Adenocarcinoma arising from ectopic gastric mucosa in an esophageal inlet patch: treatment by endoscopic submucosal dissection

A 62-year-old man was referred for further diagnostic work-up and treatment of a focal lesion within a large area of ectopic gastric mucosa (EGM) in the proximal esophagus. The lesion was diagnosed during an upper gastrointestinal endoscopy which had been performed because of suspected gastroesophageal reflux disease.

We confirmed a semicircumferential area of ectopic gastric mucosa reaching from 16 to 19 cm from the incisors and containing a 7-mm nodular lesion (Fig. 1a). Narrow band imaging (NBI) combined with magnifying and underwater endoscopy showed the irregular surface and irregular vascular pattern of the nodule, and also the regular surface pattern of the surrounding flat mucosa (Fig. 1b). Staining with acetic acid confirmed the irregular surface pattern of the lesion and the regular surface pattern of the surrounding mucosa (Fig. 1c).

The lesion was resected by endoscopic submucosal dissection (ESD) using the hook-knife (KD-620LR; Olympus, Tokyo, Japan) (Fig. 2). Resection was performed with the patient under general anesthesia and his further course was uneventful.

Histological examination showed en bloc R0 resection of a mucosal adenocarcinoma (pT1a L0 V0 G2 R0) arising within ectopic gastric mucosa (Fig. 3). Because
of the histological findings showed low risk, the resection was judged curative and the patient entered follow-up without further treatment.

While ectopic gastric mucosa of the proximal esophagus is found in more than 10% of upper gastrointestinal endoscopies, malignant transformation to adenocarcinoma is rare and only about 40 cases have been reported since 1950 [1]. Most of the tumors were treated by esophagectomy and/or (chemo)radiotherapy. Endoscopic resection has been reported in fewer than 10 cases and only one resection was done using ESD [1–5]. In the treatment of early gastric cancers, ESD has been shown to be superior to endoscopic mucosal resection (EMR) regarding R0 status and recurrence risk. The present case illustrates the potential role of ESD also in the resection of adenocarcinoma of the proximal esophagus arising within ectopic gastric mucosa.

Endoscopy_UCTN_Code_CCL_1AB_2AC

Competing interests: No financial arrangements, grant support or competing interests.

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DOI http://dx.doi.org/10.1055/s-0034-1392423
Endoscopy 2015; 47: E337–E338
© Georg Thieme Verlag KG Stuttgart · New York
ISSN 0013-726X

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