child-Pugh class A or B cirrhosis [LOE 2b, GoR B].

In the clinical guidelines (EASL, AASLD, APASL [50, 161, 165]), RFA is considered a second-line treatment after surgery, without documented evidence, knowing that patients treated with RFA tend to be sicker, and have more advanced liver disease [166, 167]. An expert position paper from the Barcelona group suggested using RFA as the first-line treatment for BCLC-0 patients, corresponding to a tumor bulk of a single HCC <2 cm [168]. In case of single tumors >3 cm, the rates of complete response with RFA alone decrease progressively [55]. Under these circumstances, a combination of percutaneous ablation with transarterial chemoembolization has provided better recurrence-free survival, but a significantly better survival rate was not demonstrated in comparison to individual treatments [169, 170]. Three meta-analyses concluded that a combination of TACE plus RFA is associated with a higher survival rate than each procedure alone [171–173]. The quality of the evidence was thought to be low [171] and none of the analyses considered the toxicity of combined therapy.

The presence of multiple tumors represented the most frequent indication for RFA [21, 79, 87, 174–180]. An advantage of ablation is parenchyma sparing, a major benefit in HCC patients, most of whom have a poorly functioning cirrhotic liver. Decision making should always be a multidisciplinary exercise.

Initially, patients should be assessed for possible transplantation. Those who are not transplant candidates are considered for alternative treatments, taking into account that the present interventional ultrasound recommendations are specifically designed for HCCs in liver cirrhosis and are considered only after liver transplantation has been excluded.

#### Recommendation 9

A multidisciplinary approach to assess patients with HCC in liver cirrhosis for possible transplantation is recommended prior to alternative treatments (LoE 5, GoR D). Strong consensus (100%).

#### Recommendation 10

RFA with curative intent is an alternative, more cost-effective technique in comparison to surgery in early HCC BCLC-0 (HCC <2 cm) (LoE 2a, GoR B). Strong consensus (100%).

#### Recommendation 11

RFA with curative intent should be considered as a second-line treatment in single HCCs 2–5 cm in Child-Pugh A patients, after the patient has been evaluated for surgical resection (LoE 2b, GoR B). Strong consensus (100%).

#### Recommendation 12

RFA with curative intent should be considered as the first-line treatment in Child-Pugh B patients with single HCCs <5 cm or in patients with 2 or 3 HCCs <3 cm (LoE 2b, GoR B). Strong consensus (100%).

#### Recommendation 13

Solitary HCCs >3 cm not suitable for surgery should be considered for combined loco-regional treatments (LoE 4, GoR C). Broad agreement (95%).

#### Recurrence and adjuvant therapy

The benefits of local ablative techniques are limited by disease recurrence, which varies between 4–60% depending on the size of the ablated tumor and the approach used. Local tumor progression after PEI has been reported to be between 6–43%, depending on the tumor size. This limits the value of the procedure in lesions >3 cm, where higher local recurrence rates are documented [101, 102, 137, 138, 181].

In various clinical studies, combinations of RFA with other treatment modalities (TACE followed by RFA [182] or hepatic arterial balloon occlusion during RFA [183]) have been attempted to increase the ablated volume by reducing the cooling effect of the blood flow. Although extension of the necrotic zone was achieved, it is uncertain whether these combined treatments improve the prognosis.

The long-term prognosis following surgical resection or RFA for HCC remains disappointing, with a high recurrence rate (5-year rate >70%), mainly a consequence of ineffective adjuvant therapy [50, 184–188]. The results of the STORM trial, a phase III randomized, double-blind, placebo-controlled trial of 1114 patients evaluating adjuvant sorafenib after resection or ablation, showed no differences in recurrence-free survival, time to recurrence or overall survival [189].

#### Colorectal cancer liver metastases

It is estimated that 50–60% of patients with colorectal cancer (CRC) will develop liver metastases [190]. Estimates for five-year survival after diagnosis of liver metastases vary between 17–48%. The most successful treatment for hepatic metastases is surgical resection [9, 10, 36, 77, 191–197]. When CRC metastases are confined to the liver, liver resection is indicated as a potentially curative treatment whenever an R0 resection (curative resection) of all metastases is technically feasible [34, 35, 198]. However, approximately 50–70% of these patients will develop recurrence [199].

Local ablative procedures with curative intent have a role in the management of CRC liver metastases [9, 10]. Depending on the size of the lesions, RFA may be performed alone or combined with resection [200]. Several studies have demonstrated that RFA achieved permanent local ablation of liver metastases and a 5-year survival of 24% to 43% [201–205]. These results are comparable to surgery [36, 77, 191–197]. This is noteworthy as RFA patients generally have a poorer prognosis, partly as a result of higher comorbidity than surgical candidates [31]. Local recurrence occurs more frequently after ablation than with resection [9, 10, 206].

In a study comparing RFA and surgery in 482 patients with CRC liver metastases, the overall survival (OS) and disease-free survival (DFS) did not differ between the two groups in 226 patients with

<sup>4</sup> The APASL guidelines used the Oxford Centre for Evidence-based Medicine classification (LoE 1–5; GoR A–D; May 2010) [<http://www.cebm.net/oxford-centre-evidence-based-medicine-levels-evidence-march-2009>].

a single metastatic tumor < 3 cm (RFA group 99 patients, resection group 127 patients): the five-year OS and DFS rates were 51.1% and 33.6%, respectively, in the RFA group and 51.2% and 31.6%, respectively, in the resection group. In the 70 patients with a solitary metastasis  $\geq$  3 cm (RFA group: 14 patients; resection group: 56 patients), the DFS rates were significantly lower in the RFA group (RFA group: 23.1%; resection group: 36.6%;  $P=0.01$ ) [207]. Two meta-analyses confirmed that surgery is superior to RFA with regard to survival outcomes in patients with resectable CRC liver metastases [208, 209]. However, an imbalance between characteristics of patients allocated to both treatments makes it difficult to draw definitive conclusions [210].

The first RCT on the efficacy of RFA combined with chemotherapy versus chemotherapy alone was underpowered; RFA plus systemic treatment resulted in significantly longer progression-free survival (PFS) compared with chemotherapy alone [211].

Combination therapy resulted in an excellent overall survival of 30 months, also achieved in systemic chemotherapy alone (control arm) [211]. There are no prospective, controlled, randomized studies comparing resection and local ablative procedures.

#### Recommendation 14

Percutaneous thermal ablation with curative intent is a second-line alternative to surgery in patients with colorectal liver metastases (LoE 2a, GoR B). Strong consensus (100%).

#### Recommendation 15

The maximum diameter of metastatic lesions treatable with thermal ablation is generally considered  $\leq$  4 cm, although better results are obtained in lesions < 3 cm (LoE 5, GoR D). Strong consensus (100%).

#### Recommendation 16

The ablation zone should aim to extend at least 10 mm beyond the visible borders (LoE 5, GoR D). Broad agreement (94%).

### Other liver metastases

Percutaneous thermal ablation or PEI may be a therapeutic option for neuroendocrine liver metastases [28, 29].

### Renal malignancies treated with local ablative therapy

#### Introduction

The incidence and detection of asymptomatic renal masses has increased over the previous 25 years, essentially as a consequence of improved imaging technology and the improved understanding of the clinical-pathological behavior of renal cell carcinoma (RCC) [212–216]. The survival rate has improved as a result of earlier diagnosis [213, 217–219]. Currently most renal masses (61%) are incidental findings [220].

Possible treatment options for RCC are [221]:

- ▶ Surgery, either nephrectomy or nephron-sparing (open or laparoscopic)
- ▶ Local ablative procedures (percutaneous or laparoscopic)
  - ▶ cryoablation
  - ▶ radiofrequency ablation
  - ▶ microwave ablation (MWA)
- ▶ Active surveillance

Treatment options for RCCs are appraised below with regard to age and performance status, history of previous partial nephrectomy, comorbidity factors, renal function, and staging.

#### Small masses

Standard therapy for small RCCs is nephron-sparing surgery. Local ablative techniques have evolved into alternative procedures, showing excellent results [222]. Active surveillance, an alternative option, can be suggested in poor surgical candidates, as histologically confirmed small RCCs have a growth rate of 4 mm per year [223]. Active surveillance is currently not a standard option. Tumors < 4 cm in diameter are ideal candidates for ablative techniques. The volume to be treated should include a 5–10 mm safety margin [224]. Most tumors < 3 cm can be treated in a single ablation session. Tumors between 3–4 cm in diameter can also be successfully treated, although multiple ablation sessions may be required [225–233].

#### Recommendation 17

Patients with RCCs < 3 cm with significant surgical risk or requirement for nephron-sparing strategy should be considered for local ablative therapy (LoE 2b, GoR B). Strong consensus (100%).

RCTs comparing surgery and local ablative therapy have not been performed [221, 234]. Cancer-specific survival is similar for both methods [235, 236]. The European and American Urological Associations recommend thermal ablation as a treatment option for patients with a T1 renal mass [237].

US techniques are recommended as the ideal imaging guide for RFA [237].

Possible advantages of local ablative procedures are: (1) treatment option for surgically unfit patients, (2) lower morbidity and mortality, (3) shorter hospitalization time, (4) better parenchymal sparing.

The presence of viable tumor in core biopsies following RFA in about 47% of cases has been suggested [238], but others found no viable tumor on biopsy after one year [239]. This remains controversial, probably resulting from histological uncertainty in defining viability in core specimens, suggesting that frequent imaging follow-up is necessary. Cryotherapy was performed laparoscopically (75%) and RFA was mainly performed percutaneously (84%) [240], making comparison difficult.

Local recurrence-free survival following image-guided tumor ablation is 87% [241]. The local recurrence of percutaneously performed RFA is estimated at 2.5–14% [242]. Cancer-specific survival of patients treated with RFA is comparable to patients treated with surgery [227, 237, 243]. Both cryotherapy and RFA had a higher risk of recurrence compared to partial nephrectomy [244], but re-intervention is straightforward [227].

