Monitoring of Gadolinium-BOPTA Uptake into the Vessel Wall during Magnetic Resonance (MR)-Guided Angioplasty of the Peripheral Arteries with a Paclitaxel/Gadolinium-BOPTA-Coated Balloon: An Experimental Study at 3 Tesla

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Key words
- interventional MRI
- angioplasty
- drug-eluting balloon
- vascular
- MR imaging

Zusammenfassung


Ergebnisse: Die Paclitaxel/Gadolinium-BOPTA beschichtete Ballonangioplastie wurde in allen Iliacalarterien erfolgreich durchgeführt (n = 12). Bei allen Tieren mit iliaca-Stenose zeigte sich in der MR-Angiographie eine erfolgreiche Behandlung der Iliacalstenosen (n = 4). Die normalisierte Signaldichte der Gefäßwand stieg in beiden Gruppen signifikant nach der Intervention an (p < 0,001).

Schlussfolgerung: Visualisierung der Gadolinium-BOPTA-Aufnahme in die Gefäßwand während einer MR-gesteuerten Paclitaxel/Gadolinium-BOPTA beschichteten Ballonangioplastie ist machbar. Dies ist ein erster Schritt in die Richtung, eine

Abstract

Purpose: The success of paclitaxel distribution within the vessel wall during paclitaxel-coated balloon angioplasty to prevent restenosis cannot be monitored under X-ray guidance. The aim of this pilot study was to demonstrate the feasibility of monitoring Gadolinium-BOPTA delivery within the vessel wall during magnetic resonance (MR)-guided paclitaxel/Gadolinium-BOPTA-coated balloon angioplasty of the peripheral arteries.

Materials and Methods: 6 pigs (47 ± 2 kg) were investigated. All experiments were performed using a 3 Tesla MR scanner. MR-guided bilateral angioplasty of the iliac arteries was performed using a paclitaxel/MR contrast agent-coated balloon catheter. The feasibility of monitoring the delivery of Gadolinium-BOPTA to the vessel wall was assessed in 4 animals. In two additional animals, bilateral stenosis was surgically induced in the iliac arteries. Delivery of paclitaxel to the vessel wall was monitored using a 3D T1-weighted gradient echo (GE) sequence for delineation of the vessel wall. Normalized signal intensity (SI) of the vessel wall was measured before and repeatedly after the intervention for 45 min. in all animals.

Results: Paclitaxel/gadolinium-BOPTA-coated balloon angioplasty was successfully accomplished in all iliac arteries (n = 12). In animals with stenosis MR-angiography demonstrated successful dilatation (n = 4). The normalized SI of the vessel wall on T1-weighted GE images significantly increased after the intervention in all animals with and without stenosis for more than 45 min. (p < 0.001).

Conclusion: Monitoring of Gadolinium-BOPTA into the vessel wall during MR-guided coated balloon angioplasty is feasible. This is a first step towards providing a tool for the online control of homogeneous drug delivery after paclitaxel-coated balloon angioplasty.
Intramuscular injections of atropine (0.5 ml/10 kg body weight, azaperone (2 ml/10 kg body weight), and ketamine (1 ml/10 kg body weight). General anesthesia was maintained with intravenously injected phenobarbital sodium and fentanyl as needed. The feasibility of monitoring gadolinium-BOPTA uptake into the vessel wall during MR-guided angioplasty of the peripheral arteries with a paclitaxel/Gadolinium-BOPTA-Coated Balloon: An Experimental Study at 3 Tesla. Fortschr Röntgenstr 2014; 186: 388–393

**Key Points:**
- Monitoring of gadolinium-BOPTA uptake into the vessel wall during MR-guided coated balloon angioplasty is feasible.
- Endovascular MR-guided interventions on a 3 Tesla MR scanner are feasible.
- This is a first step towards providing a tool for online control of homogenous drug delivery after paclitaxel-coated balloon angioplasty.

