Techniques for Preservation of the Frontotemporal Branch of Facial Nerve during Orbitozygomatic Approaches

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Introduction

The orbitozygomatic (OZ) approach is a common choice for difficult lesions in the parasellar and perimesencephalic area, cavernous sinus, and petroclival region.¹–¹⁰ However, the extensive soft tissue dissection necessary to expose the zygomatic arch and lateral orbital rim poses a risk to the frontotemporal branch (FTB) of the facial nerve. Damage to the FTB results in an unpleasant cosmetic defect in the face caused by weakness of the orbicularis oculi, frontalis, and corrugator supercilii muscles.¹¹–¹⁶ Therefore preservation of the FTB of the facial nerve requires a detailed understanding of its course and the complex fascial planes in the frontotemporal region.

Abstract

Background  During orbitozygomatic (OZ) approaches, the frontotemporal branch (FTB) of the facial nerve is exposed to injury if proper measures are not taken. This article describes in detail the nuances of the two most common techniques (interfascial and subfascial dissection).

Design  The FTB of the facial nerve was dissected and followed in its tissue planes on fresh-frozen cadaver heads. The interfascial and subfascial dissections were performed, and every step was photographed and examined.

Results  The interfascial dissection is safe to be started from the most anterior part of the superior temporal line and followed to the root of the zygoma. The dissection is continued on the deep temporalis fascia (DTF), and the interfascial fat pad is elevated. With the subfascial dissection, both the superficial temporalis fascia and the DTF are elevated. The interfascial dissection exposes the zygomatic arch directly, whereas the subfascial dissection requires an additional cut on the DTF to expose the zygomatic arch. Proper subperiosteal dissection on the zygomatic arch is another important step in FTB preservation.

Conclusion  Detailed understanding of the complex relationship of the tissue planes in the frontotemporal region is needed to perform OZ exposures safely.

Material and Methods

Four frontotemporal regions (two cadaveric heads) were studied. The specimens were fresh-frozen thawed, which allows for good preservation of individual tissue planes and precise identification of the neurovascular structures in the
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Results

Interfascial Dissection

The skin incision begins just in front of the tragus, extends superiorly to the superotemporal crest, then curves anteriorly, crossing the midline. The incision is maintained behind the hairline for the entire course (Fig. 1). A larger skin incision allows less retraction of the flap and avoids retraction-induced injury to the FTB. The galea is separated from the pericranium in the loose areolar tissue plane (between the pericranium and galea) above the superior temporal line, and inferiorly the temporoparietal fascia (TPF) is then separated from the temporalis fascia in the same loose areolar tissue plane. Care is taken not to extend the dissection too inferiorly (below the level of the frontal process of zygoma) in the anterior zygomaticotemporal region because the loose areolar tissue between the TPF and the temporalis fascia is absent, and there is loss of the dissection plane and a greater risk of injury to the FTB of the facial nerve in this region (Fig. 1). Once the landmark where these adhesions start is reached (inferior temporal septum), it is safer to keep the dissection plane in the loose areolar tissue between the TPF and the temporalis fascia close to the superior temporal line. In the superolateral orbital rim area, the loose areolar tissue between the TPF and the superficial temporal fascia (STF) is present and easily dissectible. After the skin flap is raised, the interfascial splitting is started from the most anterior part of the superior temporal line where the STF and the deep temporalis fascia (DTF) are continuous and easily identifiable. The STF is cut with scissors, and dissection is continued obliquely toward the root of the zygoma (the beginning of the skin incision in front of the tragus). The dissection is continued on the DTF, below the interfascial fat pad, and the fat pad is elevated together with the STF thus exposing the lateral orbital rim. The final key step is subperiosteal dissection on the zygoma and lateral orbital rim that reveals the orbitozygomatic bar.

