Endoscopic management of a rare cause of upper gastrointestinal bleeding: gastric polypoid extramedullary hemopoiesis

Acute upper gastrointestinal hemorrhage remains a common emergency with an annual incidence between 50 and 150 hospital accesses/100000 population/year and a mortality rate of 7–10% [1]. Endoscopy is the first option both in diagnosis and treatment.

A 35-year-old man, suffering from Cooley disease and with a history of splenectomy, was hospitalized for two recent episodes of hematemesis with severe anemia. Emergency esophagogastroduodenoscopy revealed a protruding, ulcerated 4-cm mass in the gastric fundus; the overlying, nonulcerated, mucosa appeared normal (● Fig. 1). Biopsies were not performed because of the risk of bleeding. A computed tomography (CT) scan confirmed the presence of a solid, partially calcified, gastric mass, and endoscopic ultrasound (EUS) showed a rounded, well defined, submucosal hypoechoic lesion. After multidisciplinary discussion, an initial endoscopic approach was decided.

A pre-cut needle was used to create a perilesional perimeter which facilitated the insertion of a diathermic loop. The combined and alternate use of these two instruments enabled precise and complete excision of the entire mass (● Fig. 2), despite difficulties as a result of the lesion’s intense vascularization and solid consistency. Endoscopic clips were positioned to control two hematic leaks. Histology showed a fibrous and partly calcified mass with pools of erythrocytes and interspersed red and white blood cell precursors (● Fig. 3, ● Fig. 4) corresponding to gastric polypoid extramedullary hemopoiesis.

Extramedullary hematopoiesis is a well described compensatory response to hemoglobinopathies, insufficient medullary hematopoiesis, myelofibrosis and neoplastic replacement, or destruction of the bone marrow. Gastrointestinal localizations are extremely rare and only four cases have been reported either as a single mass [2, 3] or multiple localizations [4, 5]. At 1-month and 6-month follow-up in our patient, the treated region appeared as a retracted scar-like area (● Fig. 5), and after 3 years, there was complete healing.

In conclusion, our study describes the first case of gastric polypoid extramedullary hemopoiesis complicating Cooley disease to be successfully treated with an endoscopic approach.

Endoscopy_UCTN_Code_CCL_1AB_2AD_3AB

Competing interests: None
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DOI http://dx.doi.org/10.1055/s-0034-1390919
Endoscopy 2014; 46: E674–E675
© Georg Thieme Verlag KG
Stuttgart · New York
ISSN 0013-726X

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