First report of endoscopic ultrasound-guided cholecystogastrostomy with a Nagi covered metal stent for palliation of jaundice in extrahepatic biliary obstruction

Endoscopic ultrasound (EUS)-guided drainage procedures, such as pancreatic pseudocyst drainage, biliary drainage, and gallbladder drainage, are being increasingly performed in specialist centers [1–4].

A 30-year-old man with unresectable periampullary cancer, who had undergone biliary plastic stenting 1 year previously, presented with recurrent jaundice and gastric outlet obstruction for 2 weeks. Blood test results showed his bilirubin was 15 mg/dL with an alkaline phosphatase of 800 u/L. An ultrasound of his abdomen showed dilated intrahepatic biliary radicals and a dilated bile duct with a periampullary mass.

Side-viewing endoscopy was unsuccessful despite dilation of the gastroduodenal stricture. EUS-guided cholecystogastrostomy failed because the bile duct, which was thickened due to the plastic stent, could not be punctured with a 19G fine needle aspiration (FNA) needle (Fig. 1). EUS-guided cholecystogastrostomy was therefore performed using a silicone-covered nitinol stent (14 mm in diameter, 20 mm long) with bilateral 24-mm diameter anchor flanges (Nagi; Taewoong Medical Co. Ltd., Seoul, Korea) (Fig. 2). This stent provides stability and minimizes migration. The diameter of the delivery system is 10Fr.

The gallbladder was visualized using a linear echoendoscope (GF-UCT 180; Olympus) at the level of the antrum and was punctured with a 19G needle (Cook Endoscopy, Winston-Salem, North Carolina, USA) (Fig. 3). After removal of the stylet, bile was aspirated, and contrast was injected into the gallbladder, revealing a patent cystic duct. A 0.035-inch guidewire (Jagwire; Boston Scientific, Natick, Massachusetts, USA) was inserted into the gallbladder under fluoroscopic guidance. The needle was removed and the puncture site was dilated using 6Fr and 7Fr dilators (Soehendra biliary catheters; Cook Endoscopy) and then with a 4-mm balloon (Hurricane; Boston Scientific, Tokyo, Japan) (Fig. 4a). Finally, a Nagi stent (Taewoong Medical Co. Ltd.) was deployed across the cholecystogastrostomy tract (Fig. 4b).

The procedure resulted in biliary decompression with resolution of the patient’s jaundice. The biliary plastic stent was removed using an upper gastrointestinal endoscope. A 9 cm metal stent was placed across the duodenal stricture (Fig. 5; Video 1). The patient remains asymptomatic after 4 weeks of follow up.

Endoscopic ultrasound (EUS)-guided cholecystogastrostomy using a Nagi covered metal stent, followed by removal of a plastic biliary stent and deployment of a duodenal metal stent.

Competing interests: None
References

1 Varadarajulu S, Christein JD, Tamhane A et al. Prospective randomized trial comparing EUS and EGD for transmural drainage of pancreatic pseudocysts (with videos). Gastrointest Endosc 2008; 68: 1102 - 1111

Corresponding author
Praveer Rai, MD, DM
Department of Gastroenterology
Sanjay Gandhi Postgraduate Institute of Medical Sciences
Lucknow 226014
India
praveer_rai@yahoo.com

Fig. 3 Endoscopic ultrasound (EUS) image showing the gallbladder being punctured with a 19G fine needle aspiration (FNA) needle.

Fig. 4 Endoscopic views showing: a dilation of the cholecystogastrostomy tract with a 4-mm balloon; b the metal stent in position after its successful deployment.

Fig. 5 Radiographic image showing the stent positioned in the gallbladder and the metal stent placed across the duodenal stricture.