**Citation Format:**

### Introduction

Despite substantial improvements in endovascular techniques, the rate of vascular restenosis remains high, especially in patients with peripheral artery disease [1, 2]. Drug-eluting stents are often applied to avoid restenosis. However, concerns have been raised due to long-lasting antiplatelet therapy and late thrombotic complications [3, 4]. Preclinical studies have demonstrated that the use of paclitaxel-coated balloons in both coronary and peripheral arteries can create a high local drug concentration and diminished neointimal proliferation, even when the balloon delivery exposure is brief [5, 6]. Recent clinical studies proved that paclitaxel balloon coating is able to reduce restenosis in patients undergoing angioplasty of peripheral arteries [7, 8]. Paclitaxel-coated balloon angioplasty is usually conducted under fluoroscopy guidance. However, uptake of the drug within the vessel wall, which might prove the success of the intervention, cannot be monitored under fluoroscopy guidance. Magnetic resonance (MR)-guided endovascular intervention is a developing field of preclinical research and preliminary clinical experience [9 – 13]. The feasibility of monitoring the delivery of a MR contrast medium tagged solution to the vessel wall during MR-guided dilatation of the peripheral arteries has been demonstrated before [14]. In that study a microporous balloon instead of a coated balloon was used. However, a microporous balloon requires the interventionalist to inject the drug into the catheter via a syringe. Coated balloons have not been applied so far. Beyond that, the study was conducted on a 1.5 Tesla MR scanner. Vessel wall imaging, however, benefits from the gain in signal-to-noise ratio at a higher field strength. We therefore hypothesized that gadolinium-BOPTA uptake into the vessel wall can be monitored during MR-guided paclitaxel/gadolinium-BOPTA-coated balloon angioplasty of the peripheral arteries on a 3 Tesla MR scanner.

### Methods

#### Experimental animals

6 domestic pigs (body weight 47 ± 2 kg) were included in the study. All experiments were performed according to the international standards for animal experiments and were approved by the local ethical animal care committee. The pigs were intubated and mechanically ventilated. All interventions were done under general anesthesia, introduced with intramuscularly injections of atropine (0.5 ml/10 kg body weight, azaperone (2 ml/10 kg body weight), and ketamine (1 ml/10 kg body weight). General anesthesia was maintained with intravenously injected phenobarbital sodium and fentanyl as needed. The feasibility of monitoring gadolinium-BOPTA uptake into the vessel wall during MR-guided angioplasty of the peripheral arteries with a gadolinium-BOPTA/paclitaxel-coated balloon was investigated in four animals. In two additional animals surgical bilateral stenosis of the external iliac arteries was created by placing a suture (Cardiofil, Davis & Geck, Wayne, NY, USA) around the vessel as described before [14]. Bilateral femoral artery sheaths (8F) were placed in all pigs to perform angioplasty.

#### MR protocol

All experiments were performed using a 3 Tesla MR system (Achieva, Philips, Best, the Netherlands) with a 6-channel coil. The laboratory was equipped with interventional LCD in-room monitors for in-room guidance during the procedure. Vessel wall imaging was performed before and directly after the intervention and after 10, 20, 30 and 45 minutes using a 3 D T1-weighted gradient echo (GE) sequence. The image parameters of this high resolution sequence were as follows: TR 59 ms, TE 1.72 ms, flip angle 35°, voxel size 0.73 × 0.73 × 3 mm³, slices 70, fat suppression using spectral presaturation with inversion recovery (SPIR), no parallel imaging, acquisition time 5 minutes.

In animals with stenosis, local MR angiography was performed before and after the intervention to evaluate the degree of stenosis. A 5F pigtail catheter (Cook®, Bloomington, Indiana, USA) was placed in the aorta abdominis below the renal arteries and 2 ml of MR contrast agent (gadolinium-DTPA, Magnevist®, Bayer, Germany) diluted with 18 ml of NaCl 0.9 % were locally injected to reduce the amount of contrast medium required and thus minimize the wash-out time of gadolinium-DTPA from the body before the intervention. A T1-weighted angiography sequence was immediately started with contrast agent injection. The image parameters for this sequence were TR 7.9 ms, TE 1.42 ms, flip angle 30°, voxel size 0.82 × 0.82 × 1.6 mm³, SENSE factor 2, acquisition time 27 s. Maximum intensity projections (MIP) were reconstructed from the datasets on the MR scanner.

All interventions (placement of pigtail catheter for angiography and angioplasty of the external iliac arteries) were monitored using a steady-state free precession (SSFP) real-time imaging sequence. The parameters of the sequence were TR 3 ms, TE 1.3 ms, flip angle 8°, voxel size 2.67 × 2.67 × 8 mm³, acquisition mode (k-space trajectory) radial, no parallel imaging. Image planes for the real-time imaging sequence were planned on the T1-weight-
ed GE sequence or on MR angiography and were adapted during the procedure according to the needs of the interventionalists.

In one animal without stenosis, angioplasty with a non-coated 5F balloon catheter (Fox Plus (40 mm × 8 mm), Abbott®, Beringen, Switzerland) was conducted bilaterally after the initial dilatation with a coated balloon to ensure that the enhancement of the vessel wall was caused by the balloon coating and not by other effects. After non-coated balloon angioplasty, a 3D T1-weighted GE sequence, as described above, was conducted. Moreover, a T2-weighted turbo spin echo (TSE) sequence was acquired to investigate if the signal intensity increased due to water uptake within the vessel wall. The sequence parameters for the T2-weighted TSE sequence were as follows: TR 3000 ms, TE 80 ms, flip angle 90°, voxel size 0.56 × 0.73 × 3 mm³, fat suppression using SPIR, SENSE factor 1.5.

