Fitz-Hugh–Curtis syndrome in a man

A 45-year-old man was admitted for pain in the upper right abdominal quadrant that had been evolving for months. His previous medical history was unremarkable. The physical examination showed a painful and tense abdomen in the right hypochondrium but the rest was pain free. Biological analysis showed an inflammatory syndrome (C-reactive protein 29.54 mg/L). Liver enzymology and urine analysis showed an inflammatory syndrome (C-reactive protein 29.54 mg/L). Liver enzymology and urine samples remained negative. The culture on the Löwenstein medium remained negative. Peritoneal lavage and blood culture were negative. Abdominal ultrasonography and CT scan showed the presence of fluid in the perihepatic space, the right paracolic gutter, and the Douglas cul-de-sac. Celioscopy (Fig. 2) showed an inflamed liver parietal peritoneum with “violin string” adhesions, which are specific for Fitz-Hugh–Curtis syndrome [1,2].

A quinolone- and metronidazole-based treatment was administered. The pain resolved partially after the adhesiolysis, as often described [3,4]. Bacteriological analysis of perihepatic membrane biopsies, ascites, and urine samples remained negative. The intradermal reaction was negative. The culture on the Löwenstein medium remained negative. Peritoneal carcinomatosis was excluded by histological analysis. Sporadic cases of Fitz-Hugh–Curtis syndrome have been reported associated with pyelonephritis, complicated by appendicitis, or mimicking cholecystitis: value of new ultrasound findings in the differential diagnosis. Ultraschall Med 2005; 26: 227 – 230

Fitz-Hugh–Curtis syndrome is exceptional in men: typically, it affects sexually active women [2,8]. In general, it is associated with pelvic inflammatory disease. The causative pathogens are Neisseria gonorrhoeae or Chlamydia trachomatis, but the bacteriology remained negative in the rare cases reported in males [2], as in our patient.

Fig. 1 CT scan: fluid in the perihepatic space in a 45-year-old man with Fitz-Hugh–Curtis syndrome.

Fig. 2 Celioscopy: “violin string” adhesions, a finding specific for Fitz-Hugh–Curtis syndrome.

Competing interests: None

References

Bibliography
DOI http://dx.doi.org/10.1055/s-0033-1358804
Endoscopy 2014; 46: E1 © Georg Thieme Verlag KG Stuttgart · New York
ISSN 0013-726X

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© Rouhard Stéphanie et al. Fitz-Hugh–Curtis syndrome in a man... Endoscopy 2014; 46: E1