The rate of major complications for cryotherapy is 5%, which is lower than for surgery [237], the most common complication being hemorrhage [213] with 2% developing distant metastases [237, 243]. Post-procedural ureteric strictures have also been documented [237]. Cryotherapy is preferred over RFA in central tumors in contact with the renal hilum or the ureter [245].

Systemic therapy for advanced RCC is increasingly used. Imaging does not always accurately differentiate benign from malignant disease [246]. Up to 25% of small (< 3 cm) kidney lesions are benign [247], and as such, based on established oncologic standards, histological confirmation is necessary prior to treatment with a de-

structive technique. This standard is not always followed. In a meta-analysis the rate of unknown histology was reported at 40% (before RFA) and 24% (before cryotherapy) [248].

#### Recommendation 18

RCC histology should be obtained prior to ablation (LoE 4, GoR C). Broad agreement (81%).

Contrast-enhanced US (CEUS) can be used for surveillance after RFA of RCCs in order to detect local recurrence and to assess for liver metastases [249]. CT of the thorax and abdomen is necessary to exclude metachronous extrahepatic metastases. No RCTs have been performed [250–252].

#### Recommendation 19

Contrast-enhanced ultrasound or CT or MRI should be performed in the follow-up after RCC ablation, unless contraindicated (LoE 4, GoR C). Strong consensus (100%).

### Pancreas

At present, radical resection is the only option capable of improving long-term survival in the case of pancreatic cancer. This is possible in 20–30%, and after resection, the 5-year survival rate, even in high-volume surgical centers and in combination with adjuvant therapy, does not exceed 30% [253]. Neoadjuvant strategies are under evaluation. RFA of pancreatic ductal adenocarcinoma is based on encouraging experiences in other organs [241, 254], and is intended to be palliative for unresectable locally advanced adenocarcinoma [255–259].

RFA is performed under intraoperative US guidance during laparotomy [255]. Following RFA, there are controversial patient survival reports. In pancreas centers, RFA has become a palliative treatment for tumor cytoreduction in a multimodality treatment approach [257, 259–261]. A systematic review concludes that RFA has a positive impact on survival [259]. A pretreatment biopsy is required [246].

### Abscess drainage

US-guided percutaneous drainage of abdominal abscesses is a well-established interventional procedure first described in 1974 [262] and is currently the first-line treatment approach for abdominal abscesses.

#### Definition and classification

Differentiation between phlegmonous inflammation and abscesses is of importance for treatment guidance. Antibiotic treatment is indicated for phlegmonous inflammation and for abscesses < 1–3 cm, although the “minimal drainage size” of abdominal abscesses is not established. An abscess is a pus-containing confined collection, most often caused by bacteria. To be termed an abscess, the fluid has to be viscous and surrounded by an inflammatory wall that develops as a result of effective host defense [263]. Free contaminated or infected peritoneal fluid or loculated collections represent a phase in the continuum of peritoneal contamination/infection/empyema and are not termed an abscess [264]. A classification of abdominal abscesses has been proposed [Table 1] [265]:

**Table 1** Classification of abdominal abscesses.

classification	examples
visceral versus non-visceral	hepatic versus subphrenic
primary versus secondary	splenic versus appendiceal
spontaneous versus postoperative	diverticular versus peri-anastomotic
intra-peritoneal versus retroperitoneal	tubo-ovarian versus psoas
simple versus complex	complex: <ul style="list-style-type: none"> <li>– multiple (liver)</li> <li>– multiloculated</li> <li>– communication with bowel (e. g. leaking anastomosis)</li> <li>– associated with necrotic tissue (pancreatic)</li> <li>– associated with cancer</li> </ul>
anatomical	subphrenic, subhepatic, lesser sac, paracolic, pelvic, interloop, perirenal, psoas

#### Recommendation 20

Phlegmonous infections and small abscesses should be treated with antibiotics and require no drainage (LoE: 5; GoR: D). Strong consensus: 100%.

### Postoperative fluid collection

Fluid collections present on postoperative imaging, localized or generalized (“free fluid”), are common and nonspecific which may represent different pathological entities such as hematoma, exudate, seroma, bilioma, lymphocele or an abscess. Fluid seen on imaging is often not characteristic; any patient with a clinical suspicion of an abdominal abscess should have a diagnostic aspiration to guide further management. Sterile fluid collections can become infected postoperatively, requiring diagnostic aspiration and eventually therapeutic drainage.

### Ultrasound (US)

US imaging is often the initial modality used in abscess delineation as it allows dynamic evaluation and real-time guidance of needling. Depending on the contents, an abscess can be anechoic, hypoechoic and even hyperechoic. CEUS can be helpful in differentiating vascularized from avascular areas [266, 267].

### Computed tomography (CT) and magnetic resonance imaging (MRI)

CT is indicated in technically limited US examinations or inconclusive results. CT often gives better anatomic details (exact location, size, shape, organ relations) of fluid collections than US, although there is no evidence to support this. An enhancing thickened wall and the presence of gas indicates abscess formation. Magnetic resonance cholangiopancreatography (MRCP) is indicated in patients with biliary tree obstruction and leakage, e.g. after surgery, but is not used as the initial investigation in the detection of abdominal abscesses.

### Diagnostic aspiration

A US-guided diagnostic puncture of a fluid collection with a fine needle or a larger needle (dependent on the viscosity) can distinguish an abscess from a non-infected fluid collection.



The aspirate should be examined for pus and consistency (thick or liquid) and for debris, in order to guide further drainage strategy. The aspirate should be sent for bacterial culture.

#### Recommendation 21

Diagnostic aspiration of a suspected infected fluid collection is recommended (LoE 5, GoR D). Strong consensus (100%).

### Puncture and drainage

The fundamentals of image-guided (percutaneous) treatment of abscesses include drainage with a needle or catheter, plus lavage. A description of the procedure can be found in text-books [268] and in the EFSUMB Course Book [(www.efsumb.org/ecb/ecb-01.asp)].

### Catheter drainage versus needle aspiration

A meta-analysis of 5 RCTs comparing catheter drainage and repeated needle aspirations of liver abscesses demonstrated catheter drainage to be more effective, with higher success and shorter time to achieve clinical improvement [269]. Studies of abdominal abscesses of various etiology have shown good results with repeated needle aspiration in simple abscesses < 5 cm. In larger abscesses catheter drainage performed better than repeat needle aspiration [270–274].

With regard to the organs involved, an abscess of 5 cm in the liver is small in comparison with a 5 cm abscess in the kidney or spleen. Needle aspiration should be the initial approach, as this is simple, causes less patient discomfort and avoids problems related to drainage catheter care. This technique is preferred if bowel loops need to be traversed for drainage. Catheter drainage is indicated if needle aspiration fails after 2–3 attempts [270, 275]. Needle aspiration may still be performed after catheter displacement.

#### Recommendation 22

Abscesses less than 5 cm in diameter can be treated with needle aspiration (LoE 2b, GoR B). Strong consensus (100%).

#### Recommendation 23

Catheter drainage is more effective than needle aspiration in abscesses larger than 5 cm in diameter (LoE 1a, GoR A). Broad agreement (89%).

### Small or large catheters

Large bore 12–14F catheters were favored for abscess drainage early in the development of this clinical application, but with experience [276], a typical abscess catheter is now 7–10F. No difference in outcome was seen in a study of intra-abdominal abscesses treated with 7F pigtail catheters and 14F sump drain catheters [277].

This reduction in catheter size can be attributed to: 1. The early interventionalist was influenced by surgical traditions, where large catheters were common; 2. Developments in catheter material and construction allowing a larger inner diameter and improved surface structure. Currently large catheters (> 10F) should be reserved for complex abscesses containing thick pus and debris.

#### Recommendation 24

Catheters of 7–10F in size are recommended for the treatment of most abscesses, regardless of abscess dimensions (LoE 4, GoR C). Broad agreement (90%).

#### Recommendation 25

Large catheters (> 10F) should be reserved for complex abscesses with thick contents (LoE 5, GoR D). Broad agreement (90%).

### Catheter introduction techniques: Trocar versus Seldinger

Two techniques are used for the insertion of a drainage catheter: the trocar (one-step) technique and the Seldinger (two-step) technique. Both have advantages and disadvantages and can be performed with either a free-hand or needle-guided technique, depending on the preference and experience of the operator. There are no studies comparing the two techniques, probably because the methods are complementary rather than competitive [Table 2].

#### Recommendation 26

The trocar technique is suitable in most circumstances using catheters ≤ 10 F (LoE 5, GoR D). Broad agreement (93%).

#### Recommendation 27

The Seldinger technique is recommended when access is difficult, for large catheters, and for catheter replacement (LoE 5, GoR D). Broad agreement (86%).

### Single versus double lumen

Double lumen catheters are not recommended since they combine the negative features of large diameters and relatively small lumens.

#### Recommendation 28

Double lumen catheters are not recommended (LoE 5, GoR D). Broad agreement (94%).

**Table 2** Advantages and disadvantages of trocar and Seldinger techniques.

	trocar technique	seldinger technique
advantages	– fast and simple	– preferred when access is difficult – introduction guided by transrectal or trans-vaginal probes possible – preferred when track dilatation and catheter exchange is needed – preferred technique for large catheters – preferred for cases in which insertion is difficult
disadvantages and limitations	– not suitable for large catheters	– fluoroscopy may be necessary to monitor the procedure – time-consuming and complex

### Abscess cavity extension and complexity, fistula, and contrast injection (X-ray, CEUS)

Treatment planning requires careful assessment of the size, shape, content and extent of the abscess, including identification of associated fistulas. Fistulography (or abscessography, sinography) with intracavitary injection of iodinated contrast media under CT or fluoroscopic guidance has been the recommended technique. Direct injection of US contrast agent through the needle or catheter has been reported to facilitate confirmation of correct needle or catheter position and allows evaluation of any communication between cavities in complex abscesses at the bedside [278 – 280].

#### Recommendation 29

Intracavitary CEUS may add value regarding needle and catheter position, cavity morphology and presence of fistulas (LoE 4, GoR C). Strong consensus (100%).

