Simple but reliable endoscopic sliding closure with ring-shaped surgical thread after endoscopic submucosal dissection

Although several reports have suggested that the inflammation after endoscopic submucosal dissection (ESD) of the colon can be reduced by closure of the ulcer [1, 2], a simpler and more reliable closure has not been reported for ulcers over 6cm in diameter.

A 68-year-old woman was diagnosed with both advanced sigmoid colon cancer without metastases and early lower rectal cancer by colonoscopy. Placement of a self-expandable metallic stent was contraindicated, and therefore a prompt laparoscopic left hemicolectomy was required. As the early lower rectal cancer was located within approximately 1.5 cm of the anal verge (Fig.1a), en bloc resection by ESD was necessary to avoid a permanent stoma. There was very little preparation time before the laparoscopic surgery because of the risk of ileus, and consequently it was necessary to ensure complete closure of the post-ESD ulcer.

An endoscopic sliding closure (ESC) was performed using ring-shaped thread (8, 10, and 12 mm in diameter). First, a 12-mm ring-shaped surgical thread was used to bring together the two sides of the ulcer at its widest point. The ring thread was inserted into the colon through the endoscope channel using grasping forceps and clipped at the two points across the maximal diameter (Fig.1b). A third clip then grasped one side of the ring thread and was drawn across to the edge of the ulcer, pulling the first two clips and the ulcer sides together (Fig.1c). The process was repeated at two other sites on the ulcer using the 8-or 10-mm ring threads (Fig.1d). After the ulcer sides had been drawn together in this way, conventional clipping closure was performed to close the ulcer completely (Fig.1e). To avoid a mucosal bridge, the clips were applied to the inverted muscular layer under deflation, which ensured that the serosal side was not exposed (Video 1).

At follow-up 7 days after ESD, the ulcer remained closed tightly (Fig.1f).

ESC is a very simple and reliable closure method.

Endoscopy_UCTN_Code_TTT_1AQ_2AC

Competing interests: None
Hirohito Mori, Hideki Kobara, Noriko Nishiyama, Shintaro Fujihara, Nobuya Kobayashi, Tsutomu Masaki
Department of Gastroenterology and Neurology, Kagawa University, Kagawa, Japan

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DOI http://dx.doi.org/10.1055/s-0034-1392605
Endoscopy 2015; 47: E428–E429
© Georg Thieme Verlag KG
Stuttgart · New York
ISSN 0013-726X

Corresponding author
Hirohito Mori, MD, PhD
Department of Gastroenterology and Neurology
Kagawa University
1750-1 Ikenobe
Miki, Kita
Kagawa 761-0793
Japan
Fax: +81-87-8912158
hiro4884@med.kagawa-u.ac.jp