**Devices and intervention**

Bilateral angioplasty of the external iliac arteries was performed in all animals. Catheterization was performed through the femoral artery sheath with an ipsilateral approach. Heparin was given as an initial bolus of 10 000 IU. A 0.014 inch guidewire (Cook®, Bloomingtom, Indiana, USA) and a 5F cobra catheter (Cook®, Bloomingtom, Indiana, USA) were advanced through a femoral artery sheath and then placed in the aorta abdominals. The catheter was then removed. A 5F balloon catheter (diameter 8 mm, length 40 mm, Aachen Resonance®, Aachen, Germany) coated with paclitaxel and gadolinium-BOPTA was then inserted over the guidewire and placed in position. Dilatation of the vessel was performed by inflating the balloon with a 10 % gadolinium-DTPA/NaCl 0.9 % solution for improved visualization. Balloon inflation was standardized to 1 min. with an inflation pressure of 10 atm. The balloon was then deflated and the balloon catheter and the guidewire were removed. All procedures were carried out by two experienced investigators.

**Paclitaxel/gadolinium-BOPTA-coated balloon catheter**

For the purpose of this study we modified a commercially available drug-eluting balloon “Elutax SV” (Aachen Resonance, Germany). The balloon distinguishes itself by a three-dimensional paclitaxel layer. Additionally, gadolinium-BOPTA was applied into the drug matrix by spraying gadolinium-BOPTA/ethanol 95 % solution onto the surface of the balloon. Because of the porous structure of the paclitaxel coating, gadolinium-BOPTA could partially seep away into the drug layer, and the rest dried as a top layer on the drug matrix. The ethanol volatilized minutes after application. The measured (by weight) final paclitaxel/gadolinium-BOPTA ratio was around 2:1.

Because of the proximity of both substances and the complex structure of paclitaxel and gadolinium-BOPTA, ion compounds and van der Waals compounds, or generally speaking dispersion interaction may possibly bond both substances to each other. These natural chemical bonds are reversible. However, the molecules are not going to be changed with respect to their chemical properties.

**Data analysis**

The signal intensity (SI) of the vessel wall was calculated to measure the uptake of gadolinium-BOPTA within the vessel wall. The SI was measured on the T1-weighted 3D GE images before and after the intervention using a commercial workstation (Extended work space, release 2.6, Philips, Best, the Netherlands) and was normalized to that of the iliopsoas muscle in the same image (SI of the vessel wall minus SI of the iliopsoas). The normalized SI before the intervention was then compared to the normalized SI after the intervention. To ensure that the same regions were evaluated, a region of interest (ROI) was drawn to the enhanced vessel wall after angioplasty and was then copied to the image before the intervention. This was possible because the position of the animal did not change and exactly the same sequence with the same field of view was used.

In animals with created stenosis, the severity and length of stenosis was evaluated on MIP images by consensus reading of two experienced MR specialists (G. A. K. and M. N.) and were classified as mild (<50 %), moderate (50 – 75 %), severe (76 – 99 %) and occluded (100 %).

**Statistical analysis**

All values were reported as mean ± standard deviation. Comparison between normalized SI of T1-weighted images before and after angioplasty was performed with a paired t-test. Statistical analysis of the control vessels was performed with an f-test. Differences were regarded as statistically significant at p < 0.05. All statistical analysis was performed using MedCalc (Mariakerke, Belgium, version 9.3.1).

**Results**

**Balloon angioplasty**

The guidewire was visible in the blood pool along its entire length. The balloon catheter was visible after dilatation with a diluted gadolinium solution (Fig. 1). Placement of the guidewire and catheter was feasible in all cases. Paclitaxel/gadolinium-BOPTA-coated balloon angioplasty was successfully performed in all animals bilateral with iliac stenosis (external iliac artery left and right).