### Specific organs and locations

With respect to the specific location of intra-abdominal abscesses (organ or cavity), a dedicated management strategy should be considered, but the basis for all percutaneous drainage remains identical: puncture, aspiration and irrigation.

### Liver abscess

Pyogenic liver abscesses are often the result of biliary obstruction caused by benign or malignant diseases with consequent cholangitis. Abscess formation may also occur following microbe entry into the liver via the portal vein (pyophlebitis) secondary to GI tract infections (diverticulitis, appendicitis, chronic inflammatory bowel disease, or post-operative infections). The microbes may also enter the liver via the arterial system e.g. in osteomyelitis or endocarditis. For percutaneous drainage, a transhepatic access route is preferred for direct puncture to avoid spillage of pus into the peritoneal cavity. Further imaging with US, endoscopic ultrasound (EUS), CT, or MRI is indicated to ascertain the cause of the biliary obstruction. Intracavitary contrast injection (X-ray or CEUS) into a hepatic abscess can demonstrate communication between the abscess and the biliary tree, which might alter management strategy. Small amebic abscesses generally respond to conservative treatment and do not require drainage, but large amebic abscesses may need drainage [281].

#### Recommendation 30

The origin of liver abscesses should be investigated to search for an underlying cause (LoE 5, GoR D). Strong consensus (100%).

#### Recommendation 31

A transhepatic access route is recommended for the percutaneous drainage of hepatic abscesses (LoE 5, GoR D). Strong consensus (100%).

### Splenic abscess

Splenic abscesses are rare, except in immunocompromised patients. There are no studies of percutaneous drainage versus surgical treatment (splenectomy). The outcomes of percutaneous drainage are conflicting; a meta-analysis [282] reported that per-

cutaneous drainage and needle aspiration had low success rates (51% and 65%, respectively). Other studies reported a higher success rate of percutaneous drainage [271, 283 – 289], which is recommended as the first-line treatment. Percutaneous treatment allows preservation of the spleen. Splenic puncture or biopsy is relatively safe as documented in a meta-analysis [290].

#### Recommendation 32

Percutaneous splenic abscess drainage should be the first-line treatment and surgery should be performed in the case of treatment failure (LoE 4, GoR C). Broad agreement (89%).

### Pancreatic abscess

Percutaneous drainage of pancreatic abscesses is often prolonged and may require multiple catheters. A study has reported success in 86% of patients [291, 292]. Typically pancreatic abscesses appear after acute pancreatitis. Fistulas can be problematic. The percutaneous approach has the advantage of being quick and offering treatment access for severely ill patients. As a second stage procedure, conversion to internal drainage (double pigtail plastic stent or self-expanding metal stents) via an EUS approach should be considered [293]. However, this approach remains controversial [294].

#### Recommendation 33

Pancreatic abscess management is complex and often prolonged. EUS and percutaneous procedures should be considered (LoE 4, GoR C). Broad agreement (89%).

### Enteric abscess

Abscesses are frequent complications of Crohn's disease, diverticulitis and appendicitis. In Crohn's disease, there is no study comparing percutaneous and surgical drainage of abscesses. Percutaneous drainage of Crohn's-related abscesses has a high success rate, demonstrated in several studies and is the first-line treatment [295, 296]. With early percutaneous drainage, (non-elective) surgery can often be avoided (14 – 85% of patients) [296 – 300].

Several studies suggest that percutaneous drainage of Crohn's-related abscesses is less effective when there are associated bowel (macro) fistulas [295]. A fistula should be suspected when the drainage catheter produces a persistently high volume of fluid (> 50 mL of fluid per day). Contrast injection (X-ray or CEUS) into the abscess (fistulography) should be performed.

Abscesses can be detected in 15% of patients with acute diverticulitis [301, 302]. Antibiotics successfully treat smaller abscesses (< 3 cm) [301, 303, 304], but larger abscesses (> 3 cm) require percutaneous drainage [305, 306]. In peridiverticular abscesses, suspected fistulas need to be confirmed or refuted as this may require surgery. Peri-appendicular abscesses can occur either as a result of rupture of an infected appendix or post-operatively. Despite the frequency of peri-appendicular abscesses, no studies have investigated percutaneous treatment.

It is generally accepted that a peri-appendicular abscess will respond to percutaneous treatment. A pitfall with presumed peri-appendiceal and peri-diverticular abscesses is an infected, necrotic tumor. This may be drained successfully but requires subsequent colonoscopy to determine if an underlying tumor is present. Leakage of enteric contents at an anastomosis may lead to abscess for-

mation which most often requires reconstructive surgery. Sometimes, a non-surgical approach is preferred with usage of long-term percutaneous drainage with large catheters.

#### Recommendation 34

Abscesses in Crohn's disease, diverticulitis and appendicitis may benefit from percutaneous drainage as the first-line strategy (LoE 4, GoR C). Broad agreement (89%).

#### Abscess in the lower abdomen and pelvis

Abscesses located in the lower abdomen and pelvis represent a challenge primarily because of overlying bowel loops, making the traditional transabdominal puncture route difficult. For these deep pelvic abscesses, alternative puncture routes are available. Transrectal, transvaginal, transperineal and transgluteal accesses have all been shown to be useful and safe [272, 293, 307, 308]. The transrectal route provides direct access to perirectal and presacral fluid collections whereas the transvaginal route accesses gynecologic and midpelvic collections. The development of dedicated endoprobes with needle guides has established transvaginal and transrectal US-guided abscess drainage procedures [293] but comparative studies are missing. Different drainage techniques are possible (needle aspiration or catheter drainage) and catheters can be introduced using a one-step trocar technique or preferably using a Seldinger technique [272, 307, 308].

#### Recommendation 35

US-guided drainage by transrectal, transperineal or transvaginal access is associated with a low risk of complications and should be considered for deep pelvic abscesses (LoE 4, GoR C). Strong consensus (100%).

#### Catheter management and patient care during abscess drainage

There is a paucity of evidence for the management of abscess catheters and this mainly depends on clinical judgment and local practice. Daily catheter care, including routine irrigation, and observation of output is mandatory for successful abscess drainage. There is general agreement regarding catheter management:

- ▶ An abscess catheter should be connected to a drainage bag.
- ▶ Routine irrigation should be performed at least 3 times a day.
- ▶ Irrigation with 10–20 mL of saline solution until the aspirate is clear is often sufficient; over-distension should be avoided.
- ▶ A persistently high output (> 50 mL of fluid per day) may indicate connection to a fistula.
- ▶ Re-evaluation with US, CT or fluoroscopy is indicated in cases of catheter dysfunction or insufficient drainage.
- ▶ Repeated catheter clogging indicates a change (over guide wire) to a new and possibly larger catheter.
- ▶ Simple abscesses are typically alleviated after 5–7 days of treatment indicated by a decreased output (< 10 mL of fluid per day) and clinical improvement.

#### Use of fibrinolytics (plasminogen activator or streptokinase) in viscous fluid collections or complex abscesses

Two studies suggest that routine catheter flushing using fibrinolytics instead of saline solution decreases the total time to abscess resolution, length of hospital stay, and total cost of care [309,

310]. No improvement after streptokinase in the treatment of pleural infections was reported [311].

#### Recommendation 36

Use of intracavitary fibrinolytics is not routinely recommended (LoE 5, GoR D). Broad agreement (94%).

#### Microbiology and antibiotics

Intra-abdominal abscesses are often polymicrobial (mixed aerobic and anaerobic) reflecting mixed gut flora [312–314], whereas liver and splenic abscesses tend to be monomicrobial. These abscesses generally require a combination of drainage (percutaneous/surgical) with antibiotics for complete cure, since antibiotics do not reach sufficient concentrations within the abscess cavity, as evidenced in an experimental study [315]. Antibiotics are recommended for patients who present with clinical signs of bacteremia (e.g., fever and leukocytosis). Antibiotic treatment should (when indicated) be targeted according to the culture results and antibiotic sensitivities. If required, broad-spectrum antibiotic agents are recommended as initial treatment, accounting for the polymicrobial nature of abdominal abscesses. Further refinement of antibiotics should be based on culture data including sensitivity testing [313, 316].

#### Intracavitary antibiotic treatment

Intracavitary antibiotic treatment is not recommended in the treatment of abdominal abscesses.

#### Peri-interventional antibiotic treatment

Peri-interventional use of antibiotics should be reserved for patients who present with clinical signs of septicemia at the time of the drainage procedure [313]. There is no evidence for the prophylactic use of antibiotics.

#### Specimen collection

It is good clinical practice to collect pus/aspirate material prior to antibiotic treatment, to ensure sufficient samples for chemical, cytological, and microbiological tests.

#### Ultrasound-guided paracentesis

##### ▼ Background

Fluid collection within the peritoneal cavity is multi-factorial: hypersecretion of serous fluid by the peritoneum with impaired fluid absorption (e.g. peritonitis), injury to fluid-containing structures and pressure alterations in the venous system (e.g. right heart failure, portal hypertension) [268].

Paracentesis is performed either as a diagnostic or as a therapeutic procedure, in the presence of ascites or suspected bacterial peritonitis. Therapeutic paracentesis provides almost immediate symptomatic relief and is usually well tolerated.

##### Technical issues

Ascites drainage is usually easily and safely performed by inserting a 14–18 gauge needle (including paracentesis-specific devices) or as a one-step catheter under US guidance. Catheters can be pig-tail, they can have an internal string for internal loop fixation, or an internal balloon fixation can be used. A small bore catheter (between 5F and 7F) is usually adequate.

One-step catheters are excellent for drainage but are difficult to introduce as they will not penetrate tissue as easily as a 21–23 gauge needle, particularly if the tissue is fibrous or firm. Conversion of the procedure to a Seldinger technique using a lumbar needle with the catheter being placed over a guidewire as the final step is possible. Once positioned correctly, the catheter should be secured and left in place for several hours to allow fluid drainage [268].