Subfascial Dissection

The same skin incision and initial steps are performed until the temporalis fascia is exposed at the beginning of the incision (Fig. 2). The temporalis fascia is incised along the skin incision to the temporalis muscle fibers, and the dissection is started between the muscle fibers and the temporalis fascia. Another temporalis fascia cut is made along the superior temporal line (STL). On the STL a fascial cuff is left that is used for later closure (Fig. 2). The dissection is continued along the superior temporal line anteriorly to the lateral orbital rim. The temporalis fascia splits into superficial and deep layers ~2 cm before its insertion on anatomical regions of interest. The facial nerve was identified at its exit from the stylomastoid foramen and dissected distally; the FTB of the facial nerve was carefully dissected and followed in its tissue planes. The interfascial and subfascial dissections were performed, and every step was photographed and examined. A review of the literature was carried out.

Fig. 1 Interfascial dissection presented in a stepwise fashion: right frontotemporal region. (A) Skin incision used for the right orbitozygomatic approach. The incision starts at the zygomatic arch, just in front of the tragus, continues to the superior temporal line, curves just behind the hairline, and reaches the midline. Dissection of the superficial tissue planes at the beginning of the skin incision: The skin and the subcutaneous fat are separated from the temporoparietal fascia (TPF), and the TPF is dissected from the superficial temporals fascia (STF) in the loose areolar tissue plane, located between these two fascial layers. The superficial temporal artery (STA) most commonly runs within the TPF and is dissected and protected. The blue arrow points to the beginning of the interfascial dissection on the anterior part of the superior temporal line where the STF and the deep temporals fascia (DTF) are continuous. In the inferior and anterior portion of the dissection, in the zygomaticotemporal angle, the superficial fat pad is seen. This is the danger zone for the FTB of the facial nerve because of the thick adhesions between the TPF and STF. In contrast to the superolateral orbital angle, where the loose areolar tissue between the TPF and the STF is very well developed, in the inferior zygomaticotemporal angle there is no loose areolar tissue in this area, respectively, and no dissection plane between the TPF and the STF. The FTB of facial nerve is exposed to injury if dissection is continued in this area. (B) The STF is cut. The DTF and the interfascial fat pad are identified. The STF cut is extended obliquely toward the root of the zygoma, thus avoiding the anterior zygomaticotemporal angle. By lifting the STF with the tip of the scissors before each cut, there is no danger of slipping between the individual tissue planes. After the STF is cut, the interfascial fat pad is elevated, and the dissection is kept close to the DTF toward the lateral orbital rim. As long as the dissection is below the interfascial fat pad on the DTF, there is little danger for the FTB of the facial nerve. (C) Microsurgical dissection of the branches of the FTB of the facial nerve after the interfascial dissection was performed. Note the localization of the branches above the superficial leaflet of the temporalis fascia.
the lateral orbital rim and zygomatic arch. By keeping the dissection in the tissue plane between the muscle fiber and the temporalis fascia, both fascial layers (superficial and DTF) are elevated together with the interfascial fat pad. The main difference compared with the interfascial technique is that an additional cut on the DTF should be made to expose the bone at the lateral orbital rim and on the zygomatic arch (∗Fig. 3). The final key step is subperiosteal dissection on the zygomatic arch and lateral orbital rim that reveals the orbitozygomatic bar. By performing the subfascial dissection, both STF and DTF are elevated together with the fat pad providing a wide exposure of zygomatic bone and lateral orbital rim (∗Fig. 4).

Discussion

The FTB is at risk of injury during soft tissue dissection using OZ approaches. If the proper technique for FTB preservation is not used, the incidence of FTB palsy could reach 30%.13,15 Therefore to perform these approaches correctly they should be studied in the context of the relevant anatomy of the complex course of the FTB of the facial nerve and the individual fascial planes in the frontotemporal region.