![Fig. 1 Real-time images of MR-guided angioplasty at 3 Tesla. On the left, the guide wire, visible bright white in the blood pool, was advanced through a femoral artery sheath and placed in the aorta abdominals (left) (GW = guide wire, Aorta = aorta abdominalis, IAr = iliolumbar artery right). On the right, the balloon catheter was then placed in the vessel at the location of the stenosis and balloon angioplasty was performed. For improved passive visualization of the balloon catheter, dilatation was performed using a diluted gadolinium-DTPA solution (B = balloon catheter, see also arrows).](image-url)
right, \( n = 4 \) and without iliac stenosis (external iliac artery left and right, \( n = 8 \)). In animals with stenosis the severity of stenosis was high (70–99\%) in all cases before the intervention (\( n = 4 \)). After angioplasty the stenosis was completely removed in 3 cases. One stenosis was still mild (severity of stenosis < 50\%). No complications such as dissection, perforation of the vessel wall and occlusion of the vessel occurred.

**Vessel wall imaging**

Vessel wall imaging was successfully conducted in all animals with and without stenosis. The normalized SI of the vessel wall on T1-weighted GE images significantly increased directly after the intervention in all animals (0.78 ± 0.16 versus 1.86 ± 0.3; \( p < 0.001 \)) (\( \text{Fig. 2} \)).

In animals without stenosis the normalized SI was 0.78 ± 0.16 before and 1.91 ± 0.05 directly after the intervention (\( p < 0.001 \)). In animals with stenosis the normalized SI was 0.75 ± 0.2 before and 1.72 ± 0.48 directly after the intervention (\( p < 0.01 \)). The normalized SI was not significantly different in animals with and without stenosis (before intervention: \( p = 0.86 \); after intervention: \( p = 0.45 \)) (\( \text{Table 1} \)).

**Course of SI**

The course of the normalized SI of the vessel wall directly after gadolinium-BOPTA/paclitaxel coated balloon angioplasty until 45 minutes after angioplasty is illustrated in \( \text{Fig. 3} \). The SI of the vessel wall decreased over time. After 45 minutes, the normalized SI was still significantly different from the normalized SI before the intervention (0.80 ± 0.18 versus 0.89 ± 0.15, \( p = 0.02 \)).

**MR angiography**

Placement of the pigtail catheter in animals with stenosis was feasible in all cases to perform local MR angiography (\( n = 2 \)). After injection of 10% gadolinium-DTPA, local MR angiography could be successfully performed before and after angioplasty and MIPs could be created.

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**Table 1**

<table>
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<th>SI before PTA</th>
<th>SI after PTA</th>
<th>p-value</th>
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<tr>
<td>animals without stenosis ( n = 8 ) PTA</td>
<td>0.78 ± 0.16</td>
<td>1.91 ± 0.05</td>
<td>( p &lt; 0.001 )</td>
</tr>
<tr>
<td>animals with stenosis ( n = 4 ) PTA</td>
<td>0.75 ± 0.2</td>
<td>1.72 ± 0.48</td>
<td>( p &lt; 0.001 )</td>
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\( \text{PTA} = \) percutaneous transluminal angioplasty; \( \text{SI} = \) normalized signal intensity

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**Abb. 3** Der Zeitverlauf der normalisierten Signalintensität ist in dieser Abbildung dargestellt. Nach der Angioplastie steigt die Signalintensität signifikant auf das Maximum an, um dann im Verlauf wieder abzufallen.
Control group
The normalized SI was measured in T1-weighted GE images before and after angioplasty with a non-coated balloon catheter in one animal bilaterally. No significant difference of the normalized SI before and after the intervention was observed (0.63 ± 0.02 versus 0.66 ± 0.02; p = 1). Additionally, no increase of SI on T2-weighted TSE images could be observed (0.62 ± 0.02 versus 0.62 ± 0.02; p = 0.89).

Discussion
The present study demonstrates (1) the feasibility of monitoring gadolinium-BOPTA uptake into the vessel wall during MR-guided paclitaxel/gadolinium-BOPTA-coated balloon angioplasty of the peripheral arteries and (2) that endovascular MR-guided interventions at a 3 Tesla MR scanner are feasible.

Drug-coated balloon angioplasty
Drug-eluting stents are currently widely used to prevent restenosis. However, there are a few limitations: First, if the vessel is too small, drug-eluting stents cannot be implanted. Second, late stent thrombosis can occur probably due to the use of polymeric matrix on the stents in which the antiproliferative drug is embedded. Third, the delivery of the drug to the arterial wall is not uniform and the drug concentration is highest at the stent struts. Recently, paclitaxel-coated balloons were developed to reduce restenosis [15]. Scheller et al. showed in an experimental study that most of the drug is released from the balloon after a 60-second dilatation and they could detect 10–15% of the drug in the vessel wall even 40–60 minutes later [16]. No systemic bioavailability of paclitaxel was detected >24 hours after PTA with a paclitaxel-coated balloon catheter [17]. Cell culture experiments also showed that the brief contact between vascular smooth muscle cells and lipophilic taxane compounds is sufficient to inhibit proliferation of the cells for a long period [5, 6].