US guidance offers real-time imaging of the needle tip and surroundings during the procedure, making it safe and effective. In most instances, US assistance (i.e., US utilized to select the best access point prior to blind needle insertion) is as safe as US guidance [317].

US helps to reduce the risk of injury to vessels that run along the inner abdominal wall (e.g. inferior epigastric vessels, distended paraumbilical veins) and to minimize failed aspirations due to malposition of the needle tip. It adds more options to the traditional puncture site in the lower left quadrant of the abdomen (reverse McBurney point). The needle may be inserted anywhere; the operator should choose the shortest possible route that avoids obstacles such as blood vessels, the omentum, and the bowel. The ability to use it as a bedside procedure is an important additional advantage [318].

### Complications

Paracentesis is considered a safe procedure, carrying a 1% risk of overall complications, which include leakage of ascitic fluid, local infection, abdominal wall hematomas, intraperitoneal hemorrhage, and intestinal perforation [319]. It is recommended to follow strict antiseptic practices in all patients [320]. Ultrasound guidance can reduce the risk of complications after paracentesis, such as pneumothorax and bleeding, thus improving safety [317, 321].

### Cytology, microbiology tests

Fluid can be sent for relevant chemical, cytological, and microbiological tests. The ideal volume for Gram stain is 0.5 mL and 2 mL for most cultures. A culture for mycobacteria requires a larger volume of approximately 10 mL. A sterile tube (or even the aspiration syringe itself) is sufficient for dispatch to the microbiology laboratory, when the transportation time is <2 hours. If the transport time will exceed 2 hours, a suitable transport medium must be used. If collected specimens cannot be submitted immediately, the fluid should be stored at 4 °C to prevent specimen contamination or overgrowth by fast-growing organisms [268].

#### Recommendation 37

Ultrasound-guided or assisted paracentesis is a low-risk and effective procedure (LoE 4, GoR C). Strong consensus (100%).

### Specific considerations

#### Cirrhosis

Ascites is the most common complication of cirrhosis leading to hospital admission. 12% of hospitalized patients who present with decompensated cirrhosis and ascites have spontaneous bacterial peritonitis (SBP). Early paracentesis is recommended for all hospitalized patients with cirrhosis with a large amount of ascites of recent onset or worsening ascites not responding to diuretic therapy or, when there is fever or abdominal pain, to rule out SBP even when the ascites is scanty. To demonstrate SBP, the white

blood cell count in the fluid (> 500 leucocytes/nL or > 250 granulocytes/nL) and/or microbiologic testing positive for bacteria can be used [322].

### Albumin administration

Large-volume paracentesis (> 5L) is generally an effective and safe procedure, but it does carry a risk of “postparacentesis circulatory dysfunction” (PCD). Even before paracentesis, patients with ascites are subject to marked circulatory dysfunction. In the majority of patients not receiving adjunctive treatment, removal of large volumes of ascites by reducing intra-abdominal pressure increases venous return, which increases cardiac output but also favors further transfer of circulating fluid into the peritoneal cavity. However, because of the drop in peripheral vascular resistance and increase in fluid accumulation in the peritoneal cavity, the effective circulating volume declines, leading to a reduction in arterial pressure and activation of the renin-angiotensin-aldosterone pathway. This complication is associated with a high rate of re-accumulation of ascites, development of hepatorenal syndrome, dilutional hyponatremia, and a decrease in survival. To alleviate PCD, albumin should be administered intravenously in an amount of 6–8 gr for each liter of ascites fluid removed, at least for paracentesis exceeding 5 liters in volume [323].

#### Recommendation 38

Administration of albumin is mandatory in large-volume (> 5 liters) paracentesis (LoE 1a, GoR A). Strong consensus (100%).

### Hemorrhagic complications

Bleeding complications after paracentesis are rare. Signs and symptoms of hemorrhage typically become evident immediately to 24 hours after the procedure. Renal dysfunction was the most prevalent metabolic derangement, occurring in 70% of patients with bleeding, compared to coagulopathy and thrombocytopenia (59% and 8%, respectively) [319]. There is no recommendation for the administration of coagulation factors or platelets. If blood is found on diagnostic paracentesis, an abdominal CT or US examination should be performed to evaluate for abdominal wall hematoma or intra-abdominal bleeding. Patients with risk factors for hemoperitoneum may benefit from either a lower-volume paracentesis, slower drainage of ascites, or concurrent administration of albumin [324].

#### Recommendation 39

There are no established preprocedural threshold coagulation levels that preclude paracentesis (LoE 5, GoR D). Broad agreement (94%).

### Palliative paracentesis for malignant ascites

Malignant ascites accounts for around 10% of cases and occurs with a variety of neoplasms, particularly breast, bronchus, ovary, stomach, pancreas and colon [325]. Large amounts of ascites can cause increased abdominal pressure with pain, dyspnea, loss of appetite, nausea, and reduced mobility. Long-term paracentesis is indicated for patients with symptoms of increased intra-abdominal pressure caused by recurring malignant ascites despite repeated paracentesis.



There is no consensus on the speed of fluid withdrawal, and concurrent intravenous hydration is not well standardized [326]. Tunneled or non-tunneled or peritoneal catheters may be placed under US and fluoroscopic guidance. The use of non-tunneled drainage catheters is associated with increased infection (35%), blockage (30%) and leakage (20%) and should be considered in patients with a short life expectancy [327, 328]. Several studies have described successful and safe placement of tunneled peritoneal catheters as well as the PleurX™ catheter in patients with malignant ascites and a longer life expectancy [329–335]. A study comparing 40 patients with abdominal catheters and 67 patients who underwent repeated large-volume paracenteses over a 41-month period found similar complication rates. Patient satisfaction with the catheter was high [336]. A systematic review shows that the peritoneal catheter drainage system is clinically effective in patients with malignant ascites, has low complication rates, improves quality of life and is less costly than repeated inpatient paracentesis. A National Institute for Health and Care Excellence (NICE) guideline recommended consideration of a peritoneal catheter drainage system in patients with treatment-resistant, recurrent malignant ascites [337].

#### Recommendation 40

Permanent catheter drainage should be considered for terminally ill patients with refractory ascites (LoE 4, GoR C). Broad agreement (94%).

## Sclerotherapy of non-parasitic cysts



### Hepatic cysts

Hepatic cysts have a prevalence of 2.5–7%. Most are asymptomatic and do not need treatment [338]. Percutaneous treatment, consisting of aspiration of cystic fluid followed by injection of a sclerosing agent, is usually performed with US guidance, as a minimally invasive option for large or symptomatic cysts.

### Indications

Large cysts (>6–10 cm) which are symptomatic (pain or infected), causing space-occupying effects (abdominal distension, obstructive jaundice or both), require treatment. Other less established indications include symptomatic small sub-capsular cysts located at sites exposed to mechanical stress (beneath the ribs or sternum) [339]. In polycystic liver disease, any dominant cysts may be treated if causing symptoms or to avoid complications (e.g., rupture, bleeding) [340–345].

#### Recommendation 41

With symptomatic or compressive hepatic cysts, percutaneous sclerotherapy or surgery should be considered (LoE 4, GoR C). Broad agreement (96%).

### Contraindications

Caution is required when treating hydatid cysts; the nature of a cyst may not be known prior to aspiration [339]. When there is communication with the biliary tree, cysts are usually decompressed and not distended. A relative contraindication is he-

morrhagic cysts [346] though they can be treated with similar results once infection or malignancy has been excluded [342]. Ascites and planned liver transplantation are other relative contraindications.

### Other imaging modalities in the work-up (CT/MR/CEUS)

CT-guided puncture can also be performed but this is rarely necessary as US-guided drainage is usually successful. Before sclerotherapy is attempted, communication with the biliary tree should be investigated using fluoroscopy or intracavitary administration of a US contrast agent [347, 348].

### Multidisciplinary decision making

Multidisciplinary decision (gastroenterologists, surgeons, interventional radiologists) for the procedure is obligatory as other options include open surgery and laparoscopic deroofing which are effective treatments. These treatments are associated with substantial morbidity and mortality and require expertise [349, 350]. Percutaneous treatments have similar efficacy, allowing surgery to be reserved for complicated cases or if percutaneous sclerotherapy fails [341, 351].

### Sclerotherapy versus surgery (fenestration)

No randomized prospective study comparing fenestration and sclerotherapy has been published. In most centers, sclerotherapy is attempted first as a noninvasive option, and laparoscopic fenestration is indicated in refractory cases [351].

#### Recommendation 42

Percutaneous ethanol sclerotherapy is a good alternative to laparoscopic deroofing with similar efficacy and lower complication rates (LoE 4, GoR C). Broad agreement (96%).

### Prognosis

The majority of patients who undergo percutaneous sclerotherapy are symptomatically improved immediately following the procedure, but only 20% will have partial or full regression of the dominant and symptomatic cyst [350]. In polycystic liver disease both sclerotherapy and surgery are disappointing (77–100% recurrence rate) [9].

### Materials and technical issues

The treatment consists of evacuation of the cystic contents (either by aspiration or drainage via a catheter) followed by sclerotherapy of the inner epithelium using standard agents (ethanol, polidocanol, tetracycline chloride, minocycline chloride, hypertonic saline solution and ethanolamine oleate) [352–356]. Following local anesthesia, a Chiba needle (18–20 gauge) is introduced into the cyst under US guidance and advanced into the distal third of the cyst. One aliquot should be aspirated for cytologic analysis, white blood cell count, microbiology, and bilirubin level. If the fluid is clear or amber-colored, biliary tree communication is unlikely, thus allowing aspiration and sclerotherapy to proceed. A yellowish or dark-greenish color suggests a biliary communication; these cysts should first be aspirated and drained [339]. A radiopaque contrast medium or US contrast agent should be instilled into the cyst to exclude a connection with the biliary tree [347]. If contrast medium enters the bile ducts, sclerotherapy is contraindicated.

