A 45-year-old man presented with hematemesis, melena, and abdominal pain. Because he had clinical and laboratory signs of hypovolemic shock, the patient underwent an emergency gastroduodenoscopy. The findings of the endoscopy were: massive bleeding in the upper gastrointestinal tract, macroscopic necrosis, ulceration, and severe bloody oozing in the lower third of the esophagus. Because of the high risk of perforation, clipping and injection of epinephrine were contraindicated.

We therefore proceeded to insert a coated Ella Danis stent (Ella-CS, Hradec Kralove, Czech Republic) as rescue management (Fig. 1a), and with this we achieved immediate hemostasis. The patient stabilized within 24 hours of admission and a repeat endoscopy showed hemostasis had been maintained (Fig. 1b). The stent was removed on day 4 after implantation, and the patient was discharged without experiencing any further complications.

Effective use of this stent in the rescue treatment of acute esophageal variceal bleeding has been reported in previous studies [1, 2]. Currently, placement of this stent seems to be an attractive alternative treatment in refractory esophageal variceal bleeding, where band ligation cannot be performed. However, as yet data on efficacy, safety, and complications are not available [3].

With regards to the use of stents for the treatment of nonvariceal esophageal disorders, recent publications have already shown successful off-label use of the Ella Danis stent in patients with bleeding after endoscopic sphincterotomy and extensive esophageal mucosectomy, as well as in patients with staple line or anastomotic leakage, esophageal rupture, and bleeding from esophageal ulcers after successful endoscopic band ligation [3–5].

These recent publications do have several limitations and are not really comparable with regards to patients and methods. However, despite the lack of larger efficacy studies, the implantation of an Ella Danis stent appears to be a promising alternative method, not only for refractory acute esophageal variceal bleeding, but also for patients with nonvariceal esophageal bleeding, if other methods have already failed or are not available in an emergency situation.

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References


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