The Frontotemporal Branch of Facial Nerve Anatomy

The VII nerve exits the foramen stylomastoidium, crosses the mandible ~ 2.5 cm below the zygomatic arch, and enters the parotid gland where it divides into five branches: frontal, zygomatic, buccal, mandibular, and cervical (∗Figs. 1 and 5). The FTB branch of the facial nerve crosses the zygomatic arch ~ 2.0 cm (range: 0.8–3.1 cm) from the tragus and gives three main rami: the auricularis (posterior), frontalis (middle), and orbicularis (anterior).14–16,18–20 At the level of the zygomatic arch, the FTB branches cross in the fibro-fatty layer underneath the TPF.15,17,19,21,22 The ramus auricularis runs posteriorly and innervates the temporoparietal, auricular, and
tragal muscles. Superior to the zygomatic arch, the FTB branches run within the TPF. This was also confirmed in our study. The location of the frontal (middle) ramus, which is the longest one, above the zygomatic arch is located just above the TPF (we divided the TPF to expose the nerve). Several small twigs (ramus orbicularis or anterior ramus) run in the fat pad above the superficial leafllet of the temporalis fascia innervating the orbicularis oculi muscle. Branches from the zygomatic nerve innervate the latter also. Anteriorly the superficial temporalis fascia (STF) is very thin, and the interfascial (between the STF and deep temporalis fascia) fat pad could be visualized.

During our dissections we did not find such an aberrant twig of the FTB, but this might be due to the limited number of specimens dissected (two in our study) to detect such aberrant twigs of the FTB.

In their article, Coscarella et al. point out that the superficial temporal artery (STA) could serve as a potential landmark to help guide subfascial or interfascial dissection during OZ approaches. In their study the ramus frontalis appeared to run parallel and just caudal to the frontal branch of the STA. There is general agreement that the FTB of the facial nerve is anteroinferior to the frontal branch of the STA. However, Lei et al. found that this relationship
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Individual Tissue Planes in the Temporal Region and Their Relevance to the Technique for FTB Preservation

The FTB of the facial nerve runs in a complex relation to the musculoaponeurotic system of the frontotemporal region. The TPF above the superior temporal line is a single layer continuous with the galea, and below the zygomatic arch it is continuous with the musculoaponeurotic system of the face.\textsuperscript{11,18,19} Between the TPF and temporal fascia is a layer of loose areolar tissue that is very well present superiorly over the superior temporal line and lost along a curved line between the superolateral border of the orbit and the zygomatic arch.\textsuperscript{15,17,19}

The temporal fascia is a single layer over the upper and posterior part of the temporals muscle. However, 1 to 2 cm before its insertion on the lateral orbital rim and zygomatic arch, the temporal fascia splits into two layers, the STF and the DTF, that attach anteriorly to the lateral and medial borders of the zygomatic arch.\textsuperscript{11,15,16,18,19} Between these two layers is a constant sickle-shaped interfascial fat pad.\textsuperscript{16} However, two other distinct fat pads are described in the frontotemporal region: the suprafascial fat pad that lies anteriorly in the zygomaticotemporal region in a plane between the TPF and STF and the subfascial fat pad that overlies the temporal muscle and is located below the DTF.\textsuperscript{11,18}

As Salas et al report\textsuperscript{15} in their detailed anatomical and histologic study of the frontotemporal region and the FTB of the facial nerve, above the zygomatic arch the nerve runs in the deepest part of the TPF. In the most anterior zygomaticotemporal region, the plane below the TPF is lost, 3 cm behind the lateral border of the orbit to a point along the lateral orbital border that is 2.3 cm superior to the zygomatic arch.\textsuperscript{15} According to their study there is no loose areolar tissue, the fascia is a thick fibro-fatty membrane, united with the STF via multiple adhesions. This adhesion between the TPF and temporals fascia is also described by others as the inferior temporal septum, lying an average 27 mm above the zygoma at the level of the frontal process of the zygoma and 21 mm above the superior border of the zygoma at its midportion.\textsuperscript{17} Due to the fusion of these three layers (TPF, loose areolar tissue, STF), there is no clear dissection plane, and the FTB of the facial nerve is at a greater risk of injury in case a dissection is performed to reach the zygomatic arch.