### Ethanol sclerotherapy

Ethanol is most commonly used for sclerotherapy of hepatic cysts (95–98% concentration) [357–359]. Single or multiple sessions may be needed with evacuation of the fluid content performed using 6–8F catheters or a Chiba needle (18–20 gauge) [357–359]. Catheters may be introduced directly using the trocar technique with low complications. Prolonged catheter drainage with negative pressure and single-session alcohol sclerotherapy had similar results in hepatic cysts. Performing sclerotherapy in one session might be less effective for destroying the entire epithelium in comparison with prolonged drainage [338]. In ethanol sclerotherapy, different volumes (10–50% (as a rule “30%”) of the cyst volume, total volume <200 ml), different ethanol concentrations (95–99%) were used and the sclerosing agent exposure time varied from 10 minutes (as a rule “30 minutes”) to 4 hours [352, 360]. The longer the sclerosing time (retention time, reinjections), the lower the recurrence rate but the higher the complication rate. After ethanol sclerotherapy, an 80–100% reduction of cyst volume may be achieved [338, 341, 352, 357, 359, 360]. The main complications during ethanol sclerotherapy are pain, ethanol-induced fever or hyperthermia, intoxication, intra-cystic bleeding and iatrogenic pleurisy or peritonitis [342, 353]. Active bleeding can be controlled by repeat injection of the sclerosing agent [339]. Ethanol intoxication and even ethanol-induced coma are serious events that may occur when a large volume of ethanol is injected into large cysts or when the exposure time to ethanol is >60 minutes, i. e., the time interval that is optimal for a sclerosing effect [338, 342]. Patients are often hospitalized for 24 h and sedation may be necessary.

#### Recommendation 43

With percutaneous ethanol sclerotherapy of large liver cysts, the use of small catheters instead of needles should be considered to achieve a longer ethanol exposure time (LoE 4, GoR C). Broad agreement (95%).

### Sclerotherapy using other substances

Several other substances with better safety profiles, ease of use and low cost have been tested with good results and few complications [352–356]. Polidocanol 1–3% (aethoxysklerol) may be preferred for its local anesthetic properties (it is less painful than alcohol) and its slight bactericidal activity [339]. The technique usually consists of evacuation of part of the cyst contents, followed by instillation of the sclerosing agent, which is left in situ for various time periods. The intra-cystic distribution of the sclerosing agent may be enhanced by using foam sclerosants (liquid sclerosants mixed with air). The advantage of foam sclerotherapy with polidocanol (10 mL of 3%) has been demonstrated with hepatic cysts [347, 361].

#### Recommendation 44

Percutaneous sclerotherapy using other substances is an alternative to ethanol (LoE 4, GoR C). Broad agreement (90%).

### Ultrasonographic follow-up

In polidocanol therapy maximum volume reduction occurred 1 year after the procedure [347]. Follow-up examinations may only be necessary in symptomatic patients.

### Renal cysts

#### Indications

Simple renal cysts are mostly asymptomatic and do not require treatment. In 2–4% the cyst may become symptomatic because it enlarges or develops complications such as hemorrhage, infection, rupture or compression [362]. Cysts that develop adjacent to the renal hilum may obstruct the urinary tract [363]. Spontaneous, iatrogenic or traumatic rupture of a large renal cyst may cause hematuria or pain. US-guided cyst aspiration with or without sclerosing therapy is a minimally invasive, simple, safe and low-cost procedure [363].

#### Recommendation 45

Symptomatic simple renal cysts should be considered for treatment. (LoE 4, GoR C). Broad agreement (94%).

### Multidisciplinary decision making

A multidisciplinary decision regarding procedure choice is recommended as surgical excision via open, percutaneous, laparoscopic or robotic surgery is effective but more invasive. Laparoscopic deroofting achieves better results than percutaneous sclerotherapy (PS) [362, 363]. Surgery carries a higher morbidity and longer hospital stay, and is reserved for PS failures or for atypical cysts. An RCT of 40 symptomatic renal cysts found percutaneous aspiration and sclerotherapy with polidocanol equal in efficacy with lower morbidity and shorter hospital stay in comparison with laparoscopic deroofting [364], supporting results from retrospective studies [365]. Percutaneous therapy is indicated in nearly all symptomatic patients, with the exception of suspected malignancy.

#### Recommendation 46

The decision on treatment modality should consider that percutaneous sclerotherapy is less invasive and associated with lower risks than laparoscopic deroofting, but has lower efficacy (LoE 2b, GoR B). Broad agreement (88%).

### Contraindications

Contraindications of renal cyst sclerotherapy are uncorrectable coagulopathy, lack of a safe percutaneous access route, atypical cystic masses where tumor is a possibility and communication with the urinary tract that should be investigated with a contrast study, either CEUS or with X-ray contrast material.

### Other imaging modalities in the work-up (CT/CEUS)

Safe guidance of sclerotherapy of renal cysts may be performed with contrast-enhanced CT [366] or US guidance combined with fluoroscopy or CEUS [279]. Preconditions are:

- ▶ the possibility to assess any communication between the cyst and the pelvicalyceal system by filling the cyst with contrast medium (for US guidance this will be performed using fluoroscopy or intracavitary CEUS),
- ▶ to exclude any leakage from the puncture site into the retroperitoneal cavity [366].

### Materials and technical aspects

A variety of substances are used for sclerotherapy of the urothelium [356, 367–376] as described for liver cysts. Sclerotherapy is

contraindicated if the contrast medium enters the collecting system. To prevent pain, an anesthetic may be injected into the cyst prior to the instillation of the sclerosing agent [377].

### Simple cyst drainage without sclerotherapy

After simple aspiration, the recurrence ranges from 30–80% [274, 377].

#### Recommendation 47

Simple aspiration should not be used in the treatment of renal cysts because recurrence is frequent (LoE 4, GoR C). Broad agreement (93%).

### Ethanol sclerotherapy

The most common sclerotherapy agent for renal cysts is ethanol [372–376]. A concentration of 95–99% destroys the secreting cells of the cyst wall without affecting the renal parenchyma [362]. Single or multiple sessions have been used, with better results but with higher complications for multiple sessions [363, 366, 373–377]. The time of exposure (in-dwell time) to ethanol varies from 3 minutes to 4 hours, most often around 20 minutes [352, 363, 373, 375, 377, 378]. The volume of ethanol injected following aspiration varies from 20–50% of the cyst volume and the maximum dose from 75–200 mL. Most studies use <100 mL of ethanol [362]. Several techniques have been evaluated to deliver a higher ethanol concentration along the entire cyst wall (limiting recurrence): use of a three-way tube to prevent air from entering the renal cyst, repetition of fluid aspiration to reduce the presence of debris adherent to the cyst wall [379], continuous-negative pressure catheter drainage [338], continuous drainage of the cyst for 24 h before therapy [380] and no drainage of the agent after finishing the procedure [381]. The results are better for smaller cysts, for two or more injection techniques and for continuous drainage [363, 372–374].

The main complications that may occur during ethanol sclerotherapy are pain, fever, and systemic reactions [362]. Alcohol intoxication is a rare complication, occurring after large volume injections. Other complications include extravasation of the sclerosing agent and bleeding, the latter being encountered more frequently after rapid percutaneous drainage [362].

#### Recommendation 48

Multiple sessions and/or prolonged drainage should be used to reduce recurrence in symptomatic large renal cysts treated with ethanol sclerotherapy (LoE 4, GoR B). Broad agreement (87%).

### Ultrasonographic follow-up

Follow-up examinations may only be necessary in symptomatic patients.

## Abdominal echinococcal cysts, puncture, aspiration, injection and re-aspiration (PAIR)

### Introduction

Echinococcosis is a chronic, complex and neglected zoonosis with widespread global distribution. 70% of cases of cystic echinococ-

sis (CE) are located in the liver [382]. US has an important role in the diagnosis, staging and follow-up of abdominal CE and is established in the interventional treatment of abdominal CE [383, 384].

### Classification

The WHO echinococcal cyst classification [385, 386] is US-based and was introduced to guide treatment options and to predict prognosis [387]. Type CE1 and CE2 are the typical active cysts. Type CE1 is unilocular, whereas CE2 is multilocular with daughter cysts. The Gharbi classification is still widely used [388]. However, only 28.8% of publications included in a systematic review used one of the standardized ultrasound classifications [389].

### Diagnosis and differential diagnosis

Determining whether a cystic lesion is a “hydatid cyst” depends on the presence of a thick wall or when membrane detachment is obvious. Simple or minimally complex cysts, as well as biliary cystadenocarcinomas or abscesses may have these features and have to be considered in the differential diagnosis.

### Imaging

US is the imaging modality most appropriate for diagnosis and differential diagnosis [386], while US guidance is usually used for intervention [390, 391]. CT is indicated when US is unsatisfactory (obese patients, difficulty in imaging due to gas/bone) [392]. MRI is usually not indicated as a guidance method for intervention but is preferred to CT for pretreatment assessment because it characterizes the internal structures of CE better [383, 393, 394].

### Serological tests

Serological tests for echinococcosis should be obtained, where available, before the procedure [395, 396].

### PAIR indication

PAIR is most appropriate for Gharbi type I and II cysts (CE1 and CE3(A) according to the WHO classification) [396, 397].

### Relative contraindications

Hydatid cysts with multiple daughter cysts and solid components (Gharbi Type III-IV and WHO CE2-CE3b) are not suitable for PAIR [384, 397, 398]. It is reported that aggressive percutaneous evacuation for these complex cysts is useful, but is not widely accepted.

### Pretreatment procedures

As with any interventional procedure, before the PAIR procedure, the patient should be carefully evaluated. Albendazole should be started one week (or at least one day) prior to the procedure for prophylaxis against abdominal contamination [399], and thereafter continued for at least one month [384, 400]. In one small RCT, adjuvant albendazole treatment decreased the recurrence rate in CE patients treated with PAIR [399].