Initial clinical results show that using these coated balloon catheters during an angioplasty procedure keeps the vessels open wider over time, including peripheral arteries, compared to standard angioplasty and published reports of other current standard-of-care therapies [8, 15, 18]. However, it is of incremental importance to monitor successful uptake into the vessel wall because this therapy only works if drug uptake occurs. Monitoring of drug uptake is currently not possible under fluoroscopy guidance. The idea of monitoring potential therapeutic solutions under MR guidance has been demonstrated before [19, 20]. Saed et al. could monitor the endomyocardial delivery of a gadodiamide-blue dye mixture into the endocardium and could then visualize gadolinium-enhanced regions on T1-weighted images [19]. Moreover, a recently published study demonstrated the MR-guided delivery of a contrast media doped solution to the vessel wall using a standard balloon catheter with multiple perforations on a 1.5 Tesla scanner [14]. Perforated balloon catheters have been described in the literature [21, 22]. However, coated balloons have achieved more acceptance over the years due to more homogenous drug distribution [7, 8, 18]. In contrast to microporous balloons, it is not necessary to inject the drug with a syringe when coated balloons are used. In the present study we could show for the first time that gadolinium-BOPTA was applied into the paclitaxel drug matrix to generate a paclitaxel/gadolinium-BOPTA-coated angioplasty balloon in order to visualize the gadolinium-BOPTA uptake into the vessel wall by acquiring a T1-weighted GE sequence. We observed a homogenous increase of signal intensity within the vessel wall after coated angioplasty. The signal of the vessel wall is highest directly after vessel dilatation due to the MR contrast agent and decreases over time. Lederman et al. observed a similar kinetic after endomyocardial injection using gadolinium-DTPA [20]. The distribution of gadolinium-BOPTA has also been observed in the vessel wall [23].

MR-guided endovascular intervention
The feasibility of MR-guided peripheral vascular interventions has been demonstrated before, even in humans [9–11, 13]. MR-guided interventions have the advantage of avoiding the use of iodinated contrast agents and ionizing radiation. Moreover, besides real-time guidance during the intervention, MRI provides information about the vessel wall and plaque stability as well as functional parameters [24]. Most interventional MR studies are performed on a 1.5 Tesla MR scanner. However, vessel wall imaging benefits from a higher field strength and achieves a higher signal-to-noise ratio. We therefore chose a 3 Tesla system for the procedure. We implemented an SSFP real-time imaging sequence for 3 Tesla, which had sufficient spatial and temporal resolution for optimal guidance of the procedure. We did not have any problems with susceptibility artifacts. Despite using a commercial guidewire, the placement of the coated balloon catheter was optimal. Even in animals with stenosis, the balloon could be placed in the narrowed section of the vessels and the stenosis could be dilated successfully. For vessel wall imaging we used a high-resolution T1-weighted GE sequence and could optimally delineate the vessel wall. The material we used was MR conditional except the guidewire. To apply this procedure to humans, the use of MR conditional guidewires is required. A 0.035-inch passive MR guidewire has already been developed and preclinically tested [25]. In this study we used this commercial 0.014-inch guidewire to be compatible with the balloon catheter. However, the developed 0.035-inch MR guidewire has potential to be reduced in size in the near future.

Limitations
Our stenosis model differs from lipid and calcium-rich atherosclerotic human peripheral artery disease. Further studies need to be performed to evaluate the distribution of paclitaxel and gadolinium-BOPTA in an atherosclerosis model. As this study was designed as a pilot study, we did not conduct a follow-up. Gadolinium-BOPTA was not tagged to the paclitaxel. Therefore, we could only monitor the uptake of gadolinium-BOPTA into the vessel wall. However, this technique provides at least a therapy control of where the dilatation has been performed. This may be especially useful for cases where the underlying stenosis is hard to detect during intervention, for example in inflammatory lesions or acute occlusion with consecutive thrombosis of the complete vessel. Histological analysis of ELUTAX SV balloons in preclinical experiments could demonstrate a homogenous diffusion of paclitaxel into the vessel wall for up to 3 mm (personal communication/Aachen Resonance). However, whether the diffusion of gadolinium-BOPTA or paclitaxel occurs jointly or independently cannot ultimately be clarified by this experiment.
Conclusion

Monitoring uptake of gadolinium-BOPTA into the vessel wall during MR-coated balloon angioplasty of the iliac arteries on a 3 Tesla MR scanner is feasible. This is a first step towards providing a tool for the online control of homogenous drug delivery after paclitaxel-coated balloon angioplasty.

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