In contrast, over the superolateral angle of the orbital rim, the FTB courses above the TPF. The loose areolar tissue between the TPF and the STF is present and easily dissectible.\textsuperscript{15,18,19} There are no adhesions between the two fascial layers in this location, and the dissection can be easily and safely performed. Although we did not perform histologic sections in our study, during the microsurgical dissection of the facial nerve, the thick adhesions between the individual fascial layers were also identified in the anterior zygomaticotemporal region (\textsuperscript{\textbullet} Fig. 1).

Therefore if interfascial dissection is contemplated, it can be performed safely until the fibrous attachment between the TPF, loose areolar tissue, and temporal fascia are reached.\textsuperscript{17,19} Once the landmark where the adhesions begin is reached, it is safer to keep the dissection plane in the loose areolar tissue between the TPF and the temporals fascia close to the superior temporal line where this dissection plane between the two layers is apparent and safe for the FTB of the facial nerve and not below the frontozygomatic suture, anteriorly in the zygomaticotemporal region. By making a cut on the STF on the superior temporal line (where the STF and DTF are continuous), one can easily identify both fasciae and the interfascial fat pad. The oblique cut of the STF toward the root of the zygoma avoids the anteriorly located risk zone for the FTB.\textsuperscript{15,19} By elevating the STF with the scissors tip by each cut, one can avoid mistaking the individual tissue planes.

The STF in its most anterior part is very thin and transparent, and the interfascial (between the STF and the DTF) fat pad could sometimes be visualized (\textsuperscript{\textbullet} Fig. 1). As in the first description by Yaşargil et al,\textsuperscript{16} the STF cut should be done when the interfascial fat pad is noted. However, as Ammirati et al\textsuperscript{11} point out in their paper, one could mistake the subgaleal fat pad for the interfascial one, which increases the chances for mistakes and injury to the FTB as one may slip from the STF into the subgaleal plane during interfascial dissection. By starting the dissection from the superior temporal line as previously described, one could possibly avoid such a mistake. As long as the following dissection is below the interfascial fat pad, the risk for the FTB is minimal\textsuperscript{12,13,15,16,26} (\textsuperscript{\textbullet} Fig. 1).

At the level of the zygomatic arch, a subperiostal dissection is the key to protect the facial nerve and should start either from the orbital rim down and backward or from the level above the temporomandibular joint forward.\textsuperscript{19} As an alternative to the interfascial dissection, the combined frontotemporal scalp/temporal fascia dissection (subfascial dissection) could be performed that is anatomically suited to preserve the temporal branch of the facial nerve and its variations that may run within the fat pad.\textsuperscript{10,12,14,15} The DTF is incised on the medial aspect of the zygoma to expose it. With this maneuver, both fascial layers are released, and the flap can be reflected forward and over the lateral side of the zygoma. There is virtually no chance to injure the FTB of the facial nerve\textsuperscript{14} (\textsuperscript{\textbullet} Figs. 2 and 4).

Conclusion

A clear understanding of the complex relationship between the individual tissue planes and the course of the FTB of the facial nerve are needed to perform OZ approaches safely. If an interfascial approach is contemplated, it is safe to start the dissection from the most anterior aspect of the superior temporal line and to cut the STF obliquely toward the root of the zygoma and not extend the dissection in the anterior zygomaticotemporal area below the frontozygomatic suture because of the danger of injury to the FTB of the facial nerve.
Further, the dissection should be kept close to the DTF below the fat pad. However, the subfacial dissection offers a simple and safe elevation of both temporalis fasciae with the interfascial fat pad, and thus it protects the FTB including its potential variable twig.

Notes
We presented this work as an e-poster at the World Federation of Neurosurgical Societies (WFNS) meeting, Seoul, South Korea, September 8–13, 2013.

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