### Procedure, puncture and drainage

The procedure consists of puncture, aspiration, injection and re-aspiration [268, 387, 401] using a 20-gauge fine needle [402, 403]. The cyst should not be punctured directly but via intervening liver parenchyma to prevent spillage of the contents into the peritoneum. Hydatid fluid is usually transparent. However, in aged or infected cysts, the color may be dark yellow and the material viscous. The aspirated fluid should be analyzed microbiologically, and also cytologically if there is suspicion of a neoplastic cystic

mass [384]. Following aspiration of the cyst fluid, a scolicidal agent such as 96% ethanol [404] or hypertonic saline (20%) [405] is injected into the cavity. The amount should not exceed 1/3 of the initial cyst volume. For cysts >600 mL, a maximum amount of 200 mL is advised [384]. After a period of 5–20 minutes, the fluid is re-aspirated [384]. With the potential for anaphylactic reactions, patients should have IV access during the procedure and vital parameters should be monitored [406]. The incidence of severe anaphylaxis is 1–2% [407]. It is crucial to exclude possible biliary communication of the cyst. Bilirubin in the aspirate can immediately be evaluated with commercially available dip-sticks. Cystography may be performed by injecting contrast material into the cyst cavity to ascertain if the cyst has a connection with the biliary system. It is suggested that if the aspirate is not clear or colorless, but contains bile, then scolicidal agents should not be administered [268]. A counter-suggestion indicates that hypertonic saline may be given with caution, with no biliary damage related to PAIR being reported [396].

### Outcome

RCTs showed PAIR to be superior to albendazole alone [408] and to surgical treatment [387, 409]. A meta-analysis comparing the clinical outcomes for 769 patients with hepatic CE treated with PAIR plus albendazole or mebendazole with 952 matched historical controls undergoing surgical treatment alone. PAIR combined with albendazole was more effective than surgery and was associated with a lower rate of adverse events and a shorter hospital stay. Clinical and parasitologic cure occurred in 95.8% of patients undergoing PAIR and in 89.8% of surgical controls and disease recurrence occurred in 1.6% and 6.3%, respectively [407]. Retrospective studies favor PAIR over surgery in Gharbi type I and II cysts and found surgical treatment most appropriate in the other Gharbi types [401, 410].

A meta-analysis reported severe adverse events (anaphylaxis, cyst infection, abscess, sepsis, biliary fistula) in 7.9% of patients treated with PAIR plus albendazole compared to 25.1% of surgically treated patients. Minor adverse events have been observed in 13.1% of patients treated with PAIR plus albendazole versus 33% of surgically treated patients [407].

#### Recommendation 49

US-guided PAIR is the most appropriate treatment for Gharbi type I and II or WHO CE1 and CE3(A) abdominal hydatid cysts (LoE 2b, GoR B). Strong consensus (100%).

#### Recommendation 50

PAIR should always be accompanied by measures to manage possible anaphylaxis (LoE 5, GoR D). Broad agreement (93%).

#### Recommendation 51

Albendazole should be started prior to PAIR (LoE 2b, GoR B). Strong consensus (100%).

### Post-procedure care

After the PAIR procedure, the patient should be turned onto the side of puncture, and kept in this position for at least 30 minutes; this may help to avoid leakage from the puncture site. The patient

should be hospitalized for one night and observed for late allergic reactions and pain. The following day, after US examination, the patient may be discharged [396].

### Follow-up

Follow-up may be scheduled at one week, one month, three months, six months after PAIR and then annually. CT may be necessary during follow-up, to better depict multiple cysts and calcification [401, 409].

## Percutaneous transhepatic cholangiodrainage (PTCD)

### Introduction

Percutaneous transhepatic cholangiography and drainage (PTCD) is a commonly used procedure for the diagnosis and treatment of benign and malignant biliary diseases [411, 412]. PTCD also allows therapeutic interventions, such as placement of a stent across a malignant stricture, dilatation of benign biliary strictures and extraction of biliary tract stones [413].

### Endoscopic retrograde cholangiography versus PTCD versus endoscopic ultrasound-guided cholangiodrainage

Endoscopic retrograde cholangiography (ERC) is the method of choice for patients with indications for (therapeutic) biliary access [414, 415]. The following surgically altered anatomical situations have a high likelihood for ERC failure: Roux-en-Y with gastric bypass, Kausch-Whipple resection, pylorus-preserving Whipple resection, Roux-en-Y with hepaticojejunostomy, choledochojejunostomy, and pancreaticojejunostomy [416]. Patients with a previously performed surgical Billroth I and II gastrectomy were not a problem for conventional ERC.

Alternative methods are PTCD, endoscopic ultrasound (EUS)-guided interventions (EUS cholangiodrainage, EUS-CD) [293] and balloon-assisted enteroscopy (BAE). BAE is only of use if the papilla or the biliary-enteric anastomosis is not reached by conventional endoscopic methods. PTCD and EUS-CD can be useful in these situations as well, if papilla cannulation or passage over a stenosis fails. Here, either method can be used for a rendezvous maneuver with ERC or as the definite procedure [417]. The role of PTCD is not clearly defined in guidelines issued by other professional societies. In malignant hilar strictures, the European Society of Gastrointestinal Endoscopy (ESGE) recommends that the choice between ERC and PTCD is based on local expertise [418] but refers to level 1 evidence for fewer infectious complications with PTCD compared to ERC. They recognize that combined expertise is not available in many centers. PTCD access is not mentioned for patients with common bile duct (CBD) strictures. The American Society of Gastrointestinal Endoscopy (ASGE) guideline for ERCP in diseases of the biliary tract and the pancreas does not mention either PTCD or EUS-guided techniques [414]. The American Society for Gastrointestinal Endoscopy (ASGE) guideline for the role of endoscopy in the evaluation and treatment of patients with biliary neoplasia [419] refers to EUS-guided or percutaneous techniques in case of failure of ERC without further information. The 2013 Tokyo guidelines on the diagnosis and treatment of cholangitis refer to PTCD as the second choice treatment in patients with cholangitis. These guidelines state that EUS-guided techniques are not well established and recommend their use only if ERC or PTCD fails [415]. EUS-guided techniques are well established as a safe and effective alternative to PTCD when ERCP fails [293].



## Special problems

### PTCD: Left versus right lobe

Typically right-sided procedures are preferred, but left-sided PTCD is feasible, both with and without US guidance [420]. A review of conventional PTCD procedures reported a non-significant increase in significant hemobilia of 1.5–5.2% if the left approach was chosen [421].

### Ultrasound guidance versus fluoroscopic guidance

A blind percutaneous puncture of peripherally located intrahepatic bile ducts has limitations especially with non-dilated bile ducts [422, 423]. Real-time imaging with US is useful for the guidance of PTCD (US-PTCD), especially in patients with non-dilated ducts and for left-sided PTCD [420, 424, 425]. Fluoroscopy delivers significant irradiation both to the patient and to the interventional team. The “As Low As Reasonably Achievable” (ALARA) principle should be applied [426].

A study comparing US-PTCD with fluoroscopy-guided PTCD [427] shows advantages for US guidance regarding intervention success and complications. The Society of Interventional Radiology guidelines does not refer to the use of US guidance for PTCD [428]. Other studies focus on feasibility, technical details or subgroups [420, 424, 425]. No prospective comparative studies are available, but authors recommend US guidance during the puncture procedure as an extrapolation from other interventional procedures where US is effective, efficient and safe in comparison to a “blind” technique, e.g. placement of central venous catheters and nerve blocks [429, 430]. CEUS has been successfully used to facilitate the efficacy of US-guided PTCD and for the detection of catheter dislodgement and other complications [431–434].

#### Recommendation 52

For initial puncture in PTCD ultrasound guidance should be considered (LoE 4, GoR C). Strong consensus (100%).

### Level of obstruction

US can be of advantage in patients with hilar obstruction to identify and allow puncture of peripheral ducts to facilitate a sufficient bile duct length for Seldinger maneuvers.

### Presence of obstruction

Patients with biliary leakage and non-dilated ducts are problematic if ERC fails. US allows targeting of certain areas in which the bile duct lumen may be seen even in the absence of duct dilatation [424].

## Percutaneous cholecystostomy



### Introduction

Acute calculous cholecystitis (ACC) is a common cause of acute surgical admission. Early cholecystectomy (CCE) is a widely accepted method of treatment [435]. Laparoscopic cholecystectomy (LCCE) in acute cases has minimal morbidity [436]. In high-risk patients morbidity and mortality increase to 14–46% [437]. Alternatively, percutaneous cholecystostomy (PC) is a bridging process, especially in otherwise healthy patients (e.g. ASA I and II) who are severely septic and may become fit in due course for semi-elective surgery [438].

US-guided percutaneous cholecystostomy (USPC), first reported in 1979 [439], was further developed [440] and has become established as a minimally invasive alternative in patients not considered fit for cholecystectomy.

### Clinical efficacy

A meta-analysis of 53 studies (n=1918 patients) showed no study comparing the outcomes of PC and CCE [441]. Successful PC was reported for 85.6% of patients. Catheter displacement was reported in 8.57% (98/1144 patients, 35 papers), and adverse events of all types, most frequently pneumonia, were seen in 6.3% (44 papers). A mortality of 15% was reported for PC, defined as 30-day mortality or in-hospital death. The mortality rate caused by biliary infection was 3.6% (64/1768 patients, 47 papers). Procedure-related mortality rate of PC was 0.4% (7/1861 patients, 51 papers). The mortality after elective CCE following USPC was 15.4% [441]. A decrease in mortality from 22% in 1996 to 13.3% in later studies is recorded [442–446].

Most studies lack comparative data so the conclusions are subjective, preventing valid comparison of success, morbidity, mortality and adverse events [447]. A comparative study of USPC followed by LCCE and primary LCCE in two matched groups of high-risk patients found USPC combined with LCCE superior to LCCE alone with regard to duration of operation, conversion rate to open CCE, length of postoperative hospital stay, and adverse events [448]. A retrospective study comparing outcomes of USPC followed by LCCE compared with LCCE alone in elderly high-risk patients with acute cholecystitis reported a significantly lower rate of conversion to open CCE for patients treated with USPC followed by LCCE. Perioperative mortality and postoperative morbidity did not differ between the two treatment strategies [449]. Examination of outcomes of PC and CCE in patients with acute cholecystitis (n=248 229 calculous and 58 518 acalculous acute cholecystitis patients) found patients receiving PC were more likely to be older with additional comorbidities. Patients treated with PC had lower complication rates compared with patients treated by CCE. However, patients who received PC had a higher mortality and longer length of stay [450].

