An 83-year-old man underwent esophagogastroduodenoscopy (EGD) in an outpatient center because of symptoms of reflux. At endoscopy a slightly elevated type-IIa lesion was detected in the upper esophagus at 18 cm from the incisors (Fig. 1 a, b). An adenocarcinoma of the esophagus was diagnosed by biopsies from the lesion, and the patient was referred to our endoscopy unit for further treatment. First the histopathological diagnosis of an adenocarcinoma in an area of heterotopic gastric mucosa was confirmed by a specialist pathologist and staging investigations were performed. It was then decided that we would carry out endoscopic resection of the lesion using the suck-and-cut method. Because of the extremely proximal location of the lesion, the intervention had to be carried out with the patient under general anesthesia in order to prevent aspiration should bleeding occur. We were able to remove the lesion en bloc (Fig. 1 c and Fig. 2). The patient’s course following the intervention was uneventful. Histopathological analysis of the resected specimen revealed a well-differentiated adenocarcinoma of the mucosal layer, with involvement of a single lymphatic vessel (T1a [m-type], L1, V0, R0 [HM0, VM0], G2) in a small area of heterotopic gastric mucosa (Fig. 3). Adenocarcinoma of the proximal esophagus has been reported in only some 30 cases since 1950 [1, 2]. In the majority of these cases, the patients had advanced tumors, so most of them were treated by esophagectomy, radiotherapy, and/or chemotherapy [1]. Only two previous cases of endoscopically treated early carcinoma of the proximal esophagus have been reported, by Pech et al. in 2001 and Hirayama et al. in 2003 [3, 4]. In both cases, the lesion was removed endoscopically without side effects. The present case illustrates the usefulness of well-established endoscopic mucosal resection techniques in the treatment of early adenocarcinoma in the proximal esophagus.

Endoscopy_UCTN_Code_CCL_1AB_2AC_3AB

Competing interests: None

Oliver Möschler1, Michael Vieth2, Michael K. Müller1

1 Department of Internal Medicine/Gastroenterology, Marienhospital Osnabrück, Osnabrück, Germany
2 Institute for Pathology, Klinikum Bayreuth, Bayreuth, Germany
References
1 Komori S, Osada S, Tanaka Y et al. A case of esophageal adenocarcinoma arising from the ectopic gastric mucosa in the thoracic esophagus. Rare Tumors 2010; 2: e5
2 Verma YP, Chauhan AK, Sen R. Primary adenocarcinoma of the upper esophagus. Ecan-cermedicalscience 2013; 7: 314

Bibliography
DOI http://dx.doi.org/10.1055/s-0033-1358807
© Georg Thieme Verlag KG
Stuttgart · New York
ISSN 0013-726X

Corresponding author
Oliver Möschler, MD
Department of Internal Medicine/
Gastroenterology
Marienhospital Osnabrück
Bischofsstraße 1
49074 Osnabrück
Germany
Fax: +49-541-3264656
oliver.moeschler@mho.de

Fig. 3 Microscopic appearance of the hematoxylin and eosin (H&E)-stained resected tissue showing: a the lateral margin of the resected tumor, a well-differentiated adenocarcinoma of the mucosal layer; b invasion into a lymphatic vessel, consistent with L1 staging.

Cases and Techniques Library (CTL)