Patients with grade III acute CC [451] defined as having cardiovascular dysfunction (hypotension requiring catecholamine therapy), neurological dysfunction (reduction of consciousness), respiratory dysfunction, renal dysfunction, hepatic or hematological dysfunction (platelets below 100 000/ $\mu$ L) are thought to be candidates for the interventional approach. In pregnant women with failure of conservative treatment [452], USPC has been suggested particularly during the 1<sup>st</sup> and 3<sup>rd</sup> trimester. Multi-disciplinary discussion between the surgeon, the gynecologist and the interventionalist is necessary in these patients.

With high-risk hemodialysis patients, allocating patients unfit for surgery to USPC, USPC patients had a worse outcome than CCE patients. This may be attributed to the different risk assessment of both groups rather than to a higher risk of USPC [453].

Poor candidates for surgery due to chronic illnesses can also be treated conservatively, and USPC can be reserved for patients not recovering after 3 days. This approach cannot be used in patients with severe sepsis, who should be treated as soon as possible [454]. Evaluation of US-guided PC (USPC) for patients with acute acalculous cholecystitis (AAC) is more difficult because it is normally a complication of serious medical and surgical illnesses [455, 456]. A study compared clinical efficacy and adverse events of PC and CCE in a large group of severely ill patients with AAC and showed PC to be a safe and cost-effective bridging treatment strategy,

with perioperative outcomes superior to those of open CCE. Compared with open or laparoscopic CCE (n = 1021), PC (n = 704) was superior in terms of morbidity, intensive-care unit admissions, length of hospital stay, and costs [457]. Two studies showed that in seriously ill patients with AAC, PC is an effective procedure and a good alternative for patients unfit to undergo immediate surgery because of severe sepsis or an underlying comorbidity, and may be regarded as a definite treatment option in the majority of patients [444, 445].

In severely ill patients with suspected AAC, USPC should not be performed before diagnostic assessment has confirmed the diagnosis, with USPC being preferable to surgery in severely ill patients. A study comparing USPC with gallbladder aspiration in patients with acute cholecystitis showed superiority of USPC in terms of clinical outcome, but similar complication rates [458]. A comparison of both methods suggested similar clinical efficacy, but reported lower complications for gallbladder aspiration [459].

Data is limited with respect to the duration of gallbladder drainage. Before removal of the drain, laboratory and clinical data should confirm resolution of sepsis [460]. Patients should be re-evaluated following recovery to assess fitness for elective surgery. Cholecystitis recurrence of 10–30% is reported, and should be weighed against the mortality and morbidity risk in the individual patient. In severely chronically ill patients, recovery is rarely achievable and USPC may be regarded as the definitive treatment. If cohorts treated with both methods are compared, patients with USPC typically have a higher morbidity and mortality than CCE patients, explained by the difference in the patient's acute or chronic health status. According to a meta-analysis of the available data, elective surgery was performed in 38% (681/1787, 48 papers) [441] and emergency surgery in 4.5% (77/1724; 47 papers).

#### Recommendation 53

Percutaneous ultrasound-guided gallbladder drainage may be considered in patients with acute calculous cholecystitis assessed to be unfit for surgery (LoE 3b, GoR B). Strong consensus (100%).

#### Recommendation 54

In patients with acute acalculous cholecystitis unfit for surgery, percutaneous ultrasound-guided gallbladder drainage should be considered after diagnostic puncture (LoE 2c, GoR B). Strong consensus (100%).

### Drainage route

The transhepatic route has advantages regarding tract formation and the avoiding of peritonitis [442, 461]. The transperitoneal approach has been reported to be no different in relation to complications, but formation of a mature tract without leakage as a precondition for catheter removal is significantly delayed compared with the transhepatic approach [461–463]. EUS-guided transmural gallbladder drainage may be performed as an alternative to USPC [293].

#### Recommendation 55

Ultrasound-guided percutaneous gallbladder drainage should be performed transhepatically (LoE 2b, GoR B). Strong consensus (100%).

## Percutaneous gastrostomy



### Introduction

Gastrostomy can be offered when oral food uptake is temporarily or permanently compromised. Gastrostomy may be used in patients with neurological disorders (e.g., neurological degeneration) and advanced (oncological) diseases, e.g. in gastrointestinal stenosis with intractable vomiting where surgical treatment is not feasible or is declined. The endoscopic approach (percutaneous endoscopic gastrostomy, PEG) with the “pull” technique is the most common technique. An alternative is the introducer technique (“push” technique). There is evidence that the introducer technique causes fewer peristomal infections [464, 465].

### Image-guided percutaneous gastrostomy (without endoscopic access)

The percutaneous approach (image-guided percutaneous gastrostomy, PG) can be performed under fluoroscopy (radiologically inserted gastrostomy, RIG) or US guidance (USPG). A multicenter survey of RIG with 684 patients in 17 centers found a mortality of 1% and a complication rate of 5% [466]. With PEG, a prospective study (n = 484) reported a high incidence of complications at 2 and 8 weeks of 39% and 27%, respectively [467]. A retrospective study [468] compared PEG and RIG insertions and found PEG to be superior with regard to early mortality, mainly from pneumonia.

US guidance in experienced hands allows the identification of the position of (a) the stomach, (b) the liver, and (c) in most instances, the transverse colon. Usually the stomach is filled with water by a nasogastric tube, but if US is used to assist endoscopy, air distension is sufficient.

US may be used in the following situations:

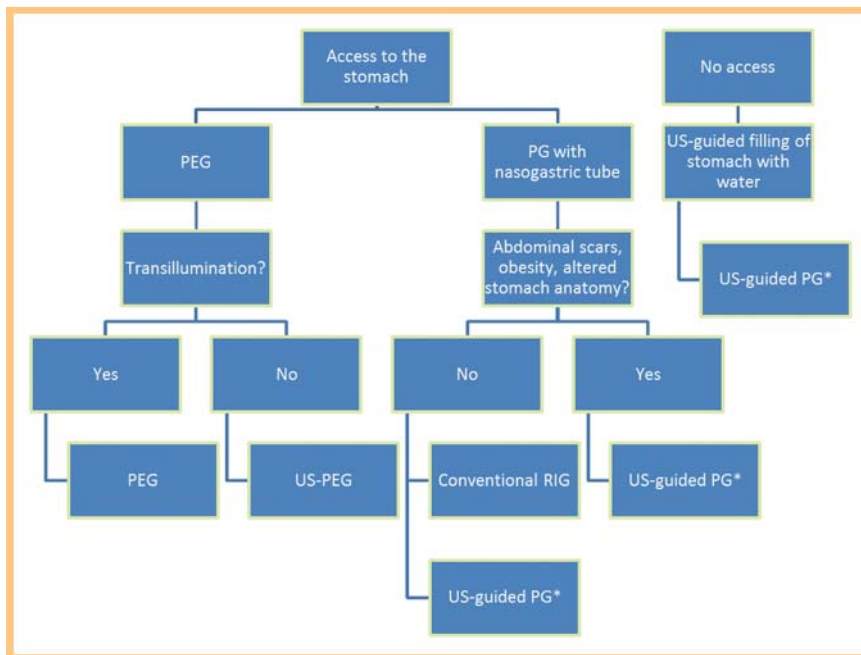
- ▶ In cases of anticipated difficulty locating the stomach (scars, advanced gastric cancer, obesity, surgically altered stomach anatomy).
- ▶ In endoscopic approach when transillumination fails.
- ▶ In cases without access to the upper gastrointestinal tract (complete esophageal obstruction).

In 15 patients with failure of endoscopy, all but one eventually had successful USPG. The reasons for the failure of PEG were scar formation, unusual stomach location, obesity, tumor infiltration and peritoneal carcinosis [469]. It is reported that US together with fluoroscopy after filling the stomach with water via a nasogastric tube is a feasible technique [470]. 154 patients underwent US-guided stomach puncture using this water-filled stomach method and T-fastener insertion was possible in all patients. The authors then switched to fluoroscopy and placed a 14F feeding tube. Mortality was 2% and major complications occurred in 3% [471]. Following failed endoscopy in 11 patients, a new gastropexy device had a 100% success rate [472]. If USPG is performed, the procedure should include gastropexy (via T-fasteners or anchors) to prevent catheter dislodgement.

#### Recommendation 56

In cases in which conventional endoscopically guided gastric puncture fails, ultrasound-assisted gastric puncture may make it possible to accomplish percutaneous gastrostomy (LoE 4, GoR C). Broad agreement (76%).

The use of US guidance for PEG in patients in whom the conventional technique with a nasogastric tube was not possible (upper



**Fig. 1** Ways to perform percutaneous gastrostomy, focusing on the use of ultrasound guidance. \*Most investigators use ultrasound for puncture and filling of the stomach and switch to fluoroscopy to guide the wire and dilator and to perform tube maneuvers.

gastrointestinal tract obstruction) and prevented air filling of the stomach has been reported. In 26/27 patients a stomach puncture under US guidance with a 22 gauge needle was possible to allow air insufflation [473]. Similar success was reported in 7/9 patients with the same technique [474].

#### Recommendation 57

When placing a nasogastric tube is not possible, the stomach can be punctured under ultrasound guidance and distended with air or water to facilitate percutaneous image-guided gastrostomy (LoE 4, GoR C). Broad agreement (86%).

Antibiotic prophylaxis is mandatory for PEG using the pull technique for prevention of peristomal infection. For introducer techniques, antibiotic prophylaxis is not necessary. The database for antibiotic prophylaxis in PEG is comprehensive [475]. There is data for RIG showing no wound infections [466]. In general, the introducer technique has a lower infection rate [465]. Data from US-guided techniques are not available but may be extrapolated from data for RIG. (● Fig. 1)

## Percutaneous nephrostomy



### Introduction

Percutaneous nephrostomy (PCN) remains the procedure of choice for temporary drainage of the obstructed collecting system when the transureteral (or retrograde) approach is not indicated or feasible [476, 477]. PCN is also used for urinary diversion and to gain access to the urinary tract for subsequent interventional urologic procedures. PCN can be successfully performed in 95–98% of patients who have a dilated renal collecting system [268].

Nephrostomy placement can potentially injure the five surrounding structures: the pleura, the diaphragm, the colon, the spleen and the liver. In practice, pleural and diaphragm injuries are by far the most common, with colon injury occasionally reported and spleen or liver injury rarely reported. The risk of pleural

transgression or diaphragmatic injury is minimized when nephrostomy placement is below the 12th rib [478]. Approximately 5% of patients lying prone have a retrorenal colon at the level of the lower renal poles [479, 480].

### Indications and contraindications

#### Indications

PCN may be performed for diagnostic or therapeutic purposes [481, 482].

- ▶ Relief of urinary obstruction related to malignancy, urinary stones or iatrogenic causes [482].
- ▶ Pyonephrosis and obstructive acute pyelonephritis.
- ▶ Urinary diversion in patients with urinary fistula, leakage or hemorrhagic cystitis [478, 483].
- ▶ Access for endourologic procedures, such as nephrolithotomy and removal of urinary stones, dilation or stenting of a ureteral stricture [481].
- ▶ Diagnostic testing, such as antegrade pyelography, ureteral perfusion (Whitaker test) [478].
- ▶ Specific situations, e.g., uroenteric diversion.
- ▶ Treatment of urolithiasis in transplanted kidneys and external malignant obstruction [484–487].

#### Contraindications

There is no absolute contraindication for PCN, but the benefits and risks must be weighed for each individual [481, 482]. Relative contraindications are:

- ▶ Renal vascular malformations such as an arterial aneurysm [478],
- ▶ Severe life-threatening electrolyte imbalances such as hyperkalemia, or severe metabolic acidosis [481],
- ▶ Severe coagulopathy [488].

#### Imaging modalities

The optimal imaging methods to guide PCN vary at individual centers. The procedure can be performed with the guidance of fluoroscopy, US, CT, and various combinations of those techniques [489–491].

## Fluoroscopy

Radiological methods may be necessary to determine whether the puncture needle and PCN catheter have been successfully inserted into the renal pelvis and to determine the site and degree of obstruction [492, 493].

## Ultrasound guidance

US-guided puncture of the collecting system with subsequent placement of the drainage tube under fluoroscopic control is regarded as the standard technique for PCN, particularly in the absence of dilatation of the urinary tract [478, 494, 495]. US is helpful to identify the most appropriate calyx for puncture and the presence of stones or blood clots or other intraluminal filling defects and to avoid damage to surrounding organs [496]. In addition, it is an ideal method for patient follow-up [496].

### Recommendation 58

Percutaneous nephrostomy can be effectively performed under ultrasound guidance (LoE 2b, GoR B). Strong consensus (100%).

Injection of US contrast agents via a needle or catheter can also confirm whether the needle or PCN catheter have been correctly inserted in the renal pelvis, with reduction in radiation exposure which may be especially important in the first trimester of pregnancy [492]. Fluoroscopy is recommended to determine the position of the needle and guidewire. The catheter can be visualized by injecting diluted US contrast agent.

## Pre-procedure preparation

Hyperkalemia and coagulopathy should be corrected prior to the procedure [482]. Prophylactic antibiotics are widely used in preparing patients for PCN [497], but are not recommended if the urine is sterile. Antibiotic cover is mandatory in pyonephrosis. Other aspects of patient preparation are identical to those of other interventional procedures; adequate fasting is required if conscious sedation is planned [481].

## Technical aspects and indications

### Methods

#### Positioning

The risk of adjacent organ injury during percutaneous nephrostomy is minimized when the nephrostomy is inserted below the 12th rib. Catheter placement through a calyx, rather than through an infundibulum or directly into the renal pelvis, has the lowest risk of vascular injury. Attempts should be made to achieve catheter placement through a calyx, particularly if percutaneous nephrolithotomy or other large-bore catheter placement is considered [478]. A 22–20 gauge needle is recommended for ultrasound-guided PCN if the Seldinger technique is used to introduce the 0.018 inch guidewire. The introducer is then inserted and provides access to the standard 0.035 inch guidewire.

#### Seldinger or trocar technique

Several direct and wire-guided (Seldinger) methods of PCN tube placement have been described. US-guided PCN tube placement has a success rate of 92–94% [498, 499]. The trocar and Seldinger techniques are equally effective [500].

#### Size

The catheter size depends on the purpose of the nephrostomy. A 6–10F catheter is recommended for PCN while simple urine drain-

age can be achieved with a 5–8F catheter. If the collecting system is punctured for further procedures (e.g., tumor or stone removal) or in procedures complicated by gross hematuria, a larger catheter may be considered (14–22F).

The smaller tubes are less traumatic and easier to insert but do not drain the kidney as effectively as larger tubes and are less effective in decompressing the urinary tract. Larger tubes cause more trauma and are slightly more difficult to insert but offer better drainage of the kidney and decompression of the urinary tract. Malecot-type catheters require a skin suture, while balloon catheters do not. Catheters that are indwelling in the renal pelvis are more secure than nephro-stent-type tubes [501].

### Recommendation 59

In percutaneous nephrostomy, access via the posterior-inferior calyces should be attempted to reduce the risk of pleural and vascular injury (LoE 5, GoR D). Strong consensus (100%).

## Post-procedure catheter management and patient care

Vital signs should be monitored during initial recovery (> 24 hours) [481]. Urinary output should be charted. Urine will be blood-tinged initially but prolonged hematuria (> 24–48 hours) should serve as an alert to persistent bleeding from vascular injury [481, 502]. If bleeding occurs, the catheter should be clamped off to tamponade the collecting system. If there is a low risk of infection, antibiotics may be discontinued. However, intravenous antibiotic therapy continues for patients with pyonephrosis, fever and chills. The catheter should be routinely flushed with normal saline and aspirated to reduce blockage [268]. Long-term indwelling catheters should be changed every 4–6 weeks [268].

## Complications

Major complications can be classified into three types: Severe bleeding (hemorrhage) [482, 502–504], injury to adjacent structures (such as pleural involvement, colonic perforation) [482, 502, 505] and severe infection/sepsis [481, 506, 507]. The incidence of major complications ranges from 0–8% [476, 491, 508, 509]. Minor complications occur in 2–38% [476, 491, 508, 509]. Transient gross hematuria is usually present. Other minor complications that may be seen include urine leakage, pain, fever and catheter-related complications (obstruction or dislodgement).

## Suprapubic puncture of the bladder



### Introduction

Suprapubic puncture of the bladder is a safe and reliable method to drain the bladder, while avoiding urethral catheterization [510]. US guidance improves the success rate [511–514]. A study reported a success rate of 95.8% for catheter insertions using US guidance in 24 patients where insertion of a suprapubic catheter without image guidance had failed [515], and the British Association of Urological Surgeons (BAUS) guidelines have recommended US guidance whenever possible [516].

US is recommended to assess the position and volume of the bladder, and to avoid the inadvertent puncture of other structures [517, 518].



**Recommendation 60**

Puncture and drainage of the urinary bladder should be performed under ultrasound guidance (LoE 1b, GoR B). Strong consensus (100%).

**Main indications**

Suprapubic puncture of the bladder is indicated in pathological conditions of the bladder, prostate or urethra that require temporary or permanent drainage of the bladder when urethral catheterization is not possible or is contraindicated.

**Contraindications to percutaneous US-guided procedure**

- ▶ Absence of visualization of the bladder on US.
- ▶ Uncorrected coagulopathy.
- ▶ Other relative contraindications are those secondary to complex anatomy due to congenital disorders, habitus, previous surgery or infiltrative pelvic cancer.

Suprapubic puncture can be performed using CT guidance if the bladder is seen on US and if the bladder contains large amounts of air (e.g. in patients with an indwelling urethral catheter) as well as in cases of pelvic trauma, congenital disorders or previous complicated surgery [514].

**Materials and technical problems**

The procedure is performed under sterile conditions after the administration of local anesthesia. Sedation may be useful in selected cases. The bladder is filled by transurethral catheter or, when urethral catheterization is not possible, a US-guided suprapubic approach is used to instill saline. The position and volume of the bladder are identified by US and US is helpful for real-time guidance of the percutaneous puncture [517, 518]. Both needle-guide and free-hand techniques may be used, and fluoroscopy or US contrast agent administration can guide final placement of the catheter after voiding. Different suprapubic techniques have been described. Catheters are placed by either the Seldinger (the safest way) or the trocar technique, with dilation of the percutaneous track when necessary. At the end of the procedure, the catheter must be fixed to the abdominal wall. Catheters of 10F are large enough to relieve acute urinary retention. Large catheters (> 16F) are recommended in patients who require prolonged drainage of the bladder in circumstances such as bladder rupture or complicated urethral stricture [510]. Smaller catheter (5–7F) can be used for suprapubic cystography in order to fill the bladder with diluted iodinated contrast agents.

**Complications**

US guidance can decrease the complication rate of suprapubic puncture [510, 514, 519]. Major complications are rare and include perforation of intestinal loops [520]. Minor complications include pain, infection, hemorrhage, blockage, hematuria and catheter misplacement, all of which are less common when US guidance is performed [514, 519, 521].

**Palliative care**

Palliative care patients often have alterations in locoregional anatomy, vascular patterns and coagulation factors. Therefore, for any invasive procedure it is recommended to consider US guidance to improve safety and help minimize complications and patient dis-

comfort. There are no contraindications of US-guided procedures in palliative care [522]. The management of cancer complications indicates potential roles for home-performed US and US-guided procedures at the end of life [523].

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